



OTAC 2021 ANNUAL CONFERENCE & EXPO

CONTINUING
EDUCATION
OCTOBER 21-24



Bryant
Edwards

@OTACnews @OTACofca
#OTACCONF2021 | #resilientrenewedrising



Alyson
D'Ambrosio
Stover



John
Goodfellow



Luella
Grangaard



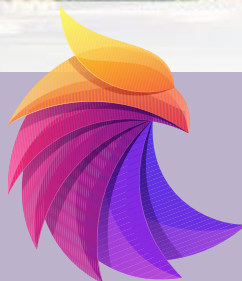
Heather
Kitching



Pat
Nagaishi

— WE ARE VIRTUAL, AGAIN! —

REGISTRATION INFORMATION



OTAC ANNUAL CONFERENCE

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OCTOBER 21-24, 2021 | VIRTUAL



AOTA | The American
Occupational Therapy
Association, Inc.



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Why? Never miss your OT/OTA license renewal date or misplace a PDU certificate or forget to renew your professional memberships.

What? A web-based, easy-to-use, 'electronic filing cabinet' and professional management tool to help OT/OTA practitioners track professional information. **FREE** with regular OTAC membership. Or, sign up as a program subscriber.

How? Go to www.otaconline.org. Members: Click on 'Click here to get started' – next to myOTlicense logo. You will now be in the myOTlicense system. Log in and get started.

Questions? Leave a message on the myotlicense help desk at (855) 927-7737 or send a message to myotlicense@otaconline.org or check out the FAQs on the OTAC website www.otaconline.org (look for myOTlicense logo).

**for OTAC Members;
nonmembers can subscribe*



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A web-based, easy-to-use, 'electronic filing cabinet' and professional management tool to help OT practitioners track professional information.

Never miss an important deadline or opportunity!

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OTAC ANNUAL CONFERENCE

A Premier Professional Development Conference— Earn Professional Development Units

OTAC's Annual Conference offers high-quality continuing education at cost-effective prices. Conference registrants have the opportunity to select from more than 100 hours of sessions to apply towards continuing education requirements. You can earn all 24 biennial required PDUs for your California license renewal at this one Conference. You won't find an easier, quicker, or more cost-effective way to earn PDUs required by CBOT (for direct delivery of occupational therapy services) and by NBCOT (for practice area of emphasis).

OTAC members receive a discount on the Conference registration fees. If you are not a member, join now at special Conference rates to earn the Conference discount.

CONFERENCE DISCOUNTED EARLY BIRD REGISTRATION SPECIALS!

- Attend all four days (October 21-24) for only \$319! Must register by October 7, 2021 for this rate.
- OTAC Student Members: check out student reduced fees. Must pre-register for best rate!

Important Notes

2021 Certificate Policy and PDU Credits

- **Certificate of Completion.** This year's Certificate of Completion will be digital. Attendance at sessions / the number of PDUs earned will be confirmed by a survey associated with each session and self-attestation. Zoom room log-in reports will be maintained in the event confirmations of attendance are needed for regulatory licensing boards.
- **To earn a Certificate of Completion, attendance is required.** Please arrive on time to the sessions and don't depart early. Your Certificate should reflect actual number of hours attended. Note: CBOT defines one PDU as one hour of instruction.
- **myotlicense.** PDUs for OTAC members and subscribers will be entered into your myotlicense record by December 31, 2021.
- **CHT.** Some sessions may be used to meet recertification requirements. Check with the Hand Therapy Certification Commission (HTCC) for details.
- **NBCOT.** Sessions may be used to meet recertification. Check with the National Board for Certification of Occupational Therapy (NBCOT) for details.

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Conference PDUs for OT/OTA practitioners will be entered into your OTAC myotlicense records by December 31, 2021.

CONFERENCE OVERVIEW

Reminder:

You will have access to all the sessions on all the days you are registered!

THURSDAY, OCTOBER 21

Access to Thursday activities is open to any registrant.

NOON – 7:30pm

Virtual Help Desk

Register in advance for Conference.

6:00pm – 6:15pm

OTAC President's Welcoming Remarks—LIVE

6:15pm – 7:15pm

OTAC Awards Ceremony—LIVE

7:15pm – 7:30pm

Trivia for Prizes!

SATURDAY, OCTOBER 23

8:00am – 5:15pm

Virtual Help Desk

Register in advance for Conference.

9:00am – 12:15pm

Concurrent Sessions (earn PDUs)

12:25pm – 1:25pm

Lunch & Learn: Innovation Expo

1:30pm – 3:00pm

Concurrent Sessions (earn PDUs)

3:15pm – 4:45pm

Saturday Keynote Address (1.5 PDUs)

2021 Deadlines to Remember

September 17	Complete Volunteer Form.
September 17	Register by this date if you have special needs.
October 7	Discounted Early Bird Registration Special deadline (BEST VALUE).
October 7	Cut-off date for Workplace Colleague discount.
October 8	Registration rates increase by \$60.
October 18	Final date to register.

FRIDAY, OCTOBER 22

8:00am – 5:15pm

Virtual Help Desk

Register in advance for Conference.

9:00am – 12:15pm

Concurrent Sessions (earn PDUs)

12:25pm – 1:25pm

Lunch & Learn: Posters (1 PDU)

Lunch & Learn: Innovation Expo

1:30pm – 3:00pm

CFOT Awards and Honored Lecturer (1 PDU)

3:15pm – 4:45pm

Concurrent Sessions (earn PDUs)

SUNDAY, OCTOBER 24

8:00am – 5:15pm

Virtual Help Desk

Register in advance for Conference.

9:00am – 10:30am

Sunday Keynote Panel (1.5 PDUs)

10:45am – 12:15pm

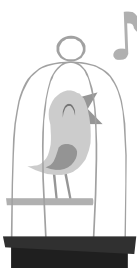
Concurrent Sessions (earn PDUs)

12:25pm – 1:25pm

Lunch & Learn: Posters (1 PDU)

1:30pm – 4:45pm

Concurrent Sessions (earn PDUs)



Tweet! Convo! Post!

Follow us on Twitter @OTACnews
Start a Conversation Using #OTACconf2021
Let's Rise #resilientrenewedrising
Talk About #transformingOT
Your Boldness #otbebold
Membership Pride #otacmemberpride
Post on Instagram @otacofca
Friend us on Facebook! @OTACnews

CALL FOR CONFERENCE VOLUNTEERS

Are you comfortable with technology?

Are you experienced with Zoom webinars?

Are you comfortable with monitoring/helping to moderate Q&As?

Do you have a strong internet connection?

Does your computer/laptop/iPad have a camera and microphone?

Would you make yourself available for a volunteer orientation?

Do you want to earn PDUs?

If you answered yes to all or most of these questions, you might be a candidate for a Virtual Room Monitor/Moderator.

Volunteers play a vital role in the success of the largest state occupational therapy professional development conference – and it is no less true for a virtual conference.

You can access the volunteer form [here](#).

Deadline to respond: Friday, September 17.

60 Is Your Lucky Number!

Post-Conference you will have 60 days to access the sessions on the days you are registered for!

RISING

TOGETHER THROUGH



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OF PROFESSIONAL
DEVELOPMENT

All your
sessions
available
for 60 days!

Learn from
anywhere!

Play games!
Win prizes!

Earn more
PDUs for
your dollar!

Visit Expo
anytime!

Best
value ever!

Wear your
comfy clothes!

Be safe from
COVID-19!

Save on
travel costs!

Connect
on our
commUNITY
wall!

PRESIDENT'S MESSAGE

OT: Resilient. Renewed. Rising!

Welcome to the 45th Occupational Therapy Association of California Annual Conference. Well, what a year it has been! Many in our occupational therapy community faced challenges, both professional and personal, that we never anticipated. Last year, we held our first virtual Annual Conference, and out of an abundance of caution and feedback from our members, this year's Conference will also be virtual. That said, we look forward to when we can surely see everyone safely in person; supporting one another, learning from one another, and connecting with one another.

Last year's Conference theme, CommUNITY, focused on embracing the power of the collective, recognizing we are moving in the same direction - toward a more just, more inclusive world that values diverse thinking, perspectives, and cultures, and creates occupational opportunities for the well-being of all. I have been encouraged to see that the sentiment of that theme has persisted in the months since and we, as an occupational therapy CommUNITY, have come together, lifted each other up, and persevered through extremely challenging times. This past year, we also examined ourselves and our profession to identify meaningful ways in which we can promote racial and occupational justice. We have shown compassion, openness, and above all, resilience.

As the state of the world has begun to shift and we see hope on the horizon, more than ever, we must embrace our resilience and our renewed commitment to being better professionals and creating a stronger profession. This past year has challenged our resolve as a community and as a profession. We have adapted to new ways of being and doing, and we have taken a needed look at our own responsibilities in advocating for occupational and racial justice. We have shown grit and a renewed commitment to continual improvement. Through this resilience and renewal, we will rise as a profession, emerging from the uncertainty and difficulties of this past year to transform into something greater. It is this concept that is the foundation for this year's Annual Conference theme: Resilient. Renewed. Rising!

Please join us for our awesome Annual Conference program with our keynote speaker and American Occupational Therapy Association President-Elect Alyson D'Ambrosio Stover, MOT, JD, OTR/L, BCP, who will present her vision of *Transformational Practice: Advocacy for a Thriving Future*.

This year's program is so rich, with amazing professional development opportunities available through our virtual format. This is also a time to celebrate one another through our Annual Awards Ceremony. Our work as colleagues and a profession continues, and the 45th Annual Conference is a part of that journey in support of resilience, renewal, and rising. So please join us, from the comfort of your desired location, as we come together in virtual fashion for this year's Annual Conference.

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH
President, Occupational Therapy Association of California

#OTACConf2021 | #OTresilientrenewedrising
#OTcommUNITY | #transformingOT | #otacmemberpride

@OTACnews @otacofca @OTACnews



Bryant Edwards,
OTD, MA, OTR/L,
BCP, MPH

FUTURE RISING

Focus on the Future

It is with great honor that OTAC announces the 'Focus on the Future' Susan J. Harris Legacy Fund established by Therapy Specialists, a HealthPRO-Heritage Company in collaboration with OTAC. Harris was a long-time active supporter and valued friend and member of OTAC. In 2020, OTAC's Entrepreneur Award was renamed in her honor as the Susan J. Harris Occupational Therapy Entrepreneur Award. She was a previous awardee as well of OTAC's Award of Excellence and Lifetime Achievement Award. Harris had founded Therapy Specialists more than 40 years ago and grew it into a successful practice.



Susan J. Harris
1941-2020

With this 'Focus on the Future' Legacy Fund, OTAC will be providing support to the profession in three primary areas: entrepreneurialism and innovation, advocacy, and a leadership pathway for practitioners of diverse backgrounds. "We are so excited to honor Sue's commitment to OTAC. We look forward to staying abreast of the Association's efforts to support the commitment towards the 'Focus on the Future' and the initiatives OTAC outlined in the Susan J. Harris Legacy Fund. This is a wonderful tribute which will allow Sue's passion and her legacy to live on in the many lives that will be touched by the opportunities that are made available by this legacy fund!"

"We are also very proud of Elaheh Sobhani, OTD, who will be presenting a poster at the OTAC 2021 Annual Conference. Elaheh is the first recipient to receive the Susan J. Harris Legacy Program Scholarship at Therapy Specialists, a HealthPRO-Heritage Company." Lisa Rodriguez, OTR/L, president of Therapy Specialists, a HealthPRO-Heritage Company.

New OTAC Student Scholarship

The Occupational Therapy Association of California (OTAC) 2020-2021 leadership team is excited to offer a new student scholarship opportunity! The intent of the scholarship is to support two students of diverse backgrounds (students of color, students with disabilities, students within the LGBTQ+ community) in their professional journey through exposure to occupational therapy leadership and professional development. The scholarship will include an invitation as a guest to the OTAC Board of Directors and Committee Chairs meeting in the fall, as well as registration for the OTAC Annual Conference. Interested students should complete the [application](#) and submit by September 7, 2021.



CHAIR'S MESSAGE

Dear Occupational Therapy Practitioners, Educators, Students, Colleagues, and Friends,

On behalf of the Occupational Therapy Association of California (OTAC) and the 2021 Annual Conference & Innovation Expo Committee, we are excited to again invite you to join us for the 45th Annual Conference! Last year we emphasized *CommUNITY* with a focus on racial and social injustices. As we reflect on the past year, as practitioners and as individuals, we have had to continue to pivot, innovate, and create new daily routines, occupations, and meaning both for clients and ourselves - we have truly been resilient! COVID-19 has forever changed many things, but as occupational therapy practitioners, we are well versed in the ability to adapt and respond to change! This change provides the opportunity to renew our commitment to our profession as occupational therapy practitioners and rise to the challenges faced with change. The decision to provide a virtual conference again was made to allow flexible attendance and support to occupational therapy practitioners and students across the entire state. We are excited to share the theme for this year *Resilient. Renewed. Rising!*

Occupational therapy practitioners are creatively working to meet the varied needs of our clients and demonstrate that we are *Resilient. Renewed. Rising!*

We are honored to have the AOTA President-Elect Alyson D'Ambrosio Stover, MOT, JD, OTR/L, BCP, provide the keynote address – Transformational Practice: Advocacy for a Thriving Future.

The medical model has increasingly become only one lens through which we can attack the problem as occupational therapy practitioners. Advocacy for clients and the occupational therapy profession has been a vital component of our practice; however, colossal inequities have been exposed, and these tragedies require the response of our occupational therapy community. This is our call to take action. We must leverage our distinct and unparalleled knowledge of occupation to advocate for our clients and their families and to influence decisions within political, economic, and social systems and institutions.

We encourage you to attend Conference and leave with creative tools and inspiration to chart your course as part of the wonderful occupational therapy profession being *Resilient. Renewed. Rising!* The Conference continues to provide high caliber, peer-reviewed, presentations and poster sessions focusing on innovative solutions.

Conference attendees will have access to the sessions for two months following the presentations. The unique benefit of the virtual format is the ability to attend sessions that were scheduled simultaneously. If two sessions are scheduled simultaneously, you can attend one session “live” and then attend the other session as a recorded presentation. You will also have the availability of returning to view presentations a second time! The OTAC 45th Conference is truly designed to help every attendee feel *Resilient. Renewed. Rising!*



Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA



Prizes! Prizes! Prizes!

Join us for our version of Sir Isaac Newton's third law. For OTAC's 2021 Virtual Annual Conference, for every action there is a reaction. Meaning, for nearly every action associated with the Conference, the reaction is that you will earn points towards prizes.

- Register for conference – earn points
- Attend a session – earn points
- Enjoy the awards ceremony – earn points
- View a poster session – earn points
- Watch an Innovation Expo video – earn lots of points
- Be inspired by the CFOT honored lecturer – earn points
- Post a message on the Conference RISING Wall – earn points
- Set up your profile – earn points

Prizes will include complimentary 1-year membership, complimentary Conference registration for 2022 in Santa Clara, and Amazon gift cards.

Engage in point earning actions and maximize your point reactions!

THANK YOU, SPONSORS!

USC Chan Division of Occupational
Science and Occupational Therapy



2021 CONFERENCE COMMITTEE

Chair – Winifred Schultz-Krohn

Awards Coordinator – Erin Schwier

Call for Papers/Program Coordinator – Adriana Rusch

Exhibits Coordinator – Mary Kay Gallagher

Photographer – Diana Su-Erickson

Presenter Concierge – Jacalyn Mardirrosian

Proofreader – Lisa Deshaies

Registration Coordinator – Laura Deary

Volunteer Coordinator – Joe Juse

OTAC Student Leadership Committee Co-Chairs –
Erwin Borja, Zipporah Brown

OTAC Professional Development and Leadership Chair –
Sherry Hite

OTAC President – Bryant Edwards

OTAC Contributing Staff – Karen Polastri, Shannon
Rutledge, Lindsay Campoy-Jones, Tracy Brown,
Tammy Hitchcock



KEYNOTE PRESENTERS

3:15pm-4:45pm

Saturday, October 23, 2021

68 – Transformational Practice: Advocacy for a Thriving Future (1.5 PDUs)

Alyson D'Ambrosio Stover, MOT, JD, OTR/L, BCP, AOTA President-Elect

The medical model has increasingly become only one lens through which we, as occupational therapy professionals, can attack a problem. Advocacy for clients and the occupational therapy profession has been a vital component of our practice; however, colossal inequities have been exposed and these tragedies require the response of our occupational therapy community. This is our call to take action. We must leverage our distinct, and unparalleled knowledge of occupation in order to not only serve as an advocate for our individual clients and their families, but to influence decisions within political, economic, and social systems, and institutions.

Also presenting Session 40 – From Town Talks to Telecommunications: A Call for Community to Engage in Meaningful Occupation (1.5 PDUs)



Alyson D'Ambrosio Stover, MOT, JD, OTR/L, BCP, AOTA President-Elect



Bryant Edwards, OTD, MA, OTR/L, BCP, MPH



Luella Grangaard, OTR/L



Heather Kitching, OTD, OTR/L, FAOTA

9:00am-10:30am

Sunday, October 24, 2021

70 – Resilient. Renewed. Rising! Looking Back Enables Us to Move Forward (1.5 PDUs)

Moderated by OTAC President Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, this panel will feature three past presidents (Luella Grangaard, OTR/L; Heather Kitching, OTD, OTR/L, FAOTA; Pat Nagaishi, PhD, OTR/L) as they share key components of their presidency and the signs of the times, strategies to navigate challenges and subsequent successes, and their perspectives on the future of the profession as we emerge from the current crises with renewed commitment to rise.



Pat Nagaishi, PhD, OTR/L

CUSTOMIZE YOUR SCHEDULE

Academia/Education

- 27 Fostering Experiential Learning and Collaboration Through Interactive Simulations
- 37 Secondary Trauma and Burnout: Strategies for Student Success
- 48 Active Engagement Strategies for Virtual Practice and Education
- 58 Trauma-Informed Teaching and Cultural Taxation in Occupational Therapy Education
- 67 The Doctoral Capstone: Creating Opportunities for Mutual Partnerships
- 81 Building Capacity: Level II Fieldwork to Master Clinician
- 87 Integrating OT into Medical School: Curriculum, Accommodations, and Therapy
- 96 Trauma-Informed Pedagogy: Applications from Mental Health Practice
- 104 Exploring Student Experiences Using the Racial Impact Questionnaire
- 106 Fieldwork Educators' Guide to Successful Fieldwork Programming

Advocacy/Leadership/Management

- A Resilient. Renewed. Rising! President's Welcome
- B OTAC Annual Awards Ceremony
- 10 Rising Through Advocacy: Legislative and Regulatory Updates
- 17 Navigating Unexpected Change: The Evolution of a Profession
- 20 Collaborative Leadership Skills: Introducing Emotional Intelligence
- 28 Socially Responsible Entrepreneurship in Occupational Therapy
- 30 Sparking Change at Work: Strategies for Everyday Practitioners
- 40 From Town Talks to Telecommunications: A Call for Community to Engage in Meaningful Occupation
- 41 Promoting Job Satisfaction: Building Students into Your Practice
- 50 OT Practitioner Licensing in a Pandemic



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- 70 Resilient. Renewed. Rising! Looking Back Enables Us to Move Forward
- 80 Professionals Rise! A Top-Down Approach to Power Through Political Action
- 81 Building Capacity: Level II Fieldwork to Master Clinician
- 100 Need for Entrepreneurship in Occupational Therapy

General

- 13 Experiences of OTs During the COVID-19 Pandemic
- 17 Navigating Unexpected Change: The Evolution of a Profession
- 34 Supporting Recovery from the "Long-Haul" of COVID-19
- 50 OT Practitioner Licensing in a Pandemic
- 100 Need for Entrepreneurship in Occupational Therapy

Healthcare Equity; Diversity/Equity/Inclusion

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- 22 Application of Cultural Fluidity in Diverse Pediatric Contexts
- 43 Bridging Social Justice and Daily Clinical Practice
- 51 DEI 101: Strategic Responsiveness for Occupational Therapy Practitioners
- 58 Trauma-Informed Teaching and Cultural Taxation in Occupational Therapy Education
- 60 Preparing OT Practitioners to Treat the LGBTQ+ Population
- 62 Exploring Roles and Identity Through Resiliency
- 65 Occupational Therapy's Role in Gender-Affirming Care

- 84 Cultural Competency/Humility Training in Occupational Therapy Programs
- 90 Promoting Cultural Diversity in Occupational Therapy Department in Qatar
- 97 Confronting Systemic Racism in Occupational Therapy: Perceptions, Impact, and Actions Following a Keynote Address
- 104 Exploring Student Experiences Using the Racial Impact Questionnaire

Mental Health/Wellness

- 15 Productive Aging and Autism: Emerging OT Practice
- 16 Social Participation in the Virtual Environment
- 25 Environmental Interventions for Dementia Care
- 35 Lifestyle Medicine and Mental Health: An Occupational Therapy Approach
- 36 Mast Cell Activation Syndrome: Introduction to OT's Role
- 44 Do Cognitive Impairments Affect Readmissions in an Oncology Setting?
- 46 Mindfulness for Stress and Resilience or Mindfulness and Healing?
- 56 The Influences Music Creates in Therapy
- 61 Enhancing Executive Functioning Skills to Optimize Occupational Performance for Youth with ADHD
- 65 Occupational Therapy's Role in Gender-Affirming Care
- 85 Promoting Quality of Life Among Adult Spinal Cord Injury Through Community Integration
- 86 Occupational Therapy Approaches to Restorative Gardening
- 87 Integrating OT into Medical School: Curriculum, Accommodations, and Therapy
- 94 Utilizing Therapeutic Use of Self for Treatment Resistant Patients
- 95 Weight Management in Mobility-Impaired Adults Through Lifestyle Intervention
- 96 Trauma-Informed Pedagogy: Applications from Mental Health Practice
- 97 Confronting Systemic Racism in Occupational Therapy: Perceptions, Impact, and Actions Following a Keynote Address
- 105 Embodied: Physical Activity as Ends and Means

Older Adults

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- 83 The Practitioner's Conundrum: Client-Centered Care Versus Productivity Standards
- 92 Driver Rehabilitation: The Process and the Generalist OT as Collaborator
- 102 Assessing and Treating Neurological Vision Impairments for Driving

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- 12 Building Self-Regulation and Mindfulness in Children with SPD
- 13 Experiences of OTs During the COVID-19 Pandemic
- 21 Strengths and Challenges of Occupational Therapy Telehealth Services
- 22 Application of Cultural Fluidity in Diverse Pediatric Contexts
- 23 Incorporating Horses in Occupational Therapy
- 31 Functional Vestibulo-Ocular Skills in the School Setting
- 32 Family Style: Focus on Family in Feeding Occupations
- 33 Creative Approaches to Virtual Therapy in Community Transition Programs
- 42 Reducing Computer-Related Eye Fatigue for Children During Online Academics
- 43 Bridging Social Justice and Daily Clinical Practice
- 52 Building Blocks for Handwriting: Evidence and Intervention
- 53 Providing Authentic Family-Centered Services: Early Intervention and Telehealth
- 54 Answering Complex Issues in Pediatric Practice
- 61 Enhancing Executive Functioning Skills to Optimize Occupational Performance for Youth with ADHD
- 62 Exploring Roles and Identity Through Resiliency

- 82 Handwriting and Right to Left – Embed. Collaborate. Measure. Graduate!
- 91 Facilitating Breastfeeding in Infants with Congenital Heart Defects
- 101 Introduction to Sensory Integration: Playing for a Living!

Physical Disability/Hands

- 14 The OT's Role in Partial Hand and Finger Prostheses
- 24 Experiences from Acute Rehabilitation for Persons with COVID-19
- 34 Supporting Recovery from the "Long-Haul" of COVID-19
- 45 Oral and Pharyngeal Dysphagia: Conditions and Intervention
- 55 Establishing Effective Outcomes in a Neurologic Outpatient Rehabilitation Program
- 63 Occupational Therapy Practitioners' Role in Treating Myalgic Encephalomyelitis
- 64 Maximizing Recovery: Incomplete SCI and UE Rehabilitation Technology
- 85 Promoting Quality of Life Among Adult Spinal Cord Injury through Community Integration
- 93 Para Surfing: From Rehabilitation to Competition
- 103 Cardiopulmonary Management for Individuals with COVID-19

Students

- 47 EBS/OTAC Knowledge Bowl
- 57 Day in the Life of OT: A Panel of New Practitioners
- 66 NBCOT® National Certification Exam: Information You Need to Know for Success

Technology

- 16 Social Participation in the Virtual Environment
- 21 Strengths and Challenges of Occupational Therapy Telehealth Services
- 48 Active Engagement Strategies for Virtual Practice and Education
- 53 Providing Authentic Family-Centered Services: Early Intervention and Telehealth
- 100 Need for Entrepreneurship in Occupational Therapy

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CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

Celebrating Our 40th Anniversary!

CFOT Virtual Honored Lecturer and Awards Symposium

Friday, October 22, 2021 – 1:30pm-3:00pm

Session 28 – CFOT Honored Lecturer (1.0 PDU)

John Goodfellow, OTR/L

Socially Responsible Entrepreneurship in Occupational Therapy

Entrepreneurs are innovators who take the risk of forming and operating a business. All occupational therapy practitioners are poised to be entrepreneurs in that they have expertise in occupational participation, which is valuable to the communities in which they live and work. When starting a business, financial success is essential. Conversely, the occupational therapy entrepreneur should consider one's social responsibility to reach underserved populations related to mitigating disparaging social factors. Social responsibility helps us all to rise.

The CFOT Honored Lecturer Award recognizes California occupational therapy practitioners who have demonstrated leadership and promoted ideas and visions in occupational therapy for the profession, and a presentation gives them an opportunity to share their insights and knowledge with the occupational therapy community.



John Goodfellow,
OTR/L

CFOT SCHOLARSHIPS, RESEARCH GRANTS, AND SEED AWARDS

The awards presentations to these recipients will be pre-recorded and available for viewing throughout the Conference.



CFOT MISSION

Enhancing quality and knowledge of occupational therapy services through support of occupational therapy research and educational endeavors.



SUPPORT OUR FUTURE

Support Enhancing Occupational Therapy Services to the Public

CFOT annual fundraiser goes virtual – again!

The annual fundraiser for the California Foundation for Occupational Therapy (CFOT), held in conjunction with the



2019 CFOT Awardees

OTAC Annual Conference & Innovation Expo, is again going virtual this year. "Although we will greatly miss visiting with our many donor friends, colleagues and awardees in person, we welcome this virtual opportunity to share with a wider audience our luncheon program and fundraising efforts. We welcome

you to join us for our virtual honored lecturer, and awardees of our scholarships, grants, and project seed funds. Thank you in advance for continuing to support our mission by donating through the OTAC Conference," commented CFOT President Pat Nagaishi, PhD, OTR/L.



Pat Nagaishi,
PhD, OTR/L, CFOT
President

The California Foundation for Occupational Therapy (CFOT) was founded in 1981 as a nonprofit, public benefit organization to help support students, practitioners, and researchers advance their knowledge and skills, thereby enhancing occupational therapy services to the public.

Since its inception, many scholarships, traineeships, and grants have been awarded annually. In addition, CFOT's goal is to educate the public about the potential benefits of occupational therapy services.

YOU ARE INVITED TO DONATE TO CFOT IN SUPPORT OF OUR MISSION

DONATE

OT Advocacy from the Comfort of Your ... Wherever!

Through its longstanding advocacy efforts, OTAC has been the primary occupational therapy (OT) professional association responsible for the RISING of California OT practice. We invite you to immerse yourself in learning more about occupational therapy advocacy, leadership, and regulatory issues.

Thursday, October 21

- Session A Resilient. Renewed. Rising! President's Welcome
- Session B OTAC Annual Awards Ceremony

Friday, October 22

- Session 10 Rising Through Advocacy: Legislative and Regulatory Updates
- Session 17 Navigating Unexpected Change: The Evolution of a Profession
- Session 20 Collaborative Leadership Skills: Introducing Emotional Intelligence
- Session 28 CFOT Honored Lecturer: Socially Responsible Entrepreneurship in Occupational Therapy
- Session 30 Sparking Change at Work: Strategies for Everyday Practitioners

Saturday, October 23

- Session 40 From Town Talks to Telecommunications: A Call for Community to Engage in Meaningful Occupation
- Session 41 Promoting Job Satisfaction: Building Students into Your Practice
- Session 50 OT Practitioner Licensing in a Pandemic with the California Board of Occupational Therapy

Sunday, October 24

- Session 70 Resilient. Renewed. Rising! Looking Back Enables Us to Move Forward
- Session 80 Professionals Rise! A Top-Down Approach to Power Through Political Action
- Session 81 Building Capacity: Level II Fieldwork to Master Clinician
- Session 100 Need for Entrepreneurship in Occupational Therapy



OTAC Political Action Committee Turns 40

Another conference, another push for donations to the Occupational Therapy Association of California (OTAC) Political Action Committee (PAC)! Why is donating to the OTAC PAC such a critical factor of being a professional? Because every time you make a donation to the OTAC PAC, you support OTAC's lobbyists who protect and defend the occupational therapy scope of practice in California. You help provide the resources that are needed in order for our profession to be represented in Sacramento. If you don't do it, who will?

Do you have health insurance? Do you have car insurance? If you answered "YES" to these questions, then you understand the importance of insurance. Please consider that your OTAC PAC donations (and your OTAC membership) are also career insurance because if you cannot represent occupational therapy's interests at the State Capitol, then OTAC needs to send lobbyists who can and do, on your behalf!



Samia H. Rafeedie,
OTD, OTR/L,
BCPR, CBIS
OTAC PAC Chair

Let's celebrate FORTY YEARS OF OTAC PAC CAREER INSURANCE! Every dollar counts. Please consider a \$20 contribution – and find a friend who can also donate \$20! \$20 x 2 people = \$40 to celebrate 40 years! OTAC & PAC work to make things go right! And you and a friend can too! As Marvin Gaye sang "It Takes Two." We invite you and your friend to post on the Conference networking wall your duet singing a bit of It Takes Two." You just might win a prize!

There has never been a more critical time for occupational therapy to rise up and be recognized for its distinct value! Attend Session 80 - Professionals Rise! A Top-Down Approach to Power Through Political Action to learn more about the evidence that not only supports your donation, but your professional identity and career as well.



THURSDAY, OCTOBER 21

Noon-7:45pm

Thursday Virtual Help Desk

Pre-registration for Conference is strongly encouraged.

Thursday
included for all
registrants

6:00pm-6:15pm

A Resilient • Renewed • Rising! – LIVE

Join OTAC President Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, as he welcomes attendees to OTAC's 45th Annual Conference & Expo. Hear the inspiration behind this year's theme, Resilient • Renewed • Rising! and get ready for three days of virtual learning and growing your professional competency. Get into your comfy clothes, grab some dinner and your favorite beverage, and let's rise together!

6:15pm-7:15pm

B OTAC Annual Awards Ceremony – LIVE

Inspiration abounds every year at this annual event where we express our appreciation to the honorees for their contributions to the profession and the Association. Join Awards Chair Erin Schwier, EdD, OTD, OTR/L, in this celebration.

7:15pm-7:30pm

C Trivia for Prizes!

Play OTAC Trivia!

FRIDAY, OCTOBER 22

8:00am-5:15pm

Friday Virtual Help Desk

Pre-registration for Conference is strongly encouraged.

9:00am-10:30am

10 Rising Through Advocacy: Legislative and Regulatory Updates (1.5 PDUs)

Lauren Lopez, OTD, OTR/L; Chuck Willmarth, CAE; Jennifer Hendrick Snyder, MHA; Lindsay Gullahorn

Join us for an in-depth briefing on the latest legislative and regulatory changes on the state and federal levels impacting the occupational therapy profession. Come learn more about these issues and upcoming initiatives to help you rise as an advocate for the profession. Get the latest information on how to stay informed and get involved in OTAC's advocacy efforts.

9:00am-10:30am

11 Changing the Face of School OT in California (1.5 PDUs)

Jayson Davies, MA, OTR/L; Jaime Spencer, OTR/L

This session will explore the barriers to advancing into leadership positions that are facing OT practitioners. Participants will learn how these barriers impact parity and how to advocate at the local and state level.

9:00am-10:30am

12 Building Self-Regulation and Mindfulness in Children with SPD (1.5 PDUs)

Stephanie Foster, PhD, OTR/L; Eva Pecha, OTS

Explore how sensory processing affects children's ability to pay attention and feel grounded. Participants will discover the categories of sensory processing and understand how therapy can include fun activities to improve focus and attention.

9:00am-10:30am

13 Experiences of OTs During the COVID-19 Pandemic (1.5 PDUs)

Kaitlin O'Hara, PhD, OTR/L; Jeanne O'Neil, MS, OTR/L

This session will feature OT practitioners' experiences providing services in the inpatient setting during the COVID-19 pandemic. Topics to be addressed include practitioners' emotional disposition, provision of services to patients with COVID-19+, and community reaction and discrimination.

9:00am-10:30am

14 The OT's Role in Partial Hand and Finger Prostheses (1.5 PDUs)

Chelsea Welch, MSOP, CO

Did you know finger amputations make up almost one-third of the total amputations in the U.S.? In this presentation, you will learn about the integral role that OT practitioners play in supporting positive patient outcomes using body-driven prostheses.

9:00am-10:30am

15 Productive Aging and Autism: Emerging OT Practice (1.5 PDUs)

Bill Wong, OTD, OTR/L

There is not much literature that relates to productive aging and autism. This presentation will be presented from the perspective of an autistic occupational therapy practitioner in a skilled nursing facility setting on what autistic elderly need to age well.

9:00am-10:30am

16 Social Participation in the Virtual Environment (1.5 PDUs)

Marissa Marchioni, OTD, OTR/L, CEAS; Emma Schiewe, MA, OTR/L

Social participation and communication management of IADLs have grown in complexity as the virtual environment became a prominent part of our lives. During the pandemic, the value of skills for navigating the virtual space became essential.

9:00am-10:30am

17 Navigating Unexpected Change: The Evolution of a Profession (1.5 PDUs)

Baily Zubel, OTD, OTR/L; Heather Kitching, OTD, OTR/L, FAOTA

COVID-19 altered academic education and practice resulting in a residual shift for Level I Fieldwork that can positively impact the future of the profession. The presenters will review the resultant wins, losses, and forward momentum.

10:30am-10:45am

Enjoy a break!

10:45am-12:15pm

20 Collaborative Leadership Skills: Introducing Emotional Intelligence (1.5 PDUs)

Natalie Perkins, OTD, MEd, OTR/L, FHE

Occupational therapy practitioners and inter-professional healthcare teams need skills associated with emotional intelligence as it relates to therapeutic rapport, communication, and collaboration. Effective interpersonal communication forms the basis for collaboration among clients and other healthcare team members.

10:45am-12:15pm

21 Strengths and Challenges of Occupational Therapy Telehealth Services (1.5 PDUs)

Baily Zubel, OTD, OTR/L; Ashley Ko, OTS

Research results regarding the strengths and challenges with telehealth service delivery from the perspective of occupational therapy practitioners working with children with sensory processing impairments in California and implications for occupational therapy services will be presented.

10:45am-12:15pm

22 Application of Cultural Fluidity in Diverse Pediatric Contexts (1.5 PDU)

Jenna Kobara, OTD, OTR/L; Bonnie Nakasuji, OTD, OTR/L, FAOTA; Mariko Yamazaki-Sanchez, OTD, OTR/L

Establishing mutual occupational therapy goals and purposes requires shared understanding and effectual collaboration. Learn how a culturally fluid process supports this effort despite diverse pediatric practice challenges and contexts: home-based (feeding), school-based (behaviors), and international settings (culture).

10:45am-12:15pm

23 Incorporating Horses in Occupational Therapy (1.5 PDU)

Antonietta Iannaccone, OTD, OTR/L

What roles can horses have in occupational therapy? What are the differences between hippotherapy and animal-assisted therapy? Come find clarification of terminology and examples from practice for incorporating horses in an occupational therapy treatment context.

10:45am-12:15pm

24 Experiences from Acute Rehabilitation for Persons with COVID-19 (1.5 PDU)

Jennifer Bashar, OTD, OTR/L, BCPR, CBIS; Lisa Deshaies, OTR/L, CHT; Heidi Dombish, MS, OTR/L

This session will detail our journey in developing an acute rehabilitation program for this novel and evolving diagnosis at a large county facility. Client cases and data collected over the past year will be highlighted.

10:45am-12:15pm

25 Environmental Interventions for Dementia Care (1.5 PDU)

Jenna Mele, OTD, OTR/L, CCM; Morgan Sumner, OTS; Joshua Caiquo, MBA, OTS

Participants will learn what symptoms of dementia can be addressed with environmental modifications and how to integrate them into treatments when working with people living on both the outside and the inside of dementia.

10:45am-12:15pm

26 Decolonizing our Practice with BIPOC Labeled with Mental Illness (1.5 PDU)

Celso Delgado, Jr., OTD, OTR/L, BCMH; Tessa Milman, OTD, OTR/L

This presentation will focus on decolonialism and the role we can play for reclaiming full humanness by mobilizing the capabilities for self-determination, collective self-reliance, and ultimately healing to better serve BIPOC labeled with mental illness.

10:45am-12:15pm

27 Fostering Experiential Learning and Collaboration through Interactive Simulations (1.5 PDU)

Maura Lavelle, MS, OTR/L; Sarah Walsh, MOT, OTR/L; Wendy Brzozowski, COTA/L

Presenters will demonstrate the clinical applications of interactive, computer-based simulations while discussing evidence-based methodologies for integrating simulation into occupational therapy curriculum, fieldwork experiences, and clinical practice.

12:15pm-12:25pm

Enjoy a break!

12:25pm-1:25pm

D Lunch & Learn: Posters (1 PDU)

Bring your own lunch and learn in one of our Lunch & Learn: Poster rooms. Four posters will be presented in each room. Watch all four posters in your selected room to earn 1 PDU.

12:25pm-1:25pm

E Lunch & Learn: Innovation Expo

Join our Innovation Expo exhibitors as they share the latest innovations or product/service benefits. This fast-paced Innovation Expo (each innovator has only 5 minutes) will have you wanting more. Jump on over afterwards to the Virtual Innovation Expo to connect with them directly. Be sure you have your favorite nosh and beverage by your side. No PDUs offered.

1:30pm-3:00pm

28 40 Years in the Making – California Foundation for Occupational Therapy (1 PDU)

Pat Nagaishi, PhD, OTR/L, CFOT President

Join the California Foundation for Occupational Therapy (CFOT) as it celebrates its 40th anniversary. This multi-faceted session will inspire you as a professional, instill pride in our profession, and demonstrate how we will continue to rise together. Enjoy a panel sharing the past, present, and future of CFOT; presentation of CFOT annual awards including scholarships, traineeships, and research grants; and Honored Lecturer John Goodfellow, OTR/L. A video of this year's scholarship, grant, and small project funds (seed fund) awardees will be available for viewing throughout Conference.

This event is included in Friday registration. Donations are gladly accepted.

Socially Responsible Entrepreneurship in Occupational Therapy

John Goodfellow, OTR/L

Entrepreneurs are innovators who take the risk of forming and operating a business. All occupational therapy practitioners are poised to be entrepreneurs in that they have expertise in occupational participation, which is valuable to the communities in which they live and work. When starting a business, financial success is essential. Conversely, the occupational therapy entrepreneur should consider one's social responsibility to reach underserved populations related to mitigating disparaging social factors. Social responsibility helps us all rise. Note: This 90 minute session also includes a panel highlighting CFOT activities.

3:00pm-3:15pm

Enjoy a break!

3:15pm-4:45pm

30 Sparking Change at Work: Strategies for Everyday Practitioners (1.5 PDU)

Aaron Picus, OTD, OTR/L

Change is not limited to those with positions of authority. This workshop will combine research from many backgrounds with the experiences of change-agent practitioners so that attendees will leave with strategies to start a change at their work.

3:15pm-4:45pm

31 Functional Vestibulo-Ocular Skills in the School Setting (1.5 PDU)

Karin Warner, MOT, OTR/L

This session will provide necessary knowledge of how the vestibulo-ocular reflex (VOR) impacts functional ocular motor skills in the school setting. Understanding the VOR helps to ease treatment planning when addressing visual deficits.

3:15pm-4:45pm

32 Family Style: Focus on Family in Feeding Occupations (1.5 PDU)

Mariko Yamazaki-Sanchez, OTD, OTR/L; Julie Miller, MOT, OTR/L; Davina Chau, MS, OTR/L

Eating together can bring up big feelings. It may feel heartwarming, nostalgic, triggering, and overwhelming. When supporting feeding goal areas, it is important to focus on family and relationships that surround such a personal occupation.

3:15pm-4:45pm

33 Creative Approaches to Virtual Therapy in Community Transition Programs (1.5 PDU)

Erin Schwier, EdD, OTD, OTR/L

Interdisciplinary video lessons and activities for IADLs, social skills, and prevocational skills were developed for adolescents who were not able to access traditional synchronous telehealth sessions to address therapeutic needs.

3:15pm-4:45pm

34 Supporting Recovery from the “Long-Haul” of COVID-19 (1.5 PDUs)

Laura Cox, OTD, OTR/L; Jamie Wilcox, OTD, OTR/L; Ashley Halle, OTD, OTR/L

This session will discuss the symptomology and occupational impact of a new client population: COVID-19 “long-haulers.” The role of occupational therapy in post-COVID care and best practices will be explored.

3:15pm-4:45pm

35 Lifestyle Medicine and Mental Health: An Occupational Therapy Approach (1.5 PDUs)

Christy Billock, PhD, OTR/L, DipACLM; Rachelle Murphy, DHSc, OTR/L

This presentation will highlight how to use a lifestyle medicine approach for maximizing mental health and well-being. Utilizing the six pillars of lifestyle medicine, approaches for individuals, communities, and populations will be discussed.

3:15pm-4:45pm

36 Mast Cell Activation Syndrome: Introduction to OT’s Role (1.5 PDUs)

Kristin McConnell, MA, OTR/L; Rebecca Cunningham, OTD, OTR/L, MSCS

Attendees will learn about the pathophysiology of Mast Cell Activation Syndrome and evidence-based lifestyle interventions to improve quality of life and occupational participation. Improve your understanding of how to assess and apply interventions through clinical case studies.

3:15pm-4:45pm

37 Secondary Trauma and Burnout: Strategies for Student Success (1.5 PDUs)

Jessica De Brun, OTD, MOT, OTR/L; Erin McIntyre, OTD, MA, OTR/L

Occupational therapy students provide trauma-focused treatment with lack of awareness and resources devoted to prevention of secondary trauma. This presentation provides an overview of methods for addressing secondary trauma in the classroom and in fieldwork.

SATURDAY, OCTOBER 23

8:00am-5:15pm

Saturday Virtual Help Desk

Pre-registration is strongly encouraged.

9:00am-10:30am

40 From Town Talks to Telecommunications: A Call for Community to Engage in Meaningful Occupation (1.5 PDUs)

Alyson D’Ambrosio Stover, MOT, JD, OTR/L, BCP, AOTA President-Elect

In the New York Times best-selling book, *Dreamland: The True Tale of America’s Opiate Epidemic*, author Sam Quinones states, “I believe more strongly than ever that the antidote to heroin [suicide, depression, obesity ...] is community. IF you want to keep your kids off heroin, make sure people in your neighborhood do things together, in public, often. Form your own Dreamland and break down those barriers that keep people isolated,” (p 353; 2015). *Getting Connected* is a unique collaborative approach to reduce isolation and loneliness for residents of Mercer County, PA while unifying the elaborate networks of interventions for increased ease of access to care. This workshop will use *Getting Connected* as a model for community-based program design, implementation, and evaluation. We will also explore how to articulate and advocate for programs that employ occupation as the most meaningful path to wellness.

9:00am-10:30am

41 Promoting Job Satisfaction: Building Students into Your Practice (1.5 PDUs)

Jayne Meyer, OTD, OTR/L; Eileen Wang, MA, OTR/L, CSRS

Looking to increase job satisfaction? Reflect on your current work. Enhance your occupation-based practice, minimize job-related burnout and burden, and infuse scholarship into clinical practice while developing actionable steps building fieldwork students into your practice.

9:00am-10:30am

42 Reducing Computer-Related Eye Fatigue for Children During Online Academics (1.5 PDUs)

Stephanie Foster, PhD, OTR/L; Nicole Foster

This workshop will examine the impact of technology use on children following the pandemic in academics and leisure use. Occupational therapy practitioners can help decrease the impact on prolonged screen time on students’ vision, attention, and social abilities.

9:00am-10:30am

43 Bridging Social Justice and Daily Clinical Practice (1.5 PDUs)

Julie Miller, MOT, OTR/L; Mariko Yamazaki-Sanchez, OTD, OTR/L

As occupational therapy practitioners, we support independence and occupation. But we also have a role in recognizing social disparities in access to care, unintended bias, and our role for client advocacy for each client.

9:00am-10:30am

44 Do Cognitive Impairments Affect Readmissions in an Oncology Setting? (1.5 PDUs)

Justin Tran, MA, OTR/L; Sherry Hite, MOT, OTR/L

Presenters will explore standardized cognitive assessments to examine the relationship between cognition, function, and readmissions in acute oncology. Data from a one-year quality improvement study will be discussed to guide interventions and future research.

9:00am-10:30am

45 Oral and Pharyngeal Dysphagia: Conditions and Intervention (1.5 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA

The anatomy and physiology of oral and pharyngeal phases will be reviewed with evidence describing common problems for both phases of the swallow. Specific interventions will be discussed and applied using case illustrations.

9:00am-10:30am

46 Mindfulness for Stress and Resilience or Mindfulness and Healing? (1.5 PDUs)

Rochelle McLaughlin, MS, OTR/L, MBSR, RYT

Evidence-based tools, practices, and techniques will enable participants to feel a greater sense of stability, strength, and resilience. Participants will learn to connect to their inner resources to promote clarity and effective coping skills.

9:00am-10:30am

47 EBS/OTAC Knowledge Bowl (No PDUs)

Linda Okonsky, MS, OTR/L

Graduate students will be given the opportunity to prepare for the NBCOT examination in occupational therapy in a fun, high-energy competition. Test construction, format, and test taking strategies will be highlighted. Teams from each school will be asked questions from previous NBCOT exams as well as practice publications in a game show format. Subject matter experts will provide clarification and examples for questions requiring greater focus. **Schools to sign up their teams in advance at info@otaconline.org.**

9:00am-10:30am

48 Active Engagement Strategies for Virtual Practice and Education (1.5 PDUs)

Melisa Kaye, EdD, OTR/L; Christine Haworth, MA, OTR/L

This workshop will provide educators, students, and practitioners with practical and effective strategies for working in virtual educational and practice environments. Technology that engages stakeholders while simultaneously providing knowledge and intervention will be a focus.

10:30am-10:45am

Enjoy a break!

10:45am-12:15pm

50 OT Practitioner Licensing in a Pandemic (1.5 PDUs)

*Sharon Pavlovich, EdD, COTA/L, CBOT Chair;
Heather Martin, CBOT Executive Officer*

Learn from the California Board of Occupational Therapy (CBOT) about changes to OT and OTA licensing in 2020. New licensing waivers and rules address the COVID-19 pandemic and state mandates limiting Board scrutiny of past criminal convictions. Efforts to allow a practitioner licensed in one state to work in another state will also be discussed.

10:45am-12:15pm

51 DEI 101: Strategic Responsiveness for Occupational Therapy Practitioners (1.5 PDUs)

*Shan-Pin Fanchiang, PhD, OTR/L; Rhonda Windham, OTD, OTR/L;
Seaton Ng, MS, OTR/L; Amy Zhao, OTD, OTR/L*

Knowing issues of diversity, equity, and inclusion (DEI) is the first step in strategic responsiveness. In addition to expanding knowledge, attendees will walk away with actionable tools to address DEI personally including in work settings.

10:45am-12:15pm

52 Building Blocks for Handwriting: Evidence and Intervention (1.5 PDUs)

Lauren Heflin, MA, OTR/L; Jennifer Dunlop, MOT, OTR/L

During this presentation, attendees will be discussing an evidence-based approach to increasing fine and visual motor skills required for writing and reading. This hands-on presentation will focus on interventions to assist our pediatric population.

10:45am-12:15pm

53 Providing Authentic Family-Centered Services: Early Intervention and Telehealth (1.5 PDUs)

*Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA;
Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA*

Family partnerships are derived from relational and participatory practices. Theoretical models serve as a foundation to understand how early intervention services, provided via telehealth, can enhance family routines while building on family strategies and supports.

10:45am-12:15pm

54 Answering Complex Issues in Pediatric Practice (1.5 PDUs)

*Lisa Test, OTD, OTR/L, FAOTA; Bryant Edwards, OTD, MA, OTR/L,
BCP, MPH; Mary Hallway, OTR/L, C/NDT; Erna Imperatore
Blanche, PhD, OTR/L, FAOTA*

This session will present a structured model for evaluating and planning interventions that incorporate multiple approaches. Practitioners can apply this model when working with specific populations such as cerebral palsy; in specific contexts, such as the school setting.

10:45am-12:15pm

55 Establishing Effective Outcomes in a Neurologic Outpatient Rehabilitation Program (1.5 PDUs)

Talent Dang, OTD, OTR/L; Michelle Laforteza, OTD, OTR/L

Outpatient rehabilitation can increase functional skills and self-esteem in stroke recovery. This session will explore outcome measures addressing participation in occupations, physical performance, and quality of life to quantify the benefits of an outpatient program.

10:45am-12:15pm

56 The Influences Music Creates in Therapy (1.5 PDUs)

Peg Bledsoe, OTD, OTR/L, BPC, FAOTA

Music is the food for the soul, which creates moods, integration, and health. Occupational therapy practitioners use music to support-influence the rehabilitation of their clients at any age and place and occupation.

10:45am-12:15pm

57 Day in the Life of OT: A Panel of New Practitioners (no PDUs)

Moderator Erwin Borja, OTD, OTR/L

The transition from occupational therapy student to new practitioner can be fraught with uncertainty. Students often question: Was my education and fieldwork experience enough to ensure my success as a practitioner? A panel of new practitioners will share their real life experiences and tips to support students in a successful transition.

10:45am-12:15pm

58 Trauma-Informed Teaching and Cultural Taxation in Occupational Therapy Education (1.5 PDUs)

*Karen Park, OTD, OTR/L, BCP;
Jazminne Orozco Arteaga, OTD, OTR/L*

Students of color face extraordinary challenges while pursuing higher education due to the sociopolitical climate and systemic racism in society. Participants will learn how faculty can integrate trauma-informed perspectives to be inclusive and responsive to societal and historical trauma.

12:15pm-12:25pm

Enjoy a break!

12:25pm-1:25pm

F Lunch & Learn: Innovation Expo

Join our Innovation Expo exhibitors as they share the latest innovations or product/service benefits. This fast-paced Innovation Expo (each innovator has only 5 minutes) will have you wanting more. Jump on over afterwards to the Virtual Innovation Expo to connect with them directly. Be sure you have your favorite nosh and beverage by your side. No PDUs offered.

1:30pm-3:00pm

60 Preparing OT Practitioners to Treat the LGBTQ+ Population (1.5 PDUs)

*Zipporah Brown, OTD, OTR/L, CNS;
Danielle Friberg, OTD, OTR/L; Sheila James, OTS*

This presentation will help prepare occupational therapy practitioners to treat the LGBTQ+ population through education and best practices to further AOTA's Vision 2025 of maximizing health, well-being, and quality of life for all people, populations, and communities (AOTA, 2017).

1:30pm-3:00pm

61 Enhancing Executive Functioning Skills to Optimize Occupational Performance for Youth with ADHD (1.5 PDUs)

Caroline Hardin, OTD, OTR/L; Kayla Johari, OTS

This presentation will review the functional impact ADHD and executive functioning skill deficits can have on occupational performance for children and youth. The session will review a strengths-based approach to occupation- and client-centered assessment, intervention, and outcomes measures to optimize occupational performance and self-efficacy in the home, community, and school settings.

1:30pm-3:00pm

62 Exploring Roles and Identity through Resiliency (1.5 PDUs)

*Celso Delgado, Jr., OTD, OTR/L, BCMH;
Tessa Milman, OTD, OTR/L; Elizabeth Zepeda, OTD, OTR/L*

This session will review developmental aspects of adolescents and how their engagement in occupations shapes identity and roles. Evidenced-based practices for building resiliency in at-risk environments and trauma-informed care approaches will be highlighted through case studies.

1:30pm-3:00pm

63 Occupational Therapy Practitioners' Role in Treating Myalgic Encephalomyelitis (1.5 PDUs)

Lindsey Edgell, MA, OTR/L; Malia Sako, OTD, OTR/L

This session will discuss how occupational therapy practitioners can support clients with myalgic encephalomyelitis (ME), also known as chronic fatigue syndrome (CFS), in improving occupational participation and quality of life and discuss similarities to post-COVID syndrome.

1:30pm-3:00pm

64 Maximizing Recovery: Incomplete SCI and UE Rehabilitation Technology (1.5 PDUs)

Jennifer Bashar, OTD, OTR/L, BCPR, CBIS; Denise Lau, MS, OTR/L

This session will discuss the importance of massed practice in promoting neuromuscular recovery and improved function in the incomplete SCI population during acute inpatient rehabilitation. Current evidence and client case studies will be discussed.

1:30pm-3:00pm

65 Occupational Therapy's Role in Gender-Affirming Care (1.5 PDUs)

Nora Dixon, MA, OTR/L; Gabriel Carcedo Cravens, OTS

Since gender transitions have no defined beginning or end, transitioning individuals are required to constantly adapt to their context. Occupational therapy practitioners can support these adaptations by analyzing how one's transition may impact their daily routines.

1:30pm-3:00pm

66 NBCOT® National Certification Exam: Information You Need to Know for Success (1.5 PDUs)

Barbara Williams, OTD, MS, OTR/L (IN); Shaun Conway, OTR

This presentation will provide information on preparing for the NBCOT® national certification examination, as well as the examination application process and the benefits of certification.

1:30pm-3:00pm

67 Integrating OT into Medical School: Curriculum, Accommodations, and Therapy (1.5 PDUs)

Samantha Valasek, OTD, OTR/L; Kelcie Kadowaki, OTD, OTR/L

Medical students demonstrate unique occupational needs due to the intensity of their educational programming. Learn how occupational therapy has been integrated into a medical school's curriculum, administration, and student health system to prevent and reduce burnout.

3:00pm-3:15pm

Enjoy a break!

3:15pm-4:45pm

68 Saturday Keynote - Transformational Practice: Advocacy for a Thriving Future (1.5 PDUs)

Alyson D'Ambrosio Stover, MOT, JD, OTR/L, BCP, AOTA President-Elect

The medical model has increasingly become only one lens through which we, as occupational therapy professionals, can attack a problem. Advocacy for clients and the occupational therapy profession has been a vital component of our practice; however, colossal inequities have been exposed and these tragedies require the response of our occupational therapy community. This is our call to take action. We must leverage our distinct, and unparalleled knowledge of occupation in order to not only serve as an advocate for our individual clients and their families, but to influence decisions within political, economic, and social systems, and institutions.

SUNDAY, OCTOBER 24

8:00am-5:15pm

Sunday Virtual Help Desk

Pre-registration is strongly encouraged.

9:00am-10:30am

70 Sunday Keynote: Resilient. Renewed. Rising!

Looking Back Enables Us to Move Forward (1.5 PDUs)

Moderated by OTAC President Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, this panel will feature three past presidents (Luella Grangaard, OTR/L; Heather Kitching, OTD, OTR/L, FAOTA; Pat Nagaishi, PhD, OTR/L) as they share key components of their presidency and the signs of the times, strategies to navigate challenges and subsequent successes, and their perspectives on the future of the profession as we emerge from the current crises with renewed commitment.

10:30am-10:45am

Enjoy a break!

10:45am-12:15pm

80 Professionals Rise! A Top-Down Approach to Power Through Political Action (1.5 PDUs)

Samia H. Rafeedie, OTD, OTR/L, BCPR, CBIS

Literature demonstrates that healthcare professions rely on professional memberships on the journey towards becoming a powerful profession. In this post-pandemic environment, there has never been a more critical time for occupational therapy to rise up and be recognized for its distinct value. This session will include a discussion on the importance of association membership in building power and political action for a profession.

10:45am-12:15pm

81 Building Capacity: Level II Fieldwork to Master Clinician (1.5 PDUs)

Heather Kitching, OTD, OTR/L, FAOTA; Allison Baker, MS, OTR/L; Rebecca Crouch, MS, OTR/L

A case study format will be used to describe the reclaiming of a holistic mentorship program as a means of building future capacity at the individual and practice site levels.

10:45am-12:15pm

82 Handwriting and Right to Left - Embed. Collaborate. Measure. Graduate! (1.5 PDUs)

Beverly Moskowitz, DOT, MS, OTR/L, FAOTA

The Size Matters Handwriting Program (SMHP) mirrors right-to-left's demand for accountability. SMHP is proven, adaptable, measurable, and easily tiered. Learn easy strategies to build legibility school-wide, in classrooms, and individually. Learn how to create kid-friendly materials.

10:45am-12:15pm

83 The Practitioner's Conundrum: Client-Centered Care Versus Productivity Expectations (1.5 PDUs)

Negin Zare, PT, DPT, MOT, OTR/L

Client-centered care is integral for desirable therapeutic outcomes. As productivity expectations increase, compromised delivery, moral injury, and practitioner burnout become potential concerns. This session will offer priming, a review of current literature, and discussions encompassing the practitioner's paradox of delivering optimal, ethical care and productivity.

10:45am-12:15pm

84 Cultural Competency/Humility Training in Occupational Therapy Programs

Shain Davis, OTD, OTR/L; Miranda Martinez, OTS; Laurie Chen, OTS; Mayson De Ochoa, OTS

This presentation is a study in progress about a four-week workshop that will be administered to students from various accredited programs across California. Changes in cultural competency pre- and post-workshop will be measured along with the students' perception of culture.

10:45am-12:15pm

85 Promoting Quality of Life Among Adult Spinal Cord Injury Through Community Integration (1.5 PDUs)

Zaina Kholaki, OTS; Lauren Atha, OTS; Kristin Rutledge, OTS; Eanna Munoz-McAdon, OTS

This session will provide a scoping review of Level 1-3 evidence of community integration after a spinal cord injury in improving quality of life. It will include an in-depth review of research objectives, an evaluation tool, humanistic existential, and MOHO Frame of Reference.

10:45am-12:15pm

86 Occupational Therapy Approaches to Restorative Gardening (1.5 PDUs)

Jacqueline Martin, OTR/L; Monica Becerill, MA, OTR/L

This session will explore how occupational therapy practitioners can make use of therapeutic gardens and gardening interventions to promote physical, cognitive, and emotional recovery from illness and disability in the outpatient setting.

10:45am-12:15pm

87 The Doctoral Capstone: Creating Opportunities for Mutual Partnerships (1.5 PDUs)

Danielle Friberg, OTD, OTR/L; Elise Leizerovich, OTD, OTR/L

The presentation will provide participants with an overview of the entry-level OTD capstone. In addition, participants will develop an understanding of how sites and capstone students can form mutually beneficial partnerships.

12:15pm-12:25pm

Enjoy a break!

12:25pm-1:25pm

G Lunch & Learn: Posters (1 PDU)

Learn in one of our Lunch & Learn: Poster rooms. Four posters will be presented in each room. Watch all four posters in your selected room to earn 1 PDU.

1:30pm-3:00pm

90 Promoting Cultural Diversity in Occupational Therapy Department in Qatar (1.5 PDUs)

Joahnes Gatdula, OTD, OTR/L, ITOT, OTRP; Allen Espelita, OTD, OTRP, OTR/L (NV), C/NDT, CEAS; Peter Perez, OTD, OTR/L (PH), OTRP; Loriebel Rachel Guloy, OTD, OTR/L (PH & QA), BScOT, OTRP, KTCP

This seminar is about the cultural diversity program of the occupational therapy department in Hamad Medical Corporation, Qatar. Participants will gain practical skills for cultural competency training. There will be an in-depth review of cultural sensitivity in different occupational therapy settings.

1:30pm-3:00pm

91 Facilitating Breastfeeding in Infants with Congenital Heart Defects (1.5 PDUs)

Adriana Rusch, MOT, OTR/L, SCFES, NTMTC, IBCLC; Hema Desai, MS, CCC-SLP, BCS-S, CLEC, NTMTC

Infants with congenital heart defects (CHD) are at high risk for feeding delays. This session will review the systematic approach to providing lactation opportunities at breast that has improved direct breastfeeding for infants with CHD at our center.

1:30pm-3:00pm

92 Driver Rehabilitation: The Process and the Generalist OT as Collaborator (1.5 PDUs)

Purnima Karia, OTR/L, CDRS; Gayle San Marco, OTR/L, CDRS; Miriam Monahan, OTD, OTR/L, CDRS, CDI; Ellen Silverman, OTR/L

Through case studies involving a client with Huntington's disease and a client post-stroke with homonymous hemianopsia, presenters will illustrate the collaborative role and skills of occupational therapy practitioners towards preparing clients for driver rehabilitation and identifying fitness to drive.

1:30pm-3:00pm

93 Para Surfing: From Rehabilitation to Competition (1.5 PDUs)

Maureen Johnson, PhD, MS, OT/L, BCPR, C/NDT; Heather David, PT, MPT, EdD

Para surfing has been found to improve self-esteem, increase self-confidence, augment social skills, and amplify fitness. This session will explain various levels of para surfing, equipment, classification, and how to get involved with community organizations.

1:30pm-3:00pm

94 Utilizing Therapeutic Use of Self for Treatment Resistant Patients (1.5 PDUs)

Ingrid Leu, OTD, OTR/L; Rodney Harris, COTA/L

As occupational therapy practitioners we all encounter challenging patients, whether it is because they are viewed as "non-compliant" or maybe even "confrontational." This session aims to provide strategies for working with these treatment resistant patients.

1:30pm-3:00pm

95 Weight Management in Mobility-Impaired Adults Through Lifestyle Intervention (1.5 PDUs)

Jacqueline Martin, OTR/L; Allison Chu, OTD, OTR/L

Occupational therapy has a unique role to fulfill in the weight management of adults with mobility-related disorders. This session will explore lifestyle intervention for successful weight management with this population.

1:30pm-3:00pm

96 Trauma-Informed Pedagogy: Applications from Mental Health Practice (1.5 PDUs)

Erin McIntyre, OTD, MA, OTR/L; Jessica De Brun, OTD, MOT, OTR/L

This presentation will provide an overview of trauma-informed pedagogy as an essential method of teaching as we facilitate the development of resilient occupational therapy practitioners in the face of global adversity and trauma.

97 Confronting Systemic Racism in Occupational Therapy: Perceptions, Impact, and Actions Following a Keynote Address (1.5 PDUs)

Christy Billock, PhD, OTR/L, DipACLM; Rachelle Murphy, OTD, OTR/L; Karen Park, OTD, OTR/L, BCP, CLE; Tracy Becerra-Culqui, PhD, OT/L; Natalie Perkins, OTD, MEd, OTR/L

During the Occupational Therapy Association of California (OTAC) 2020 Annual Conference in October 2020, Drs. Frank Kronenberg and Elelwani Ramugondo delivered a virtual Keynote Address titled "Confronting and Addressing Systemic Racism: Living Occupational Therapy through Ubuntu." This proposal will present the findings of a research study to evaluate the perceptions and impact of the Keynote as well as subsequent actions after learning more about systemic racism in occupational therapy.

3:00pm-3:15pm

Enjoy a break!

3:15pm-4:45pm

100 Need for Entrepreneurship in Occupational Therapy (1.5 PDUs)

Hiral Khatri, OTD, OTR/L

Occupational therapy entrepreneurship is the need and future for the profession. Practitioners having a wide-range of expertise can serve the community in various traditional and non-traditional ways using growing technology tools through entrepreneurial skills.

3:15pm-4:45pm

101 Introduction to Sensory Integration: Playing for a Living! (1.5 PDUs)

Michele Alaniz, OTR/L, BCP

Come learn the essentials of sensory integration intervention. This course is a must for those working (or hoping to work) in pediatrics. Take this information into work immediately and provide better sessions for your kiddos.

3:15pm-4:45pm

102 Assessing and Treating Neurological Vision Impairments for Driving (1.5 PDUs)

Miriam Monahan, OTD, OTR/L, CDRS

Advances in technology have enabled researchers to examine the role of visual-cognitive skills in driving fitness. The presentation will summarize evidence-based assessments and training techniques that can be used in occupational therapy clinical settings.

3:15pm-4:45pm

103 Cardiopulmonary Management for Individuals with COVID-19 (1.5 PDUs)

Jacob Baquir, MHA, OTR/L, CBIS, CSRS

This presentation aims to provide an in-depth understanding of the cardiopulmonary complications affecting individuals with COVID-19 through review of the cardiopulmonary system, COVID-specific cardiopulmonary conditions, medical management, and an outline specific occupational therapy interventions to address these complications.

3:15pm-4:45pm

104 Exploring Student Experiences Using the Racial Impact Questionnaire (1.5 PDUs)

Domenique Embrey, OTR/L; Zipporah Brown, OTD, OTR/L; Charae McConnell, OTR/L

This session will share student perspectives using the Racial Impact Questionnaire to help occupational therapy practitioners learn about student experiences around race, so that we can explore the intersection of race, student (future practitioners) fieldwork, and the importance of cultural humility.

3:15pm-4:45pm

105 Embodied: Physical Activity as Ends and Means (1.5 PDUs)

*Marissa Marchioni, OTD, OTR/L, CEAS;
Samantha Valasek, OTD, OTR/L*

Physical activity serves an important role in meeting both physical and mental health needs. This session will present interventions that increase engagement in physical activity as an important component of health management, which supports the performance of many occupations.

3:15pm-4:45pm

106 Fieldwork Educators' Guide to Successful Fieldwork Programming (1.5 PDUs)

Stephanie Kokesh, OTD, OTR/L

Participants will receive guidance on developing and implementing fieldwork programming across practice settings, related to placement structure, collaborating with the school, utilizing tangible resources, and enacting a mutually beneficial experience for fieldwork educator and student.

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CONFERENCE-AT-A-GLANCE

Thursday, October 21, 2021 (included in all registrations)

Noon	Thursday Virtual Help Desk (closes at 7:30pm)
6:00pm	A – Resilient. Renewed. Rising. – President's Welcoming Remarks – LIVE!
6:15pm	B – OTAC Annual Awards Ceremony – LIVE!
7:15pm	C – Trivia for Prizes!
7:30pm	SEE YOU TOMORROW!

Friday, October 22, 2021

8:00am	Friday Virtual Help Desk (closes at 5:15pm)							
9:00am	10 – Rising Through Advocacy: Legislative and Regulatory Updates (1.5 PDUs)	11 – Changing the Face of School OT in California (1.5 PDUs)	12 – Building Self-Regulation and Mindfulness in Children with SPD (1.5 PDUs)	13 – Experiences of OTs During the COVID-19 Pandemic (1.5 PDUs)	14 – The OT's Role in Partial Hand and Finger Prostheses (1.5 PDUs)	15 – Productive Aging and Autism: Emerging OT Practice (1.5 PDUs)	16 – Social Participation in the Virtual Environment (1.5 PDUs)	17 – Navigating Unexpected Change: The Evolution of a Profession (1.5 PDUs)
10:30am	ENJOY A BREAK!							
10:45am	20 – Collaborative Leadership Skills: Introducing Emotional Intelligence (1.5 PDUs)	21 – Strengths and Challenges of Occupational Therapy Telehealth Services (1.5 PDUs)	22 – Application of Cultural Fluidity in Diverse Pediatric Contexts (1.5 PDUs)	23 – Incorporating Horses in Occupational Therapy (1.5 PDUs)	24 – Experiences from Acute Rehabilitation for Persons with COVID-19 (1.5 PDUs)	25 – Environmental Interventions for Dementia Care (1.5 PDUs)	26 – Decolonizing our Practice with BIPOC Labeled with Mental Illness (1.5 PDUs)	27 – Fostering Experiential Learning and Collaboration Through Interactive Simulations (1.5 PDUs)
12:15pm	ENJOY A BREAK!							
12:25pm	D – Lunch & Learn: Posters (1 PDU) E – Lunch & Learn: Innovation Expo (no PDUs)							
1:30pm	28 – CFOT 40 Years in the Making; Honored Lecturer John Goodfellow, OTR/L – Socially Responsible Entrepreneurship in Occupational Therapy (1 PDU)							
3:00pm	ENJOY A BREAK!							
3:15pm	30 – Sparking Change at Work: Strategies for Everyday Practitioners (1.5 PDUs)	31 – Functional Vestibulo-Ocular Skills in the School Setting (1.5 PDUs)	32 – Family Style: Focus on Family in Feeding Occupations (1.5 PDUs)	33 – Creative Approaches to Virtual Therapy in Community Transition Programs (1.5 PDUs)	34 – Supporting Recovery from the "Long-Haul" of COVID-19 (1.5 PDUs)	35 – Lifestyle Medicine and Mental Health: An Occupational Therapy Approach (1.5 PDUs)	36 – Mast Cell Activation Syndrome: Introduction to OT's Role (1.5 PDUs)	37 – Secondary Trauma and Burnout: Strategies for Student Success (1.5 PDUs)
4:45pm	SEE YOU TOMORROW!							

Saturday, October 23, 2021

8:00am	Saturday Virtual Help Desk (closes at 5:15pm)								
9:00am	40 – From Town Talks to Telecommunications: A Call for Community to Engage in Meaningful Occupation (1.5 PDUs)	41 – Promoting Job Satisfaction: Building Students into Your Practice (1.5 PDUs)	42 – Reducing Computer-Related Eye Fatigue for Children During Online Academics (1.5 PDUs)	43 – Bridging Social Justice and Daily Clinical Practice (1.5 PDUs)	44 – Do Cognitive Impairments Affect Readmissions in an Oncology Setting? (1.5 PDUs)	45 – Oral and Pharyngeal Dysphagia: Conditions and Intervention (1.5 PDUs)	46 – Mindfulness for Stress and Resilience or Mindfulness and Healing? (1.5 PDUs)	47 – EBS/OTAC Knowledge Bowl (No PDUs)	48 – Active Engagement Strategies for Virtual Practice and Education (1.5 PDUs)
10:30am	ENJOY A BREAK!								
10:45am	50 – OT Practitioner Licensing in a Pandemic (1.5 PDUs)	51 – DEI 101: Strategic Responsiveness for Occupational Therapy Practitioners (1.5 PDUs)	52 – Building Blocks for Handwriting: Evidence and Intervention (1.5 PDUs)	53 – Providing Authentic Family-Centered Services: Early Intervention and Telehealth (1.5 PDUs)	54 – Answering Complex Issues in Pediatric Practice (1.5 PDUs)	55 – Establishing Effective Outcomes in a Neurologic Outpatient Rehabilitation Program (1.5 PDUs)	56 – The Influences Music Creates in Therapy (1.5 PDUs)	57 –Day in the Life of OT: A Panel of New Practitioners (No PDUs)	58 – Trauma-Informed Teaching and Cultural Taxation in Occupational Therapy Education (1.5 PDUs)
12:15pm	ENJOY A BREAK!								
12:25pm	F – Lunch & Learn: Innovation Expo (no PDUs)								
1:30pm	60 – Preparing OT Practitioners to Treat the LGBTQ+ Population (1.5 PDUs)	61 – Enhancing Executive Functioning Skills to Optimize Occupational Performance for Youth with ADHD (1.5 PDUs)	62 – Exploring Roles and Identity Through Resiliency (1.5 PDUs)	63 – Occupational Therapy Practitioners' Role in Treating Myalgic Encephalomyelitis (1.5 PDUs)	64 – Maximizing Recovery: Incomplete SCI and UE Rehabilitation Technology (1.5 PDUs)	65 – Occupational Therapy's Role in Gender-Affirming Care (1.5 PDUs)	66 – NBCOT® National Certification Exam: Information You Need to Know for Success (1.5 PDUs)	67 – Integrating OT into Medical School: Curriculum, Accommodations, and Therapy (1.5 PDUs)	
3:00pm	ENJOY A BREAK!								
3:15pm	68 – Saturday Keynote – Transformational Practice: Advocacy for a Thriving Future (1.5 PDUs) – LIVE!								
4:45pm	SEE YOU TOMORROW!								

CONFERENCE-AT-A-GLANCE

Sunday, October 24, 2021								
8:00am	Sunday Virtual Help Desk (closes at 5:15pm)							
9:00am	70 – Sunday Keynote – Resilient. Renewed. Rising! Looking Back Enables Us to Move Forward (1.5 PDUs)							
10:30am	ENJOY A BREAK!							
10:45am	80 – Professionals Rise! A Top-Down Approach to Power Through Political Action (1.5 PDUs)	81 – Building Capacity: Level II Fieldwork to Master Clinician (1.5 PDUs)	82 – Handwriting and Right to Left–Embed. Collaborate. Measure. Graduate! (1.5 PDUs)	83 – The Practitioner's Conundrum: Client-Centered Care Versus Productivity Expectations (1.5 PDUs)	84 – Cultural Competency/Humility Training in Occupational Therapy Programs	85 – Promoting Quality of Life Among Adult Spinal Cord Injury Through Community Integration (1.5 PDUs)	86 – Occupational Therapy Approaches to Restorative Gardening (1.5 PDUs)	87 – The Doctoral Capstone: Creating Opportunities for Mutual Partnerships (1.5 PDUs)
12:15pm	ENJOY A BREAK!							
12:25pm	G – Lunch & Learn: Posters (1 PDU)							
1:30pm	90 – Promoting Cultural Diversity in Occupational Therapy Department in Qatar (1.5 PDUs)	91 – Facilitating Breastfeeding in Infants with Congenital Heart Defects (1.5 PDUs)	92 – Driver Rehabilitation: The Process and the Generalist OT as Collaborator (1.5 PDUs)	93 – Para Surfing: From Rehabilitation to Competition (1.5 PDUs)	94 – Utilizing Therapeutic Use of Self for Treatment Resistant Patients (1.5 PDUs)	95 – Weight Management in Mobility–Impaired Adults Through Lifestyle Intervention (1.5 PDUs)	96 – Trauma-Informed Pedagogy: Applications from Mental Health Practice (1.5 PDUs)	97 –Confronting Systemic Racism in Occupational Therapy (1.5 PDUs)
3:00pm	ENJOY A BREAK!							
3:15pm	100 – Need for Entrepreneurship in Occupational Therapy (1.5 PDUs)	101 – Introduction to Sensory Integration: Playing for a Living! (1.5 PDUs)	102 – Assessing and Treating Neurological Vision Impairments for Driving (1.5 PDUs)	103 – Cardiopulmonary Management for Individuals with COVID-19 (1.5 PDUs)	104 – Exploring Student Experiences Using the Racial Impact Questionnaire (1.5 PDUs)	105 – Embodied: Physical Activity as Ends and Means (1.5 PDUs)	106 – Fieldwork Educators' Guide to Successful Fieldwork Programming (1.5 PDUs)	
4:45pm	THANK YOU FOR JOINING US! SEE YOU NEXT YEAR IN SANTA CLARA!							

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POSTER PRESENTATIONS

HOW POSTERS ARE ORGANIZED FOR VIEWING AND LEARNING

Poster Groups are organized by general focus. Each poster has been pre-recorded in 12 or 15 minute increments to present findings. There are no Q&A sessions associated with the posters. Attendees are welcomed to connect with the poster presenters within the Annual Conference Socio platform, RISING! Connection Wall. Each Poster Group is assigned 1 PDU, if an attendee is logged in for the full hour.

Friday, October 22, 12:25-1:25 PM

Group 1

P1 OT Consultation for Cultural Arts Accessibility: Therapists' Perspectives

*Reichelle Bella, OTS; Dezarina Bernales, OTS;
Jeremy Firstenberg, OTS; Lucy Thach, OTS*

P2 Considering Clinical Global Impressions for Pediatric Occupational Therapy

*Grace Baranek, PhD, OTR/L, FAOTA; Elizabeth Phelps, OTS;
Emily Sopkin, OTD, OTR/L*

P3 CCSS, Occupation-Based Assessments, and School-Based Practice

Audra Huerta, OTD, OTR/L

P4 Caregivers' Coaching Programs in Early Intervention

Deena Alhusseini, OTS

Group 2

P1 Enhancing the Patient Rehabilitation Journey Through Animal-Assisted Therapy

Josephine Ho, MBA-HCM, CTRS; Christine Nguyen, COTA/L

P2 Adaptive Scuba Diving Through an Occupational Therapy Lens

*Maureen Johnson, PhD, MS, OT/L, BCPR, C/NDT;
Jeseca Samaniego, OTS*

P3 Veteran and Professional Gardening Experiences as Potential Intervention

*Patricia Arabaca, OTS; Jemma Bolaoen, OTS; Robert Piacentini, OTS;
Gabriella Sehwan, OTS*

P4 Adaptive and Accessible Gardening in Inpatient Rehab

Amber Guirola, COTA/L; Jonathan Loo, CTRS, RTC

Group 3

P1 Sensory Processing, Loneliness, and Sleep Quality in Older Adults

Dustin Douros, OTS; Cynthia Orocio-Ruiz, OTS; Alana Skellen, OTS

P2 Emotional States, Sensory Processing, and Sleep in Elderly

*Alexandra Ho, OTS; Jenny Nguyen, OTS; Sarah Schirle, OTS;
Sarah Siddiqui, OTS*

P3 Incorporating Reminiscence Therapy into OT Practice for ADRD

Natasha Menard, OTD, OTR/L

P4 Grief, New Pet Ownership, and Occupational Participation

Nicole Lai, OTS; Shanna Massachi, OTS

Group 4

P1 Occupational Therapist and Occupational Therapist Assistant Collaboration

*Amy Belk, OTS; Raina Curran, OTS; Christen Engel, OTS;
Alice Lee, OTS*

P2 Creating a Zero Harm Culture in OT Settings

Cindy Jaeger, OTR/L

P3 Exploring Students Self-Efficacy in Interprofessional Collaboration

*Anthony Guan, OTS; Jessica Hanley, OTS;
Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA*

P4 Facilitating Peer Mentorship for College Students with Disabilities

*Nora Dixon, MA, OTR/L; Tracy Jalaba, OTD, OTR/L;
Bethrese Elane Padini, MA, OTR/L*

Group 5

P1 Fear of Falling and Virtual Matter of Balance

Beth Sullivan, OTD, OTR/L

P2 Older and Disabled Adults: Transportation Needs for Community Engagement

Bianca Badham, OTS; Cindy Cheung, OTS; Sarah Fried, OTS

P3 OT's Role in Preventing Hospital Acquired Injuries

Ina Gomez, MA, OTR/L

P4 Intentional Self-Disclosure: Practical Tips for OT Practice

*Lisa Choromanski, OTD, OTR/L; Ingrid Leu, OTD, OTR/L;
Jessica Richman, OTD, OTR/L*

Group 6

P1 The Occupational Aftermath of Sexual Assault Survivors

Juliet O'Brien, OTS; Rachel Reyes, OTS; Mele Weaver, OTS

P2 The Occupational Impact of Mass Shootings

Ashley Ellsworth, OTS, CHES

P3 Therapeutic Dance for Inpatient Rehabilitation and Functional Recovery

Debbie Wang, MA, OTR/L

P4 Adverse Childhood Experiences, Homelessness, and Sensory Profiles of Toddlers

Dominic Adanalian, OTS; Carina Bernier, OTS; Anna Francesca Ramirez, OTS; Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

Group 7

P1 Understanding and Addressing Spirituality in Occupational Therapy Practice

*Alexandra Baumgartner, OTS; Leia Bautista-Pedlow, OTS;
Molly Fuller, OTS; Vikas Sharma, OTD, OTR/L*

P2 OT at End of Life in Acute Rehabilitation

Jennifer Bashar, OTD, OTR/L, BCPR, CBIS; Ina Gomez, MA, OTR/L

P3 Sensory Defensiveness in Adults and Coping Strategy Use

*Sophia Hagen, OTS; Cassidy McCurdy, OTS; Julia McMahon, OTS;
Sonia Patino, OTS*

P4 Holistic Dining Interventions to Support Individuals with Dementia

*Sabrina Anne Cezar, OTS; Ashley Lorton, OTS; Kathleen Osio, OTS;
Lisa Worsham, OTS*

POSTER PRESENTATIONS

Sunday, October 24, 12:25-1:25 PM

Group 1

- P1 Enhancing Rehabilitation Service Delivery Through Video Communication Integration**
Jacob Baquir, MHA, OTR/L, CBIS, CSRS
- P2 Development of an Interdisciplinary COVID-19 Care Team**
Jacob Baquir, MHA, OTR/L, CBIS, CSRS
- P3 Cognition in COVID-19 Recovered Patients**
Lynette DeFrancia, MA, OTR/L
- P4 Post-ICU Recovery Clinic: A One-Year Follow-Up**
Lynette DeFrancia, MA, OTR/L

Group 2

- P1 Effectiveness of NMES on OBPP Survey**
McKenzie Collins, OTS; Eleni Dimopoulos, OTS; Emily Jones, OTS; Sivan Louria, OTS
- P2 Pamphlet: Obesity's Impact on Tendinopathies and Social Participation**
Bose Bustamante, OTS; Malia Ertel, OTS; Lana Rae Ignacio, OTS; Jihyun Lim, OTS
- P3 Adoptive Family Health, Stress, and Support: A Needs Assessment**
Sheryl Ryan, PhD, OTR/L
- P4 Client-Centered Work Readiness Programs for Unhoused Parents**
Dariana Chow, OTS; Jacqueline Hitchcock, OTS; Nicole Johnson, OTS; Elizabeth Sims, OTS

Group 3

- P1 Resilience Program for Occupational Therapy Students**
Sienna Guzman, OTS; Jenna Lazo, OTS; Rachel Thompson, OTS; Madisson Walker, OTS
- P2 College Students' Depression Exacerbated by COVID-19 Online Instruction**
Stephanie Hoang, OTS; Jennifer Kim, OTS; Ada Le, OTS; Zachary Michaels, OTS
- P3 Needs of Fieldwork Students**
Nina Wakayama, MA, OTR/L
- P4 Batok: Indigenous Filipino Tattooing as a Collective Occupation**
Ana Cabalquinto, OTS; Carmela Dizon, OTS; Chelsea Ramirez, OTS; Mai Santiago, OTS

Group 4

- P1 Fundamentals of Vision Rehabilitation**
Lynn Kaneshiro, MS, OTR/L; Suzanne Lai, OTD, OTR/L
- P2 Vision Screenings in Acute Care OT**
Eyouel Hailu, OTR/L; Andrew Kesselring, OTR/L
- P3 Virtual Visitation: Promoting Social Occupations in Dementia Care**
Pamela Baraceros, OTS; Ashley Jones, OTS; Rena Ribeiro, OTS; Carly Spina, OTS
- P4 Exploring the Occupation of Rest**
Emilee Eckhart, OTS

Group 5

- P1 Tai Chi Chuan for Women with Breast Cancer**
Elaheh Sobhani, OTD, OTR/L, HTC
- P2 Therapeutic Horticulture: Women with Cancer and Chronic Pain**
Yuko Mori, OTR/L
- P3 An Occupation-Based Self-Management Program for Cancer-Related Fatigue**
Margaret Goodfellow, OTS; Alana Schoenhals, OTS; Alix Sleight, PhD, OTD, MPH, OTR/L
- P4 Recovering from COVID-19 After Prior Lung Transplant**
Lisa Semro, MA, OTR/L

Group 6

- P1 Making Healthy Choices: Self-Management Education for Stroke Survivors**
Dana Patikamanant, MA, OTR/L, CSRS; Edna Dulce Weller, COTA/L
- P2 Systematic Approach to Address Somatosensory Deficits After Stroke**
Jacob Baquir, MHA, OTR/L, CBIS, CSRS; Abigail Meschke, OTD, OTR/L, CSRS
- P3 Stroke and Transportation Use in Los Angeles Area**
Justin Navarro, OTS; Mary Grace Perez, OTS; Melanie Ramirez, OTS; Bernice Verzosa, OTS
- P4 Knockout PD: A Fine Motor Training Program**
Charis Chan, OTS; Mia Do, OTS; Lauren Rally, OTS; Kristine Ricossa, OTS

Group 7 (this group offers .5 PDU's)

- P1 Impact of COVID-19 on Occupational Therapy Higher Education Teaching and Learning**
Kirsten Bas, OTS; Megan Griffith, OTS; Christian Jiao, OTS; Josh Manio, OTS
- P2 Impacts of Assistive Technology Applications Intervention in Higher Education**
Melanie Barillas, OTS; Esme Cortez, OTS; Geneen Clera Samaniego, OTS; Julia Zasso, OTS

Students: Attend Any Session in the day(s) you are registered!

PRESENTERS BY NAME

Michele Alaniz, OTR/L, BCP	17
Lauren Atha, OTS	16
Allison Baker, MS, OTR/L	16
Jacob Baquir, MHA, OTR/L, CBIS, CSRS	18
Jennifer Bashar, OTD, OTR/L, BCPR, CBIS	13, 16
Monica Becerill, MA, OTR/L	17
Tracy Becerra-Culqui, PhD, OT/L	17
Christy Billock, PhD, OTR/L, DipACLM	14, 17
Erna Imperatore Blanche, PhD, OTR/L, FAOTA	15
Peg Bledsoe, OTD, OTR/L, BPC, FAOTA	15
Erwin Borja, OTD, OTR/L	15
Zipporah Brown, OTD, OTR/L, CNS	15, 18
Wendy Brzozowski, COTA/L	13
Joshua Caiquo, MBA, OTS	13
Davina Chau, MS, OTR/L	13
Laurie Chen, OTS	16
Allison Chu, OTD, OTR/L	17
Shaun Conway, OTR	16
Laura Cox, OTD, OTR/L	14
Gabriel Carcedo Cravens, OTS	16
Rebecca Crouch, MS, OTR/L	16
Rebecca Cunningham, OTD, OTR/L, MSCS	14
Talent Dang, OTD, OTR/L	15
Heather David, PT, MPT, EdD	17
Jayson Davies, MA, OTR/L	12
Shain Davis, OTD, OTR/L	16
Jessica De Brun, OTD, MOT, OTR/L	14, 17
Mayson De Ochoa, OTS	16
Celso Delgado, Jr., OTD, OTR/L, BCMH	13, 15
Hema Desai, MS, CCC-SLP, BCS-S, CLEC, NTMTC	17
Lisa Deshaies, OTR/L, CHT	13
Nora Dixon, MA, OTR/L	16
Heidi Dombish, MS, OTR/L	13
Jennifer Dunlop, MOT, OTR/L	15
Lindsey Edgell, MA, OTR/L	16
Bryant Edwards, OTD, MA, OTR/L, BCP, MPH	15
Domenique Embrey, OTR/L	18
Allen Espelita, OTD, OTRP, OTR/L (NV), C/NDT, CEAS	17
Shan-Pin Fanchiang, PhD, OTR/L	15
Nicole Foster	14
Stephanie Foster, PhD, OTR/L	12, 14
Danielle Friberg, OTD, OTR/L	15, 17
Joahnes Gatdula, OTD, OTR/L, ITOT, OTRP	17
John Goodfellow, OTR/L	13
Lindsay Gullahorn	12
Loriebel Rachel Guloy, OTD, OTR/L (PH & QA), BScOT, OTRP, KTCP	17
Ashley Halle, OTD, OTR/L	14
Mary Hallway, OTR/L, C/NDT	15
Caroline Hardin, OTD, OTR/L	15
Rodney Harris, COTA/L	17
Christine Haworth, MA, OTR/L	15
Lauren Heflin, MA, OTR/L	15
Sherry Hite, MOT, OTR/L	14
Antonieta Iannaccone, OTD, OTR/L	13

Sheila James, OTS	15
Kayla Johari, OTS	15
Maureen Johnson, PhD, MS, OT/L, BCPR, C/NDT	17
Kelcie Kadowaki, OTD, OTR/L	16
Purnima Karia, OTR/L, CDRS	17
Melisa Kaye, EdD, OTR/L	15
Hiral Khatri, OTD, OTR/L	17
Zaina Kholaki, OTS	16
Heather Kitching, OTD, OTR/L, FAOTA	12, 16
Ashley Ko, OTS	12
Jenna Kobara, OTD, OTR/L	12
Stephanie Kokesh, OTD, OTR/L	18
Michelle Laforteza, OTD, OTR/L	15
Denise Lau, MS, OTR/L	16
Maura Lavelle, MS, OTR/L	13
Elise Leizerovich, OTD, OTR/L	17
Ingrid Leu, OTD, OTR/L	17
Lauren Lopez, OTD, OTR/L	12
Marissa Marchioni, OTD, OTR/L, CEAS	12, 18
Heather Martin, CBOT Executive Officer	15
Jacqueline Martin, OTR/L	17
Miranda Martinez, OTS	16
Charae McConnell, OTR/L	18
Kristin McConnell, MA, OTR/L	14
Erin McIntyre, OTD, MA, OTR/L	14, 17
Rochelle McLaughlin, MS, OTR/L, MBSR, RYT	14
Jenna Mele, OTD, OTR/L, CCM	13
Jayne Meyer, OTD, OTR/L	14
Julie Miller, MOT, OTR/L	13, 14
Tessa Milman, OTD, OTR/L	13, 15
Miriam Monahan, OTD, OTR/L, CDRS, CDI	17, 18
Beverly Moskowitz, DOT, MS, OTR/L, FAOTA	16
Eanna Munoz-McAdon, OTS	17
Rachelle Murphy, OTD, DHSc, OTR/L	14, 17
Pat Nagaishi, PhD, OTR/L, CFOT President	13
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Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA	14, 15

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Ellen Silverman, OTR/L	17
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Jennifer Hendrick Snyder, MHA	12
Alyson D'Ambrosio Stover, MOT, JD, OTR/L, BCP, AOTA President-Elect	8, 14, 16
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Lisa Test, OTD, OTR/L, FAOTA	15
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Samantha Valasek, OTD, OTR/L	16, 18
Sarah Walsh, MOT, OTR/L	13
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Chelsea Welch, MSOP, CO	12
Jamie Wilcox, OTD, OTR/L	14
Barbara Williams, DOT, MS, OTR/L (IN)	16
Chuck Willmarth, CAE	12
Rhonda Windham, OTD, OTR/L	15
Bill Wong, OTD, OTR/L	12
Mariko Yamazaki-Sanchez, OTD, OTR/L	13, 14
Negin Zare, PT, DPT, MOT, OTR/L	16
Elizabeth Zepeda, OTD, OTR/L	15
Amy Zhao, OTD, OTR/L	15
Baily Zubel, OTD, OTR/L	12



CONFERENCE REGISTRATION FORM INSTRUCTIONS

(form on page 25)

See page 3
for Deadlines
to Remember

1. **Registrant:** Please print or type all data.
(Online registration is available on the OTAC website at www.otaonline.org through October 18, 2021 at 8:59pm.)
2. **Program Selection:** Every session and activity has a number or letter for your convenience in tracking your selections. You are not required to make your selections in conjunction with registration. You have your choice of sessions and activities for the day(s) you are registered. All registrations include Thursday activities.
3. **Registration Fee:** First, locate your professional status (OT/OTA, Student), select the combination of days you will attend, and circle the appropriate Registration Fee amount that applies to your professional status and combination of days. Additional fees may apply.
4. **Summary Selection:**
 - You must check all boxes that apply or your registration is not complete.
 - Workplace Colleague Special Discount: See section below on this page for policy/criteria.
 - Special Needs: You must pre-register by September 17, 2021.
 - Refund Policy: A refund, less \$75 administrative fee (\$45 for students), will be issued if written notice of cancellation is received by the OTAC Office postmarked on or before October 18, 2021. No refunds after that date. Refunds will not be processed until after Conference.
5. **Deadlines:** See page 4 for Deadlines to Remember.

CONFERENCE ATTENDEE AGREEMENTS/DISCLAIMERS

Attention

By registering for or attending any event or activity associated with the Occupational Therapy Association of California's (OTAC) 2021 Annual Conference & Innovation Expo, I agree to the following:

Professional Development/Information Disclaimer

OTAC's 2021 Annual Conference & Innovation Expo is sponsored by the Occupational Therapy Association of California for professional development, networking, and OTAC business purposes. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals at arriving at their own conclusions and consequent application. Individuals and/or companies participating in this professional development education program do so with full knowledge that they waive any claim they may have against OTAC and its staff or representatives for reliance on any information presented during these educational activities.

Public Relations Agreement

Registration and attendance at, or participation in, OTAC meetings and other activities constitutes an agreement by the registrant for OTAC's use and distribution (both now and in the future) of the registrant's or attendee's image or voice in photographs, videotapes, electronic/print reproductions, and audio tapes of such events and activities.

Waiver of Liability Agreement

I release the Occupational Therapy Association of California, its staff, elected and appointed officials, presenters, and any other individuals or entities associated with OTAC's 2021 Annual Conference & Innovation Expo from any and all liability connected with my participation, as well as from any liability related to changes to the schedule, events, or activities. I acknowledge and agree that I am participating of my own choice and assume all risk in connection thereof.

WORKPLACE COLLEAGUE DISCOUNT

Want a way to save money together? All individual registration forms, full payment, and membership applications (if applicable) must be submitted together by October 7, 2021.

Discount policies

- Three or more OTAC members from the same **physical** workplace address can receive a 10% discount when pre-registering for Conference together. Minimum of three registrants required.
- You cannot register online to receive this discount. Registration forms must be **submitted together** by fax, email attachment, or by mail.
- Discount available to OTAC members only; however, a nonmember can submit a membership application along with the registration forms to qualify for discount.
- This is a pre-registration special only. Special ends October 7, 2021.
- Discount applies to the Conference Registration Fees. Discount does not apply to any other fees including presenter/material fees/costs.
- No refunds given if number of colleagues registered together drops below three; however, new workplace colleagues may be substituted for previous registrants at any time (OTAC membership required).
- Student members already receive a discounted rate and do not qualify for this discount.
- Conference registrants receiving any other registration discount do not qualify for this discount.

CONFERENCE REGISTRATION FORM

See page 4 for deadlines and increases to Early Bird Registration Rates!



1. REGISTRANT: (Please print or type)

First Name _____ Middle Initial _____
 Last Name _____ Credentials _____
 Home Address _____
 Home City/State/Zip _____
 Phone Home (_____) _____ Work (_____) _____ Cell (_____) _____
 Email _____ First Time Attendee ☐ Yes ☐ No
 Who to contact in case of an emergency: (Name and cell phone) _____

2. PROGRAM SELECTION: (All sessions/activities are included in registration for the corresponding day.)

THURSDAY, OCTOBER 21									FRIDAY, OCTOBER 22									SATURDAY, OCTOBER 23									SUNDAY, OCTOBER 24								
ACTIVITIES	10	11	12	13	14	15	16	17	40	41	42	43	44	45	46	47	48	70																	
	20	21	22	23	24	25	26	27	50	51	52	53	54	55	56	57	58	80	81	82	83	84	85	86	87										
	D E								F								G																		
	28								60	61	62	63	64	65	66	67		90	91	92	93	94	95	96											
	30	31	32	33	34	35	36	37	68								100	101	102	103	104	105	106												
A																																			
B																																			
C																																			

3. REGISTRATION FEE: (Circle) the combination of days you are attending in order to be registered. Enter amount in Section 4/ Registration Fee below.

FEES INCREASE OCTOBER 8, 2021	THU./FRI./SAT./SUN.	THU./FRI.	THU./FRI./SAT.	THU./FRI./SUN.	THU./SAT.	THU./SAT./SUN.	THU./SUN.
OT/OTA	\$319	\$149	\$269	\$269	\$149	\$269	\$149
OTS (Student-MOT or OTA)	\$169	\$79	\$139	\$139	\$79	\$139	\$79
ADD-ON: NON-OTAC MEMBER FEE/NEW MEMBER DUES	OT: Add \$130 to the fees above • OTA: Add \$100 to the fees above • Students (MOT/OTA) add \$50 to the fees above This add-on fee qualifies you for a 1-year membership. Submit a membership application. See next page.						

4. SUMMARY SECTION: Fill in and check all boxes ☒ that apply to your registration form is not complete and may be subject to additional fees.

- ☐ Registration Fee (from Section 3 above) \$ _____
- ☐ Workplace Colleague Special Discount (Subtract 10%) \$(_____) _____
- ☐ Non-OTAC Member Fee (OT) \$130 – (Includes Membership) \$ _____
- ☐ Non-OTAC Member Fee (OTA) \$100 – (Includes Membership) \$ _____
- ☐ Non-OTAC Student Member Fee \$50 – (Includes Membership) \$ _____
- ☐ OTAC-PAC Donation \$ _____
- ☐ CFOT Donation to support scholarships/grants \$ _____
- ☐ Registration received between 10/8/21-10/18/21 – \$60 (Add) \$ _____
- TOTAL (Send check or use credit card) \$ _____

*Cancellation Fee: \$75/Practitioners; \$45 Students. Must cancel by October 18, 2021.

5. PAYMENT INFORMATION

Do not email your registration form with credit card information. Emails are not secure, please fax to the secure number listed below.

- ☐ AMEX ☐ MasterCard ☐ Visa ☐ Discover
☐ Check # _____ (Payable to OTAC)

Card Number _____ VCode* _____

Name of Cardholder _____ Exp. Date _____

Card Billing Address _____

City _____ State _____ Zip _____

Signature _____

*The VCode is a 3 or 4 digit number on the back of your card following your card number (front of AMEX card).

- ☐ WORKPLACE COLLEAGUE DISCOUNT (Must register by October 7):
 See page 24 for details

Employer _____

Employer Address _____

- ☐ SPECIAL NEED REQUESTS: (Must register by September 17, 2021)
 Attach description of requests.

6. SUBMIT REGISTRATION

Fax (916) 294-0415 – Secure Fax
 Mail OTAC, PO Box 276567, Sacramento, CA 95827-6567
 Online www.otaonline.org

7. KEEP A COPY FOR YOUR RECORDS

Questions? By Phone: (916) 567-7000 or (888) 686-3225
 By Email: staff@otaonline.org

*No refunds after October 18, 2021.

REGISTRATION BONUSES!

- All registration combinations include Thursday Presentations.
- Each day(s) registration includes all the sessions for that day(s). All of your qualifying sessions will be available for 60 days following the close of Conference, beginning Monday, November 2, 2021 through Friday, December 31, 2021.
- Make your registration selections within the Annual Conference Socio platform to receive reminder notifications about your session. Selection sessions in advance also builds your customized agenda for easy viewing and reference.



MEMBERSHIP APPLICATION

Put OTAC to work for you!

Please Print or Type

Individual Member only

FIRST _____ MIDDLE INITIAL _____

LAST _____

ADDRESS _____

CITY/STATE/ZIP _____

HOME PHONE (_____) _____

CELL PHONE (_____) _____

EMAIL _____

LICENSE # _____

PRACTICE AREA (See box below) _____ YEARS IN PRACTICE _____

BIRTHDATE (Optional) MONTH/DAY/YEAR _____

NAME OF PERSON WHO REFERRED YOU _____

STUDENTS ONLY

SCHOOL CURRENTLY ENROLLED _____

ANTICIPATED EXAM/GRAD DATE _____

EMPLOYER INFORMATION OF INDIVIDUAL MEMBER

COMPANY _____

DEPARTMENT/DIVISION _____

YOUR TITLE _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE (_____) _____

EXT. _____

DIRECT LINE (_____) _____

FAX (_____) _____

CORPORATE MEMBER ONLY

COMPANY _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE (_____) _____

FAX (_____) _____

EMAIL _____

WEB SITE _____

CONTACT PERSON _____

CONTACT PERSON Title _____

TYPE OF RELATED PRODUCT/SERVICE _____

**2021 Annual Conference Special must be a conference registrant.
Special valid until November 30, 2021**

MEMBERSHIP CATEGORY

ANNUAL DUES

- | | |
|---|-------|
| <input type="checkbox"/> OT/L, OTR/L, OT (Full-time/Part-time) | \$130 |
| <input type="checkbox"/> OTA, OTA/L, COTA, COTA/L (Full-time/Part-time) | \$100 |
| <input type="checkbox"/> OTR/L or COTA/L (In graduate school full-time) | \$75 |
| <input type="checkbox"/> OT/OTA Student (Full-time/Part-time)* | \$50 |
| <input type="checkbox"/> Retired** | \$50 |
| <input type="checkbox"/> Associate (Non-OT only) | \$160 |
| <input type="checkbox"/> Corporate (Complete Corporate Member section) | \$500 |

**Verification of student status is required within 30 days of purchasing/renewing a student membership. Verification can include a dated school ID or current class schedule.*

***55 years old and over, no longer working in the field, and not maintaining a license.*

METHOD OF PAYMENT

☐ I wish to participate in the E-Z Pay Plan. The form is attached/included with the membership application.

☐ CHECK # (Payable to OTAC) _____

☐ VISA ☐ MASTERCARD ☐ AMERICAN EXPRESS

CARD # _____ SECURITY CODE* _____

CARDHOLDER'S NAME _____

EXP. DATE _____

CARD BILLING ADDRESS _____

CITY _____ STATE _____ ZIP _____

SIGNATURE _____

**The Security Code is a 3 or 4 digit number on the back of your card following your card number (front of AMEX card).*

TOTAL DUES PAID \$ _____

ADDITIONAL PAC** FUND CONTRIBUTION \$ _____

VOLUNTARY CONTRIBUTION TO OTAC \$ _____

TOTAL AMOUNT ENCLOSED \$ _____

****Political Action Committee**

SIGNUP FOR RECURRING OPTION

OT/L, OTR/L, OT (Full-time/Part-time); OTA, OTA/L, COTA, COTA/L (Full-time/Part-time); Retired; Associate; and Corporate membership categories permit recurring payments upon renewal. If you agree to these terms, check the box below and the credit card entered will be automatically billed upon expiration date of this membership. To cancel the recurring payment contact OTAC at (888) 686-3225 or staff@otaonline.org.

☐ I agree to the Recurring Payment Option.

REMIT YOUR DUES PAYMENT

BY MAIL: OTAC • PO Box 276567 • Sacramento, CA 95827-6567

BY FAX: (916) 294-0415 (For credit payment only)

QUESTIONS? staff@otaonline.org • (888) 686-3225

ABOUT YOUR DUES

Contributions or gifts to the Occupational Therapy Association of California (OTAC) are not tax deductible as charitable contributions for income tax purposes. However, they may be tax deductible as ordinary and necessary business expenses except that portion which is allocated to association lobbying activities. OTAC estimates that the non-deductible portion of your OTAC dues—the portion which is allocable to lobbying—is 5%. Five dollars of your dues (except Corporate) is a voluntary contribution to OTAC's Political Action Committee and may be deducted from the amount due.

PRACTICE AREAS

- A. Academia
- B. Mental Health
- C. Pediatrics
- D. Physical Disabilities
- E. Wellness
- F. Other

ARE YOU INTERESTED IN

VOLUNTEERING OPPORTUNITIES?

☐ YES ☐ NO

WHY ATTEND CONFERENCE?

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

I was beginning to feel out of touch with the OT profession due to the pandemic and also because it was my first time working only in home health. I was looking for some OT inspiration!

A great opportunity to be involved

The topics

Continued learning and CEUs attainable for the right price and over a few months really helps!

It was affordable

The variety of sessions

Weekend availability

Because it is virtual (remote) and we have flexibility of attending the sessions in 60 days.

I always attend

Attended for my own well-being

It is the thing to do

Wanted to check out the exhibits

Supporting advocacy efforts

Wanted to attend sessions outside of my practice area

Wanted to expand knowledge in my own field

I had never attended a state conference

Wanted to build new skills

Quality of the sessions was really good

Always appreciate the opportunity to grow and thrive together

Brought my daughter who is a new OT

It is a tradition for me

Helps me keep up to date on regulations

Professional camaraderie

I attended before and enjoyed it

Posters presentations were great

OTAC BOARD OF DIRECTORS

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