ANNUAL CONFERENCE
OTAC
Celebrating the ROOTS of our PRACTICE
NOV. 9-12 • PASADENA, CA

OTAC 2023 ANNUAL CONFERENCE & INNOVATION EXPO

NOVEMBER 9-12, 2023 | PASADENA

CONFERENCE PROGRAM

@OTACnews @OTACofca
#OTACCONF2023 | #rootsofourpractice

Bryant Edwards

Wendy B. Stav

Lisa Deshaies

Erik S. Johnson

OTAC
Occupational Therapy Association of California

AOTA American Occupational Therapy Association State Affiliate

OTACU

OTAC 2023 ANNUAL CONFERENCE & EXPO CONTINUING EDUCATION
PASADENA
NOVEMBER 9-12

KGI KECK GRADUATE INSTITUTE

Occupational Therapy Doctorate

Keck Graduate Institute's (KGI) OTD program will educate future occupational therapists to meet the needs of individuals for meaningful participation in daily life activities through a transformative and dynamic educational process.

Learn more, register for events, and apply here!

TABLE OF CONTENTS

Deadlines to Remember; Important Notes 3
Conference Overview 4
Call for Conference Volunteers 4
Conference Information: Hotel, Parking, Airports 5
President's Message; Scholarship Opportunity; Conference Committee 6
Chairs' Message; Our Host City 7
Keynotes and Honored Lecturer; Featured Sessions 8
Intensives: 3, 4 and 6 Hour Sessions 9
California Foundation for Occupational Therapy 11
OTAC Awards Ceremony; Mobile App 12
Special Conference Activities 13
Customize Your Schedule by Practice Area 15
Special Programming for Students 18
Schedule
- Thursday, November 9 • Pre-Conference Institute 19
- Friday, November 10 21
- Saturday, November 11 24
- Sunday, November 12 28

Conference-at-a-Glance 31
Poster Presentations 35
Meet Our Supporters 36
Presenters by Name 37
Conference Registration Instructions; Attendee Disclaimers 38
Workplace Colleague Discount 38
Conference Registration Form 39
OTAC Board of Directors; OTAC Committee Chairs 40
The Many Face of Conference: Photo Collage 41

OTAC ANNUAL CONFERENCE

A Premier Professional Development Conference— Earn Professional Development Units

OTAC's Annual Conference offers high-quality continuing education at cost-effective prices. Conference registrants have the opportunity to select from more than 100 hours of sessions to apply towards continuing education requirements. You can earn all 24 biennial required PDUs for your California license renewal at this one Conference. You won't find an easier, quicker, or more cost-effective way to earn PDUs required by CBOT (for direct delivery of occupational therapy services) and by NBCOT (for practice area of emphasis).

OTAC members receive a discount on the Conference registration fees. If you are not a member, join now at special Conference rates to earn the Conference discount.

MY OT LICENSE

Conference PDUs for OT/OTA practitioners will be entered into your OTAC myotlicense records by January 15, 2024.

IMPORTANT NOTES

CONFERENCE DISCOUNTED EARLY BIRD REGISTRATION SPECIALS!

- Attend all three days (November 10-12) for only $329! Must register by September 10, 2023 for this rate.
- Get great rates on the November 9 Pre-Conference Institute Sessions.
- OTAC Student Members: check out student reduced fees. Must pre-register for best rate!

2023 DEADLINES TO REMEMBER

September 10	Discounted Early Bird Registration Special deadline (BEST VALUE $329!)
September 11-October 31	Registration rates increase by $60 ($329 + $60 = $389).
October 6	Complete Online Volunteer form.
October 18	Cut-off date for hotel reservations. Room block may sell out before this date; make your reservation today.
	Medically necessary dietary or special needs requests deadline. You must register and submit your requests in writing by this date in our efforts to accommodate you.
	Cut-off date for Workplace Colleague discount.
	Cut off date to cancel registration.
October 31	Advanced Conference registration closes at 8:59pm. After this date/time you must register at the event. On-site fees at the Conference increase by $90 ($329 + $90 = $419).

IMPORTANT NOTES

2023 Certificate Policy and PDU Credits

- **Individual Session Tickets.** When you check in at the Conference Registration Counter, you will receive a blue ticket imprinted with your name on it for every session and activity for which you are registered. The room monitor will collect the tickets as you enter every session and activity room. If the room monitor does not collect your ticket, please seek him/her out. These tickets are maintained at the OTAC office as verification of your attendance.
- **Certificate of Completion.** When you check in at the Conference Registration Counter, you will receive a Certificate of Completion form. Fill in the appropriate information for every session you attend. At the conclusion of your attendance at the Conference, submit the white copy of the Certificate of Completion form at the OTAC Conference Registration Counter. Keep the yellow copy for your own records. OTAC will keep an electronic version on file along with the blue tickets for each session as verification.
- **To earn a Certificate of Completion, attendance is required.** Please arrive on time to the sessions and don't depart early. Your Certificate should reflect actual number of hours attended. Note: CBOT defines one PDU as one hour of instruction.
- **myotlicense.** PDUs for OTAC members and subscribers will be entered into your myotlicense record by January 15, 2024.
- **CBOT.** Select PDUs may be used for Advance Practice Approval as indicated. Check with the California Board of Occupational Therapy (CBOT) for details.
- **CHT.** Some sessions may be used to meet recertification requirements. Check with the Hand Therapy Certification Commission (HTCC) for details.
- **NBCOT.** Sessions may be used to meet recertification. Check with the National Board for Certification in Occupational Therapy (NBCOT) for details.

CONFERENCE OVERVIEW

THURSDAY, NOVEMBER 9

8:00am–6:30pm
Registration Hours
If you registered in advance, this is a convenient opportunity to pick up your registration materials for any days. You can also register on-site.

9:00am–5:30pm
Pre-Conference Institute (earn PDUs)
Separate registration fees. Some complimentary sessions for registered members.

6:00pm-7:30pm
Movie Night: Hi! I'm Travis Mills (1 PDU)
After surviving an improvised explosive device (IED) explosion, Travis Mills became a quadruple amputee, one of few to recover in US military history. While grappling to find purpose, Travis and his family banded together to recover and help others along the way.

Directly following the film, join our facilitator in guided dialogue about the film. Special guest will be Major Erik S. Johnson, Retired, MS, OT/L (TX) who is referenced in the film and is our Conference Sunday Keynote presenter speaking on "After the Storm: OT Implications for Service Members After Discharge."

Moderator: Colin Lenington, OTD, OTR/L, ATP, CAPS, VA Long Beach Healthcare System

Hosted popcorn and iced tea.

SATURDAY, NOVEMBER 11

8:00am–11:30am
Concurrent Sessions (earn PDUs)

11:30am–2:15pm
Expo Activities including Poster Presentations (earn PDUs)
Purchase lunch in advance ($20) to be eligible for prizes.

2:30pm–5:45pm
Concurrent Sessions (earn PDUs)

6:00pm–7:30pm
President's Mix 'N Mingle | Trivia Prizes
Join us to celebrate OT. Selfie station and trivia for prizes. No-host bar.

FRIDAY, NOVEMBER 10

8:15am–11:30am
Concurrent Sessions (earn PDUs)

11:30am–1:00pm
CFOT Awards Luncheon and Symposium (.5 PDUs)
$85; $10 Students-Only Gallery Seating (no lunch)

1:00pm–3:00pm
Concurrent Sessions (earn PDUs)

3:15pm–5:15pm
Awards Ceremony and Keynote Address (.5 PDUs)
Featuring Wendy B. Stav, PhD, OTR/L (MI), FAOTA

5:15pm–7:15pm
Expo Grand Opening

7:30pm–9:00pm
Alumni and Student Receptions

SUNDAY, NOVEMBER 12

7:30am–9:15am
OTAC Annual Meeting and Keynote, with Coffee and Light Breakfast Fare (.5 PDUs)
Featuring Major Erik S. Johnson, Retired, MS, OTR/L (TX)

9:30am–12:30pm
Concurrent Sessions (earn PDUs)

12:30pm–1:15pm
OTAC Practice Café/Networking Lunch $20
Purchase lunch in advance to be eligible for prizes.

1:30pm–4:45pm
Concurrent Sessions (earn PDUs)

4:30pm
OT Sunday Super Learners' Prize Drawings

"ALONE WE CAN DO SO LITTLE; TOGETHER WE CAN DO SO MUCH."– **HELEN KELLER**
We invite you to be a Conference room monitor … and together we can do so much for OT. Learn more and access the form here.

STUDENT CONFERENCE VOLUNTEER SCHOLARSHIP

Are you interested in volunteering at Conference?

Volunteering is a great way to learn more about Conference operations, meet other dynamic occupational therapy practitioners and students, enhance your Conference experience, and have fun. There are many opportunities to contribute. You can volunteer at Conference and still participate in other activities. Volunteers play a vital role in the success of the West Coast's largest occupational therapy professional development conference. You can access the volunteer form at https://otacofca.wufoo.com/forms/zxcff9r1dea5zw/

Deadline to respond: October 6

Follow! Convo! Tweet!

- Follow us on Twitter @OTACnews
- Post on Instagram @otacofca
- Friend us on Facebook @OTACnews
- Start a conversation using #OTACconf2023
- Talk about #rootsofourpractice
- Show your #OTACmemberpride

CONFERENCE INFORMATION

CONFERENCE HOTEL

Hilton Pasadena
168 South Los Robles Avenue
Pasadena, CA 91101
(626) 577-1000
toll-free (800) 445-8667

ALL CONFERENCE ACTIVITIES ARE AT THE HILTON

OTAC reserved a block of sleeping rooms at the Conference hotel, Hilton Pasadena. Room rates of $179 are available for Wednesday, November 8 through Sunday, November 12, 2023. When booking your room, please indicate you are attending the OTAC 2023 Annual Conference. ***The deadline to receive the OTAC special rate is Wednesday, October 18, 2023.*** (Rates and space upon availability.)

Hotel reservations are now open. You may reserve your sleeping room online. **Click here.**

The Hilton Pasadena is a short walk from shops and restaurants, as well as just several blocks from historic Old Pasadena and the Playhouse District. The hotel's lobby and lounge/restaurant are contemporary, modern, and welcoming. The Hilton Pasadena also offers a complimentary shuttle within a two-mile radius of the hotel.

We encourage you to stay at the Hilton Pasadena to ensure that OTAC meets its contractual obligations for the sleeping rooms that we have set aside for the attendees. The Association pays a penalty if all the reserved sleeping rooms are not utilized.

PARKING

Note: OTAC does not validate for parking. All prices are subject to change.

Hilton Pasadena ***(All conference activities are at the Hilton.)***
Overnight: $21/self park; $23/valet.
Day use: $12/self park; $12/valet.

Pasadena Convention Center
Daily Parking Rate: $15. On-site Parking: 800 spaces.
Two entrances: Marengo Avenue to the west and Euclid Avenue to the east between Green Street and Cordova Street.

Additional Parking
2,500 spaces within a one-block radius.

GUEST REGISTRATION

Conference registrants may use Section 4 of the Registration Form to pre-register a guest ($90 per person). A Guest Registration includes the Movie Night/Thursday, Awards Ceremony & Keynote Address/Friday, Expo Grand Opening/Friday, Expo/Saturday, and President's Mix 'N Mingle/Saturday. This is for those attending in a social capacity only. Guests may not be members of OTAC, an OT/OTA practitioner, or enrolled in an occupational therapy program. *Note: Additional meal functions tickets may also be purchased for guests. 2023 Conference Award Honorees should contact the OTAC office about their guests for the Awards ceremony.*

TRANSPORTATION

AIRPORTS

Hollywood Burbank Airport (BUR) – *16 miles to Pasadena*
2627 N. Hollywood Way, Burbank, CA 91505
(818) 840-8840 • www.hollywoodburbankairport.com

Los Angeles International Airport (LAX) – *32 miles to Pasadena*
1 World Way, Los Angeles, CA 90045
(855) 463-5252 • www.flylax.com

Ontario International Airport (ONT) – *37 miles to Pasadena*
2900 E. Airport Drive, (Terminal 4) Ontario, CA 91761
(909) 937-2700 • www.flyontario.com

Long Beach Airport (LGB) – *38 miles to Pasadena*
4100 Donald Douglas Drive, Long Beach, CA 90808
(562) 570-2600 • www.lgb.org

PUBLIC TRANSPORTATION *(Information subject to change)*

Union Station Flyaway
(866) 435-9529 • www.lawa.org/flyaway

Nonstop bus service to and from Los Angeles International Airport (LAX) via Union Station in downtown Los Angeles. From Union Station, passengers can ride the Gold Line light rail to Pasadena. Exit Del Mar Station for the Pasadena Convention Center (approximately five blocks). $19.50 fee/round trip.

Foothill Transit Authority
(800) 743-3463 • www.foothilltransit.org

These buses serve the San Gabriel and Pomona valleys, with express bus routes to Pasadena and Downtown Los Angeles. Adult base fare is $1.25.

Pasadena Transit Bus
(626) 398-8973 • www.cityofpasadena.net/pasadena-transit/

The buses travel between Old Pasadena, South Lake Avenue, and the Playhouse District. Stops are designated throughout the city by a pink triangle marked "ARTS." Adult fare is 75¢.

Metro Gold Line (rail and bus service)
(323) 466-3876 • www.metro.net

The Gold Line is a 13-mile light rail line within the Los Angeles-area Metro Rail network that transports passengers from Pasadena to Union Station in downtown Los Angeles. Take it to connect to other Los Angeles rail lines or Amtrak. Trains operate daily and include six stops in Pasadena. Purchase tickets from self-service ticket vending machines at Metro Rail stations. Cost is $1.75 one way.

SHUTTLE SERVICE

Prime Time Shuttle
(800) 733-8267 • www.primetimeshuttle.com

SuperShuttle
(800) 258-3826 • www.supershuttle.com

TAXI SERVICE

LA City Cab • (888) 248-9222
United Taxi • (800) 822-8294

CONFERENCE TIPS

1. Register early as sessions may fill up.
2. Make your Conference session selections carefully as requesting changes on site may lead to long waits in line at the Registration counter and sessions may not be available.

PRESIDENT'S MESSAGE

DEAR OCCUPATIONAL THERAPY PROFESSIONALS,

The Occupational Therapy Association of California Annual Conference is back in Pasadena, California, in person, and I am so excited to have you join us again. We look forward to seeing everyone, networking and socializing with one another, learning from one another, and supporting the profession of occupational therapy here in California. This year's theme – Roots of Our Practice – references our profession's history, including our roots in mental health and the military and focus on occupation. We are proud to recognize service members and our profession's connection to those who have served as we honor the Veteran's Day weekend.

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH

The last several years have been difficult for many of us as individuals and as a professional collective. We have been forced to change our ways of doing, disrupting habits, routines, and restorative occupations. As an Association, OTAC has had to adapt to meet members' needs, as well as the needs of the profession. This year's Conference is a celebration of the ongoing commitment each of us has toward occupational therapy.

Our advocacy efforts over the past several years have included a focus on recognizing and elevating the role of occupational therapy in working with people with mental health needs. This year's theme is intended to reflect that advocacy through the Conference educational opportunities while anchoring what we do firmly in occupation-focused practice. Dovetailing with last year's Mental Health Summit, we will again have another Mental Health Summit this year focused on professional advocacy and regulatory and practice trends. This year's theme also provides a backdrop for highlighting the work of occupational therapists and occupational therapy assistants in working with veterans and service members, as is reflected in the programmatic presentations and panels.

With "Roots of Our Profession" as our grounding theme, I am excited to welcome our Friday keynote presenter, Wendy B. Stav, PhD, OTR/L (MI), FAOTA, whose talk entitled "Our Relationship with Occupation" (about occupational revolution) will reflect her ongoing work of focusing on and measuring occupation-based interventions. We are also honored to have veteran and occupational therapy practitioner Major Erik S. Johnson, Retired, MS, OTR/L (TX), join us as our Sunday keynote speaker with his talk "After the Storm: OT Implications for Service Members After Discharge."

The program is packed with amazing professional development opportunities, and attendance at the Conference is an epic time to see one another in person, connect, laugh, support, brainstorm, and collaborate again. This Conference is also a time to celebrate the accomplishments of our colleagues through our Annual Awards celebration. Like last year, I am ecstatic to see one another again, and I am also so encouraged and inspired by our theme and the work that OTAC is committed to. Please join us at this year's Annual Conference & Innovation Expo and in our commitment to the profession. See you in November.

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH
President, Occupational Therapy Association of California

#OTACConf2023 | #rootsofourpractice | #otacmemberpride

@OTACnews **@otacofca** **@OTACnews**

SCHOLARSHIP OPPORTUNITY

FOCUS ON THE FUTURE FUNDS

It is with great honor that OTAC carries on with the Susan J. Harris Focus on the Future Legacy Fund established by Therapy Specialists, a HealthPRO-Heritage Company in collaboration with OTAC. Harris was a long-time active supporter, valued friend, and member of OTAC. In 2020, OTAC's Entrepreneur Award was renamed in her honor as the Susan J. Harris Occupational Therapy Entrepreneur Award. She was also an awardee of OTAC's Award of Excellence and Lifetime Achievement Award. Harris had founded Therapy Specialists more than 41 years ago and grew it into a successful practice.

Susan J. Harris
1941-2020

With this Legacy Fund, OTAC provides support to the profession in three primary areas: entrepreneurialism and innovation, advocacy, and a leadership pathway for practitioners of diverse backgrounds. At the 2023 Annual Conference we are bringing to you 12 sessions under the Advocacy/Leadership/Management/Private Practice Track. In addition, we are offering the OTAC Leadership Institute Mentees & Mentors: Take the Journey Together. See Session 38. Apply here. The Legacy Fund also includes the opportunity for two students of diverse backgrounds (students of color, students with disabilities, students within the LGBTQ+ community) to apply for a scholarship to the Annual Conference to attend the sessions in the Track mentioned above, as well as to attend the OTAC Board of Directors and Committee Chairs meeting on the Thursday of Conference. This scholarship is intended to support students in their professional journey through exposure to occupational therapy leadership and professional development. The scholarship includes full Conference registration and up to a $300 hotel or travel expense reimbursement. Interested students should complete the application and submit by September 15, 2023.

2023 CONFERENCE COMMITTEE

Chairs – *Joe Juse, Winifred Schultz-Krohn*

Awards Coordinator – *Erin Schwier*

Call for Papers/Program Coordinators – *Megan Chang, Chiao-Ju Fang, Kathryn Wise*

Exhibits Coordinator – *Mary Kay Gallagher*

Hospitality Coordinator – *Bianca Callier*

Photographers – *Diana Su-Erickson, Vicky Ocampo*

Presenter Concierge – *Jackie Mardirossian*

Registration Coordinator – *Laura Deary*

Social Media Coordinator – *Karen Park*

Volunteer Coordinator – *Teresa Pham*

OTAC Professional Development & Leadership Chairs – *Sherry Hite, Lisa Hiestand*

OTAC Student Leadership Chair – *Rob Russow*

OTAC President – *Bryant Edwards*

OTAC Management Team – *Karen Polastri, Shannon Rutledge, Tracy Brown, Jenni Zarate, Tammy Hitchcock*

CHAIRS' MESSAGE

Dear Occupational Therapy Practitioners, Educators, Students, Colleagues, and Friends,

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

Joe Juse, OTD, OTR/L

On behalf of the Occupational Therapy Association of California (OTAC) and the 2023 OTAC Annual Conference & Innovation Expo Committee, we are excited to invite you to join us for the 47th Annual Conference!

This year's Conference theme is **Celebrating the RoOTs of Our PrACtice, emphasizing OTAC!** From the historical beginnings of our profession to today's emerging practice areas, this inspiring theme reflects the expanded continuum of professional development.

Occupational therapy has been grounded in the value of participation in purposeful and meaningful therapeutic occupations to promote health and the balance of physical, mental, and social well-being. The growth and advancement of our profession encompasses a range of practice areas to benefit all persons, groups, and populations. As practitioners, educators, or students, we can continue to enrich our knowledge and cultivate evidence-based occupational therapy interventions for those who receive our valuable services.

We are honored to have two amazing Keynote presenters, Wendy B. Stav, PhD, OTR/L (MI), FAOTA, from Missouri, and Major Erik S. Johnson, Retired, MS, OTR/L (TX), from Texas. Stav is the St. Louis University OT Department chair and will present her Keynote Address, "Our Relationship with Occupation" (about occupational revolution) on Friday, exploring our profession's history and the ebb and flow of our collective relationship with occupation. Major Johnson is an OT war veteran presenting his Keynote Address on Sunday titled "After the Storm: OT Implications for Service Members After Discharge," providing insight into the complex physical, cognitive, and psychosocial struggles veterans face once discharged from service. We are grateful and delighted to have Stav and Johnson join us for the 2023 OTAC Annual Conference & Innovation Expo!

We are excited to offer the Annual Conference & Innovation Expo in person at the Hilton Pasadena! We will be **Celebrating the RoOts of Our PrACtice** by participating in professional development, nurturing our future practitioners, and engaging in networking opportunities.

The high caliber, peer-reviewed Conference presentations and poster sessions will reinforce your commitment to the uniqueness of the roles of occupational therapy professionals providing innovative approaches to support and promote occupational engagement for everyone we serve. The resolve to increase the diversity and inclusiveness of the occupational therapy profession continues, and the OTAC Annual Conference & Innovation Expo is one opportunity to pursue that goal.

We look forward to seeing everyone in person at the OTAC Annual Conference & Innovation Expo in Pasadena!

Your OTAC Conference Chairs,
Joe Juse and Winifred Schultz-Krohn

OUR HOST CITY–PASADENA
A melting pot of culture & entertainment

Located 10 minutes outside of Downtown Los Angeles, Pasadena is the perfect getaway. Old Town is a prime spot for shopping, dining, and socializing - there is no shortage of delicious restaurants and evening hot spots. Nature lovers can relax on a hike or in a secluded courtyard and don't forget the architecture. Click here to read more.

TOP 10 PASADENA AWESOME

No. 1 – Photograph a TV film location
Parks and Recreation

No. 2 – Tour the Norton Simon Museum
An incredible private collection

No. 3 – Stroll down Colorado Boulevard
Shopping, trendy cafes, culture

No. 4 – Feast your eyes on the Gamble House
From Back to the Future fame

No. 5 – Satisfy your inner science geek
Free tours

No. 6 – Cross the bridge into La La Land
An architectural gem

No. 7 – Be one with nature at Eaton Canyon Preserve
Hike, relax, tour

No. 8 – Visit the world-famous Rose Bowl
Shop the largest flea market in the country

No. 9 – Stop in at the Historic Pasadena Playhouse
Take in a play, enjoy some wine

No. 10 – Admire Pasadena architecture on a walking tour
10 tours available

LEARN MORE

KEYNOTES | HONORED LECTURER

FRIDAY KEYNOTE - NOVEMBER 10

4:15pm-5:15pm

Directly following the Awards Ceremony

63 Our Relationship with Occupation (.5 PDUs)

Wendy B. Stav, PhD, OTR/L (MI), FAOTA

Wendy B. Stav, PhD, OTR/L (MI), FAOTA

This address will explore the history and ebb and flow of our collective relationship with occupation. The loyalties on both sides of the relationship are honestly acknowledged, revealing it is time for couples counseling. The reasons for our infidelities will be identified, followed by a plan to patch up the relationship. Attendees will reconnect with the occupation they fell in love with, embrace occupation for all its health-promoting power, and embark on an occupational revolution as we celebrate the roots of our practice.

Also presenting session 76 - Infusing Occupation Into Practice: Part 3 - Strategies to Move Toward Uniquely Occupational Practice (1.5 PDUs)

SUNDAY KEYNOTE – NOVEMBER 12

7:30am-9:00am

Included with OTAC Annual Meeting

D After the Storm: OT Implications for Service Members After Discharge (.5 PDUs)

Major Erik S. Johnson, Retired, MS, OTR/L (TX)

Major Erik S. Johnson, Retired, MS, OTR/L (TX)

With the continued stressors that both wounded service members and veterans face after separation from the military, there is a huge need for skilled occupational therapy intervention and community support. This session will identify the complex physical, cognitive, and psychosocial struggles veterans face after they have completed their service and include case studies from recently separated service members who will share their victories and struggles as they seek to live their lives to the fullest.

FRIDAY CFOT HONORED LECTURER – NOVEMBER 10

11:30am-1:00pm

CFOT Awards Luncheon and Symposium – Seperate fee required

Symposium Honored Lecturer

Lisa Deshaies, OTR/L, CHT

Lisa Deshaies, OTR/L, CHT

Nourishing and Flourishing Our Roots (.5 PDUs)

Our profession's deep roots in occupation are indeed something to be celebrated. But how well are they being tended to? Are we leaving this to others or are we actively engaged in protecting and fortifying them? Together, let's explore how we each can and must contribute to the propagation of our roots and unleash the power of occupation in ourselves and for our clients. This session will invite you to reflect on your past and future practice and offer insights harvested from OT scholars, researchers, educators, practitioners, students, and patients that have cultivated my "occupassion" of being an OT.

FEATURED SESSIONS

THURSDAY, NOVEMBER 9

Separate fees required for Thursday sessions

9:00am-12:00pm; 1:00pm-4:00pm

13 Combining Interventions to Answer Complex Issues in Pediatrics (6 PDUs)

Erna Imperatore Blanche, PhD, OTR/L, FAOTA; Mary Hallway, OTR/L, C/NDT, C-IAYT; Dominique Kiefer, OTD, OTR/L, BCP; Lisa Test, OTD, OTR/L, FAOTA

9:00am-5:30pm

14 Elevating Our Client Services Through Interprofessional Colla

REMOVED

Courtney
Wendy Mo *Krohn,*
PhD, OTR/ *, PhD,*
OTR/L, FA *-Resnick, EdD*

Lunch is included in the fees for this session.

2:00pm-5:00pm

22 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA; Ingrid Leu, OTD, OTR/L; Erin McIntyre, OTD, OTR/L

FRIDAY, NOVEMBER 10

1:00pm-3:00pm

53 Successfully Funding Your Research and Program Development Interests (2 PDUs)

CFOT Panelists/Guests

SATURDAY, NOVEMBER 11

8:15am-9:45am

76 Infusing Occupation into Practice: Part 3 - Strategies to Move Toward Uniquely Occupational Practice (1.5 PDUs)

Wendy B. Stav, PhD, OTR/L (MI), FAOTA

2:30pm-5:45pm

108 Integrating Functional Cognition Into Your Professional Practice (3 PDUs)

Gordon Giles, PhD, OTR/L, FAOTA

SUNDAY, NOVEMBER 12

9:15am-10:45am

122 Explore the Rewarding Career in Providing Occupational Therapy Services for Our Nation's Heroes (1.5 PDUs)

Major Erik S. Johnson, Retired, MS, OTR/L (TX); Colin Lenington, OTD, OTR/L; Rachel Nolan, OTR/L; Moderator: Diana Su-Erickson, OTR/L

INTENSIVES: 3, 4 AND 6 HOUR SESSIONS

THURSDAY, NOVEMBER 9

9:00am-12:00pm; 1:00pm-4:00pm

13 Combining Interventions to Answer Complex Issues in Pediatrics (6 PDUs)

Erna Imperatore Blanche, PhD, OTR/L, FAOTA; Mary Hallway, OTR/L, C/NDT, C-IAYT; Dominique Kiefer, OTD, OTR/L, BCP; Lisa Test, OTD, OTR/L, FAOTA

Occupational therapy practice has become increasingly more complex, requiring practitioners to be systematic in data gathering and more efficacious in delivering pediatric interventions. Through case analysis, participants will learn to systematize the clinical reasoning process.

9:00am-5:30pm

14 Elevating Our Client Services Through Interprofessional Collaborations (7 PDUs)

REMOVED

Courtney Bo[illegible] Morrison, RN, ECSE; Winifred Sch[illegible]TA; Jerilyn (Gigi) Smith, PhD, OTR/L, [illegible]

Lunch is included in the fees for this session.

Join us for this day of interprofessional collaborations by the California Association for Education for Young Children (CAAEYC), Infant Development Association of California (IDA), and Occupational Therapy Association of California (OTAC).

The members of these three professional associations provide services that are significantly important in the health and well-being of the youngest citizens of the state of California. There is no more critical time than now for us to learn together, share knowledge, and identify more effective ways to collaborate for the benefit of our young clients and their families.

2:00pm-5:00pm

22 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA; Ingrid Leu, OTD, OTR/L; Erin McIntyre, OTD, OTR/L

Reprising the discussion from the October 2022 Annual Conference of mental health as an integrated practice, join occupational therapy master clinicians and leaders working in mental health advocating for change for a high-level informed dialogue about the most current legislative and regulatory issues and successes, trends that may impact occupational therapy practitioners in various systems, and where to focus efforts to affect change.

FRIDAY, NOVEMBER 10

8:15am-11:30am

36 Sensory Regulation and Executive Function: An Integrative Approach (3 PDUs)

Lindy Joffe, OTD, OTR/L

This presentation will explore the intersection of sensory processing and executive function in children with regulatory challenges from a neurological and functional perspective. It will introduce an evidence-based intervention, overviewing assessment, and treatment ideas for immediate use.

37 Vision Assessment and Treatment: The Role of OT (3 PDUs)

Melissa Caruso, COTA/L; Beth Sullivan, OTD, OTR/L; Taylor Yandoli, MSOT, OTR/L, CLVT

The Centers for Disease Control and Prevention (CDC) estimates that 3.4 million people aged 40 and above have a visual impairment. This presentation will provide an overview of common visual conditions, assessments, interventions, and the role of OT in vision loss.

SATURDAY, NOVEMBER 11

8:15am-11:30am

78 The Structured Observations of Sensory Integration-Motor (SOSI-M) and the Comprehensive Observations of Proprioception (COP-R): Clinical Reasoning and Progress Monitoring (3 PDUs)

Juliana Gutierrez, OTD, OTR/L; Dominique Kiefer, OTD, OTR/L, BCP

This workshop will focus on interpreting standardized data from the SOSI-M and COP-R in conjunction with other assessment tools. Participants will learn to use data to plan treatment and measure outcomes.

8:15am-11:30am; 2:30pm-3:30pm

79 How Can I OT in this Healthcare Climate? (4 PDUs)

Alexis Joelle Sobel, MS, OTR/L

An examination of how the profession's roots can clash with the philosophies of our everchanging healthcare system will be presented. Strategies will be examined on how to feel confident with best practices in occupational therapy, despite healthcare climate unpredictability.

2:30pm-5:45pm

106 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA

The anatomy and physiology of oral and pharyngeal phases will be reviewed using evidence from a scoping review describing common problems for both phases. Specific evidence-based interventions will be discussed and applied using case illustrations.

107 Steppin'-Up: OT Driven Curriculum Enrichment Programs for Students (3 PDUs)

Bonnie Nakasuji, OTD, OTR/L, FAOTA; Marilyn Noriega, MA, OTR/L; Amanda Routt, OTD, OTR/L; Maribel Martinez, EdD

This session will describe the development and implementation of several unique alternatives to traditional school-based OT interventions that are not individualized education program (IEP) driven, a transitional program for high school students, and an alternative-to-suspension with regular education students.

108 Integrating Functional Cognition Into Your Professional Practice (3 hours)

Gordon Giles, PhD, OTR/L, FAOTA

Functional cognition is a performance-level approach to cognition and uses performance-based testing to assess instrumental activities of daily living (IADL) competencies. Occupational therapy practitioners can select interventions that enhance patient outcomes using this discipline's distinct strength-based approach.

INTENSIVES: 3, 4 AND 6 HOUR SESSIONS (CONTINUED)

SUNDAY, NOVEMBER 12

9:15am-12:30pm

124 Strategies for Becoming a Culturally Responsive OTP (3 PDUs)

Kathryn Biesanz, OTD, OTR/L; Shan-Pin Fanchiang, PhD, OTR/L; Karrie Kingsley, OTD, OTR/L; Amy Zhao, OTD, OTR/L

Experienced occupational therapy practitioners (OTP) and faculty will share the self-work and strategies that facilitate culturally responsive practice. Join this session to identify your growth areas and improve your cultural responsiveness.

125 Post-COVID Conditions: OT Interventions and Recovery Trajectories (3 PDUs)

Jamie Wilcox, MPH, OTD, OTR/L; Ella Wilson, MA, OTR/L

Post-COVID syndrome (PCS) is a post-viral condition causing significant morbidity for approximately 30% of the population. Occupational therapy has been recognized as an essential service caring for this population. This course will overview outpatient occupational therapy for PCS.

126 Improving Engagement in Sleep and Restorative Occupations (3 PDUs)

Don Gordon, PhD, OTR/L

This presentation will educate practitioners about the critical nature of sleep and rest in relation to health and well-being and provide tools to improve the quality of these activities for themselves and their clients.

127 School-Based Assessment and Intervention: Adolescent Population (3 PDUs)

Katy Mackey, MS, OTR/L; Jennifer Sato, MA, OTR/L

This presentation on assessment and intervention techniques for the adolescent population will focus on making a paradigm shift from traditional bottom-up therapy methods to a top-down evidence-based approach, including occupation, interests, and vocational skills.

9:15am-12:30pm; 1:30pm-2:30pm

128 Handle with Care: Verbal De-Escalation for Clients Exhibiting Behaviors (4 PDUs)

Rodney Harris, COTA/L; Ingrid Leu, OTD, OTR/L

Do you struggle with managing aggressive behaviors? Using principles from the Handle With Care Behavioral Management System, this session aims to provide strategies for redirecting and understanding escalating behaviors in all populations.

1:30pm-4:45pm

144 Leading with Compassion: A Guide for Practitioners and Managers (3 PDUs)

Deborah Bolding, PhD, OTR/L; Kathryn Wise, OTD, MHSc, OTR/L

Leadership practices by practitioners and managers affect client outcomes, practitioner health and job satisfaction, and healthcare costs. This workshop will examine compassionate and relational leadership styles and interpersonal communication practices that affect the health of our workplaces.

145 Breaking Down the New MDS Changes (3 PDUs)

Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT, QCP, RAC-CTA, FAOTA

This session will break down the significant changes made to the Centers for Medicare and Medicaid Services minimum data set (MDS) that go into effect on October 1, 2023, and discuss the role of occupational therapy practitioners in the MDS process.

146 Lived Experience of Chronic Pain and Fatigue: A Never Ending Recovery (3 PDUs)

Aaron Picus, OTD, OTR/L, BCP; Melanie Melasky, JD

Combining first-hand accounts with the evidence base, participants will explore the often-profound impacts of chronic pain and fatigue. Participants will then apply acceptance and commitment therapy (ACT) techniques as a holistic intervention strategy.

147 Thrive: Behavior and Sensory Preschool Classroom Supports (3 PDUs)

Baily Zubel, OTD, OTR/L; Mary David, PsyD

Maximizing a child's potential starts early in their educational career. The presenters will discuss strategies to support the behavior and sensory needs in the classroom to elicit participation and engagement while learning in the whole group setting.

WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

Wanted to build new skills

Always appreciate the opportunity to grow and thrive together

Brought my daughter who is a new OT

It is a tradition for me

SOCKS IN A BOX CHALLENGE

In recognition of our OT roots and our nation's heroes on this Veteran's Day weekend, please help us donate 800 pairs of new socks to local veterans' facilities supporting unsheltered or in transition veterans. Look for the Socks in a Box in the Conference registration area. Every pair of new socks donated makes you eligible for a giveaway. Local veterans representatives will be on hand to receive the collected socks on Sunday at the conclusion of the Sunday Keynote Address.

CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

Celebrating Our 42nd Anniversary!

CFOT Awards Luncheon and Symposium

FRIDAY, NOVEMBER 10

11:30am-1:00pm

About the Awards Luncheon and Symposium

Recipients of the 2023 CFOT scholarships, research grants, and awards will be announced at the annual CFOT Awards Luncheon and Symposium on Friday, November 10, 11:30am-1:00pm.

Separate ticket required. $85 for lunch ($10 for gallery seating; no lunch; students only).

HONORED LECTURER - LISA DESHAIES, OTR/L, CHT

Nourishing and Flourishing Our Roots (.5 PDUs)

Lisa Deshaies, OTR/L, CHT

Our profession's deep roots in occupation are indeed something to be celebrated. But how well are they being tended to? Are we leaving this to others or are we actively engaged in protecting and fortifying them? Together, let's explore how we each can and must contribute to the propagation of our roots and unleash the power of occupation in ourselves and for our clients. This session will invite you to reflect on your past and future practice and offer insights harvested from OT scholars, researchers, educators, practitioners, students, and patients that have cultivated my "occupassion" of being an OT.

Lisa Deshaies, OTR/L, CHT, is a 1986 graduate of the University of New Hampshire who headed west to California with a plan to train and work at Rancho Los Amigos National Rehabilitation Center for a couple of years. 36 years later, she continues there as a clinical instructor for outpatient occupational therapy services. Deshaies has specialized in complex fractures, burns, amputations, arthritis, and other upper limb orthopedic conditions, obtaining her Certified Hand Therapist (CHT) credential in 1995. She has taught "Principles of Hand Therapy" as adjunct clinical faculty for the Chan Division of Occupational Science and Occupational Therapy at the University of Southern California for over 20 years. Deshaies has published in OT and hand therapy textbooks and has presented locally and nationally on topics related to hand therapy and occupation-based care. Outside of work, she values her time spent at the beach, on the water, exploring a trail, traveling, and fanatically rooting for her beloved New England sports teams.

HUMANITARIAN AWARD – ASSISTANCE LEAGUE OF LAGUNA BEACH

The California Foundation of Occupational Therapy (CFOT) honors individuals/groups who, through their humanitarian activities, have demonstrated exceptional commitment to the philosophical principles of occupational therapy and to the mission and goals of CFOT.

This year, CFOT will recognize the Assistance League of Laguna Beach for their significant humanitarian activities; funding early intervention programs for developmentally delayed children and their parents; senior support services; and supporting a therapeutic riding center.

SUPPORT OUR FUTURE

SUPPORT ENHANCING OCCUPATIONAL THERAPY SERVICES TO THE PUBLIC

The annual fundraiser for the California Foundation for Occupational Therapy (CFOT), held in conjunction with the OTAC Annual Conference & Innovation Expo, again has an online component! We welcome this opportunity to reach a wider audience. "Thank you in advance for continuing to support our mission by donating through the OTAC Conference," commented CFOT President Michelle Berro, MA, OTR/L.

Past CFOT Awardees

The California Foundation for Occupational Therapy (CFOT) was founded in 1981 as a nonprofit, public benefit organization to help support students, practitioners, and researchers advance their knowledge and skills, thereby enhancing occupational therapy services to the public.

Michele Berro, MA, OTR/L
CFOT President

Since its inception, many scholarships, traineeships, and grants have been awarded annually. In addition, CFOT's goal is to educate the public about the potential benefits of occupational therapy services.

YOU ARE INVITED TO DONATE TO CFOT IN SUPPORT OF OUR MISSION

DONATE

CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

CFOT MISSION

To advance the science and practice of occupational therapy to enhance health, well-being, and participation in life activities for all individuals, communities, and populations through supporting and promoting occupational therapy research, education, and public awareness.

Honoring Those Who Inspire Professional Excellence

COME HELP CELEBRATE OUR OTAC 2023 AWARD HONOREES

Please join us in congratulating your friends and colleagues on their awards as well as expressing your appreciation to them for their contributions to the profession and the Association. These individuals will be recognized at the Awards Ceremony, Friday, November 10, 3:15pm–4:15pm. This event is open to all Conference attendees registered for Friday.

Erin Schwier, EdD, OTD, OTR/L
Awards Chair

The OTAC Awards Ceremony is always an attendee highlight.

FOLLOW THE ANNUAL CONFERENCE ON OUR FREE MOBILE APP.

COMING SOON!

The mobile app includes:

- Full Conference schedule and a feature to build a customized schedule
- Social sharing on Twitter and Instagram
- Detailed information about presenters, exhibitors, and sponsors
- Notifications of important updates, special offers, and more.

It's easy! Download the 2024 OTAC Annual Conference app for iPhone, iPad, and Android directly from the Apple App Store and Google Play Store and all other web browser-enabled devices by searching OTAC. Once you have found the app, tap either Download or Install. Login note: Login for the mobile app is not the same as your OTAC membership/customer login. You must create a new account to access the app's full features.

SPECIAL CONFERENCE ACTIVITIES

The OTAC Annual Conference offers much more than the opportunity to earn professional development units. It is also an opportunity to network with friends and colleagues, to make interesting contacts, to discover new resources, and to fully immerse yourself in all the activities designed to support you and the profession.

MOVIE NIGHT: HI! I'M TRAVIS MILLS (1 PDU)

Thursday, November 9 – 6:00pm-7:30pm

After surviving an improvised explosive device (IED) explosion, Travis Mills became a quadruple amputee, one of few to recover in US military history. While grappling to find purpose, Travis and his family band together to recover and help others along the way.

Directly following this 44-minute film, join our moderator in guided dialogue about the film. Special guest will be Major Erik S. Johnson, Retired, MS, OTR/L (TX), who is referenced in the film and is our Conference Sunday Keynote presenter speaking on "After the Storm: OT Implications for Service Members After Discharge."

Moderator: Colin Lenington, OTD, OTR/L, ATP, CAPS, VA Long Beach Healthcare System

Hosted popcorn and iced tea.

SPECIAL INTERPROFESSIONAL COLLABORATION

3 associations in 1 collaborative day

Thursday, November 9 – 9:00am-5:30pm

14 Elevating Our Client Services Through Interprofessional Collaborations (7 PDUs)

Courtn[illegible] Wendy Morrison, RN, ECSE; Winifre[illegible] FAOTA; Jerilyn (Gigi) Smith, PhD, OT[illegible]dD

REMOVED

Join us f[illegible] collaboration by the California Associati[illegible] Education for Young Children (CAAEYC), Infant Development Association of California (IDA), and Occupational Therapy Association of California (OTAC).

The members of these three professional associations provide services that are significantly important in the health and well-being of the youngest citizens of the state of California. There is no more critical time than now for us to learn together, share knowledge, and identify more effective ways to collaborate for the benefit of our young clients and their families. Lunch is included in the fees for this session. View the full day's schedule online.

OTAC Occupational Therapy Association of California

caaeyc California Association for the Education of Young Children

IDA CALIFORNIA SUPPORTING CALIFORNIA'S EARLY INTERVENTION COMMUNITY

BUILD YOUR CUSTOMIZED SCHEDULE

See pages 15 through 17 for a list of sessions by practice area. Build your own practice area schedule or mix and match.

CFOT AWARDS LUNCHEON AND SYMPOSIUM (.5 PDUs)

Friday, November 10 – 11:30am-1:00pm

$85; $10 students-only gallery (lunch not included)

Recipients of the 2023 CFOT scholarships, research grants, and awards will be announced. Also featured is the 2023 Honored Lecturer Lisa Deshaies, OTR/L, CHT, presenting "Nourishing and Flourishing Our Roots" (.5 PDUs).

The Honored Lecturer Series joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form to purchase tickets. Seating is limited for both categories.

Awards

Come help celebrate recipients of the 2023 California Foundation for Occupational Therapy (CFOT) scholarships, research, grants, and awards.

Symposium Honored Lecturer

The Honored Lecturer Series joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!

Nourishing and Flourishing Our Roots (.5 PDUs)

Lisa Deshaies, OTR/L, CHT

Our profession's deep roots in occupation are indeed something to be celebrated. But how well are they being tended to? Are we leaving this to others or are we actively engaged in protecting and fortifying them? Together, let's explore how we each can and must contribute to the propagation of our roots and unleash the power of occupation in ourselves and for our clients. This session will invite you to reflect on your past and future practice and offer insights harvested from OT scholars, researchers, educators, practitioners, students, and patients that have cultivated my "occupassion" of being an OT.

An additional $85 fee is required to attend this event and includes lunch.

Special gallery seating is available to students only for $10 (lunch not included).

Seating is limited for both categories.

SPECIAL CONFERENCE ACTIVITIES (CONTINUED)

OTAC AWARDS CEREMONY AND KEYNOTE ADDRESS

Friday, November 10 – 3:15pm-5:15pm

OTAC Awards Ceremony. Come one, come all! You are invited to come recognize and celebrate our 2023 Award honorees who serve with excellence and inspire professional passion.

FRIDAY KEYNOTE ADDRESS

Our Relationship with Occupation (.5 PDUs)

Wendy B. Stav, PhD, OTR/L (MI), FAOTA

This address will explore the history and ebb and flow of our collective relationship with occupation. The loyalties on both sides of the relationship are honestly acknowledged, revealing it is time for couples counseling. The reasons for our infidelities will be identified, followed by a plan to patch up the relationship. Attendees will reconnect with the occupation they fell in love with, embrace occupation for all its health-promoting power, and embark on an occupational revolution as we celebrate the roots of our practice.

WIN A $50 GIFT CARD! ADVANCE PURCHASE A SATURDAY EXPO LUNCH OR SUNDAY OT PRACTICE CAFÉ LUNCH AND BE ELIGIBLE TO WIN $50 IN GIFT CARDS.

INNOVATION EXPO

Friday, November 10 – 5:15pm-7:15pm

Grand Opening | Bingo and Trivia for Prizes

Join us for Friday's lively grand opening of our Innovation Expo! More than 30 exhibitors await you to share the latest in services and products that support your practice and clients. Learn about educational and employment opportunities, too. Play Exhibitor Bingo and OTAC trivia for prizes. Many exhibitors also offer giveaways.

Saturday, November 11 – 11:30am-2:15pm

Poster Presentations | Bingo for Prizes | Grab and Go Lunch

Saturday offers a convenient lunch option – advance purchase only. If you purchase lunch in advance you are eligible for prize drawings. View poster presentations! (eligible for 2 PDUs)

LEADERSHIP INSTITUTE. MENTEES & MENTORS: TAKE THE JOURNEY TOGETHER!

Friday, November 10 – 8:15am-11:30pm (2 PDUs)

Join the first OTAC Leadership Institute (LI) cohort of mentees and mentors to take this exhilarating leadership journey together in this unique opportunity to explore, share, and grow as occupational therapy professionals. The LI orientation and first module include a networking mixer/icebreaker. To attend this session, mentors and mentees must have completed the application process. You can find more information about the LI and the application form here. Capacity is limited to 10 teams.

ALUMNI AND STUDENT RECEPTIONS

Friday, November 10 – 7:30pm-9:00pm; Saturday, November 11 – 7:30pm-9:00pm

Celebrate the end of each day by networking with your school alumni, fellow students, and faculty. Always a Conference highlight.

POSTER PRESENTATIONS (EARN UP TO 2 PDUS)

Saturday, November 11 – 11:30am-12:30pm and 1:00pm-2:00pm

See page 35 and 36 for a list of posters.

PRESIDENT'S MIX 'N MINGLE

Saturday, November 11 – 6:00pm-7:00pm

OTAC president, Bryant Edwards, invites Conference attendees to come relax, network, and unwind (no host bar). Shoot a lifetime of memories with your besties at the photo booth. Play trivia for a chance at prizes. Mix, mingle, and connect.

OTAC ANNUAL MEETING | KEYNOTE ADDRESS | COFFEE AND LIGHT BREAKFAST FARE (.5 PDUS)

7:30am-9:00am

This event is included in your Sunday registration fee. Hear about the latest OTAC achievements and activities for the coming year, network at your region-designated table, and prepare to be inspired by the keynote address. If you wish to attend this attend, you MUST indicate on your registration form. **Help conserve resources – only mark the event if you plan to attend.**

SUNDAY KEYNOTE ADDRESS

After the Storm: OT Implications for Service Members After Discharge (.5 PDUs)

Major Erik S. Johnson, Retired, MS, OTR/L (TX)

With the continued stressors that both wounded service members and veterans face after separation from the military, there is a huge need for skilled occupational therapy intervention and community support. This session will identify the complex physical, cognitive, and psychosocial struggles veterans face after they have completed their service and include case studies from recently separated service members who will share their victories and struggles as they seek to live their lives to the fullest.

OT PRACTICE CAFÉ | HOT TOPIC LUNCH - $20

Sunday, November 11 – 12:30pm-1:30pm

Grab a 'picnic' lunch and sit at your OT hot topic table of choice. Advance purchase lunch required. Be eligible to win $50 in gift cards. Must be present to win.

OT SUNDAY SUPER LEARNERS' PRIZE DRAWINGS

Sunday, November 12 – 4:30pm

If you are registered for Sunday, you will receive a raffle ticket for the prize drawings. Yes! We appreciate the super learners who stay to the end of Conference! Drawings will be made at 4:00pm. Check the board at the registration table between 4:30pm-5:00pm. Must be present to win.

CONFERENCE PERKS!

Advance Purchase Saturday or Sunday Lunch is required. Anyone advance purchasing lunch for either day (Saturday Expo Lunch or Sunday OT Practice Café) will be eligible for a drawing for up to $50 in gift cards.

CUSTOMIZE YOUR SCHEDULE

ACADEMICS/EDUCATION

31 Innovate to Educate! Enhancing Student Motivation and Engagement (1.5 PDUs)

41 Promoting Student Success, Community-Building, and Peer Support (1.5 PDUs)

72 Clinical and Academic Mentorship: Benefits and Best Practices (1 PDU)

82 Optimizing Classroom Engagement: Sensory Strategies as UDI (1 PDU)

86 Lived Experiences During the Pandemics: How Are We Doing? (1.5 PDUs)

88 Leadership and Change: The Student-OT Partnership (1 PDU)

102 Brain-Based Learning Theories and Applications: Optimizing Student Learning (1 PDU)

112 Supporting Allyship and Inclusion Through Undergraduate Curriculum (2 PDUs)

120 Diversity, Equity, and Inclusion in OT: What's Next? (1 PDU)

124 Strategies for Becoming a Culturally Responsive OTP (3 PDUs)

129 Exploring Student-Perceived Confidence and Ability: Association with Performance (1 PDU)

133 Rebuilding Together: Emerging Practice and Fieldwork Opportunities (1 PDU)

ADULTS/OLDER ADULTS

33 Home Health Occupational Therapy 101 (1.5 PDUs)

37 Vision Assessment and Treatment: The Role of OT (3 PDUs)

43 Parkinson's Disease: Essentials for Participation at Every Stage (1.5 PDUs)

73 Cognitive Rehabilitation: Dual-Task Training for Older Adults (1 PDU)

74 Interprofessional Pain Management for Clients with Cognitive Impairment (1 PDU)

108 Integrating Functional Cognition into Your Professional Practice (3 PDUs)

110 Function and Participation Following Community-Based Stroke Rehabilitation (1 PDU)

111 Case Studies in Acute Care: A Bio-Psychosocial Approach (2 PDUs)

113 Low Vision Screening and Intervention for Generalist OT Practitioners (2 PDUs)

117 Embracing Neurodivergence: Occupational Therapy for Adults with ADHD (1 PDU)

126 Improving Engagement in Sleep and Restorative Occupations (3 PDUs)

131 OT or Not to OT? In End-of-Life Care (1.5 PDUs)

142 Evidence-Based Interventions for Elderly with Post Distal Radius Fracture to Improve Occupational Performance (1 PDU)

145 Breaking Down the New MDS Changes (3 PDUs)

ADVOCACY/LEADERSHIP/MANAGEMENT/ PRIVATE PRACTICE/ENTREPRENEURIAL

11 Seven Business Models for OTPreneurship (1.5 PDUs)

16 Sparking Change at Work: Strategies for Everyday Practitioners (1.5 PDUs)

18 Organizing TEDx Events as Community Programming Projects (1 PDU)

22 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)

30 Protecting Our Careers: State and Regulatory Updates (1.5 PDUs)

38 Leadership Institute. Mentees & Mentors: Take the Journey Together! (2 PDUs)

40 Keeping Licensees Informed - What YOU Need to Know (1.5 PDUs)

78 The Structured Observations of Sensory Integration-Motor (SOSI-M) and the Comprehensive Observations of Proprioception (COP-R): Clinical Reasoning and Progress Monitoring (3 PDUs)

122 Exploring the Rewarding Career in Providing Occupational Therapy Services for Our Nation's Heroes (1.5 PDUs)

124 Strategies for Becoming a Culturally Responsive OTP (3 PDUs)

133 Rebuilding Together: Emerging Practice and Fieldwork Opportunities (1 PDU)

144 Leading with Compassion: A Guide for Practitioners and Managers (3 PDUs)

DIVERSITY/EQUITY/INCLUSION/OCCUPATIONAL JUSTICE

10 DEI in OT Service Delivery: What is Current Practice? (1.5 PDUs)

77 The Distinct Value of Occupational Therapy on Interdisciplinary Teams (1 PDU)

101 Gender Euphoria Toolkit: Bolstering Safety and Connection (1 PDU)

109 Mindfulness for Resilience and Social Change (1 PDU)

120 Diversity, Equity, and Inclusion in OT: What's Next? (1 PDU)

124 Strategies for Becoming a Culturally Responsive OTP (3 PDUs)

GENERAL

B Friday Keynote: Our Relationship with Occupation (.5 PDUs)

15 The 1922 Willard Scrapbook: The California Pages (1.5 PDUs)

24 Ethical Application of "Choosing Wisely" to OT Practice (2 PDUs)

53 Successfully Funding Your Research and Program Development Interests (2 PDUs)

60 Incorporating Strength-Based Therapy with OT (1 PDU)

70 Using the Conversational Receptiveness to Enhance Interdisciplinary Communication (1 PDU)

76 Infusing Occupation Into Practice: Part 3 - Strategies to Move Toward Uniquely Occupational Practice (1.5 PDUs)

77 The Distinct Value of Occupational Therapy on Interdisciplinary Teams (1 PDU)

87 Evolving Roles: Emergencies and Social Determinants of Health (1.5 PDUs)

94 Information/Education Pages: Reliable Resources for Clinicians and Patients (1 PDU)

100 The Space Between Us: Building Inclusive Environments (1 PDU)

113 Low Vision Screening and Intervention for Generalist OT Practitioners (2 PDUs)

125 Post-Covid Conditions: OT Interventions and Recovery Trajectories (3 PDUs)

MENTAL HEALTH/SENSORY/WELLNESS

12 What They Don't See: Toll of Chronic Condition Masking (1.5 PDUs)

17 Restoring the OT Role in Holistic Mental Healthcare (2 PDUs)

19 Burnt-Out? Occupational Therapy Approach to Occupational Stress (1 PDU)

21 Adulting with Diabetes: The REAL-T Lifestyle Redesign® Intervention (1 PDU)

22 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)

36 Sensory Regulation and Executive Function: An Integrative Approach (3 PDUs)

44 Transgender Care in Occupational Therapy (1.5 PDUs)

54 OT Role In The Assessment of Dyslexia (2 PDUs)

58 TRUST - Transforming Research: Understanding Experiences in ASD, Stakeholders Working Together (2 PDUs)

73 Cognitive Rehabilitation: Dual-Task Training for Older Adults (1 PDU)

74 Interprofessional Pain Management for Clients with Cognitive Impairment (1 PDU)

77 The Distinct Value of Occupational Therapy on Interdisciplinary Teams (1 PDU)

78 The Structured Observations of Sensory Integration-Motor (SOSI-M) and the Comprehensive Observations of Proprioception (COP-R): Clinical Reasoning and Progress Monitoring (3 PDUs)

CUSTOMIZE YOUR SCHEDULE

81 Autism, Mental Health, and OT (1 PDU)

86 Lived Experiences During the Pandemics: How Are We Doing? (1.5 PDUs)

87 Evolving Roles: Emergencies and Social Determinants of Health (1.5 PDUs)

91 Is it Sensory Processing Disorder or High Sensitivity? (1 PDU)

92 Transforming Cancer Care Through a Lifestyle Medicine Approach (1 PDU)

101 Gender Euphoria Toolkit: Bolstering Safety and Connection (1 PDU)

104 Interprofessional Collaboration on a Pediatric Mental Health Case (1.5 PDUs)

107 Steppin'-Up: OT Driven Curriculum Enrichment Programs for Students (3 PDUs)

109 Mindfulness for Resilience and Social Change (1 PDU)

114 Occupational Therapy Practitioners' Role in Early Autism Screening (1.5 PDUs)

117 Embracing Neurodivergence: Occupational Therapy for Adults with ADHD (1 PDU)

125 Post-Covid Conditions: OT Interventions and Recovery Trajectories (3 PDUs)

128 Handle with Care: Verbal De-Escalation for Clients Exhibiting Behaviors (4 PDUs)

132 Impact of Caregiver Mental Health on Child Regulation (1.5 PDUs)

144 Leading with Compassion: A Guide for Practitioners and Managers (3 PDUs)

147 Thrive: Behavior and Sensory Preschool Classroom Supports (3 PDUs)

148 How Poor Breathing and Sleep Impact Pediatric Daily Occupations (1 PDU)

150 Lifestyle Medicine: Addressing Chronic Disease with Healthy Lifestyles (2 PDUs)

151 Holistic Care for Children and Families: Early Intervention (2 PDUs)

152 Cultivating Occupational Therapy in Pediatric Mental Health (2 PDUs)

PEDIATRICS/SCHOOL-BASED

13 Combining Interventions to Answer Complex Issues in Pediatrics (6 PDUs)

14 Elevating Ou REMOVED Through Interprofessional Collaborati

20 Early Intervention for Infants with Cerebral Palsy (1 PDU)

32 So You Want To Be a Pediatric OT Practitioner (1.5 PDUs)

42 Role of Occupational Therapy in Early Head Start (1.5 PDUs)

54 OT Role In The Assessment of Dyslexia (2 PDUs)

55 Insights from an Interdisciplinary Feeding Group for Caregivers (2 PDUs)

56 Advancing Occupational Therapy's Role in Tiered Response to Intervention (2 PDUs)

71 Parents Need OT Too: Stress Management and Well-Being (1 PDU)

78 The Structured Observations of Sensory Integration-Motor (SOSI-M) and the Comprehensive Observations of Proprioception (COP-R): Clinical Reasoning and Progress Monitoring (3 PDUs)

81 Autism, Mental Health, and OT (1 PDU)

86 Lived Experiences During the Pandemics: How Are We Doing? (1.5 PDUs)

91 Is it Sensory Processing Disorder or High Sensitivity? (1 PDU)

104 Interprofessional Collaboration on a Pediatric Mental Health Case (1.5 PDUs)

106 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)

107 Steppin'-Up: OT Driven Curriculum Enrichment Programs for Students (3 PDUs)

114 Occupational Therapy Practitioners' Role in Early Autism Screening (1.5 PDUs)

121 Review and Understand the OT Guideline for CA Public Schools (1.5 PDUs)

123 Got Routines, OTs? Culturally Responsive Early Intervention Practices (1.5 PDUs)

127 School-Based Assessment and Intervention: Adolescent Population (3 PDUs)

130 Scoping Review of Promoting Occupational Adaptation in Improving Pediatric Fine Motor Skills (1.5 PDUs)

132 Impact of Caregiver Mental Health on Child Regulation (1.5 PDUs)

140 Let's Play: Big and Little Buddy Program (1 PDU)

141 Toolkit for Understanding Elopement by Individuals with Autism (1 PDU)

143 Using the SENSE Program to Support Parent and Infant Occupations in the NICU (1 PDU)

147 Thrive: Behavior and Sensory Preschool Classroom Supports (3 PDUs)

148 How Poor Breathing and Sleep Impact Pediatric Daily Occupations (1 PDU)

151 Holistic Care for Children and Families: Early Intervention (2 PDUs)

152 Cultivating Occupational Therapy in Pediatric Mental Health (2 PDUs)

PHYSICAL DISABILITIES/ACUTE CARE/ONCOLOGY

D Sunday Keynote: After the Storm: OT Implications for Service Members After Discharge (.5 PDUs)

20 Early Intervention for Infants with Cerebral Palsy (1 PDU)

23 Laterality and Occupational Performance in Competitive Adaptive Surfing (1.5 PDUs)

33 Home Health Occupational Therapy 101 (1.5 PDUs)

34 Game On!—Video Games and Evidence-Based Practices for OTPs (1.5 PDUs)

37 Vision Assessment and Treatment: The Role of OT (3 PDUs)

43 Parkinson's Disease: Essentials for Participation at Every Stage (1.5 PDUs)

51 The Importance of Hope for Individuals with ALS (1 PDU)

57 Hand Therapy: Management of Complex Injuries (2 PDUs)

61 Promoting Independence and Decreasing Caregiver Burden with Smart Home Technology (1 PDU)

73 Cognitive Rehabilitation: Dual-Task Training for Older Adults (1 PDU)

74 Interprofessional Pain Management for Clients with Cognitive Impairment (1 PDU)

79 How Can I OT in this Healthcare Environment? (4 PDUs)

83 Occupational Therapy and Sleep Interventions for Multiple Sclerosis (1 PDU)

84 Utilizing the Cognition Billing Code in Acute Oncology (1 PDU)

92 Transforming Cancer Care Through a Lifestyle Medicine Approach (1 PDU)

94 Information/Education Pages: Reliable Resources for Clinicians and Patients (1 PDU)

100 The Space Between Us: Building Inclusive Environments (1 PDU)

103 3D-Printing and Adaptive Gaming at Rancho Los Amigos (1 PDU)

106 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)

108 Integrating Functional Cognition Into Your Professional Practice (3 PDUs)

110 Function and Participation Following Community-Based Stroke Rehabilitation (1 PDU)

111 Case Studies in Acute Care: A Bio-Psychosocial Approach (2 PDUs)

113 Low Vision Screening and Intervention for Generalist OT Practitioners (2 PDUs)

116 Interdisciplinary Upper Limb Amputation Rehabilitation Using Outcomes-Based Perspective (1 PDU)

126 Improving Engagement in Sleep and Restorative Occupations (3 PDUs)

CUSTOMIZE YOUR SCHEDULE

142 Evidence-Based Interventions for Elderly with Post Distal Radius Fracture to Improve Occupational Performance (1 PDU)

146 Lived Experience of Chronic Pain and Fatigue: A Never Ending Recovery (3 PDUs)

149 When the Therapist Becomes the Patient (2 PDUs)

150 Lifestyle Medicine: Addressing Chronic Disease with Healthy Lifestyles (2 PDUs)

TECHNOLOGY

11 Seven Business Models for OTPreneurship (1.5 PDUs)

18 Organizing TEDx Events as Community Programming Projects (1 PDU)

31 Innovate to Educate! Enhancing Student Motivation and Engagement (1.5 PDUs)

34 Game On!—Video Games and Evidence-Based Practices for OTPs (1.5 PDUs)

61 Promoting Independence and Decreasing Caregiver Burden with Smart Home Technology (1 PDU)

80 AI and OT: Not Everything Scary Is Bad (1 PDU)

86 Lived Experiences During the Pandemics: How Are We Doing? (1.5 PDUs)

90 AI and Robotic Assistive Feeding Technologies, Efficacy, and Health Outcomes (1 PDU)

103 3D-Printing and Adaptive Gaming at Rancho Los Amigos (1 PDU)

116 Interdisciplinary Upper Limb Amputation Rehabilitation Using Outcomes-Based Perspective (1 PDU)

THEME: ROOTS OF OUR PRACTICE

B Friday Keynote: Our Relationship with Occupation (.5 PDUs)

D Sunday Keynote: After the Storm: OT Implications for Service Members After Discharge (.5 PDUs)

15 The 1922 Willard Scrapbook: The California Pages (1.5 PDUs)

76 Infusing Occupation Into Practice: Part 3 - Strategies to Move Toward Uniquely Occupational Practice (1.5 PDUs)

78 The Structured Observations of Sensory Integration-Motor (SOSI-M) and the Comprehensive Observations of Proprioception (COP-R): Clinical Reasoning and Progress Monitoring (3 PDUs)

79 How Can I OT in this Healthcare Environment? (4 PDUs)

122 Exploring the Rewarding Career in Providing Occupational Therapy Services for Our Nation's Heroes (1.5 PDUs)

STUDENT TRACK

Students: This list of sessions is available at the student discounted registration fee, plus, any session on Sunday. Or, you may pay the practitioner fee to attend ANY session on ANY day. Thursday sessions are separate fees for all. STUDENTS ONLY offer no PDUs.

33 Home Health OT 101

35 STUDENTS ONLY - Interviewing + Rate Negotiations: Prepare, Articulate Your Value + Negotiate Like a Pro!

44 Transgender Care in Occupational Therapy (1.5 PDUs)

45 STUDENTS ONLY - Let's Talk Sex: The Least Talked About ADL

50 STUDENTS ONLY - NBCOT® National Certification Exam: Information You Need to Know

52 STUDENTS ONLY - Demystifying the Consultative Service Delivery Model

53 Successfully Funding Your Research and Program Development Interests (2 PDUs)

62 STUDENTS ONLY - Exploring the Role of Occupational Therapy Practitioners in Oncology

70 Using the Conversational Receptiveness to Enhance Interdisciplinary Communication (1 PDU)

73 Cognitive Rehabilitation: Dual-Task Training for Older Adults (1 PDU)

75 STUDENTS ONLY - Advocacy 101

76 Infusing Occupation Into Practice: Part 3 - Strategies to Move Toward Uniquely Occupational Practice (1.5 PDUs)

80 AI and OT: Not Everything Scary Is Bad (1 PDU)

83 Occupational Therapy and Sleep Interventions for Multiple Sclerosis (1 PDU)

85 STUDENTS ONLY - Pelvic Health: Where Do I Fit In?

88 Leadership and Change: The Student-OT Partnership (1 PDU)

90 AI and Robotic Assistive Feeding Technologies, Efficacy, and Health Outcomes (1 PDU)

95 STUDENTS ONLY - How Pediatric Occupational Therapy Practitioners Save the Day

101 Gender Euphoria Toolkit: Bolstering Safety and Connection (1 PDU)

103 3D-Printing and Adaptive Gaming at Rancho Los Amigos (1 PDU)

105 STUDENTS ONLY - NBCOT Exam Knowledge Quest

109 Mindfulness for Resilience and Social Change (1 PDU)

113 Low Vision Screening and Intervention for Generalist OT Practitioners (2 PDUs)

115 STUDENTS ONLY - What They Didn't Tell You: School-Based and SNF

117 Embracing Neurodivergence: Occupational Therapy for Adults with ADHD (1 PDU)

SPECIAL PROGRAMMING FOR STUDENTS

The OTAC Annual Conference Committee, in partnership with the OTAC Student Leadership Committee, is pleased to again offer special programming to meet the needs of our student members. ***Students receive a discount on Conference registration fees.***

ACTIVITIES OF INTEREST

THURSDAY, NOVEMBER 9

- Attend any session at publicized rate
- Movie Night (Free for all Conference attendees)

FRIDAY, NOVEMBER 10

- CFOT Awards Luncheon and Symposium—$85, or $10 student-only gallery seating/no lunch
- Student Track (Sessions) 30, 32, 33, 35, 40, 44, 45, 50, 52, 53, 56, 60, 61, 62, 73
- OTAC Awards Ceremony
- Keynote Address: Wendy B. Stav, PhD, OTR/L (MI), FAOTA
- Expo Grand Opening—meet recruiting exhibitors and network with practitioners, play Bingo for cash and prizes
- Alumni/Student Receptions

SATURDAY, NOVEMBER 11

- Student Track (Sessions) 70, 73, 75, 76, 80, 83, 85, 88, 90, 93, 95, 101, 103, 105, 109, 113, 115, 117
- Expo Activities: Poster Presentations, visit more exhibitors/recruiters, play Bingo for cash and prizes, purchase lunch in advance for only $20 and be eligible for a drawing
- President's Mix 'N Mingle | Photo Booth | Trivia and Prizes
- Alumni/Student Receptions

SUNDAY, NOVEMBER 12

- All concurrent sessions on Sunday are open to students at the special student registration fee
- OTAC Annual Meeting and Keynote with Coffee and Light Breakfast Fare—*included in Sunday registration fee.* Featured presentation: After the Storm: OT Implications for Service Members After Discharge
- OT Practice Café/Hot Topic Lunch—*Come discuss OT practice hot topics.* Purchase lunch in advance required – $20. Be eligible for a prize drawing.
- OT Sunday Super Learners' Prize Drawing – Must be present to win drawing at 4:30pm

SPECIAL OTAC STUDENT REGISTRATION DISCOUNT

STUDENTS MAY PAY THE PRACTICIONER RATES TO ATTEND ANY SESSION.

STUDENTS RECEIVE THE EARLY BIRD DISCOUNT RATE UNTIL THE CLOSE OF ADVANCE REGISTRATION, OCTOBER 30. BUT CAPACITY IS LIMITED. REGISTER NOW!

STUDENT TRACK

SUPPORTING OUR FUTURE LEADERS

For many years, OTAC has offered student members a deep discount on registration fees for Annual Conference as a component of the OTAC Board of Directors' goal to support the future leaders of the profession and the Association. The Annual Conference affords students an opportunity to network with other students from around the state, network with practitioners for mentorship opportunities, learn about clinical applications outside of the school and fieldwork settings, meet with employment recruiters in the Expo, and be energized and excited about their profession and the Association. The Student Track selections are a collaboration of the OTAC Student Leadership Committee, which includes the Committee's Student Delegates (two students from each OT/OTA program), and the OTAC Conference Committee.

Students are also encouraged to attend Pre-Conference Institute sessions on Thursday. While there isn't a discount, these sessions often offer unique content as well as exposure to alternative and emerging practice methods, and a discounted rate for members.

THURSDAY, NOVEMBER 9, 2023

8:00am-6:30pm

Thursday Registration Hours

Registration for all four days will be located on the ground floor of the Hilton Pasadena in the foyer area of the International Ballroom. Anyone registered in advance for any day is welcome to pick up their registration packet on Thursday. If you are checking into the Hilton Pasadena or if you live in the area and are stopping by to pick up your registration packet, be sure to register/stay for the Thursday Movie Night, "Hi! I'm Travis Mills" and enjoy complimentary popcorn and iced tea.

9:00am-10:30am

10 DEI in OT Service Delivery: What Is Current Practice? (1.5 PDUs)

Samantha Aguilar, OTS; Juliana Hoffman, OTS; Allison Jew, OTS

This presentation will discuss results obtained from surveys and interviews with practicing clinicians regarding how prepared they feel to address diversity, equity, and inclusion (DEI) concepts in current practice with their patients. **Free for registered members.**

11 Seven Business Models for OTPreneurship (1.5 PDUs)

Jayson Davies, MA, OTR/L; Sarah Putt, MA, OTR/L

Join these presenters for an overview of seven successful models for your future OT business. They will explore AOTA guidelines and ethical considerations while helping you validate your OT business idea and get 'Shark Tank ready.' Surprise takeaway gift for all and a few business book drawings.

12 What They Don't See: Toll of Chronic Condition Masking (1.5 PDUs)

Erin Bussell, OTD, OTR/L; Marilyn Thompson, OTD, OTR/L

Attend this session to learn about the impact of masking symptoms on individuals' ability to manage chronic conditions. Expand your toolbox on assessing this phenomenon and explore intervention strategies to improve coping with chronic conditions.

9:00am-12:00pm; 1:00pm-4:00pm

13 Combining Interventions to Answer Complex Issues in Pediatrics (6 PDUs)

Erna Imperatore Blanche, PhD, OTR/L, FAOTA; Mary Hallway, OTR/L, C/NDT, C-IAYT; Dominique Kiefer, OTD, OTR/L, BCP; Lisa Test, OTD, OTR/L, FAOTA

Occupational therapy practice has become increasingly more complex, requiring practitioners to be systematic in data gathering and more efficacious in delivering pediatric interventions. Through case analysis, participants will learn to systematize the clinical reasoning process.

ALL SESSIONS ON THURSDAY ARE OPEN TO STUDENTS AT THE PUBLICIZED RATE.

WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

Helps me keep up to date on regulations

Professional camaraderie

I attended before and enjoyed it

9:00am-5:30pm

14 Elevating Our Client Services Through Interprofessional Collaborations (7 PDUs)

REMOVED

Courtney [illegible] ndy Morrison, RN, ECSE; W[illegible] BCP, FAOTA; Jerilyn (Gigi) Smi[illegible] -Resnick, EdD

Lunch is i[illegible] this session.

Join us for this day of interprofessional collaboration by the California Association for Education for Young Children (CAAEYC), Infant Development Association of California (IDA), and Occupational Therapy Association of California (OTAC).

The members of these three professional associations provide services that are significantly important in the health and well-being of the youngest citizens of the state of California. There is no more critical time than now for us to learn together, share knowledge, and identify more effective ways to collaborate for the benefit of our young clients and their families.

Session Outline

- Welcome
- Fostering Imaginative Play to Support Development
- Supporting Parents Who Are Supporting a Toddler's Behavior
- Lunch provided with registration fee (in the same room)
- Fun with Food! Development of Family-Centered Feeding Routines
- Interactions and Experiences During Routines Support Early Brain Development, Skill Mastery, and Future Learning
- Discussion: Elevating our Interprofessional Collaborations

10:45am-12:15pm

15 The 1922 Willard Scrapbook: The California Pages (1.5 PDUs)

Wanda Mahoney, PhD, OTR/L, FAOTA; Peggy Martin, PhD, OTR/L; Christine Peters, PhD, OTR/L, FAOTA; Laurie Willard Fitzgerald

The 1922 Willard Scrapbook, a family keepsake, was a primary source material for historical study. This presentation will review the dilemmas and delights of discovery when examining this scrapbook, including Helen Willard's California footsteps. Willard was recognized as one of the 100 Most Influential OTs during the OT Centennial. Learn more about Willard. **Free for registered members.**

16 Sparking Change at Work: Strategies for Everyday Practitioners (1.5 PDUs)

Aaron Picus, OTD, OTR/L, BCP

Change is not limited to those with positions of authority. This workshop will combine a diverse evidence base with the experiences of change-agent OT practitioners. Attendees will leave with actionable strategies to start a change at their workplace.

10:45am-12:45pm

17 Restoring the OT Role in Holistic Mental Healthcare (2 PDUs)

Michelle Burlyga, MS, OTR/L

This session will explore the uniquely integrated role of occupational therapy within four distinct behavioral health programs (inpatient, outpatient, community, and deployment) and restoring the profession to the roots of meaningful occupation and holistic practice.

1:00pm-2:00pm

18 Organizing TEDx Events as Community Programming Projects (1 PDU)

Bill Wong, OTD, OTR/L

Virtual TEDx events have been proven as cost-effective alternatives to in-person events. Meanwhile, TEDx events have addressed sociopolitical issues in climate justice and JEDI. However, OT professionals have been slow to get involved in organizing. **Free for registered members.**

19 Burnt-Out? Occupational Therapy Approach to Occupational Stress (1 PDU)
Christopher Goffredo, OTD, MOT, OTR/L, BCP, ATP

Burnout is a physiological and psychological response to events or conditions in the workplace. The presentation will provide tools and approaches to examine burnout through the Model of Human Occupation concepts.

20 Early Intervention for Infants with Cerebral Palsy (1 PDU)
Suzanne Lai, OTR/L

This session will focus on a case study of an infant born prematurely that did not receive therapy services after neonatal intensive care unit (NICU) discharge. We will discuss navigating early healthcare services and strategies to address infant visual impairments and abnormal tone.

21 Adulting with Diabetes: The REAL-T Lifestyle Redesign® Intervention (1 PDU)
Gabrielle Granados, OTD, OTR/L

This session will introduce a telehealth Lifestyle Redesign® intervention for young adults with type 1 diabetes used in the REAL-T study, emphasizing client-centered strategies to promote behavior change in chronic condition management.

2:00pm-5:00pm

22 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs)
Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA; Ingrid Leu, OTD, OTR/L; Erin McIntyre, OTD, OTR/L

Reprising the discussion from the October 2022 Annual Conference of mental health as an integrated practice, join occupational therapy master clinicians and leaders working in mental health advocating for change for a high-level informed dialogue about the most current legislative and regulatory issues and successes, trends that may impact occupational therapy practitioners in various systems, and where to focus efforts to affect change.

2:15pm-3:45pm

23 Laterality and Occupational Performance in Competitive Adaptive Surfing (1.5 PDUs)
Maureen Johnson, PhD, MS, OT/L, BCPR, C/NDT, CHSE-A; Anna Ishizawa, OTS

The presenters will discuss results from research on the rehabilitation implications of laterality and prosthesis use by competitive adaptive surfers supported by a presenter's significant roles in the US Open of Adaptive Surfing and Para Surfing in the Paralympic Games.

2:15pm-4:15pm

24 Ethical Application of "Choosing Wisely" to OT Practice (2 PDUs)
Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Graham Teaford, OTD, OTR/L, SCLV

The AOTA Code of Ethics is a principled guide for occupational therapy practice. This document, combined with the "Choosing Wisely" information published in 2019, can support ethical decision-making across practice settings. **Free for registered members.**

6:00pm-7:30pm

A Movie Night: Hi! I'm Travis Mills (1 PDU)

After surviving an improvised explosive device (IED) explosion, Travis Mills became a quadruple amputee, one of few to recover in US military history. While grappling to find purpose, Travis and his family banded together to recover and help others along the way.

Directly following the film, join our moderator in guided dialogue about the film. Special guest will be Major Erik S. Johnson, Retired, MS, OTR/L (TX), who is referenced in the film and is our Conference Sunday Keynote presenter speaking on "After the Storm: OT Implications for Service Members After Discharge." **Must register to attend.**

Moderator: Colin Lenington, OTD, OTR/L, ATP, CAPS, VA Long Beach Healthcare System

Hosted popcorn and iced tea.

THURSDAY – SPECIAL ACTIVITIES

8:00am-6:30pm
Registration Hours

Registration will be located on the ground floor of the Hilton Pasadena in the foyer area of the International Ballroom. Anyone registered in advance for any day is welcome to pick up their registration packet on Thursday. If you are checking into the Hilton Pasadena or if you live in the area and are stopping by to pick up your registration packet, be sure to register/stay for the Thursday Movie Night and enjoy complimentary popcorn.

6:00pm-8:00pm
A Movie Night: Hi! I'm Travis Mills (1 PDU)

After surviving an improvised explosive device (IED) explosion, Travis Mills became a quadruple amputee, one of few to recover in US military history. While grappling to find purpose, Travis and his family banded together to recover and help others along the way.

Directly following the film, join our moderator in guided dialogue about the film. Special guest will be Ret. Major Erik S. Johnson, MS, OTR/L (TX) who is referenced in the film and is our Conference Sunday Keynote presenter speaking on "After the Storm: OT Implications for Service Members After Discharge."

Moderator: Colin Lenington, OTD, OTR/L, ATP, CAPS, VA Long Beach Healthcare System

Hosted popcorn and iced tea.

SCHEDULE: FRIDAY, NOVEMBER 10

FRIDAY – SPECIAL ACTIVITIES

7:15am-5:00pm
Friday Registration Hours
Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first registered, first served. Seating capacity is limited.

11:30am-1:00pm
CFOT Awards Luncheon and Symposium (.5 PDUs)
Separate fee required.

AWARDS

Come help celebrate recipients of the 2023 California Foundation for Occupational Therapy (CFOT) scholarships, research, grants, and awards. The Honored Lecturer Series joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!

SYMPOSIUM HONORED LECTURER

Lisa Deshaies, OTR/L, CHT

Nourishing and Flourishing Our Roots (.5 PDUs)

Lisa Deshaies, OTR/L, CHT

3:15pm-5:15pm
63 OTAC Awards Ceremony and Keynote Address (.5 PDUs)

OTAC AWARDS CEREMONY

Come one, come all! You are invited to come recognize and celebrate our 2023 Award honorees who serve with excellence and inspire professional passion.

FRIDAY KEYNOTE ADDRESS

Wendy B. Stav, PhD, OTR/L (MI), FAOTA

Our Relationship with Occupation (.5 PDUs)

Wendy B. Stav, PhD, OTR/L (MI), FAOTA

This address will explore the history and ebb and flow of our collective relationship with occupation. The loyalties on both sides of the relationship are honestly acknowledged, revealing it is time for couples counseling. The reasons for our infidelities will be identified, followed by a plan to patch up the relationship. Attendees will reconnect with the occupation they fell in love with, embrace occupation for all its health-promoting power, and embark on an occupational revolution as we celebrate the roots of our practice.

5:15pm-7:15pm
B Innovation Expo Grand Opening | Exhibitor Bingo and Trivia for Prizes
Join us for the grand opening of our Innovation Expo! More than 30 exhibitors await you to share the latest in services and products that support your practice and clients. Learn about educational and employment opportunities, too. Play Exhibitor Bingo and trivia for prizes. Many exhibitors also offer giveaways.

7:30pm- 9:00pm
Alumni and Student Receptions
OTAC's Annual Conference & Innovation Expo is a convenient – and fun – opportunity to network with your school alumni and students. Always a Conference highlight.

FRIDAY, NOVEMBER 10, 2023

7:15am-5:00pm
Friday Registration Hours
Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first registered, first served. Seating capacity is limited.

8:15am-9:45am

30 Protecting Our Careers: State and Regulatory Updates (1.5 PDUs)
Carlin Daley Reaume, OTD, MA/Ed, OTR/L; Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA; Samia Rafeedie, OTD, OTR/L, BCPR, CBIS; Lauren Lopez, OTD, OTR/L; Lisa Test, OTD, OTR/L, FAOTA
Join us for a critical briefing on the latest legislative and regulatory changes impacting the occupational therapy profession, including the OT School Credential Initiative, OT Compact, and more. Attendees will also learn about OTAC's grassroots advocacy program, GO-TO-OT. Open to students.

31 Innovate to Educate! Enhancing Student Motivation and Engagement (1.5 PDUs)
Melisa Kaye, EdD, OTR/L
As digital technology becomes increasingly prevalent in education, finding strategies to engage OT students and practitioners in learning is paramount to success. This workshop will introduce participants to evidence-based pedagogy and technology for enhancing education.

32 So You Want to Be a Pediatric OT Practitioner (1.5 PDUs)
Polly Kellner, MSOT, OTR/L; Adriana Rusch, MOT, OTR/L, SCFES, NTMTC, IBCLC; Carley Yamarone, MSOT, OTR/L
This presentation will provide an overview of different practice settings for a pediatric OT, with a discussion about the characteristics and qualities that make for a good OT in each setting. Open to students.

33 Home Health Occupational Therapy 101 (1.5 PDUs)
Enjoli Filemu, OTD, OTR/L
In this course, students, new graduates, and practitioners will learn the basics of what it takes to be a home health occupational therapy practitioner. The presenter will share home health criteria, required skills, equipment, assessments, interventions, and employment. Open to students.

34 Game On! — Video Games and Evidence-Based Practices for OTPs (1.5 PDUs)
Grace Perry, MS, OTR/L
This presentation will provide an overview of the literature on video game use in clinical practice. The presenter will explore specific interventions using commercially available video games for various diagnostic groups and practice settings.

WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

Wanted to attend sessions outside of my practice area

So inspiring

Catching up with old friends I hadn't seen in a while

Wanted to expand knowledge in my own field

SCHEDULE: FRIDAY, NOVEMBER 10

35 STUDENTS ONLY - Interviewing + Rate Negotiations: Prepare, Articulate Your Value + Negotiate Like a Pro! (no PDUs)
Allison Baker, OTR/L; John Goodfellow, OTD, OTR/L

Equip yourself with the skills and information you need when entering the job market or changing positions. Learn how to prepare yourself and your resume for success in this dynamic presentation led by industry professionals.

8:15am-11:30am

36 Sensory Regulation and Executive Function: An Integrative Approach (3 PDUs)
Lindy Joffe, OTD, OTR/L

This presentation will explore the intersection of sensory processing and executive function in children with regulatory challenges from a neurological and functional perspective. It will introduce an evidence-based intervention, overviewing assessment, and treatment ideas for immediate use.

37 Vision Assessment and Treatment: The Role of OT (3 PDUs)
Melissa Caruso, COTA/L; Beth Sullivan, OTD, OTR/L; Taylor Yandoli, MSOT, OTR/L, CLVT

The Centers for Disease Control and Prevention (CDC) estimates that 3.4 million people aged 40 and above have a visual impairment. This presentation will provide an overview of common visual conditions, assessments, interventions, and the role of OT in vision loss.

38 Leadership Institute. Mentees & Mentors: Take the Journey Together! (2 PDUs)
Jenna Mele, OTD, OTR/L, PAC-C, CFPS, and Other Leadership Institute Committee Members

Join the first OTAC Leadership Institute (LI) cohort of mentees and mentors to take this exhilarating leadership journey together in this unique opportunity to explore, share, and grow as occupational therapy professionals. The LI orientation and first module include a networking mixer/icebreaker. To attend this session, mentors and mentees must have completed the application process. You can find more information about the LI and the application form here. Capacity is limited to 10 teams.

10:00am-11:30am

40 Keeping Licensees Informed - What YOU Need to Know (1.5 PDUs)
Denise M. Miller, MBA, OTR/L, FAOTA, CBOT President; Heather Martin, CBOT Executive Officer

Learn from the California Board of Occupational Therapy (CBOT) about upcoming licensing and regulatory changes affecting OTs and OTAs. Discuss how to apply and be appointed to the Board. Find out what a practice reviewer is, why they are needed, and how you can be one. Review licensing violations and ethical dilemmas. Open to students.

41 Promoting Student Success, Community-Building, and Peer Support (1.5 PDUs)
Primo Bonilla, MA, OTR/L, CEAS; Samia Rafeedie, OTD, OTR/L, BCPR, CBIS

This presentation will describe an evidence-based support program to meet the needs of diverse graduate-level students to navigate their program, succeed academically, and strengthen their sense of belonging.

42 Role of Occupational Therapy in Early Head Start (1.5 PDUs)
Meredith Bowen, OTD, OTR/L; Winny Soenaryo, OTD, OTR/L

This presentation will explore the use of the multi-tiered system of support (MTSS) in implementing sensory integration intervention for early head start children and the outcomes of the interventions on the children's participation and play skills.

43 Parkinson's Disease: Essentials for Participation at Every Stage (1.5 PDUs)
Katrina Long, EdD, MS, OTR/L

This session will cover the key occupational therapy treatment approaches for each stage of Parkinson's disease and highlight the essential role of OT in early intervention. The presenter will address interventions for common participation limitations.

44 Transgender Care in Occupational Therapy (1.5 PDUs)
Aesa Jackson, OTR/L (NV), CNT, NLP, NTMTC; Marieliz Llanos, OTR/L (NV), MHPEd

There is limited research on best practices and protocols to support nonconforming and transgender clients. This session will present on improving transgender acute care practice to advance advocacy and facilitate occupational performance issues of transitioning. Open to students.

45 STUDENTS ONLY - Let's Talk Sex: The Least Talked About ADL (no PDUs)
Gabe Cravens, OTD, OTR/L; Karrie Kingsley, OTD, OTR/L; Lawrence Stevenson, OTD, OTR/L; Nicole De Paola, MS, OTR/L; Amanda Littlejohn, MS, OTR/L; Krystina Davis, COTA/L

Do you want to talk about the activities of daily living (ADL) of sex but don't know how? Our expert panelists will share their clinical experiences and ways to navigate this very important topic.

11:30am-1:00pm

CFOT Awards Luncheon and Symposium (.5 PDUs)

An additional $85 fee is required to attend this event and includes lunch.

Special gallery seating is available to students only for $10 (lunch not included).

Seating is limited for both categories.

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form to purchase your ticket(s) or purchase online here.

AWARDS

Come help celebrate recipients of the 2023 California Foundation for Occupational Therapy (CFOT) scholarships, research, grants, and awards. The Honored Lecturer Series and the CFOT Humanitarian Award joins the OTAC Annual Awards as among the most inspirational events at the Conference. Don't miss it!

SYMPOSIUM HONORED LECTURER

Nourishing and Flourishing Our Roots (.5 PDUs)
Lisa Deshaies, OTR/L, CHT

Our profession's deep roots in occupation are indeed something to be celebrated. But how well are they being tended to? Are we leaving this to others or are we actively engaged in protecting and fortifying them? Together, let's explore how we each can and must contribute to the propagation of our roots and unleash the power of occupation in ourselves and for our clients. This session will invite you to reflect on your past and future practice and offer insights harvested from OT scholars, researchers, educators, practitioners, students, and patients that have cultivated my "occupassion" of being an OT.

BUILD YOUR CUSTOMIZED SCHEDULE

See pages 15 through 17 for a list of sessions by practice area.
Build your own practice area schedule or mix and match.

SCHEDULE: FRIDAY, NOVEMBER 10

1:00pm-2:00pm

50 STUDENTS ONLY - NBCOT® National Certification Exam: Information You Need to Know (no PDUs)

Cesar Arada, OTD, MHS, OTR/L

During this session, an NBCOT® Ambassador will share valuable information about preparing and applying for the national OTR and COTA certification exams. Specific topics will include exclusive details about the exams, study tool resources, test day information, data regarding exam questions, and advice from other students and recent certificants. This presentation will allow you to be better informed about the various aspects of the national certification exam experience.

51 The Importance of Hope for Individuals with ALS (1 PDU)

Joyce Khowdee, OTD, OTR/L

This session will discuss the importance of hope as a crucial resource in treating individuals living with amyotrophic lateral sclerosis (ALS) and its impact on quality of life (QoL).

52 STUDENTS ONLY - Demystifying the Consultative Service Delivery Model (no PDUs)

Moderator: [illegible] /L;
Teresa [illegible] MBA-HCM, OTR/L, CAS;
Anton[illegible] S;
Lisa J. [illegible]

REMOVED

The co[illegible] important and needs to be talked about. Occupational therapy practitioners from different settings will discuss the ins and outs of using the consultative model effectively, lead attendees through an activity, and answer questions.

1:00pm-3:00pm

53 Successfully Funding Your Research and Program Development Interests (2 PDUs)

CFOT Panelists/Guests

The session will feature three personal narratives from awardees of California Foundation for Occupational Therapy (CFOT) funding followed by a Q&A. Attendees will learn about CFOT funding that is appropriate to support your research or program development and the application process as well as tools needed to be successful in seeking professional support. Open to students.

54 OT Role In the Assessment of Dyslexia (2 PDUs)

Penny Stack, OTD, OTR/L

In this session, attendees will gain a deeper understanding of dyslexia, assessment, interpretation, application of assessment results to the treatment plan, and development of strategies to support individuals with dyslexia throughout the lifespan based on the Magnocellular Theory of Dyslexia.

55 Insights from an Interdisciplinary Feeding Group for Caregivers (2 PDUs)

Sonia Trejo, OTD, OTR/L; Vasni Briones, LCSW

The presenters will review insights from a virtual interdisciplinary caregiver group to help support families of children with feeding difficulties, including group structure and content, outcomes, lessons learned, future directions, and considerations for feeding intervention.

56 Advancing Occupational Therapy's Role in Tiered Response to Intervention (2 PDUs)

Allison Baker, OTR/L; Rosemary Commons, OTR/L

Occupational therapy practitioners holistically support students and systems within the educational setting. Learn to articulate OT's unique role in the MTSS model, identify interventions and supports within RTI, and participate in a hands-on laboratory experience. Open to students.

57 Hand Therapy: Management of Complex Injuries (2 PDUs)

Aimee Aguillon, OTD, OTR/L, CHT; Jessica Jeong, OTD, OTR/L; Trevor San Antonio, OTD, OTR/L

Management can be confusing when faced with a complex injury in the clinic. In this session, attendees will come to better understand some complex hand and upper extremity diagnoses and treatments to address them.

58 TRUST - Transforming Research: Understanding Experiences in ASD, Stakeholders Working Together (2 PDUs)

Erna Imperatore Blanche, PhD, OTR/L, FAOTA; Mary Lawlor, ScD, OTR/L, FAOTA

We will explore lessons learned from the TRUST (Transforming Research: Understanding Experiences in ASD, Stakeholders Working Together) Project and discuss the importance of partnering with various stakeholders to develop trust within research and practice. Special guests will include project clients.

2:00pm-3:00pm

60 Incorporating Strength-Based Therapy with OT (1 PDU)

Francis Gadayan, MOT, OTR/L

Despite evidence supporting strength-based therapy (SBT) in OT, there needs to be a consistent mainstream application within the profession. This course will teach occupational therapy practitioners why and how SBT can be incorporated into their practice. Open to students.

61 Promoting Independence and Decreasing Caregiver Burden with Smart Home Technology (1 PDU)

Eileen Garcia, OTR/L

With smart home technology becoming more accessible and affordable, integrating Smart Home Technology into our clients' daily routines can optimize their independence in ADLs and IADLs as well as decrease caregiver burden. Open to students.

62 STUDENTS ONLY - Exploring the Role of Occupational Therapy Practitioners in Oncology (no PDUs)

Sherry Hite, MOT, OTR/L; Lynn Kim Jeong, OTD, OTR/L

Cancer affects millions every year. Occupational therapy is vital in treatment and recovery after a cancer diagnosis. Panelists will share their expertise as practitioners in the field of oncology, answer questions, and more.

3:15pm-5:15pm

63 OTAC Awards Ceremony and Keynote Address (.5 PDUs)

Must register to attend.

OTAC AWARDS CEREMONY

Come one, come all! You are invited to come recognize and celebrate our 2023 Award honorees who serve with excellence and inspire professional passion.

FRIDAY KEYNOTE ADDRESS

Our Relationship with Occupation (.5 PDUs)

Wendy B. Stav, PhD, OTR/L (MI), FAOTA

This address will explore the history and ebb and flow of our collective relationship with occupation. The loyalties on both sides of the relationship are honestly acknowledged, revealing it is time for couples counseling. The reasons for our infidelities will be identified, followed by a plan to patch up the relationship. Attendees will reconnect with the occupation they fell in love with, embrace occupation for all its health-promoting power, and embark on an occupational revolution as we celebrate the roots of our practice.

5:15pm-7:15pm

B Innovation Expo Grand Opening | Bingo and Trivia for Prizes

Join us for the grand opening of our Innovation Expo! More than 30 exhibitors await you to share the latest in services and products that support your practice and clients. Learn about educational and employment opportunities, too. Play Exhibitor Bingo and trivia for prizes. Many exhibitors also offer giveaways.

7:30pm-9:00pm

ALUMNI AND STUDENT RECEPTIONS

OTAC's Annual Conference & Innovation Expo is a convenient – and fun – opportunity to network with your school faculty, alumni, and students. Always a Conference highlight.

SCHEDULE: SATURDAY, NOVEMBER 11

INNOVATIONS EXPO ACTIVITIES

Friday, November 10 • 5:15pm–7:15pm
Saturday, November 11 • 11:30am–2:15pm

Join our Exhibitors and Sponsors at the Innovation Expo to:

- learn about **new products and services**
- meet with **exhibiting recruiters**
- be eligible for **giveaways**
- play **Bingo** for cash prizes
- enjoy the **Grand Opening Reception**—Friday (5:15pm–7:15pm)
- **earn PDUs** by viewing posters – Saturday
- grab a quick **lunch** ($20 advanced purchase to be eligible for prize giveaways) – Saturday
- learn about your **professional association**

SATURDAY, NOVEMBER 11, 2023

7:15am-6:00pm

Saturday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first-come, first-served. Seating capacity is limited.

8:15am-9:15am

70 Using the Conversational Receptiveness to Enhance Interdisciplinary Communication (1 PDU)

Erin Schwier, EdD, OTD, OTR/L

Interdisciplinary approaches involve different disciplines working collaboratively. Effective communication is essential for a successful interdisciplinary team, and disagreements are inevitable. Using a model of communication receptiveness can promote more effective communication among teams. Open to students.

71 Parents Need OT Too: Stress Management and Well-Being (1 PDU)

Sam Nesthus, MS, OTR/L

Parents of children with special needs may be an overlooked population ideal for nontraditional OT intervention. Occupational therapy practitioners can use their unique knowledge base and skill set to help parents manage stress and improve well-being.

72 Clinical and Academic Mentorship: Benefits and Best Practices (1 PDU)

Eddie Chu, OTD, OTR/L; Shane Gemoto, OTD, OTR/L

Strong, effective mentorships can frequently be a determinant of your success in the occupational therapy world, educationally or clinically. Discover the research behind evidence-based best practices for mentor-mentee relationships alongside hands-on activities!

73 Cognitive Rehabilitation: Dual-Task Training for Older Adults (1 PDU)

Julia Gonzalez, OTR/L

Occupational therapy practitioners possess a vital role in cognitive assessment and intervention. Join us to review the clinical application of dual-task training and how it may fit into your cognitive rehabilitation approaches with older adults. Open to students.

74 Interprofessional Pain Management for Clients with Cognitive Impairment (1 PDU)

Isac Jeyapaul, OTR/L; Sarah Cooper, PT, DPT, GCS

This session will discuss the importance of interprofessional practice for pain management in clients with cognitive impairment, specifically highlighting OT practitioners' vital role in optimizing the quality of life and function in older adults.

75 STUDENTS ONLY - Advocacy 101 (no PDUs)

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA; Carlin Daley Reaume, OTD, MA/Ed, OTR/L

Occupational therapy is a field worth fighting for! Learn how to become involved in protecting our scope and practice.

8:15am-9:45am

76 Infusing Occupation Into Practice: Part 3 - Strategies to Move Toward Uniquely Occupational Practice (1.5 PDUs)

Wendy B. Stav, PhD, OTR/L (MI), FAOTA

This session, open to all conference attendees, revisits intentional occupational journey reflections and explores approaches to overcome barriers to occupation-based practice. Participants will generate strategies to move toward authentic occupational practice, academia, and research. This session is Part 3 of the Afternoon Tea with a Scholar. You can register and view the recordings for parts 1 and 2. Participation in any of the three parts includes complimentary access to an Assessment Tool. Open to students.

77 The Distinct Value of Occupational Therapy on Interdisciplinary Teams (1.5 PDUs)

Melina Allahverdian, OTD, OTR/L; Nora Dixon, OTD, OTR/L; Kati Wechsler, OTD, OTR/L

This presentation will define the value of initiating and maintaining interdisciplinary teamwork across three patient populations: chronic migraines, Mast Cell Activation Syndrome (MCAS), and gender care.

8:15am-11:30am

78 The Structured Observations of Sensory Integration-Motor (SOSI-M) and the Comprehensive Observations of Proprioception (COP-R): Clinical Reasoning and Progress Monitoring (3 PDUs)

Juliana Gutierrez, OTD, OTR/L; Dominique Kiefer, OTD, OTR/L, BCP

This workshop will focus on interpreting standardized data from the SOSI-M and COP-R in conjunction with other assessment tools. Participants will learn to use data to plan treatment and measure outcomes.

8:15am-11:30am; 2:30pm-3:30pm

79 How Can I OT in this Healthcare Climate? (4 PDUs)

Alexis Joelle Sobel, MS, OTR/L

An examination of how the profession's roots can clash with the philosophies of our everchanging healthcare system will be presented. Strategies will be examined on how to feel confident with best practices in occupational therapy, despite healthcare climate unpredictability.

9:30am-10:30am

80 AI and OT: Not Everything Scary Is Bad (1 PDU)

Aaron Bonsall, PhD, OTR/L; Karen Park, OTD, OTR/L, BCP, CLE

This workshop will explore using artificial intelligence (AI) in OT practice and academia. The presenters will draw on both classroom and capstone experiences to introduce and discuss the use of AI. Open to students.

81 Autism, Mental Health, and OT (1 PDU)

Baily Zubel, OTD, OTR/L; Mary David, PsyD

Allied health professionals play a critical role in delivering mental health services and increasing and improving participation. This session will evaluate the occupational therapy practitioner's role in mental health services with autistic individuals on a multidisciplinary team.

SCHEDULE: SATURDAY, NOVEMBER 11

SATURDAY – SPECIAL ACTIVITIES

7:15am-6:00pm

Saturday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at session and activities is first-come, first-served. Seating capacity is limited.

11:30am-2:15pm

C Innovation Expo | Poster Presentations | Grab and Go Lunch | Exhibitor Bingo and Trivia for Prizes

Come on in! Grab a quick 'to go' lunch (separate advanced purchase required—only $20. Purchasing advanced lunch makes you eligible for prize giveaway.)

6:00pm-7:00pm

D President's Mix 'n Mingle | Photo Booth | Trivia and Prizes

OTAC president, Bryant Edwards, invites Conference attendees to come relax, network, and unwind (no host bar).

7:30pm-9:00pm

Student and Alumni Receptions

OTAC's Annual Conference is a convenient – and fun – opportunity to network with your school faculty, alumni, and students. Always a Conference highlight.

82 Optimizing Classroom Engagement: Sensory Strategies as UDI (1 PDU)

Linsey Grunes , OTD, OTR/L; Merry Lee, OTD, OTR/L; Elena Meng, OTD, OTR/L, BCP

Occupational therapy graduate students report high levels of stress that impact learning and engagement. Learn about a classroom regulation program and outcomes data demonstrating the positive impact on student engagement and mental health.

83 Occupational Therapy and Sleep Interventions for Multiple Sclerosis (1 PDU)

Rebecca Cunningham, OTD, OTR/L, MSCS

In this session, attendees will learn about sleep patterns and functions; sleep dysfunction in the multiple sclerosis (MS) population; OT's role in addressing sleep; methods for integrating sleep in evaluation and assessment; and sleep interventions in the OT scope of practice. Open to students.

84 Utilizing the Cognition Billing Code in Acute Oncology (1 PDU)

Cynthia Barron, MA, OTR/L; Sherry Hite, MOT, OTR/L; Lynn Kim Jeong , OTD, OTR/L

Occupational therapy practitioners have a distinct role in addressing cognitive deficits in acute oncology, yet the cognitive billing code remains underutilized. This presentation highlights evidence-based interventions, assessments, and resources that practitioners can leverage to enhance their billing practice.

85 STUDENTS ONLY - Pelvic Health: Where Do I Fit In? (No PDUs)

Michelle Plevack, OTS

This session will present current research on the gaps and opportunities for occupational therapy practitioners in pelvic floor rehabilitation.

10:00am-11:30am

86 Lived Experiences During the Pandemics: How Are We Doing? (1.5 PDUs)

Erna Imperatore Blanche, PhD, OTR/L, FAOTA; Mary Lawlor, ScD, OTR/L, FAOTA; Svitlana Stremousova, OTR/L; Tritney Nguen, OTS

This presentation will discuss findings from a one-year research project designed to understand the effects of the pandemics on the lives of the autism community, clinicians, and educators. Applications to clinical practice will be explored.

87 Evolving Roles: Emergencies and Social Determinants of Health (1.5 PDUs)

Mary Schmitz, OTD, OT/L, ECHM

Meeting the needs of the individual has always been the focus of occupational therapy. Social Determinants of Health impact meaningful occupation, context, and more warranting an examination of this relationship in times of emergencies and disasters.

10:45am-11:45am

90 AI and Robotic Assistive Feeding Technologies, Efficacy, and Health Outcomes (1 PDU)

Robert Mullaney, OTD, DBA, MBA-HSA, OTR/L (TN)

This presentation will take a deep dive into emerging artificial intelligence (AI) and robotic assistive feeding technologies, efficacy, and health outcomes and will discuss an in-progress research initiative. Open to students.

91 Is it Sensory Processing Disorder or High Sensitivity? (1 PDU)

Melissa Schwartz, BA

Though sensory processing disorder (SPD) is well understood in the OT community, high sensitivity is still becoming more commonly known. In this session, attendees will learn the similarities and differences between SPD and high sensitivity.

92 Transforming Cancer Care Through a Lifestyle Medicine Approach (1 PDU)

Lynn Kim Jeong, OTD, OTR/L; Kayla Wei, OTD, OTR/L, CLT, DipACLM

A lifestyle medicine approach to oncology programming provides a framework to improve health outcomes throughout the care continuum. Participants will explore ways to incorporate lifestyle medicine interventions to mitigate common oncologic concerns.

93 Leadership and Change: The Student-OT Partnership (1 PDU)

Lydia Kristine Frey, OTS

Practitioners will learn to elevate leadership skills in students and students will learn to be a change champion for organizations outside their school. Open to students.

94 Information/Education Pages: Reliable Resources for Clinicians and Patients (1 PDU)
Alison Cogan, PhD, OTR/L; Shan-Pin Fanchiang, OTR/L, PhD
This discussion will introduce the peer-reviewed and evidence-based Information/Education Pages (I/EPs) available for practitioners and clients through open access. The presenters will explore the role of I/EPs in supporting occupation-based practice for brain injury.

95 STUDENTS ONLY - How Pediatric Occupational Therapy Practitioners Save the Day (no PDUs)
Samantha Coelho, OTD, OTR/L; Mia O'Neill, OTR/L; Joan Surfus, OTD, OTR/L, BCP
Not all superheroes wear capes. Join our panelists in discussing their expertise in infant development, motherhood, family-centered care from the NICU to school-based work, and pediatric mental health.

11:30am-2:15pm

C Innovation Expo | Poster Presentations | Grab and Go Lunch | Exhibitor Bingo and Trivia for Prizes
Come on in! Grab a quick 'to go' lunch (separate advanced purchase required—only $20. Purchasing advanced lunch makes you eligible for prize giveaway.)

2:30pm-3:30pm

100 The Space Between Us: Building Inclusive Environments (1 PDU)
Erin Bussell, OTD, OTR/L; Marissa Marchioni, OTD, OTR/L, CEAS
Attend this presentation to learn about approaches for assessing and addressing aspects of the built environment. Improve your comfort level and knowledge base as we examine applications of guidelines and explore interventions via practical application.

101 Gender Euphoria Toolkit: Bolstering Safety and Connection (1 PDU)
Nora Dixon, OTD, OTR/L; Trisha Willie, OTS
This session will focus on how to support trans and gender nonconforming clients in identifying and accessing safe routines that affirm their gender identity. Open to students.

102 Brain-Based Learning Theories and Applications: Optimizing Student Learning (1 PDU)
Eddie Chu, OTD, OTR/L; Myka Persson, OTD, OTR/L
Learning is a multi-dimensional and multi-modal process. We will discuss brain-based learning, multisensory learning, and emotional regulation for adult learning. Practical strategies for attention and memory consolidation will be highlighted.

103 3D-Printing and Adaptive Gaming at Rancho Los Amigos (1 PDU)
Hanalynn Hunt, OTD, OTR/L, CBIS; Andy Lin, MS, ATP; Victoria J. Moore, BMES
A collaboration between OT and rehab engineering at Rancho Los Amigos to create custom 3D-printed assistive technology devices and adaptive video gaming setups will be explored. Open to students.

2:30pm-4:00pm

104 Interprofessional Collaboration on a Pediatric Mental Health Case (1.5 PDUs)
Jenna Kobara, OTD, OTR/L; Amy Curtis Bastida, PsyD
Facilitating interprofessional collaboration between a pediatric occupational therapy practitioner and a clinical psychologist will be explored. Attendees will discover the lessons learned while working in a pediatric mental health context utilizing puppet therapy, play therapy, child-parent psychotherapy, sensory strategies, and trauma-informed care.

105 STUDENTS ONLY- NBCOT Exam Knowledge Quest (no PDUs)
Julie B. Kornbluth, MA, OTR/L
Join this exciting competition for OT students to enhance their NBCOT exam preparation. Practicing test questions and construction, format, and test-taking strategies will be highlighted in a fun and competitive atmosphere. Participate as part of team or just watch, learn, and have fun. Prizes for the winning team.

2:30pm-5:45pm

106 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)
Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA
The anatomy and physiology of oral and pharyngeal phases will be reviewed using evidence from a scoping review describing common problems for both phases. Specific evidence-based interventions will be discussed and applied using case illustrations.

107 Steppin'-Up: OT Driven Curriculum Enrichment Programs for Students (3 PDUs)
Bonnie Nakasuji, OTD, OTR/L, FAOTA; Marilyn Noriega, MA, OTR/L; Amanda Routt, OTD, OTR/L; Maribel Martinez, EdD
This session will describe the development and implementation of several unique alternatives to traditional school-based OT interventions that are not individualized education program (IEP) driven; a transitional program for high school students; and an alternative-to-suspension with regular education students.

108 Integrating Functional Cognition Into Your Professional Practice (3 PDUs)
Gordon Giles, PhD, OTR/L, FAOTA
Functional cognition is a performance-level approach to cognition and uses performance-based testing to assess instrumental activities of daily living (IADL) competencies. Occupational therapy practitioners can select interventions that enhance patient outcomes using this discipline's distinct strength-based approach.

3:45pm-4:45pm

109 Mindfulness for Resilience and Social Change (1 PDU)
Rochelle McLaughlin, MS, OTR/L, MBSR, RYT
Mindfulness can act as a stabilizing and clarifying presence in social change initiatives and as a resource and support for our ongoing work toward meaningful personal, interpersonal, and institutional change. Open to students.

110 Function and Participation Following Community-Based Stroke Rehabilitation (1 PDU)
Paul Penoliar, OTD, OTR/L, C/NDT; Sheryl Ryan, PhD, OTR/L
This presentation will describe a community-based stroke rehabilitation program using an occupational therapy approach and present qualitative and quantitative program evaluation results. It will also include implications for chronic stroke function and community participation.

3:45pm-5:45pm

111 Case Studies in Acute Care: A Bio-Psychosocial Approach (2 PDUs)
Don Gordon, PhD, OTR/L
Acute care is a growing area of practice. Using a case study approach, this presentation will discuss a variety of acute care clinical situations and demonstrate how applying a bio-psycho-social perspective can enrich practice in adult rehabilitation.

3:45pm-5:45pm

112 Supporting Allyship and Inclusion Through Undergraduate Curriculum (2 PDUs)
Linsey Grunes, OTD, OTR/L; Kristy Payne, OTD, OTR/L
Presenters will provide evidence-based strategies for facilitating allyship and inclusion of disability and neurodivergent communities through curriculum. Participants will be encouraged to identify learning activities to apply to their clinical or educational settings.

SCHEDULE: SATURDAY, NOVEMBER 11

113 Low Vision Screening and Intervention for Generalist OT Practitioners (2 PDUs)
Nilima Tanna, OTR/L, SCLV, CLVT

Do your patients with stroke, orthopedic conditions, etc., have difficulty completing their activities of daily living (ADLs) or participating in their therapies because of vision impairment? Learn to conduct screening and provide appropriate basic intervention for vision impairment. Open to students.

4:15pm-5:45pm

114 Occupational Therapy Practitioners' Role in Early Autism Screening (1.5 PDUs)
Savannah Gluck, MOT, OTR/L; Allison Phillips, OTD, OTR/L

Presenters will discuss early screening and occupational therapy practitioners' unique role in screening infants at elevated likelihood of autism. Presenters will identify potential solutions and practical strategies to implement screening practices in clinical and research settings.

115 STUDENTS ONLY - What They Didn't Tell You: School-Based and SNF (no PDUs)
Steve Barbour, MA, OTR/L, ECHM; Joe Estrada, OTR/L; Rob Russow, OTD, OTR/L

Experienced practitioners will discuss handling ethical dilemmas, managing productivity demands, and other realities, including pay and burnout. See behind the scenes and learn how to be successful in these two popular practice areas.

5:00pm-6:00pm

116 Interdisciplinary Upper Limb Amputation Rehabilitation Using an Outcomes-Based Perspective (1 PDU)
Kelly Dunbar, OTR/L (OR), CHT

The multidisciplinary approach to care after upper limb amputation has shown positive results in patient outcomes. Attendees will explore how to use outcomes to strengthen the collaborative team using patient-centered treatment plans to promote well-being.

117 Embracing Neurodivergence: Occupational Therapy for Adults with ADHD (1 PDU)
Nora Dixon, OTD, OTR/L; Tracy Jalaba, OTD, OTR/L

This presentation will aim to outline the occupational needs and best practices in supporting adults with attention-deficit/hyperactivity disorder (ADHD) through a strengths-based Lifestyle Redesign® approach. Open to students.

6:00pm-7:00pm

D President's Mix 'n Mingle | Photo Booth | Trivia and Prizes

OTAC president, Bryant Edwards, invites Conference attendees to come relax, network, and unwind (no host bar). Shoot a lifetime of memories with your besties at the photo booth. Play trivia for a chance at prizes. Mix, mingle, and connect.

7:30pm-9:00pm

Alumni/Student Receptions

OTAC's Annual Conference is a convenient – and fun – opportunity to network with your school faculty, alumni, and students. Always a Conference highlight.

WHY ATTEND CONFERENCE

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

A great opportunity to be involved

The hands-on experience

The topics

My employer invited me to attend and paid for my registration

It was affordable

The variety of sessions

To practice my networking skills

To earn PDUs all in one place

Weekend availability

It is a friendly environment

I always attend

Attended for my own well-being

SUNDAY, NOVEMBER 12, 2023

7:15am-5:00pm

Sunday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first-registered, first-served.

7:30am-9:00am

E OTAC Annual Meeting | Keynote Address | Coffee and Light Breakfast Fare (.5 PDUs)

This event is included in your Sunday registration fee. Hear about the latest OTAC achievements and activities for the coming year, network at your region-designated table, and prepare to be inspired by the keynote address. **Must register to attend.**

Keynote Address: After the Storm: OT Implications for Service Members After Discharge (.5 PDUs)

Major Erik S. Johnson, Retired, MS, OTR/L (TX)

With the continued stressors that both wounded service members and veterans face after separation from the military, there is a huge need for skilled occupational therapy intervention and community support. This session will identify the complex physical, cognitive, and psychosocial struggles veterans face after they have completed their service and include case studies from recently separated service members who will share their victories and struggles as they seek to live their lives to the fullest.

Major Erik S. Johnson, Retired, MS, OTR/L (TX)

9:15am-10:15am

120 Diversity, Equity, and Inclusion in OT: What's Next? (1 PDU)

Melisa Kaye, EdD, OTR/L; Kiana Shibata, OTS

You have embraced diversity, equity, and inclusion (DEI), so now what do you do? Join our exploration of moving from diversifying to decolonizing your OT teaching, learning, and practice. Learn strategies for substantive changes in all your OT contexts.

9:15am-10:45am

121 Review and Understand the OT Guideline for California Public Schools (1.5 PDUs)

Lacey Tygenhof, MA, OTR/L

Join us to review the Guidelines for OT/PT in California Public Schools. Learn what your license requires of you and how to better align your work with the guidelines to deliver best practices.

122 Explore the Rewarding Career in Providing Occupational Therapy Services for Our Nation's Heroes (1.5 PDUs)

Major Erik S. Johnson, Retired, MS, OTR/L (TX); Colin Lenington, OTD, OTR/L, ATP, CAPS; Rachel Nolan, OTR/L; Moderator: Diana Su-Erickson, OTR/L

Join this panel of seasoned occupational therapy practitioners in exploring this rewarding career and the unique culture of serving members of our nation's military and its veterans. California is home to over 1.8 million former service members, the largest veteran population of any state in the United States, who do or could benefit from a wide range of occupational therapy services. Serving our nation's heroes is truly about returning to our profession's roots.

123 Got Routines, OTs? Culturally Responsive Early Intervention Practices (1.5 PDUs)

Shari Curtis, MHS, OTR/L; Stacey Landberg, MS, CCC-SLP

Many occupational therapy practitioners working in early intervention struggle to effectively engage caregivers in collaborative coaching partnerships during families' activities of daily living. Join us as we learn and practice culturally responsive coaching strategies for immediate use with families.

9:15am-12:30pm

124 Strategies for Becoming a Culturally Responsive OTP (3 PDUs)

Kathryn Biesanz, OTD, OTR/L; Shan-Pin Fanchiang, PhD, OTR/L; Karrie Kingsley, OTD, OTR/L; Amy Zhao, OTD, OTR/L

Experienced occupational therapy practitioners and faculty will share the self-work and strategies that facilitate culturally responsive practice. Join this session to identify your growth areas and improve your cultural responsiveness.

125 Post-COVID Conditions: OT Interventions and Recovery Trajectories (3 PDUs)

Jamie Wilcox, MPH, OTD, OTR/L; Ella Wilson, MA, OTR/L

Post-COVID syndrome (PCS) is a post-viral condition causing significant morbidity for approximately 30% of the population. Occupational therapy has been recognized as an essential service caring for this population. This course will overview outpatient occupational therapy for PCS.

126 Improving Engagement in Sleep and Restorative Occupations (3 PDUs)

Don Gordon, PhD, OTR/L

This presentation will educate practitioners about the critical nature of sleep and rest in relation to health and well-being and provide tools to improve the quality of these activities for themselves and their clients.

127 School-Based Assessment and Intervention: Adolescent Population (3 PDUs)

Katy Mackey, MS, OTR/L; Jennifer Sato, MA, OTR/L

This presentation on assessment and intervention techniques for the adolescent population will focus on making a paradigm shift from traditional bottom-up therapy methods to a top-down evidence-based approach, including occupation, interests, and vocational skills.

9:15am-12:30pm; 1:30pm-2:30pm

128 Handle with Care: Verbal De-Escalation for Clients Exhibiting Behaviors (4 PDUs)

Rodney Harris, COTA/L; Ingrid Leu, OTD, OTR/L

Do you struggle with managing aggressive behaviors? Using principles from the Handle With Care Behavioral Management System, this session aims to provide strategies for redirecting and understanding escalating behaviors in all populations.

10:30am-11:30am

129 Exploring Student-Perceived Confidence and Ability: Association with Performance (1 PDU)

Raj Bains, OTD, OTR/L; Natalie Perkins, OTD, MEd, OTR/L, FIIE

This research aimed to see if students' perceived confidence and perceived ability are associated with performance in a graduate-level course.

11:00am-12:30pm

130 Scoping Review of Promoting Occupational Adaptation in Improving Pediatric Fine Motor Skills (1.5 PDUs)

Joahnes Gatdula, OTD, OTR/L, ITOT; Allen Romero Espelita, OTD, OTR/L, CLT, CEAS I

This scoping review will analyze occupational therapy evidence-based practice in fine motor skills for intervention and assessment in promoting occupational adaptation. This project is aligned with Developmental FOR and OA in facilitating occupational participation in meaningful play.

131 OT or Not to OT? In End-of-Life Care (1.5 PDUs)

Janice Kishi Chow, PhD, DOT, OTR/L

This session will present research on how decision-makers determine whether to utilize occupational therapy services in adult end-of-life care. Findings will be presented that suggest directions for advocating occupation-based interventions for people with

terminal illnesses.

132 Impact of Caregiver Mental Health on Child Regulation (1.5 PDUs)
Ashley Bonzell, OTD, OTR/L

A review of current literature on how parent mental health affects a child's emotional regulation, current best practices for promoting the mental health of caregivers and their children, and discussion of application in practice will be presented.

11:45am-12:45pm

133 Rebuilding Together: Emerging Practice and Fieldwork Opportunities (1 PDU)
Domenique Embrey, OTD, OTR/L; Marna Ghiglieri, OTD, OTR/L; Tod Ehmann, OTS;

AOTA and Rebuilding Together facilitate occupational therapy practitioners bringing expertise to community members at home. Meet a private practitioner who consults with Rebuilding Together Sacramento, while another occupational therapy program supports fieldwork/capstone students at Rebuilding Together.

12:30pm-1:30pm

OT Practice Café | Networking Hot Topic Lunch – $20

Grab a 'picnic' lunch and sit at your OT hot topic table of choice. Advance purchase lunch required. Be eligible to win $50 in gift cards and other prizes. Must be present to win.

1:30pm-2:30pm

140 Let's Play: Big and Little Buddy Program (1 PDU)
Vicky Vu, OTD, MA, OTR/L, MBA, BCP; Anton Vu, OTS

Using the universal language of play, neurotypical fifth-grade students (big buddies) are paired with children with autism (little buddies) to build communication and social skills in the classroom and school-wide activities.

141 Toolkit for Understanding Elopement by Individuals with Autism (1 PDU)
Christal Haynes, OTS

A toolkit will be presented for occupational therapy practitioners to deliver education and resources to caregivers of individuals with autism on understanding elopement to help mitigate this safety risk that may result in life-threatening incidents.

142 Evidence-Based Interventions for Elderly with Post Distal Radius Fracture to Improve Occupational Performance (1 PDU)
Michelle Chao, OTD, OTR/L, CLT, CKTP

In long-term care settings, there is an opportunity for occupational therapy practitioners to incorporate the protocols of distal radius fracture with evidence-based exercises and adaptive strategies to enhance patients' participation in daily occupations.

143 Using the SENSE Program to Support Parent and Infant Occupations in the NICU (1 PDU)
Polly Kellner, MSOT, OTR/L; Roberta Pineda, PhD, OTR/L, CNT

This presentation will provide an overview of implementation strategies and evidence supporting the occupational therapy-developed SENSE program, in which parents are empowered to provide their infants with tailored sensory experiences while hospitalized in the neonatal intensive care unit (NICU).

DID YOU KNOW?

ATTENDEES WHO STAY THROUGH SUNDAY AFTERNOON SESSIONS ARE ELIGIBLE FOR VALUABLE PRIZE DRAWINGS.

SUNDAY – SPECIAL ACTIVITIES

7:15am-5:00pm

Sunday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first-registered, first-served.

7:30am-9:00am

E OTAC Annual Meeting | Keynote Address | Coffee and Light Breakfast Fare (.5 PDUs)

This event is included in your Sunday registration fee. Heart about the latest OTAC achievements and activities for the coming year, network at your region-designated table, and prepare to be inspired by the keynote address.

Keynote Address: After the Storm: OT Implications for Service Members After Discharge (.5 PDUs)
Major Erik S. Johnson, Retired, MS, OTR/L (TX)

Major Erik S. Johnson, Retired, MS, OTR/L (TX)

With the continued stressors that both wounded service members and veterans face after separation from the military, there is a huge need for skilled occupational therapy intervention and community support. This session will identify the complex physical, cognitive, and psychosocial struggles veterans face after they have completed their service and include case studies from recently separated service members who will share their victories and struggles as they seek to live their lives to the fullest.

12:30pm-1:30pm

OT Practice Café | Networking Lunch -- $20

Grab a 'picnic' lunch and sit at your OT hot topic table of choice. Advance purchase lunch required. Be eligible to win $50 in gift cards and other prizes.

4:30pm-5:00pm

OT Sunday Super Learners' Prize Drawings

If you are registered for Sunday, you will receive a raffle ticket for the prize drawings. Yes! We appreciate the super learners who stay to the end of Conference! Drawings will be made at 4:00pm. Check the board at the registration table between 4:30pm-5:00pm. Must be present to win.

1:30pm-4:45pm

144 Leading with Compassion: A Guide for Practitioners and Managers (3 PDUs)
Deborah Bolding, PhD, OTR/L; Kathryn Wise, OTD, MHSc, OTR/L

Leadership practices by practitioners and managers affect client outcomes, practitioner health and job satisfaction, and healthcare costs. This workshop will examine compassionate and relational leadership styles and interpersonal communication practices that affect the health of our workplaces.

145 Breaking Down the New MDS Changes (3 PDUs)
Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT, QCP, RAC-CTA, FAOTA

This session will break down the significant changes made to the Centers for Medicare and Medicaid Services minimum data set (MDS) that go into effect on October 1, 2023, and discuss the role of occupational therapy practitioners in the MDS process.

SCHEDULE: SUNDAY, NOVEMBER 12

146 Lived Experience of Chronic Pain and Fatigue: A Never Ending Recovery (3 PDUs)

Aaron Picus, OTD, OTR/L, BCP; Melanie Melasky, JD

Combining first-hand accounts with the evidence base, participants will explore the often-profound impacts of chronic pain and fatigue. Participants will then apply acceptance and commitment therapy (ACT) techniques as a holistic intervention strategy.

147 Thrive: Behavior and Sensory Preschool Classroom Supports (3 PDUs)

Baily Zubel, OTD, OTR/L; Mary David, PsyD

Maximizing a child's potential starts early in their educational career. The presenters will discussing strategies to support the behavior and sensory needs in the classroom to elicit participation and engagement while learning in the whole group setting.

2:45pm-3:45pm

148 How Poor Breathing and Sleep Impact Pediatric Daily Occupations (1 PDU)

Marielly Mitchell, OTD, OTR/L, SPIT

Poor sleep and breathing habits impact every facet of life. This session will explore how these processes can affect our sensory processing, ability to motor plan, problem solving, recall, and function throughout the day.

2:45pm-4:45pm

150 Lifestyle Medicine: Addressing Chronic Disease with Healthy Lifestyles (2 PDUs)

Heather Javaherian, OTD, OTR/L, FAOTA

Lifestyle medicine aligns with our profession. It provides practitioners with an effective approach to promote health and occupational participation and address chronic disease and health promotion, making occupational therapy practitioners a necessary healthcare provider.

151 Holistic Care for Children and Families: Early Intervention (2 PDUs)

Arezou Salamat, OTR/L; Julius Bourbon, OTS; Zazdeli Rodriguez, OTS

Early intervention is most effective when parents actively engage. What if parents are facing challenges impacting their participation? Presenters will share preliminary results of a survey-study of current practices and strategies to address families' needs.

152 Cultivating Occupational Therapy in Pediatric Mental Health (2 PDUs)

Stefanie Kuizon, MA, OTR/L; Amy Zhao, OTD, OTR/L

Occupational therapy practitioners at a pediatric mental health agency will share their experience advocating for the profession in its root practice area. Learn how to continue advocacy of our profession in mental health across practice areas.

153 When the Therapist Becomes the Patient (2 PDUs)

Michelle Kornet, OTR/L, CHT; Adrienne Tesarek, OTR/L, CHT

Hear first-hand knowledge of carpal tunnel, cubital tunnel, and medial and lateral epicondylalgia. This session will discuss the symptoms, provocative tests, and conservative management of these conditions to help you avoid, identify, and treat your injuries.

4:30pm-5:00pm

OT Sunday Super Learners' Prize Drawings

If you are registered for Sunday, you will receive a raffle ticket for the prize drawings. Yes! We appreciate the super learners who stay to the end of Conference! Drawings will be made at 4:00pm. Check the board at the registration table between 4:30pm-5:00pm. Must be present to win.

ALL SESSIONS ON SUNDAY ARE OPEN TO STUDENTS

CONFERENCE AT-A-GLANCE

THURSDAY

Registration Hours - 8:00am-6:30pm

9:00am	10 DEI in OT Service Delivery: What is Current Practice? (1.5 PDUs)	11 Seven Business Models for OTPreneurship (1.5 PDUs)	12 What They Don't See: Toll of Chronic Condition Masking (1.5 PDUs)		13 Combining Interventions to Answer Complex Issues in Pediatrics (6 PDUs) Ends at 4:00pm (Lunch on own)	14 Elevating Our Client Services Through REMOVED (7 PDUs) Session includes lunch; in the same room to facilitate networking. Ends at 5:30pm
10:45am	15 The 1922 Willard Scrapbook: The California Pages (1.5 PDUs)	16 Sparking Change at Work: Strategies for Everyday Practitioners (1.5 PDUs)	17 Restoring the OT Role in Holistic Mental Healthcare (2 PDUs) Ends at 12:45pm			
12:15pm						
1:00pm	18 Organizing TEDx Events as Community Programming Projects (1 PDU)	19 Burnt-Out? Occupational Therapy Approach to Occupational Stress (1 PDU)	20 Early Intervention for Infants with Cerebral Palsy (1 PDU)	21 Adulting with Diabetes: The REAL-T Lifestyle Redesign® Intervention (1 PDU)		
2:00pm	22 Mental Health in Everyday Practice: Reviewing Policy, Forecasting Trends, and Affecting Change (3 PDUs) Ends at 5:00pm					
2:15pm		23 Laterality and Occupational Performance in Competitive Adaptive Surfing (1.5 PDUs)	24 Ethical Application of "Choosing Wisely" to OT Practice (2 PDUs) Ends at 4:15pm			
3:45pm						
6:00pm	A - Movie Night: Hi! I'm Travis Mills (1 PDU) - (6:00pm-7:30pm)					

CELEBRATING 47 YEARS OF SERVING OCCUPATIONAL THERAPY

"The support of our advertisers, exhibitors, and sponsors has made the important OTAC legacy of advocacy and service possible. Thank you!

OTAC 2023 ANNUAL CONFERENCE & EXPO CONTINUING EDUCATION PASADENA NOVEMBER 9-12

CONTACT SHANNON RUTLEDGE TODAY TO CONTINUE THE SUPPORT!
(888) 686-3225 | EMAIL SHANNON@OTACONLINE.ORG

CONFERENCE AT-A-GLANCE

	FRIDAY								
7:15am	Friday Registration Hours (7:15pm-5:00pm)								
8:15am	30 Protecting Our Careers: State and Regulatory Updates (1.5 PDUs)	31 Innovate to Educate! Enhancing Student Motivation and Engagement (1.5 PDUs)	32 So You Want To Be a Pediatric OT Practitioner (1.5 PDUs)	33 Home Health Occupational Therapy 101 (1.5 PDUs)	34 Game On!—Video Games and Evidence-Based Practices for OTPs (1.5 PDUs)	35 STUDENTS ONLY- Interviewing + Rate Negotiations: Prepare, Articulate Your Value + Negotiate Like a Pro!	36 Sensory Regulation and Executive Function: An Integrative Approach (3 PDUs)	37 Vision Assessment and Treatment: The Role of OT (3 PDUs)	38 Leadership Institute. Mentees & Mentors: Take the Journey Together! (2 PDUs)
9:45am									
10:00am	40 Keeping Licensees Informed - What YOU Need to Know (1.5 PDUs)	41 Promoting Student Success, Community-Building, and Peer Support (1.5 PDUs)	42 Role of Occupational Therapy in Early Head Start (1.5 PDUs)	43 Parkinson's Disease: Essentials for Participation at Every Stage (1.5 PDUs)	44 Transgender Care in Occupational Therapy (1.5 PDUs)	45 STUDENTS ONLY- Let's Talk Sex: The Least Talked About ADL			
11:30am	CFOT Awards Luncheon and Symposium (.5 PDUs) - Separate Ticket Required - $85 (Students - $85 or $10 no lunch/gallery seating)								
1:00pm	50 STUDENTS ONLY- NBCOT® National Certification Exam: Information You Need to Know	51 The Importance of Hope for Individuals with ALS (1 PDU)	52 STUDENTS ONLY- Demystifying the Consultative Service Delivery Model	53 Successfully Funding Your Research and Program Development Interests (2 PDUs)	54 OT Role in the Assessment of Dyslexia (2 PDUs)	55 Insights from an Inter-disciplinary Feeding Group for Caregivers (2 PDUs)	56 Advancing Occupational Therapy's Role in Tiered Response to Intervention (2 PDUs)	57 Hand Therapy: Management of Complex Injuries (2 PDUs)	58 TRUST - Transforming Research: Understanding Experiences in ASD, Stakeholders Working Together (2 PDUs)
2:00pm	60 Incorporating Strength-Based Therapy with OT (1 PDU)	61 Promoting Independence and Decreasing Caregiver Burden with Smart Home Technology (1 PDU)	62 STUDENTS ONLY- Exploring the Role of Occupational Therapy Practitioners in Oncology						
3:00pm	All proceed to the Awards Ceremony and Keynote Address								
3:15pm	63 - OTAC Awards Ceremony and Keynote Address - (.5 PDUs)								
5:15pm	B - Innovation Expo Grand Opening | Bingo and Trivia Prizes								
7:30pm	Alumni and Student Receptions								

CONFERENCE AT-A-GLANCE

SATURDAY

7:15am	Saturday Registration (7:15am-6:00pm)									
8:15am	70 Using the Conversational Receptiveness to Enhance Inter-disciplinary Communication (1 PDU)	71 Parents Need OT Too: Stress Management and Well-Being (1 PDU)	72 Clinical and Academic Mentorship: Benefits and Best Practices (1 PDU)	73 Cognitive Rehab-ilitation: Dual-Task Training for Older Adults (1 PDU)	74 Inter-professional Pain Management for Clients with Cognitive Impairment (1 PDU)	75 STUDENTS ONLY- Advocacy 101	76 Infusing Occupation Into Practice: Part 3 - Strategies to Move Toward Uniquely Occupational Practice (1.5 PDUs)	77 The Distinct Value of Occupational Therapy on Inter-disciplinary Teams (1.5 PDUs)	78 The Structured Obser-vations of Sensory Integration-Motor (SOSI-M) and the Compre-hensive Observations of Proprio-ception (COP-R): Clinical Reasoning and Progress Monitoring (3 PDUs)	79 How Can I OT in this Healthcare Climate? (4 PDUs)
9:15am										
9:30am	80 AI and OT: Not Everything Scary Is Bad (1 PDU)	81 Autism, Mental Health, and OT (1 PDU)	82 Optimizing Classroom Engagement: Sensory Strategies as UDI (1 PDU)	83 Occupational Therapy and Sleep Interventions for Multiple Sclerosis (1 PDU)	84 Utilizing the Cognition Billing Code in Acute Oncology (1 PDU)	85 STUDENTS ONLY- Pelvic Health: Where Do I Fit In?				
10:00am							86 Lived Experiences During the Pandemics: How Are We Doing? (1.5 PDUs)	87 Evolving Roles: Emergencies and Social Determinants of Health (1.5 PDUs)		
10:30am										
10:45am	90 AI and Robotic Assistive Feeding Technologies, Efficacy, and Health Outcomes **Virtual** (1 PDU)	91 Is it Sensory Processing Disorder or High Sensitivity? (1 PDU)	92 Transforming Cancer Care Through a Lifestyle Medicine Approach (1 PDU)	93 Leadership and Change: The Student-OT Partnership (1 PDU)	94 Information/ Education Pages: Reliable Resources for Clinicians and Patients (1 PDU)	95 STUDENTS ONLY- How Pediatric Occupational Therapy Practitioners Save the Day				
11:30am	C- Innovation Expo | Posters | Bingo and Trivia Prizes | Grab and Go Lunch – $20 (must advance purchase)									
2:30pm	100 The Space Between Us: Building Inclusive Environments (1 PDU)	101 Gender Euphoria Toolkit: Bolstering Safety and Connection (1 PDU)	102 Brain-Based Learning Theories and Applications: Optimizing Student Learning (1 PDU)	103 3D-Printing and Adaptive Gaming at Rancho Los Amigos (1 PDU)	104 Inter-professional Collaboration on a Pediatric Mental Health Case (1.5 PDUs)	105 STUDENTS ONLY- NBCOT Exam Knowledge Quest	106 Evidence-Based Practice in Dysphagia: A Scoping Review (3 PDUs)	107 Steppin'-Up: OT Driven Curriculum Enrichment Programs for Students (3 PDUs)	108 Integrating Functional Cognition Into Your Professional Practice (3 PDUs)	79 (continued)
3:30pm										
3:45pm	111 Case Studies in Acute Care: A Bio-Psychosocial Approach (2 PDUs)	112 Supporting Allyship and Inclusion Through Under-graduate Curriculum (2 PDUs)	113 Low Vision Screening and Intervention for Generalist OT Practitioners (2 PDUs)	110 Function and Participation Following Community-Based Stroke Rehabilitation (1 PDU)						109 Mindfulness for Resilience and Social Change **Virtual** (1 PDU)
4:00pm										
4:15pm					114 Occupational Therapy Practitioners' Role in Early Autism Screening (1.5 PDUs)	115 STUDENTS ONLY- What They Didn't Tell You: School-Based and SNF				
4:45pm										
5:00pm				116 Interdisciplinary Upper Limb Amputation Rehabilitation Using Outcomes-Based Perspective (1 PDU)						117 Embracing Neuro-divergence: Occupational Therapy for Adults with ADHD (1 PDU)
6:00pm	D - President's Mix 'N Mingle | Trivia Prizes									
7:30pm	Alumni and Student Receptions									

CONFERENCE AT-A-GLANCE

	SUNDAY								
7:15am	Sunday Registration (7:15am-5:00pm)								
7:30am	E - OTAC Annual Meeting and Keynote with Coffee and Light Breakfast Fare (.5 PDUs)								
9:15am	120 Diversity, Equity, and Inclusion in OT: What's Next? (1 PDU)	121 Review and Understand the OT Guideline for CA Public Schools (1.5 PDUs)	122 Exploring the Rewarding Career in Providing Occupational Therapy Services for our Nation's Heroes (1.5 PDUs)	123 Got Routines, OTs? Culturally Responsive Early Intervention Practices (1.5 PDUs)	124 Strategies for Becoming a Culturally Responsive OTP (3 PDUs)	125 Post-Covid Conditions: OT Interventions and Recovery Trajectories (3 PDUs)	126 Improving Engagement in Sleep and Restorative Occupations (3 PDUs)	127 School-Based Assessment and Intervention: Adolescent Population (3 PDUs)	128 Handle with Care: Verbal De-Escalation for Clients Exhibiting Behaviors (4 PDUs)
10:15am									
10:30am	129 Exploring Student-Perceived Confidence and Ability: Association with Performance (1 PDU)								
10:45am									
11:00am		131 OT or Not to OT? In End-of-Life Care (1.5 PDUs)	132 Impact of Caregiver Mental Health on Child Regulation (1.5 PDUs)	130 Scoping Review of Promoting Occupational Adaptation in Improving Pediatric Fine Motor Skills (1.5 PDUs)					
11:45am	133 Rebuilding Together: Emerging Practice and Fieldwork Opportunities (1 PDU) (ends at 12:45pm)								
12:30pm	OT Practice Café/Networking Hot Topic Lunch - $20 (must advance purchase) Come discuss hot practice topics.								
1:30pm	140 Let's Play: Big and Little Buddy Program (1 PDU)	141 Toolkit for Understanding Elopement by Individuals with Autism (1 PDU)	142 Evidence-Based Interventions for Elderly with Post Distal Radius Fracture to Improve Occupational Performance (1 PDU)	143 Using the SENSE Program to Support Parent and Infant Occupations in the NICU (1 PDU)	144 Leading with Compassion: A Guide for Practitioners and Managers (3 PDUs)	145 Breaking Down the New MDS Changes (3 PDUs)	146 Lived Experience of Chronic Pain and Fatigue: A Never Ending Recovery (3 PDUs)	147 Thrive: Behavior and Sensory Preschool Classroom Supports (3 PDUs)	128 (continued)
2:30pm									
2:45pm	150 Lifestyle Medicine: Addressing Chronic Disease with Healthy Lifestyles (2 PDUs)	151 Holistic Care for Children and Families: Early Intervention (2 PDUs)	152 Cultivating Occupational Therapy in Pediatric Mental Health (2 PDUs)	153 When the Therapist Becomes the Patient (2 PDUs)					148 How Poor Breathing and Sleep Impact Pediatric Daily Occupations (1 PDU)
4:45pm	OT Sunday Super Learners' Prize Drawings | Winners Posted at Registration								
5:00pm	Registration Closes - Safe Travels All!								

POSTER PRESENTATIONS

There are two groups. Poster presentations may be viewed only on **Saturday, November 11, 2023** – Group A: 11:30am–12:30pm; and Group B: 1:00pm–2:00pm in the Expo Hall. To earn PDUs, the **poster presenter(s) must initial your Certificate of Completion** form. You may earn .25 PDUs for each poster with a maximum of 2 PDUs allowed for the two-hour session.

An Examination of the Homework Habits, Perspectives, and Dispositions of First Year Occupational Therapy Students
Emily Flynn, OTS; Jacqie Schieffer, OTS; Orissa Smith-Goshen, OTS; Melisa Kaye, EdD, OTR/L

Assessing Clinical Research Using OTPF-4 and ICF Domains
Maria Calderon, OTS; Vanessa Cuenca, OTS; Isabelle Reilly, OTS; Janice Rocker, OTD, OTR/L, CHT, CEAS

Behind the Mask: Impression Management in ADHD Women
Rebekah Boning, OTS; Julie Schustack, OTS; Amber Schwartz, OTS; Nicole Stephanie Pantaleon, OTS

Bridging Mental Health for Children Attending Summer Camp
Aidahn Elchico, OTS; Hamin Joo, OTS; Francois Mondonedo; OTS; Samuel Sanchez, OTS

Co-Occupation, Attachment, and Emotional Regulation
Ashlyn Henning, OTS; Batool Hussain, OTS; Sabrina Nassir, OTS; Lisa Sutton, OTD, OTR/L

Cultural Beliefs and Practices Around Perinatal Loss
Ini Adebodun, OTS; Taran Malhi, OTS; Jerelle Medina, OTS; Kiley Hanish, OTD, OTR/L, PMH-C

Development of an Occupational Therapy Intake Protocol Within a Pediatric Community-Based Mental Health Setting
REMOVED
Elizabeth Zepeda, OTD, OTR/L

Evidence-Based Manual: Marginal Ambulatory Powered Wheelchair Users
Ashley Morales, OTS; Marjorie Pineda, OTS; Megan Serrato, OTS; Savanna Toledo, OTS

Effective Interventions for Students Transitioning into Graduate School
Raine Laurente, OTS; Destiny Lim, OTS; Sarah Rabitoy, OTS; Danielle Lombardi, OTD, OTR/L

Effects of Mindfulness-App on Parental Stress and Sleep
Taylor McLaughlin, OTS; Megan C. Chang, PhD, OTR/L, FAOTA

Emotion Master: A Social Emotional Learning Program
Jane Chang, MA, OTD; Aaron Picus, OTD, OTR/L

Employment Outcomes Post-Bariatric Surgery: A Systematic Review
Kelisha Bhari, OTS; Cheyenne Gamboa, OTS; Allie Grelle, OTS; Kiley Hanish, OTD, OTR/L, PMH-C

Experiences of Minority Occupational Therapists Facing Workplace Microaggressions
Matthew Hoshiko, OTS

Exploring Lived Experiences: Exercise and Sleep Quality in Early-Stage Parkinson's
Mayumi Haskell, OTS; Katrina Long, EdD, MS, OTR/L

Exploring the Role of OT in the PICU
Lexi Herman, OTS, CNP

Exploring the Sensory Experiences of Autistic Mothers
Victoria Cisneros, OTS; Brooke Geske, OTS, PMH-C; Rebecca Rosenzweig, OTS; Kiley Hanish, OTD, OTR/L, PMH-C

Impact of Chemotherapy on Breast Cancer Survivors' Sleep
Tiffany De Guzman, OTS; Antonia Hillman, OTS; Nicole Pisano, OTS; Manisha Sheth, OTD

Improving Medication Adherence in Pediatric Mental Health
Ronald Dallatorre, OTD, OTR/L; Ashley Masuda, OTD, OTR/L

Inclusive Playground: Using the 7 Universal Design Principles
Maureen Johnson, PhD, MS, OT/L, BCPR, C/NDT, CHSE-A; Claire Uke, MOT, OTR/L, ATP, CAPS

LGBTQ+ Experiences with Mindfulness and Social Participation
Aina Ali, OTS; Seth Almberg, OTS; Iram Aziz, OTS; Paula Basto, OTS

Life After Brain Injury: Survivor and Family Perspectives
Brenda Escobar, OTS; Arianna Inouye, OTS; Edith Leslie, OTS; Caroline Mendoza, OTS

Life After Pediatric Hemorrhagic Stroke: Family-Centered Outcomes
Louis Barnett, OTS; Alma Martinez Pamatz, OTS; Sabrina Montano, OTS; Charissa Thompson, OTS; Deana Vander Meulen, OTS

Lifelong Learning by Occupational Therapists: A Pilot Study
REMOVED
Nicole Orr, OTS; [illegible]ding, PhD, OTR/L, FAOTA

Managing Collegiate Athletic Occupational Transitions: A Best Practice Guide
Naima Reddick, OTS; Carlin Daley Reaume, OTD, MA/Ed, OTR/L; Kathryn Wise, OTD, OTR/L

Participating in Formal Occupational Therapy Mentorship Programs: Mentees Experiences
Erin Heckelman, OTS; Alice Nguyen, OTS; Isabelle Pisano, OTS; Amanda Raigosa, OTS; Alyssa Cailin Manuel, OTS

Occupational Therapists' Views of Physical Activity Interventions for Parkinson's
Katrina Long, EdD, MS, OTR/L

Occupational Therapy and Postpartum Anxiety: Opportunities of Involvement
Felicia Markfield, OTS; Carlin Daley Reaume, OTD, MA/Ed, OTR/L

Occupational Therapy Students' Perspectives on Co-Curricular Resilience Programming
Dan Kavin Agbayani, OTS; Nicole Colombo, OTS; Mikayla Hilario, OTS; Danielle Tirpack, OTS

Occupational Therapy's Role in Family Reunification
Michelle Drawdy, OTS

POSTER PRESENTATIONS

Occupational Therapy's Role in Exoskeleton Utilization
Rachel Glozman, OTS; Casey Hayes, OTS; Lena Huang, OTD, OTR/L

Opportunities for Occupational Therapy Services for Foster Children: A Review
Megan Sandwith, OTS; Aaron Bonsall, PhD, OTR/L

OT Consultation to Support Participation and Inclusion at a Science Museum
Gabriele Alviz, OTS; Nicole Conyers, OTS; Julia Karczewski, OTS; Ariana Sales, OTS

OT Developed Web-Based Resource to Address Sexuality
Brittany Andrade, OTD; Claribell Bayona, OTD, OTR/L, CSRS

OT's Role in Addressing Filipino American Health Disparities
Liana Mae Atizado, OTS, CNP

OT's Role in Agriculture
Brenda Fonseca, OTS

Promoting School-Based Mental Health via Interdisciplinary Collaboration
Michaela Scanlon, OTR/L, OTD

Queering Fertility and Parenting Roles
Cassey Dela Pena, OTS, CNP

Reality Relief: Virtual Intervention for Real Psychosocial Symptoms
Lucy Hosoda, OTD, OTR/L, CBIS, CSRS, CLT, Neuro-IFRAH; Joshua Kotler, OTD, OTR/L, CBIS, Neuro-IFRAH; Alyssa Matlosz, OTR/L

Relationship of Resilience Levels: A Survey of Occupational Therapists
Alana Martinez, OTS; Breeana Montoya, OTS; Alexis Perez, OTS; Makenna Rubinstein, OTS; Emily Xiong, OTS

Response to Intervention and Sensory Processing in Classrooms
Brooke Henry, OTS; Julie Powell, OTS; Kiana Shibata, OTS; Courtney Boitano, OTD, OTR/L, BCBA-D

Sensory Evaluation and Re-Education Intervention Post-Stroke
Jacob Baquir, MHA, OTR/L; Shan-Pin Fanchiang, PhD, OTR/L; Abigail Meschke, OTD, OTR/L, CSRS

Sleep Challenges in College Students
Hanoak Amanios, OTS; Julia Hazen, OTS; Michael Verdoza, OTS

The Long Haul: Living with Long COVID
Erica Ni, OTS; Alice Sinclair, OTS; Daphne Wang, OTS; Carly Wong, OTS

Understanding the Occupational Needs of Military Spouses During Deployments
Sin Hye Lee, OTS

Who Surfs Better: Surfers with Spinal Injuries or Amputations?
Anna Ishizawa, OTS; Maureen E Johnson, PhD, MS, OT/L, BCRP, C/NDT, CHSE-A

MEET OUR SUPPORTERS

EXPO HALL DAYS
Friday, November 10
5:15pm–7:15pm and
Saturday, November 11
11:30am–2:15pm

STILL TIME TO EXHIBIT OR SPONSOR!

CALL SHANNON RUTLEDGE AT (888) 686-3225 OR EMAIL AT SHANNON@OTACONLINE.ORG

EXHIBITORS

Andrews University
Ascend
Braille Institute of America
California Board of Occupational Therapy (CBOT)
California Foundation for Occupational Therapy (CFOT)
Capital Region Educational Services District 113
Centre for Neuro Skills
Children'sTherapy Network
Collaborative for Leadership in Ayres Sensory Integration
Desin, LLC - Obi Robot
Dr. Mama OT
Hawaii Pacific University
interface rehab inc.
Irlen Institute
Keck Graduate Institute
Los Angeles Unified School District
National Board for Certification in Occupational Therapy (NBCOT)
Occupational Therapy Association of California (OTAC)
Pearson
Point Loma Nazarene University
Preferred Healthcare Staffing
Psymark
South Pacific Rehabilitation Services
SPOT Inc.
Sutter Health
Total Education Solutions
UCLA Health
University of St. Augustine
USC Chan Division
West Coast University
WPS

SPONSORS/ADVERTISERS

Capital Region Educational Services District 113
Institute for Sex, Intimacy and Occupational Therapy
Keck Graduate Institute
University of St. Augustine for Health Sciences
USC Chan Division

PRESENTERS BY NAME

Samantha Aguilar, OT 19
Aimee Aguillon, OTD, OTR/L, CHT 23
Melina Allahverdian, OTD, OTR/L 24
Cesar Arada, OTD, MHS, OTR/L 23
Raj Bains, OTD, OTR/L 28
Allison Baker, OTR/L 22, 23
Steve Barbour, MA, OTR/L, ECHM 27
Cynthia Barron, MA, OTR/L 25
Amy Curtis Bastida, PsyD 26
Kathryn Biesanz, OTD, OTR/L 10, 28
Erna Imperatore Blanche, PhD, OTR/L, FAOTA 8, 9, 19, 23, 25
Courtney Boitano, OTD, OTR/L, BCBA-D 8, 9, 13, 19
Deborah Bolding, PhD, OTR/L 10, 29
Primo Bonilla, MA, OTR/L, CEAS 22
Aaron Bonsall, PhD, OTR/L 24
Ashley Bonzell, OTD, OTR/L 29
Julius Bourbon, OTS 30
Meredith Bowen, OTD, OTR/L 22
Vasni Briones, LCSW 23
Michelle Burlyga, MS, OTR/L 19
Erin Bussell, OTD, OTR/L 19, 26
Melissa Caruso, COTA/L 9, 22
Michelle Chao, OTD, OTR/L, CLT, CKTP 29
Candace Chatman, OTD, OTR/L 23
Janice Kishi Chow, PhD, DOT, OTR/L 28
Eddie Chu, OTD, OTR/L 24, 26
Samantha Coelho, OTD, OTR/L 26
Alison Cogan, PhD, OTR/L 26
Rosemary Commons, OTR/L 23
Sarah Cooper, PT, DPT, GCS 24
Gabe Cravens, OTD, OTR/L 22
Rebecca Cunningham, OTD, OTR/L, MSCS 25
Shari Curtis, MHS, OTR/L 28
Mary David, PsyD 10, 24, 30
Jayson Davies, MA, OTR/L 19
Lisa Deshaies, OTR/L, CHT 8, 13, 21, 22
Nora Dixon, OTD, OTR/L 24, 26, 27
Kelly Dunbar, OTR/L (OR), CHT 27
Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, FAOTA 8, 9, 20, 21, 24
Tod Ehmann, OTS 29
Domenique Embrey, OTD, OTR/L 29
Allen Romero Espelita, OTD, OTR/L, CLT, CEAS I 28
Joe Estrada, OTR/L 27
Shan-Pin Fanchiang, PhD, OTR/L 10, 26, 28
Enjoli Filemu, OTD, OTR/L 21
Laurie Willard Fitzgerald 19
Lydia Kristine Frey, OTS 25
Francis Gadayan, MOT, OTR/L 23
Eileen Garcia, OTR/L 23
Joahnes Gatdula, OTD, OTR/L, ITOT 28
Shane Gemoto, OTD, OTR/L 24
Marna Ghiglieri, OTD, OTR/L 29
Gordon Giles, PhD, OTR/L, FAOTA 8, 9, 26
Savannah Gluck, MOT, OTR/L 27
Christopher Goffredo, OTD, MOT, OTR/L, BCP, ATP 20
Julia Gonzalez, OTR/L 24
John Goodfellow, OTD, OTR/L 22
Don Gordon, PhD, OTR/L 10, 26, 28
Gabrielle Granados, OTD, OTR/L 20
Linsey Grunes , OTD, OTR/L 25, 26
Juliana Gutierrez, OTD, OTR/L 24
Mary Hallway, OTR/L, C/NDT, C-IAYT 8, 9, 19
Rodney Harris, COTA/L 10, 28
Christal Haynes, OTS 29
Sherry Hite, MOT, OTR/L 23, 25
Juliana Hoffman, OTS 19
Hanalynn Hunt, OTD, OTR/L, CBIS 26
Anna Ishizawa, OTS 20
Antonietta Iannaccont, OTD, OTR/L, HPCS 23
Aesa Jackson, OTR/L (NV), CNT, NLP, NTMTC 22
Tracy Jalaba, OTD, OTR/L 27
Heather Javaherian, OTD, OTR/L, FAOTA 30
Jessica Jeong, OTD, OTR/L 23
Lynn Kim Jeong, OTD, OTR/L 23, 25
Allison Jew, OTS 19
Isac Jeyapaul, OTR/L 24
Lindy Joffe, OTD, OTR/L 9, 22
Major Erik S. Johnson, Retired, MS, OTR/L (TX) 8, 14, 28, 29
Maureen Johnson, PhD, MS, OT/L, BCPR, C/NDT, CHSE-A 20
Melisa Kaye, EdD, OTR/L 21, 28
Polly Kellner, MSOT, OTR/L 21, 29
Joyce Khowdee, OTD, OTR/L 23
Dominique Kiefer, OTD, OTR/L, BCP 8, 9, 19, 24
Karrie Kingsley, OTD, OTR/L 10, 22, 28
Jenna Kobara, OTD, OTR/L 26
Julie B. Kornbluth, MA, OTR/L 26
Michelle Kornet, OTR/L, CHT 30
Stefanie Kuizon, MA, OTR/L 30
Suzanne Lai, OTR/L 20
Stacey Landberg, MS, CCC-SLP 28
Mary Lawlor, ScD, OTR/L, FAOTA 23, 25
Merry Lee, OTD, OTR/L 25
Colin Lenington, OTD, OTR/L, ATP, CAPS 4, 8, 13, 20, 28
Ingrid Leu, OTD, OTR/L 8, 9, 10, 20, 28
Andy Lin, MS, ATP 26
Marieliz Llanos, OTR/L (NV), MHPEd 22
Katrina Long, EdD, MS, OTR/L 22
Lauren Lopez, OTD, OTR/L 21
Katy Mackey, MS, OTR/L 10, 28
Wanda Mahoney, PhD, OTR/L, FAOTA 19
Marissa Marchioni, OTD, OTR/L, CEAS 26
Heather Martin 22
Peggy Martin, PhD, OTR/L 19
Maribel Martinez, EdD 9, 26
Nirali Maru, MBA-HCM, OTR/L, CAS 23
Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT, QCP, RAC-CTA, FAOTA 10, 29
Erin McIntyre, OTD, OTR/L 8, 9, 20
Rochelle McLaughlin, MS, OTR/L, MBSR, RYT 26
Melanie Melasky, JD 10, 30
Jenna Mele, OTD, OTR/L, PAC-C, CFPS 22
Elena Meng, OTD, OTR/L, BCP 25
Denise M. Miller, MBA, OTR/L, FAOTA 22
Marielly Mitchell, OTD, OTR/L, SPIT 30
Victoria J. Moore, BMES 26
Wendy Morrison, RN, ECSE 8, 9, 13, 19
Robert Mullaney, OTD, DBA, MBA-HSA, OTR/L (TN) 25
Bonnie Nakasuji, OTD, OTR/L, FAOTA 9, 26
Sam Nesthus, MS, OTR/L 24
Tritney Nguen, OTS 25
Rachel Nolan, OTR/L 8, 28
Marilyn Noriega, MA, OTR/L 9, 26
Mia O'Neill, OTR/L 26
Karen Park, OTD, OTR/L, BCP, CLE 24
Kristy Payne, OTD, OTR/L 26
Lisa J. Perlson, OTD, OTR/L, LMFT 23
Paul Penoliar, OTD, OTR/L, C/NDT 26
Natalie Perkins, PP-OTD, MEd, OTR/L, FIIE 28
Grace Perry, MS, OTR/L 21
Myka Persson, OTD, OTR/L 26
Christine Peters, PhD, OTR/L, FAOTA 19
Teresa Pham, OTD, OTR/L 23
Allison Phillips, OTD, OTR/L 27
Aaron Picus, OTD, OTR/L, BCP 10, 19, 30
Roberta Pineda, PhD, OTR/L, CNT 29
Michelle Plevack, OTS 25
Sarah Putt, MA, OTR/L 19
Samia Rafeedie, OTD, OTR/L, BCPR, CBIS 21, 22
Carlin Daley Reaume, OTD, MA/Ed, OTR/L 21, 24
Zazdeli Rodriguez, OTS 30
Amanda Routt, OTD, OTR/L 9, 26
Adriana Rusch, MOT, OTR/L, SCFES, NTMTC, IBCLC 21
Sheryl Ryan, PhD, OTR/L 26
Arezou Salamat, OTR/L 30
Trevor San Antonio, OTD, OTR/L 23
Jennifer Sato, MA, OTR/L 10, 28
Mary Schmitz, OTD, OT/L, ECHM 25
Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA 8, 9, 13,19, 20, 26
Melissa Schwartz, BA 25
Erin Schwier, EdD, OTD, OTR/L 24
Kiana Shibata, OTS 28
Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA 8, 9, 13, 19, 26
Alexis Joelle Sobel, MS, OTR/L 9, 24
Winny Soenaryo, OTD, OTR/L 22
Penny Stack, OTD, OTR/L 23
Wendy B. Stav, PhD, OTR/L (MI), FAOTA 8, 14, 21, 23, 24
Lawrence Stevenson, OTD, OTR/L 22
Svitlana Stremousova, OTR/L 25
Diana Su-Erickson, OTR/L 8, 28
Beth Sullivan, OTD, OTR/L 9, 22
Joan Surfus, OTD, OTR/L, BCP 26
Adria Taha-Resnick, EdD 8, 9, 13, 19
Nilima Tanna, OTR/L, SCLV, CLVT 27
Graham Teaford, OTD, OTR/L, SCLV 20
Adrienne Tesarek, OTR/L, CHT 30
Lisa Test, OTD, OTR/L, FAOTA 8, 9, 19, 21
Marilyn Thompson, OTD, OTR/L 19
Sonia Trejo, OTD, OTR/L 23
Lacey Tygenhof, MA, OTR/L 28
Anton Vu, OTS 29
Vicky Vu, OTD, MA, OTR/L, MBA, BCP 29
Kati Wechsler, OTD, OTR/L 24
Kayla Wei, OTD, OTR/L, CLT, DipACLM 25
Jamie Wilcox, MPH, OTD, OTR/L 10, 28
Trisha Willie, OTS 26
Ella Wilson, MA, OTR/L 10, 28
Kathryn Wise, OTD, MHSc, OTR/L 10, 29
Bill Wong, OTD, OTR/L 19
Carley Yamarone, MSOT, OTR/L 21
Taylor Yandoli, MSOT, OTR/L, CLVT 9, 22
Amy Zhao, OTD, OTR/L 10, 28, 30
Baily Zubel, OTD, OTR/L 10, 24, 30

CONFERENCE REGISTRATION FORM INSTRUCTIONS

SEE PAGE 3 FOR DEADLINES TO REMEMBER

(form on page 39)

1. **Registrant:** Please print or type all data. (Online registration is available on the OTAC website at www.otaconline.org through October 31, 2023 at 8:59pm.)
2. **Program Selection:** Every session and activity has a number or letter. Circle the number/letter of each session/activity you will attend. Attendance is limited by seating or by speaker's request. ***Registration forms will NOT be accepted if you select overlapping sessions.***
3. **Registration Fee:** First, locate your professional status (OT/OTA, Student), select the combination of days you will attend, and circle the appropriate Registration Fee amount that applies to your professional status and combination of days. Additional fees may apply.
4. **Summary Selection:**
   - You must check all boxes that apply or your registration is not complete.
   - Workplace Colleague Special Discount: See section below on this page for policy/criteria.
   - Special Meal Needs: You must pre-register by October 18, 2023 or we may not be able to accommodate you.
   - Special Needs: You must pre-register by October 18, 2023.
   - Special Activities (SA): These events must be prepaid. There most likely will be no 'at-the-door' availability. Seating is limited.
   - Refund Policy: A refund, less $75 administrative fee ($45 for students), will be issued if written notice of cancellation is received by the OTAC Office postmarked on or before October 18, 2023. No refunds after that date. Refunds will not be processed until after Conference.
5. **Deadlines:** See page 3 for Deadlines to Remember.

CONFERENCE ATTENDEE AGREEMENTS/ DISCLAIMERS

ATTENTION

By registering for or attending any event or activity associated with the Occupational Therapy Association of California's (OTAC) 2023 Annual Conference & Expo, I agree to the following:

Professional Development/Information Disclaimer

OTAC's 2023 Annual Conference & Innovation Expo is sponsored by the Occupational Therapy Association of California for professional development, networking, and OTAC business purposes. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals in arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with full knowledge that they waive any claim they may have against OTAC and its staff or representatives for reliance on any information presented during these educational activities.

Public Relations Agreement

Registration and attendance at, or participation in, OTAC meetings and other activities constitutes an agreement by the registrant for OTAC's use and distribution (both now and in the future) of the registrant's or attendee's image or voice in photographs, videotapes, electronic/print reproductions, and audio tapes of such events and activities.

Waiver of Liability Agreement

By registering for any component of this conference, I release the Occupational Therapy Association of California, its staff, elected and appointed officials, presenters, and any other individuals or entities associated with OTAC's 2023 Annual Conference & Expo from any and all liability connected with my participation, as well as from any liability related to changes to the schedule, events, or activities. I acknowledge and agree that I am participating of my own choice and assume all risk in connection thereof, and that in the event that a need for emergency medical service arises, I authorize and consent to such services being provided at my own expense.

WORKPLACE COLLEAGUE 10% DISCOUNT

Don't get enough time to visit with those in your workplace? Want a way to save money together? You can travel together and room together, you can also save on registration together. All individual registration forms, full payment, and membership applications (if applicable) must be submitted together by October 18, 2023.

Discount policies

- Three or more OTAC members from the same **physical** workplace address can receive a 10% discount when pre-registering for conference together. Minimum of three registrants required.
- You cannot register online to receive this discount. Registration forms must be **submitted together** by fax, email attachment, or by mail.
- Discount available to OTAC members only; however, a nonmember can submit a membership application along with the registration forms to qualify for discount.
- This is a pre-registration special only. Special ends October 18, 2023.
- Discount applies only to the Registration Fee for Friday, Saturday and/or Sunday. Discount does not apply to any other fees including presenter/material fees/costs, special event fees including meals, and pre-conference institutes.
- No refunds given if number of colleagues registered together drops below three; however, new workplace colleagues may be substituted for previous registrants at any time (OTAC membership required).
- Student members already receive a discounted rate and do not qualify for this discount.
- Conference registrants receiving any other registration discount do not qualify for this discount.

CONFERENCE REGISTRATION FORM

See page 3 for deadlines and increases to Early Bird Registration Rates!

OTAC
Occupational Therapy Association of California

1. REGISTRANT: (Please print or type)

First Name _____ Middle Initial _____

Last Name _____ Credentials _____

Home Address _____

Home City/State/Zip _____

Phone Home (_____) _____ Work (_____) _____ Cell (_____) _____

Email _____

Who to contact in case of an emergency: (Name and cell phone) _____

2. PROGRAM SELECTION: Circle the sessions/activities you will attend. Sessions/activities are included in registration for the corresponding day. ***You may not register for overlapping sessions.***

AM Additional fees required for Thursday	10	11	12		13	14	30	31	32	33	34	35	36	37	38	70	71	72	73	74	75	76	77	78	79	120	121	122	123	124	125	126	127	128
	15	16	17				40	41	42	43	44	45				80	81	82	83	84	85	86	87			129	131	132	133					
																90	91	92	93	94	95					130								
PM Additional fees required for Thursday	18	19	20	21			50	51	52	53	54	55	56	57	58	100	101	102	103	104	105	106	107	108	109	140	141	142	143	144	145	146	147	148
	22	23	24				60	61	62							111	112	113	110 116	114	115				117	150	151	152	153					
ACTIVITIES	A						63			B						C D										E								

3. REGISTRATION FEE: Circle the combination of days you are attending in order to be registered. Enter amount in Section 4/ Registration Fee below.

FEES INCREASE SEPTEMBER 11, 2023	FRI./SAT./SUN.	FRI. ONLY	FRI./SAT.	FRI./SUN.	SAT. ONLY	SAT./SUN.	SUN. ONLY
OT/OTA	$329	$159	$279	$279	$159	$279	$159
OTS (Student-MOT or OTA)	$179	$109	$149	$149	$109	$149	$109
ADD-ON: NON-OTAC MEMBER FEE/NEW MEMBER DUES	OT: Add $140 to the fees above • OTA: Add $110 to the fees above • Students (MOT/OTA) add $50 to the fees above. This add-on fee qualifies you for a 1-year membership if you have not been a member since 7/2021.						

4. SUMMARY SECTION: Fill in and check all boxes ☑ that apply or your registration form is not complete and may be subject to additional fees.

- ❑ Registration Fee (from Section 3 above) $_____
  - ❑ Workplace Colleague Special Discount (Subtract 10%) $(_____)
- ❑ Non-OTAC Member Fee (OT) $140 – (may include membership) $_____
- ❑ Non-OTAC Member Fee (OTA) $110 – (may include membership) $_____
- ❑ Non-OTAC Student Member Fee $50 – (may include membership) $_____
- ❑ Session 10 (Members $0/Nonmembers $19) $_____
- ❑ Session 11 (Members $29/Nonmembers $39) $_____
- ❑ Session 12 (Members $29/Nonmembers $39) $_____
- ❑ Session 13 (Members $89/Nonmembers $119) $_____
- ❑ Session 14 (Members $139/Nonmembers $169) (includes lunch) $_____
- ❑ Session 15 (Members $0/Nonmembers $19) $_____
- ❑ Session 16 (Members $29/Nonmembers $39) $_____
- ❑ Session 17 (Members $29/Nonmembers $39) $_____
- ❑ Session 18 (Members $0/Nonmembers $19) $_____
- ❑ Session 19 (Members $19/Nonmembers $29) $_____
- ❑ Session 20 (Members $19/Nonmembers $29) $_____
- ❑ Session 21 (Members $19/Nonmembers $29) $_____
- ❑ Session 22 (Members $49/Nonmembers $69) $_____
- ❑ Session 23 (Members $29/Nonmembers $39) $_____
- ❑ Session 24 (Members $0/Nonmembers $29) $_____
- ❑ SA: Guest Registration (see page 5) _____ @ $90ea. $_____
- ❑ SA: Friday CFOT Symposium/Lunch _____ @ $85ea. $_____
- ❑ SA: Friday CFOT Symposium/No Lunch _____ @ $10ea. (students only) $_____
- ❑ SA: Saturday Expo Lunch _____ @ $20ea. $_____
- ❑ SA: Sunday Keynote: Extra Ticket _____ @ $35ea. $_____
- ❑ SA: Sunday OT Practice Café/Lunch: Ticket _____ @ $20ea. $_____
- ❑ Saturday Expo Hall Only: Member $0/Nonmember $25 (OT/OTA/OTS Only) $_____
- ❑ Registration received between 9/11/23-10/31/23 – $60 (Add) $_____
- ❑ Registration received after 10/31/23 onsite – $90 (Add) $_____

TOTAL (Send check or use credit card) $_____

5. PAYMENT INFORMATION

Do not email your registration from with credit card information. Emails are not secure, please fax to the secure number listed below.

❑ AMEX ❑ MasterCard ❑ Visa ❑ Discover

❑ Check #_____ *(Payable to OTAC)*

Card Number _____ VCode* _____

Name of Cardholder _____ Exp. Date _____

Card Billing Address _____

City _____ State _____ Zip _____

Signature _____

**The VCode is a 3 or 4 digit number on the back of your card following your card number (front of AMEX card).*

❑ WORKPLACE COLLEAGUE DISCOUNT (Must register by October 18):
See page 37 for details

Employer _____

Employer Address _____

_____

❑ MEDICALLY NECESSARY DIETARY RESTRICTIONS OR SPECIAL NEEDS:
(Must notify us by October 18) Attach description of requests.

6. SUBMIT REGISTRATION

Fax (916) 294-0415 – Secure Fax

Mail OTAC, 3620 American River Drive, Suite 230, 95684

Online www.otaconline.org

7. KEEP A COPY FOR YOUR RECORDS

Questions? By Phone: (916) 693-7079 | By Email: staff@otaconline.org

*Beginning November 1, 2023, registration will only be accepted "on-site" at the Hilton Pasadena and the fee increases $90.

*Cancellation Fee: $75/Practitioners; $45 Students. Must cancel in writing by October 18, 2023.

OTAC BOARD OF DIRECTORS

President
Bryant Edwards, OTD, MA, OTR/L, BCP, MPH
pres@otaconline.org

President-Elect
Samia Rafeedie, OTD, OTR/L, BCPR, CBIS
preselect@otaconline.org

Vice President
Heather Javaherian, OTD, OTR/L, FAOTA
vpres@otaconline.org

Secretary
Lauren Lopez, OTD, OTR/L
secty@otaconline.org

Treasurer
Alison George, MS, OTR/L
treas@otaconline.org

Treasurer-Elect
Candace Chatman, OTD, OTR/L
treaselect@otaconline.org

Executive Director
Karen C. Polastri, IOM
execdir@otaconline.org

Region 1 Director
Renee Boivin Makin, OTD, OTR/L
reg1dir@otaconline.org

Region 1 Director-Elect
Kersten Laughlin, OTD, OTR/L
reg1direlect@otaconline.org

Region 2 Director
Bianca Callier, OTD, OTR/L
reg2dir@otaconline.org

Region 3 Director
Hiral Khatri, OTD, OTR/L
reg3dir@otaconline.org

Region 3 Director-Elect
Cesar Arada, OTD, OTR/L
reg3direlect@otaconline.org

Region 4 Director
Danny Pavlovich, OTD, OTR/L
reg4dir@otaconline.org

Region 4 Director-Elect
Rhanee Rodriguez, OTR/L, CRSR, CBIS
reg4direlect@otaconline.org

Region 5 Director
Nirali Maru, MBA-HCM, OTR/L, CAS
reg5dir@otaconline.org

OTAC MANAGEMENT TEAM

Karen C. Polastri, IOM

Shannon Rutledge, CMP

Tammy Hitchcock

Tracy Brown

Jenni Zarate

Bettina Zachariou

OTAC COMMITTEE CHAIRS/COORDINATORS

Advocacy & Government Affairs
Carlin Daley Reaume, OTD, MA/Ed, OTR/L
gachr@otaconline.org

Under the domain of Advocacy and Government Affairs Committee

Ad Hoc Committee for School-Based Credential Initiative
Lisa Test, OTD, OTR/L, FAOTA
Rena Dinin Katrikh, OTD, OTR/L
otacschoolbasedpractice@otaconline.org

Bylaws and Policies and Procedures
Jackie Meagher, MAOT, OTR/L
bylawschr@otaconline.org

Communications
Karen Park, OTD, OTR/L, CLE
Sherry Younesi, OTR/L
commchr@otaconline.org

Diversity, Equity, Inclusion & Occupational Justice
Karrie Kingsley, OTD, OTR/L
deichr@otaconline.org

Membership
Jhennylyn (Jhenny) Rivera, MOT, OTR/L
membchr@otaconline.org

Practice, Ethics, & Reimbursement
Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA
Creig Smith, OTD, OTR/L
practicechr1@otaconline.org

Under the domain of Practice, Ethics, & Reimbursement Committee

OTAC Representative to California Coalition for Mental Health (CCMH)
Erin McIntyre, OTD, OTR/L
mcintyre.el@gmail.com

Private Practice Network
Diane Gale, MBA, OTR/L
Dominique Kiefer, OTD, OTR/L
ppn@otaconline.org

Professional Development & Leadership
Sherry Hite, MOT, OTR/L
Lisa Hiestand, OTD, OTR/L
educchr@otaconline.org

Under the domain of Professional Development & Leadership Committee

Subcommittee - 2023 Conference
Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA
Joseph Juse, OTD, OTR/L
confchr@otaconline.org

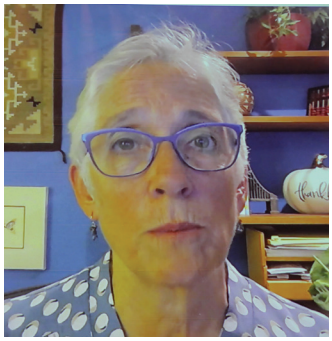
Subcommittee – Leadership Training
Jenna Mele, OTD, OTR/L, RYT
ldrtrg@otaconline.org

Student Leadership
Rob Russow, OTD, OTR/L
Jessica Padilla, COTA/L
studentchr1@otaconline.org

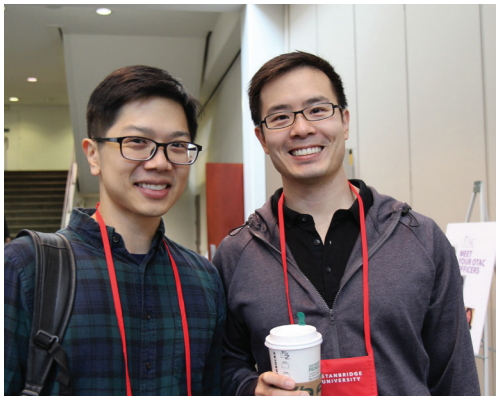
Ad Hoc Committee for Awards
Erin Schwier, EdD, OTD, OTR/L
awardschr@otaconline.org

Ad Hoc Committee for Nominations
Jessica De Brun, OTD, MOT, OTR/L
nomchair@otaconline.org

THE MANY FACES OF CONFERENCE



THE MANY FACES OF CONFERENCE



THE MANY FACES OF CONFERENCE

THE MANY FACES OF CONFERENCE

THE MANY FACES OF CONFERENCE