

OTAC 2019 ANNUAL CONFERENCE & EXPO

CONTINUING
EDUCATION

OCTOBER 17-20 · PASADENA

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OTAC
Occupational Therapy Association of California

AOTA | The American
State Affiliate | Occupational Therapy
Association, Inc.

OCTOBER 18-20
CONFERENCE

OCTOBER 17
PRE-CONFERENCE
INSTITUTE

HILTON PASADENA &
PASADENA CONVENTION
CENTER



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CONFERENCE OVERVIEW

THURSDAY, OCTOBER 17

All Thursday activities are at the Hilton Pasadena.

9:00am–4:30pm

Pre-Conference Institute (earn PDUs)

Additional fees.

6:00pm–8:00pm

Registration Material Pick-up

If you registered in advance, this is a convenient opportunity to pick up your registration materials.

6:30pm–8:00pm

Movie Night: G-Dog – (.5 PDU)

G-Dog is about second chances – about a charismatic visionary who launched the largest, most successful gang intervention and rehab program in the US, now an international model, Homeboy Industries. G-Dog tells the entertaining, hilarious, and unlikely story of how a white Jesuit priest became an expert in gang lives. His name is Father Greg Boyle (G-Dog to his homies) and he works by a powerful idea: “Nothing stops a bullet like a job.” G-Dog’s unstoppable compassion has transformed the lives of thousands of Latino, Asian, and African American gang members. His Homeboy Industries in Los Angeles, with a 70% success rate at redirecting kids away from gang life, is global in influence. It’s the one place in the ‘hood that turns lives around: swapping violence for community and building toward a future of hope. CineDigm® This movie is not rated (NR) but we advise there is strong language. Attend at your discretion.

Moderator: Julie Kugel, OTD, OTR/L

Hosted popcorn and giveaways. Some lucky Movie Night attendees will receive copies of the book or the movie.

SATURDAY, OCTOBER 19

7:30am–8:00am

Mind-Body Activity: Easy Tai-Chi/Yoga

8:15am–11:30am

Concurrent Sessions (earn PDUs)

11:30am–2:15pm

Expo Activities including

Poster Presentations (earn PDUs)

Purchase lunch in advance (\$15) to be eligible for prizes.

2:30pm–5:45pm

Concurrent Sessions (earn PDUs)

6:00pm–7:30pm

President’s Reception, OT Olympics, and Dance Party

Join us at the annual President’s Reception to celebrate OT. DJ, dance floor, photo booth, food, and more will add to the festivities. Come play OTAC’s own OT Olympics. Let’s rock this party!

FRIDAY, OCTOBER 18

7:30am–8:00am

Mind-Body Activity: Easy Tai-Chi/Yoga

8:15am–11:30am

Concurrent Sessions (earn PDUs)

11:30am–1:00pm

CFOT Awards Luncheon and Symposium (.5 PDU)

\$75; \$10 Students-Only Gallery Seating (no lunch)

1:00pm–3:00pm

Concurrent Sessions (earn PDUs)

3:15pm–5:15pm

Awards Ceremony and Keynote Address (.5 PDU)

Featuring AOTA President Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA

5:15pm–7:15pm

Expo Grand Opening Reception

7:30pm–9:00pm

Alumni and Student Receptions

Hilton Pasadena

SUNDAY, OCTOBER 20

7:30am–9:15am

OTAC Annual Meeting and Breakfast (.5 PDU)

Featuring fitness success coach Joseph Hawthorne, ACSM-CPT, RBT, AKC

9:30am–12:30pm

Concurrent Sessions (earn PDUs)

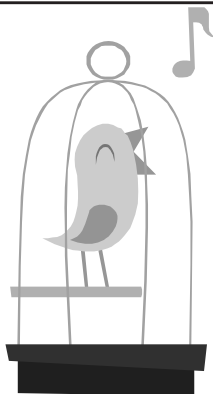
12:30pm–1:15pm

OTAC Practice Café/Lunch \$18

Purchase lunch in advance to be eligible for prizes.

1:30pm–4:30pm

Concurrent Sessions (earn PDUs)



Tweet! Convo! Post!

- Follow us on Twitter @OTACnews
- Start a conversation using #OTACconf2019
- Talk about #transformingOT
- Your Boldness #otbebold
- Building Capacity #buildingOTCapacity
- Membership Pride #otacmemberpride
- Post on Instagram @otacofca
- Friend us on Facebook! @OTACnews

CALL FOR CONFERENCE VOLUNTEERS

*Are you interested
in volunteering at
Conference?*

Volunteering is a great way to learn more about Conference operations, meet other dynamic occupational therapy practitioners and students, enhance your Conference experience, and have fun. There are many opportunities to contribute. You can volunteer at Conference and still participate in other activities. Volunteers play a vital role in the success of the West Coast’s largest occupational therapy professional development conference.

You can access the volunteer form at <https://www.conference.otaconline.org>.

**Deadline
to respond:
September 6.**

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OTAC ANNUAL CONFERENCE

A Premier Professional Development Conference — Earn Professional Development Units

OTAC's Annual Conference offers high quality continuing education at cost-effective prices. Conference attendees have the opportunity to select from more than 140 hours of sessions to apply towards continuing education requirements. You can earn all 24 biennial required PDUs for your California license renewal at this one Conference (includes additional fee activities). You won't find an easier, quicker, or more cost-effective way to earn PDUs required by CBOT (for direct delivery of occupational therapy services) and by NBCOT (for practice area of emphasis). We recommend that you register early for Conference to ensure acceptance into your preferred sessions.

OTAC members receive a discount on the Conference registration fees. If you are not a member, join now at special Conference rates to earn the Conference discount.

CONFERENCE DISCOUNTED EARLY BIRD REGISTRATION SPECIALS!

- Attend all three days (October 18–20) for only \$319! Must register by August 31, 2019 for this rate.
- OTAC Student Members: check out student reduced fees. Must pre-register for best rate!

2019 Deadlines to Remember

August 31	Discounted Early Bird Registration Special deadline (BEST VALUE \$319!)
September 1–October 4	Registration rates increase by \$60 (\$319 + \$60 = \$379).
September 6	Complete Volunteer form.
September 19	Cut-off date for hotel reservations. Room block may sell out before this date; make your reservation today.
October 4	Advanced Conference registration closes at 8:59pm. After this date/time you must register at the event. On-site fees at the Conference increase by \$90 (\$319 + \$90 = \$409). Special meal and needs requests deadline. You must register and submit your requests in writing by this date in our efforts to accommodate you. Cut-off date for Workplace Colleague discount.

Important Notes

2019 Certificate Policy and PDU Credits

- **Individual Session Tickets.** When you check in at the Conference Registration Counter, you will receive a blue ticket imprinted with your name on it for every session and activity for which you are registered. The room monitor will collect the tickets as you enter every session and activity room. If the room monitor does not collect your ticket, please seek him/her out. These tickets are maintained at the OTAC office as verification of your attendance.
- **Certificate of Completion.** When you check in at the Conference Registration Counter, you will receive a Certificate of Completion form. Fill in the appropriate information for every session you attend. At the conclusion of your attendance at the Conference, submit the white copy of the Certificate of Completion form at the OTAC Conference Registration Counter. Keep the yellow copy for your own records. OTAC will keep an electronic version on file along with the blue tickets for each session as verification.
Sponsor: Stanbridge University
- **To earn a Certificate of Completion, attendance is required.** Please arrive on time to the sessions and don't depart early. Your Certificate should reflect actual number of hours attended. Note: CBOT defines one PDU as one hour of instruction.
- **myotlicense.** PDUs for OTAC members and subscribers will be entered into your myotlicense record by December 13, 2019.
- **CBOT.** Select PDUs may be used for Advance Practice Approval as indicated. Check with the California Board for Occupational Therapy (CBOT) for details.
- **CHT.** Some sessions may be used to meet recertification requirements. Check with the Hand Therapy Certification Commission (HTCC) for details.
- **NBCOT.** Sessions may be used to meet recertification. Check with the National Board for Certification of Occupational Therapy (NBCOT) for details.



Conference PDUs for OT/OTA practitioners will be entered into your OTAC myotlicense records by December 13, 2019.

CONFERENCE INFORMATION

Conference Hotel

Hilton Pasadena

168 South Los Robles Avenue
Pasadena, CA 91101
(626) 577-1000
toll-free (800) 445-8667

OTAC reserved a block of sleeping rooms at the Conference hotel, Hilton Pasadena. Room rates of \$164 are available for Wednesday, October 16 through Sunday, October 20, 2019. When booking your room, please indicate you are attending the OTAC 2019 Annual Conference. *The deadline to receive the OTAC special rate is Wednesday, September 19, 2019.* (Rates and space upon availability.)

Hotel reservations are now open. You may reserve your sleeping room online. The link is available on the OTAC website, www.otaconline.org.

The Hilton Pasadena is a short walk from the Pasadena Convention Center, and shops and restaurants, as well as just several blocks from historic Old Pasadena and the Playhouse District. The hotel's lobby and lounge/restaurant are contemporary, modern, and welcoming. The Hilton Pasadena also offers a complimentary shuttle within a two-mile radius of the hotel.



We encourage you to stay at the Hilton Pasadena to ensure that OTAC meets its contractual obligations for the sleeping rooms that we have set aside for the attendees. The Association pays a penalty if all the reserved sleeping rooms are not utilized.

Pasadena Convention Center

300 E. Green Street, Pasadena, CA 91101

Most of the Annual Conference activities will be held at the Pasadena Convention Center, both in the Conference Building and in the Exhibit and Ballroom Building. See the Conference-at-a-Glance on pages 27 and 28 for the schedule overview and location of activities.

Parking

Note: OTAC does not validate for parking.

Hilton Pasadena

Overnight: \$21/self park; \$23/valet.
Day use: \$12/self park; \$12/valet. **All prices are subject to change.**

Pasadena Convention Center

Daily Parking Rate: \$15. On-site Parking: 800 spaces.
Two entrances: Marengo Avenue to the west and Euclid Avenue to the east between Green Street and Cordova Street. **All prices are subject to change.**

Additional Parking

2,500 spaces within a one-block radius.

Guest Registration

Conference registrants may use Section 4 of the Registration Form on page 29 to pre-register a guest (\$65 per person). A Guest Registration includes the Movie Night/Thursday, Awards Ceremony & Keynote Address/Friday, Easy Tai-Chi/Friday, Expo Grand Opening Reception/Friday, Easy Tai-Chi/Saturday, Expo/Saturday, and President's Reception/Saturday. This is for those attending in a social capacity only. Guests may not be members of OTAC, an OT/OTA practitioner, or enrolled in an occupational therapy program. *Note: Additional meal functions tickets may also be purchased for guests. 2019 Conference Award Honorees should contact the OTAC office about their guests for the Awards ceremony.*

Transportation

AIRPORTS

Hollywood Burbank Airport (BUR) – 16 miles to Pasadena
2627 N. Hollywood Way, Burbank, CA 91505
(818) 840-8840 • www.hollywoodburbankairport.com

Los Angeles International Airport (LAX) – 32 miles to Pasadena
1 World Way, Los Angeles, CA 90045
(855) 463-5252 • www.flylax.com

Ontario International Airport (ONT) – 37 miles to Pasadena
2900 E. Airport Drive, (Terminal 4) Ontario, CA 91761
(909) 937-2700 • www.flyontario.com

Long Beach Airport (LGB) – 38 miles to Pasadena
4100 Donald Douglas Drive, Long Beach, CA 90808
(562) 570-2600 • www.lgb.org

PUBLIC TRANSPORTATION

Union Station Flyaway

(866) 435-9529 • www.lawa.org/flyaway

Nonstop bus service to and from Los Angeles International Airport (LAX) via Union Station in downtown Los Angeles. From Union Station, passengers can ride the Gold Line light rail to Pasadena. Exit Del Mar Station for the Pasadena Convention Center (approximately five blocks). \$19.50 fee/round trip.

Foothill Transit Authority

(800) 743-3463 • www.foothilltransit.org

These buses serve the San Gabriel and Pomona valleys, with express bus routes to Pasadena and Downtown Los Angeles. Adult base fare is \$1.25.

Pasadena Transit Bus

(626) 398-8973 • www.cityofpasadena.net/pasadena-transit/

The buses travel between Old Pasadena, South Lake Avenue, and the Playhouse District. Stops are designated throughout the city by a pink triangle marked "ARTS." Adult fare is 75¢.

Metro Gold Line (rail and bus service)

(323) 466-3876 • www.metro.net

The Gold Line is a 13-mile light rail line within the Los Angeles-area Metro Rail network that transports passengers from Pasadena to Union Station in downtown Los Angeles. Take it to connect to other Los Angeles rail lines or Amtrak. Trains operate daily and include six stops in Pasadena. Purchase tickets from self-service ticket vending machines at Metro Rail stations. Cost is \$1.75 one way.

SHUTTLE SERVICE

Prime Time Shuttle

(800) 733-8267 • www.primetimeshuttle.com

SuperShuttle

(800) 258-3826 • www.supershuttle.com

TAXI SERVICE

LA City Cab • (888) 248-9222

United Taxi • (800) 822-8294

CONFERENCE TIP

Make your Conference session selections carefully. Many of our sessions fill up in advance of on-site Conference proceedings and may not be available if you attempt to change. In addition, requesting changes to your session selections on site may lead to long waits in line at the Registration counter.

PRESIDENT'S MESSAGE

TRANSFORMING OT - FOR TODAY AND TOMORROW!

Welcome to the 43rd Annual Conference and Expo in the city that has become a familiar location for us – Pasadena! Over the past few years we have celebrated 40 years of OTAC and 100 years of the American Occupational Therapy Association and occupational therapy itself. Envisioning our future we then asked each one of you to be bold and to focus on building capacity on all levels – as an individual, in teams of practitioners, and for our practice at large. Next, we ask you to think of TRANSFORMATION!

Transformation refers to a significant shift in appearance or structure, a reconstruction, a reformation. Moving this profession and your place in it toward the goals you envision for yourself starts within. Anchoring ourselves with a sense of who we are and confidently applying such knowledge to becoming who we wish to be yields transformation. Being bold and building our own capacity to do great things yields change – yields transformation.

Please join us for a weekend filled with transformative energy. We have carefully constructed each day to highlight a keynote or feature presenter message. We welcome AOTA President Wendy Hildenbrand on Friday who will address a *New Day, New Way* approach to participating actively in the reconstruction of our professional relationships and the construction of this profession's future. On Saturday, we will have the benefit of welcoming Boris Jimenez from Homeboy Industries in Los Angeles. He, his wife, and other colleagues will address how individuals look within and to each other to find the strength for great personal transformation – the kind others thought impossible for some individuals. Wrapping it all up on Sunday, we will bring back personal trainer and lifestyle coach, Joseph Hawthorne, now the founder and lead visionary for Truth of Transformation, a lifestyle management approach designed to help individuals “live free forever.”

We are excited to bring you an array of keynote addresses as well as sessions all day long on transformation: of the self, of the individual with whom we engage, and of each other as well as the profession at large. Plan to come and spend some quality time expanding your sense of the power of occupation with additional perspectives of how it can be leveraged for long-lasting, powerful shifts in your life and that of those around you.

#OTACconf2019 #transformingOT #otbebold #buildingOTcapacity #otacmemberpride



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Heather J. Kitching, OTD, OTR/L
President, Occupational Therapy Association of California

TRANSFORMING
today and
tomorrow



Heather J. Kitching,
OTD, OTR/L
President

KEYNOTE PRESENTERS

4:15pm–5:15pm
Friday, October 18, 2019
Friday Keynote

Rise Above: New Day, New Way (.5 PDU)

On July 1, 2019, Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA, officially assumed her new role in service to the AOTA and to the profession as AOTA president. During the next three years, she commits to serve with positive anticipation about the reach and impact of occupational therapy, the health and inclusivity of our associations, as well as the resilience and well-being of our occupational therapy workforce. In her keynote presentation, AOTA President Hildenbrand will share her ideas about how we can reset our collective professional compass on forward progress and highlight working AOTA initiatives in support of a transformative new way!



Wendy Hildenbrand,
PhD, MPH,
OTR/L (KS), FAOTA

Also presenting session 58 – Population Health: What's all the Buzz?
(3 PDUs)

7:30am–9:15am
Sunday, October 20, 2019
Sunday Keynote

Transforming from the Inside Out (.5 PDU)

Mastering the art of becoming present to discover your transformational power.

Also presenting session 102 – The Three Phases of Transformation (3 PDUs)



Joseph Hawthorne,
ACSM-CPT, RBT, AKC

FEATURED PRESENTER

2:30pm–5:30pm
Saturday, October 19, 2019

75 - Transformational Journey from Gang Involvement to Finding Meaningful Purpose (3 PDUs)

Three representatives from Homeboy Industries will share their journeys of gang involvement and incarceration to reclaiming their lives and finding purpose. Their themes of hope, resilience, and transformation will be a foundation for participants' personal and professional reflections. Additional presenters are Inez Salcido and Janet Contreras. Moderator: Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA



Boris Jimenez,
Supervisor, Homeboy
Industries

TRANSFORMING OT FOR TODAY AND TOMORROW

Throughout this Conference registration brochure you will see the Transforming OT for Today and Tomorrow logo highlighting those sessions either designed around this theme or those that reflect the theme at some level. As you participate in all that Conference offers, you may experience other sessions and activities that embody our vision to transform occupational therapy, our association, and ourselves in more evidence-based service to our clients. To that end, the vision of this Conference is to enrich you as a professional and inspire you as a person.

We welcome you to the conversation at #transformingOT.

TRANSFORMING
today and
tomorrow

CHAIR'S MESSAGE

Dear Occupational Therapy Practitioners, Educators, Students, Colleagues, and Friends,

On behalf of the Occupational Therapy Association of California (OTAC) and the 2019 Annual Conference & Expo Committee, we are excited to again invite you to join us for the 43rd Annual Conference in Pasadena, California. Last year we emphasized Building OT Capacity for our clients, our profession, our communities, and ourselves. This year we are taking the theme to the next level by focusing on Transforming OT for Today and Tomorrow. The definition of transformation involves words such as innovation, profound change, going in entirely new directions, and improving efficiency and effectiveness.

We invite you to start the Conference off by joining us for the Thursday Movie Night where we will enjoy popcorn while viewing the Homeboy Industries documentary. We will give away some fun items so be sure to join us for an inspirational evening.



Julie Kugel, OTD,
MOT, OTR/L

Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA, our new AOTA president and Friday Keynote presenter, will help to kick off Conference as she talks about transforming occupational therapy from a national perspective. Hildenbrand is a clinical assistant professor at the University of Kansas Medical Center. Beyond her new role as AOTA president, she has served on the AOTA Representative Assembly in addition to many other national and state committees within our profession. Hildenbrand has focused her research interests on the intersection of public health, public administration, and occupational

therapy. We look forward to hearing her thoughts on the future of AOTA and the role transformation will play in healthcare.

Following the Friday Keynote you will want to take time to enjoy the Expo Grand Opening Reception. You will have the opportunity to explore companies, products, resources, and occupational therapy programs and educational opportunities. We will have a special opportunity for you to meet local authors and get a signed copy of their books. Don't forget to check out the poster sessions in the Expo on Saturday (11:30am–2:15pm).

On Saturday, our local Homeboy Industries is back again this year to inspire us and help us learn how they have transformed the lives of so many people who were involved in gangs giving them hope, purpose, and meaning. Boris Jimenez and team will share their personal stories of transformation. Following their presentation, Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA, will lead us through a dialogue to take the stories that have been shared and apply them to our practice and lives so that we may transform others. On Sunday morning, fitness success coach, Joseph Hawthorne, ACSM-CPT, RBT, AKC, returns to inspire and encourage with the Transforming from the Inside Out. You don't want to miss Sunday breakfast with Joseph or his workshop later that day. Joseph has become an expert on transformation and what it takes to push yourself out of your comfort zone towards true change.

We encourage you to attend Conference and leave with tools and inspiration to transform your practice as well as to transform your own being to be authentic in all of your roles. Be sure to go through the schedule and be intentional about choosing the sessions that will Transform You for Today and Tomorrow. We hope you will join us for a phenomenal Conference in a beautiful city; Pasadena is home to many cultural, art, and scientific institutions. Don't miss out on some great shopping and amazing restaurants in Old Town Pasadena! We look forward to seeing you there!

OUR HOST CITY: PASADENA- INSPIRING ENVIRONS

Come learn and play in Pasadena!

From Hubble to Hawking, some of the world's greatest minds have chosen to live and work in Pasadena. And for good reason. The weather is idyllic. Mountain views and blue skies abound. It's easy to get to. There is an abundance of arts, architecture, and sophisticated cuisine. This fabled city offers intimate neighborhood allure infused with a new modern energy and metropolitan offerings that make this a fabled destination. Come discover all things Pasadena that blend the city's storied past with its exciting present.

Old Pasadena: A bustling urban center with top-rated restaurants, boutiques, exclusive national retailers, and exciting nightlife that fill its Victoria-, Mission Revival-, and Art Deco-era buildings. The 22-block area is listed on the National Register of Historic Places. Visit onecolorado.com.

Playhouse District: An eclectic mix of antique sellers, museums, bookstores, restaurants, and one-of-a-kind shops – all enhanced with culture and 1920s architecture. It is also on the National Register of Historic Places. Visit playhousedistrict.org.

South Lake Avenue District: A European-style tree-lined avenue, the South Lake Avenue District is flanked by a mixture of Pasadena institutions like Pie 'n Burger as well as brand-name stores and restaurants. Visit southlakeavenue.org.

Paseo Colorado: A luxurious open-air promenade featuring more than 60 street-front shops and a movie theatre, it is located directly across the street from the Pasadena Convention Center. Visit thepaseopasadena.com.

Getting Around: This cosmopolitan city is easily accessed from Burbank-Glendale-Pasadena, Los Angeles International, Long Beach, and Ontario airports; shuttles, buses, and light rail take you anywhere in the city and the greater Los Angeles area. The Pasadena Convention Center is one half mile from the Gold Line Commuter Rail Station and within walking distance of several bus stops.

Free Smartphone App: Plan your day in Pasadena with the free "Explore Pasadena" smartphone app. Detailed information about museums, shopping, restaurants, performing arts, gardens, movies, architectural tours, sports, popular filming locations, events, and much more are all at your fingertips.

2019 CONFERENCE COMMITTEE

Chair – Julie Kugel

Awards – Stacey Cunningham

Call for Papers/Program Coordinator – Judy Hopkins

Events Coordinator – Danielle Friberg

Exhibits Coordinator – Mary Kay Gallagher

Hospitality Coordinator – Christy Billock; Zipporah Brown

Photographer – Beth Pfaffinger; Diana Su-Erickson

Presenter Concierge/

Signage Coordinator – Jacalyn Mardirrosian

Proofreader – Lisa Deshaies

Registration Coordinator – Laura Deary

Student Track Coordinators – Erwin Borja; Alison George

Volunteer Coordinators – Joe Juse; Shirley Nuguid

OTAC President – Heather J. Kitching

OTAC Contributing Staff – Karen Polastri, Shannon Rutledge, Lindsay Campoy, Tammy Hitchcock, Sara Abrahamyan, Tracy Brown

SPECIAL CONFERENCE ACTIVITIES

The OTAC Annual Conference offers much more than the opportunity to earn professional development units. It is also an opportunity to network with friends and colleagues, to make interesting contacts, to discover new resources, and to fully immerse yourself in all the activities designed to support you and the profession.

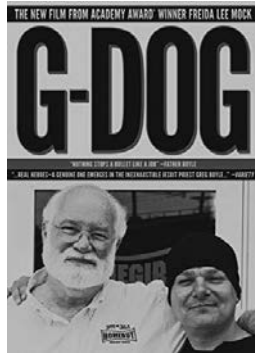
Movie Night: G-Dog (.5 PDU)

Thursday, October 17 • 6:30pm–8:00pm
Hilton Pasadena

G-Dog is about second chances – about a charismatic visionary who launched the largest, most successful gang intervention and rehab program in the US, now an international model, Homeboy Industries. G-Dog tells the entertaining, hilarious, and unlikely story of how a white Jesuit priest became an expert in gang lives. His name is Father Greg Boyle (G-Dog to his homies) and he works by a powerful idea: “Nothing stops a bullet like a job.” G-Dog’s unstoppable compassion has transformed the lives of thousands of Latino, Asian, and African American gang members. His Homeboy Industries in Los Angeles, with a 70% success rate at redirecting kids away from gang life, is global in influence. It provides tattoo removal, job training, counseling, yoga, fatherhood and substance abuse classes – all free. It’s the one place in the ‘hood that turns lives around: swapping violence for community and building toward a future of hope. CineDigm® **This movie is not rated (NR) but we advise there is strong language. Attend at your discretion.**

Moderator: Julie Kugel, OTD, MOT, OTR/L

Hosted popcorn and giveaways. Some lucky Movie Night attendees will receive copies of the book or the movie.



CFOT Awards Luncheon and Symposium (.5 PDU) \$75; \$10 students-only gallery (no lunch)

Friday, October 18 • 11:30am–1:00pm
Pasadena Center/Ballroom D

Recipients of the 2019 CFOT scholarships, research grants, and awards will be announced, including honoring the CFOT Humanitarian of the Year, Elyse Gordon, for her work in fostering at-risk babies. New this year will be honoring Julie Shaperman, MSPH, OTR/L, FAOTA, with the CFOT Meritorious Service Award. Following the presentation of awards, attendees will be treated to a stimulating address by this year’s Honored Lecturer Shawn Phipps, PhD, MS, OTR/L, FAOTA.

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form on page 29 to purchase tickets.

OTAC Awards Ceremony and Keynote Address (.5 PDU)

Friday, October 18 • 3:15pm–5:15pm
Pasadena Convention Center

- **OTAC Awards Ceremony:** You are invited to help us recognize our 2019 Award honorees who serve with excellence and inspire professional passion.
- **Keynote Address: Rise Above: New Day, New Way (.5 PDU)**
On July 1, 2019, Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA, officially assumed her new role in service to the AOTA and to the profession as AOTA president. During the next three years, she commits to serve with positive anticipation about the reach and impact of occupational therapy, the health and inclusivity of our associations, as well as the resilience and well-being of our occupational therapy workforce. In her keynote presentation, AOTA President Hildenbrand will share her ideas about how we can reset our collective professional compass on forward progress and highlight working AOTA initiatives in support of a transformative new way!

Sponsor: CSU, Dominguez Hills

Expo

Friday, October 18 • 5:15pm–7:15pm
Saturday, October 19 • 11:30am–2:15pm
Pasadena Convention Center, Exhibit Hall A

Don’t miss Friday’s lively Grand Opening Reception sponsored by our exhibitors. This fun and informal atmosphere offers the perfect opportunity to learn about products and services useful to occupational therapy practitioners as well as to talk with representatives who are actively recruiting for their companies. Saturday offers a convenient lunch option for purchase right on the Expo floor and an opportunity to meet with any exhibitors you didn’t connect with on Friday. Don’t forget that the Expo also offers giveaways and cash prizes. Visit exhibitors to be eligible.

Stop by the OTAC Membership Booth—it is the central hub of activity: meet with OTAC leaders, learn about OTAC, win prizes while you learn, and more!

Poster Presentations (earn up to 2 PDUs)

Saturday, October 19 • 11:30am–12:30pm and 1:00pm–2:00pm
Pasadena Convention Center, Exhibit Hall A

See pages 24 and 25 for a list of posters.

Alumni and Student Receptions

Friday, October 18 • 7:30pm–9:00pm
Hilton Pasadena

Celebrate the conclusion of the first day of learning with these networking opportunities. The Alumni and Student Receptions are always a highlight of Conference. Express your appreciation to our OT and OTA colleges and universities with your support.



Win a \$50
Gift Card!

Advance
purchase
Saturday Expo
lunch and be
eligible to win
\$50 in gift
cards.

BUILD YOUR CUSTOMIZED SCHEDULE

See pages 31 and 32 for a list of sessions by practice area. Build your own practice area schedule or mix and match.

SPECIAL CONFERENCE ACTIVITIES

President's Reception, OT Olympics, and Dance Party!

Saturday, October 19 • 6:00pm–7:30pm
Hilton Pasadena

All Conference attendees are invited to relax and network at this event (no-host bar). Emcees Jerry and Katie Jordan promise a good time!

Sponsor: CSU, Dominguez Hills

OTAC Annual Meeting and Breakfast (.5 PDU)

Sunday, October 20 • 7:30am–9:15am
Pasadena Convention Center

This event is included in your registration fee (if you selected any session combination that includes Sunday). OTAC President Heather J. Kitching, OTD, OTR/L, invites you to learn about updates on the Association as well as to hear from keynote, Joseph Hawthorne, ACSM-CPT, RBT, AKC, on Transforming from the Inside Out. **If you wish to attend this event, you MUST indicate on your registration form. Circle Activity H.**

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form on page 29 to purchase tickets.

OT Practice Café/Lunch – \$18

Sunday, October 20 • 12:30pm–1:15pm
Come grab a "picnic" lunch and sit at your OT hot topic table of choice.

Mind-Body Balance Opportunities

Friday, October 18: Easy Tai-Chi/Yoga
7:30am–8:00am

Saturday, October 19: Easy Tai-Chi/Yoga
7:30am–8:00am

Annual Conference attendees can experience mind-body balance at Conference. Come dressed in your comfortable Conference attire. Go right from Tai-Chi/Yoga to your first session.

Win a \$50
Gift Card!
Advance
purchase a
Saturday Expo
lunch or Sunday
OT Practice
Café lunch and
be eligible to
win \$50 in gift
cards.

What To Do in Pasadena

Looking for recommendations on dining, shopping, and activity options? Have questions about the Conference or OTAC? Stop by the Hospitality Table in the Conference registration area and enjoy a mindful activity.

CONFERENCE PERKS!

Conference Tote Bag. First 1,000 checking in at registration will receive this useful tote bag. Be sure to check through the bag for a possible winning raffle ticket.

Sponsor: Stanbridge University

Keynote Address Engagement Activity. It's a surprise! Will you be the lucky prize winner? Come find out.

Exhibit Vendor Resource Guide and Prize Giveaways. This Guide is your passport to winning one of many giveaways. Bring plenty of business cards to leave behind with exhibitors for their drawings. Drop off your Bingo card to be eligible for OTAC prizes and cash! Must be present to win (Saturday, 2:00pm).

OTAC Exhibit Booth. Answer a trivia question. Spin the prize wheel.

Mind-Body Balance Opportunities. Complimentary with your Conference Registration.

PRESIDENT'S RECEPTION, OT OLYMPICS, AND DANCE PARTY!

Saturday, October 19 • 6:00pm–7:30pm

OTAC President Heather J. Kitching, OTD, OTR/L, personally invites all Conference attendees to kick up their heels. Come 'party on' with OT Olympics, live DJ and dance floor, and photo booth to snap some memorable pics. Emcees Jerry and Katie Jordan promise a good time! Look forward to light hors d'oeuvres before you head out for dinner plans.

Sponsor: CSU, Dominguez Hills

Follow the
Annual
Conference
on our free
mobile app.
Coming Soon!



The mobile app includes:

- Full Conference schedule and a feature to build a customized schedule
- Social sharing on Twitter and Instagram
- Detailed information about presenters, exhibitors, and sponsors
- Notifications of important updates, special offers, and more.

It's easy! Download the 2019 OTAC Annual Conference app for iPhone, iPad, and Android directly from the Apple App Store and Google Play Store and all other web browser-enabled devices by searching OTAC. Once you have found the app, tap either Download or Install. Login note: Login for the mobile app is not the same as your OTAC membership/customer login. You must create a new account to access the app's full features.



Honoring Those Who Inspire Professional Excellence

COME HELP CELEBRATE OUR OTAC 2019 AWARD HONOREES

Please join us in congratulating your friends and colleagues on their awards as well as expressing your appreciation to them for their contributions to the profession and the Association. These individuals will be recognized at the Awards Ceremony, Friday, October 18, 3:15pm–4:15pm. This event is open to all Conference attendees registered for Friday.

The following awards may be presented:

Lifetime Achievement Award

Award of Excellence

Janice Matsutsuyu Outstanding Service Award

OT Practice Award

Award of Appreciation

Fieldwork Educator Award

OT Entrepreneur Award

OTA Honorary Award

Outstanding Student Award

Luella Grangaard Political Action Award

THE MANY FACES OF PAST CONFERENCES



Celebrating Our 38th Anniversary!

CFOT Awards Luncheon and Symposium

Friday, October 18, 2019 • 11:30am–1:00pm

About the Awards Luncheon and Symposium

Recipients of the 2019 CFOT scholarships, research grants, and awards will be announced at the annual CFOT Awards Luncheon and Symposium on Friday, October 18, 11:30am–1:00pm.

Honored Lecturer – Shawn Phipps, PhD, MS, OTR/L, FAOTA

Occupational Therapy and Neuroplasticity Following Traumatic Brain Injury: The CAPE Recovery Model

This year's Honored Lecturer, Shawn Phipps, PhD, MS, OTR/L, FAOTA, is currently the chief quality officer and associate hospital administrator at Rancho Los Amigos National Rehabilitation Center.

He will share the inspirational story of the challenges and triumphs of a patient who suffered a severe traumatic brain injury from a motor vehicle accident. The power of occupational therapy and neuroplasticity is described using the CAPE Recovery Model, which requires challenge, action, practice, and evaluation to build new pathways in the brain through the ordinary and extraordinary activities of daily life that support recovery so that individuals with traumatic brain injury and other disorders of the brain can live life to its fullest. You will experience laughter, tears, and joy as you hear the effect of occupational therapy and neuroplasticity in supporting recovery and beyond after a life changing injury to the brain.

The CFOT Honored Lecturer Award recognizes California occupational therapy practitioners who have demonstrated leadership and promoted ideas and visions in occupational therapy for the profession, and a presentation gives them an opportunity to share their insights and knowledge with the occupational therapy community at the CFOT Awards Luncheon and Symposium.



Shawn Phipps, PhD,
MS, OTR/L, FAOTA



Humanitarian of the Year – Elyse Gordon

The CFOT Humanitarian Award recognizes individuals or groups who have demonstrated exceptional commitment to the philosophical principles of occupational therapy and engaged in significant humanitarian activities. These activities may include:

- Helping to enhance and maximize the potential of the recipients of occupational therapy services
- Encouraging and fostering individual responsibility and human dignity
- Improving health status and enhancing quality of life
- Providing a model for community service
- Creating a healthy society.

This year, CFOT is presenting the Humanitarian of the Year Award to Elyse Gordon, in recognition of her dedication to fostering 140 at-risk babies who have been abandoned or exposed to drugs, as well as her previous roles as a general education and special education teacher.



Elyse Gordon

Meritorious Service Award – Julie Shaperman, MSPH, OTR/L, FAOTA

The California Foundation for Occupational Therapy (CFOT) is honored and privileged to pay tribute to and present the Meritorious Service Award to Julie Shaperman, MSPH, OTR/L, FAOTA. After nearly 40 years of sustained commitment to the CFOT, Shaperman resigned from her position as vice president in November 2018. She has always been and always will be a profound leader in the CFOT. She has been the “rock,” the “pillar,” and the original inspiration for, and one of the founders, of the California Foundation for Occupational Therapy.

The CFOT Meritorious Service award is presented to an individual who has demonstrated exceptional service over five or more years as a current or past member of the CFOT Board and has made a major impact on advancing CFOT's mission and the profession in the present and into the future.



Julie Shaperman,
MSPH, OTR/L, FAOTA



Lisa Deshaies invites you to help CFOT reach its fundraising goal.

CFOT SILENT AUCTION-SUPPORT SCHOLARSHIPS AND GRANTS

The CFOT booth at the OTAC Expo will be buzzing with activity. Your support is encouraged and appreciated both as bidders and donors of auction items. CFOT annually awards thousands of dollars for scholarships and research grants. Help CFOT meet, and exceed, its goal.

Donations of auction items valued at \$25 or greater are needed. Please contact CFOT by email at silentauction@cfot.org.



Pat Nagaishi, PhD,
OTR/L, CFOT
President

SPECIAL PROGRAMMING FOR STUDENTS

The OTAC Annual Conference Committee, in partnership with the OTAC Student Leadership Committee, is pleased to again offer special programming to meet the needs of our student members. **Students receive a discount on Conference registration fees.**

Activities of Interest

■ Thursday, October 17

- Attend any session at publicized rate
- Movie Night (Free for Conference attendees)

■ Friday, October 18

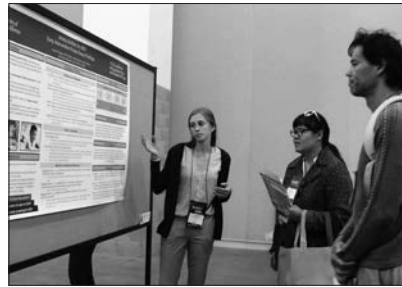
- Mind-Body Activity: Easy Tai-Chi/Yoga
- CFOT Awards Luncheon and Symposium—\$75, or \$10 student-only gallery seating/no lunch
- Student Track (Sessions) Activity C, 22, 23, 28, 30, 33, 34, 40, 43, 47
- OTAC Awards Ceremony
- Keynote Address, AOTA President Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA
- Expo Grand Opening Reception—meet recruiting exhibitors and network with practitioners
- Alumni/Student Receptions

■ Saturday, October 19

- Mind-Body Activity: Easy Tai-Chi/Yoga
- Student Track (Sessions) 50, 56, 57, 58, 61, 66, 67, 73, 76, 78, 80, 83, 87
- Expo Activities: Poster Presentations, visit more exhibitors/recruiters, play Bingo for cash and prizes, purchase lunch in advance for only \$15 and be eligible for a drawing
- President's Reception, OT Olympics, and Dance Party!

■ Sunday, October 20

- All concurrent sessions on Sunday are open to students at the special student registration fee
- OTAC Annual Meeting and Breakfast—*included in Sunday registration fee. Featuring fitness success coach, Joseph Hawthorne, ACSM-CPT, RBT, AKC*
- OT Practice Café/Lunch—*Come discuss OT practice hot topics. Purchase lunch in advance for only \$18 to be eligible for a prize drawing.*



Special
OTAC Student
Registration
Discount



Students may pay
the practitioner
rates to attend any
session.



STUDENT TRACK SESSIONS

The student discounted registration rate is applicable for the following sessions:

Thursday – Any Session (at publicized rate)

Friday – Sessions

Activity C, 22, 23, 28, 30, 33, 34, 40, 43, 47

Saturday – Sessions

50, 56, 57, 58, 61, 66, 67, 73, 76, 78, 80, 83, 87

Sunday – Any Session

Student registration rate discount also includes daily special activities and events (additional fees may apply to some activities and events).

Students may select practitioner sessions on Friday and Saturday at the practitioner registration rate.

STUDENT TRACK

Supporting Our Future Leaders

For many years, OTAC has offered student members a deep discount on registration fees for Annual Conference as a component of the OTAC Board of Directors' goal to support the future leaders of the profession and the Association. The Annual Conference affords students an opportunity to network with other students from around the state, network with practitioners for mentorship opportunities, learn about clinical applications outside of the school and fieldwork settings, meet with employment recruiters in the Expo, and be energized and excited about their profession and the Association. The Student Track selections are a collaboration of the OTAC Student Leadership Committee, which includes the Committee's Student Delegates (two students from each OT/OTA program), and the OTAC Conference Committee.

Students are also encouraged to attend Pre-Conference Institute sessions on Thursday. While there isn't a discount, these sessions often offer unique content as well as exposure to alternative and emerging practice methods, and a discounted rate for members.

AGENDA: THURSDAY, OCTOBER 17 • PRE-CONFERENCE INSTITUTE

Thursday, October 17, 2019

8:00am–9:30am and Noon–2:00pm

Registration Hours

These times are just for those attending the Thursday Pre-conference Institute at the Hilton Pasadena.

Note: Be sure to turn in your Certificate of Completion at the Registration Counter if you will not be attending any other Conference sessions.

9:00am–12:00pm

10 Getting Comfortable With Feeding — You Can Do It (3 PDUs)

Judith Freeman, MA, OTR/L

Knowledge of sensory processing, anatomy, physiology, and normal development will equip you to provide therapy for pediatric feeding issues. This presentation will provide assessment and treatment strategies that apply to children who are swallow safe.

9:00am–12:00pm

11 Mental Health Toolkit for a Skilled Nursing Facility (3 PDUs)

Gina Tucker-Roghi, OTD, OTR/L; Cecelia Ly-Peh, OTS; Jan Martha Conducto, OTS; Natalie Barrales, OTS

This session will be an exploration of evidence-based occupational therapy (OT) interventions for residents with serious mental illness who live in skilled nursing facilities (SNFs). A toolkit of assessments and interventions will be presented to enhance OT practice in SNFs.

9:00am–12:00pm

12 Understanding the Mind-Body Connection in Trauma and Seizures (3 PDUs)

Don Gordon, PhD, OTR/L

This topic deals with complex diagnoses at the interface between neurology and psychiatry. This includes knowledge related to epilepsy, non-epileptic seizures, and traumatic events and how they can influence both mental and physical health.

9:00am–4:00pm

13 Tapping into the Entrepreneur Within You (6 PDUs)

Brandon Seigel, CRP

Entrepreneurship is a vehicle for transformation and often referred to as the "American Dream!" Occupational therapy is a vehicle for transformation within the human condition in mind, body, and spirit. This workshop is the intersection of these three human facets.



1:00pm–2:00pm

14 Supporting and Enhancing NICU Sensory Experiences (SENSE) (1 PDU)

Bobbi Pineda, PhD, OTR/L, CNT

This presentation will discuss the structured sensory-based guideline for preterm infants in the neonatal intensive care unit (NICU) as well as implementation strategies that include early parent empowerment, modifying the intervention based on infant needs, and timing appropriate interventions.

1:00pm–4:00pm

15 Understanding Patient-Driven Payment Model (3 PDUs)

Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT

As skilled nursing facilities transitioned October 1, 2019 from Prospective Payment System (PPS) to the new Patient-Driven Payment Model (PDPM), it is important that practitioners understand the differences between the two payment models and how the interdisciplinary team needs to work together towards patient-centered care. This session will provide an in-depth review of PDPM as well as best practices for practitioners.

All sessions on Thursday are open to students at the publicized rate.

Thursday – Special Activities

8:00am–9:30am and Noon–2:00pm

Registration Hours

These times are just for those attending the Thursday Pre-conference Institute.

6:00pm–8:00pm

Registration Pick-up

Anyone who has registered in advance is welcomed to pick up their registration packet. If you are checking into the Hilton Pasadena on Thursday or if you live in the area and are stopping by to pick up your registration packet (you must have registered in advance), be sure to stay for the Thursday Movie Night. Popcorn provided.

6:30pm–8:00pm

A Movie Night: G-Dog (.5 PDU)

G-Dog is about second chances – about a charismatic visionary who launched the largest, most successful gang intervention and rehab program in the US, now an international model, Homeboy Industries. G-Dog tells the entertaining, hilarious, and unlikely story of how a white Jesuit priest became an expert in gang lives. His name is Father Greg Boyle (G-Dog to his homies) and he works by a powerful idea: "Nothing stops a bullet like a job." G-Dog's unstoppable compassion has transformed the lives of thousands of Latino, Asian, and African American gang members. His Homeboy Industries in Los Angeles, with a 70% success rate at redirecting kids away from gang life, is global in influence. It's the one place in the 'hood that turns lives around: swapping violence for community and building toward a future of hope. CineDigm® **This movie is not rated (NR) but we advise there is strong language. Attend at your discretion.**

Moderator: Julie Kugel, OTD, MOT, OTR/L

Hosted popcorn and giveaways. Some lucky Movie Night attendees will receive copies of the book or the movie.



1:00pm–4:00pm

16 Building Skills to Engage People Living with Dementia (3 PDUs)

Jenna Mele, OTD, OTR/L, CCM, RYT, PAC

Many geriatric clients live with dementia symptoms. We will build and refine skills from the Positive Approach to Care. Participants will practice positive physical approach and learn how to use hand under hand during activities of daily living.

2:15pm–3:15pm

17 Pacifier Use in Newborns (1 PDU)

Bobbi Pineda, PhD, OTR/L, CNT; Jenny Kwon, OTS; Margaux Collins, OTS

This presentation will discuss the benefits and challenges related to pacifier use as well as discuss a study that defined social factors related to pacifier use and whether pacifier use is related to altered early feeding performance.

3:30pm–4:30pm

18 Tool Development of the Neonatal Eating Outcome Assessment (1 PDU)

Bobbi Pineda, PhD, OTR/L, CNT

This presentation will discuss the process of tool development and the psychometric investigations that informed different stages of revisions for the Neonatal Eating Outcome Assessment and report inter-rater reliability and current validity.

Friday – Special Activities

7:15am–5:00pm

Friday Registration Hours

Pre-registration for Conference is strongly encouraged.
Attendance at sessions and events is first-registered, first-served.

7:30am–8:00am

B Mind-Body Activity: Easy Tai-Chi/Yoga (No PDUs)

Cristina Scioti, MS, OT/L, RYT-500

Tai-Chi is a balance activity which tones the body, increases breathing capacity, lowers stress level, improves organ function, and corrects poor posture. Standing yoga and mindfulness will be incorporated. This will be energizing for the body, mind, and spirit to start the day.

11:30am–1:00pm

CFOT Awards Luncheon and Symposium (.5 PDU)

Honored Lecturer: Shawn Phipps, PhD, MS, OTR/L, FAOTA

Come help recognize recipients of the 2019 California Foundation of Occupational Therapy (CFOT) scholarships, research grants, and awards. The CFOT Humanitarian of the Year – Elyse Gordon, foster mother to 140 at-risk babies, and Meritorius Service Awardee – Julie Shaperman, MSPH, OTR/L, FAOTA, will be recognized.

An additional \$75 fee is required to attend this event.

Students can register for \$10 for the no-lunch gallery.

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form on page 29 to purchase your ticket.

3:15pm–5:15pm

48 OTAC Awards Ceremony and Keynote Address (.5 PDU)

- **OTAC Awards Ceremony:** You are invited to help us recognize our 2019 Award honorees who serve with excellence and inspire professional passion.
- **Keynote Address: Rise Above: New Day, New Way (.5 PDU)**
On July 1, 2019, Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA, officially assumed her new role in service to the AOTA and to the profession as AOTA president. During the next three years, she commits to serve with positive anticipation about the reach and impact of occupational therapy, the health and inclusivity of our associations, as well as the resilience and well-being of our occupational therapy workforce. In her keynote presentation, AOTA President Hildenbrand will share her ideas about how we can reset our collective professional compass on forward progress and highlight working AOTA initiatives in support of a transformative new way!

Sponsor: CSU, Dominguez Hills

5:15pm–7:15pm

D Expo Grand Opening Reception

Located in the Pasadena Convention Center this Expo includes a complimentary reception courtesy of our exhibitors. Please visit the exhibitors and express your appreciation.

7:30pm–9:00pm

Alumni and Student Receptions

OTAC's Annual Conference is a convenient — and fun — opportunity to network with your fellow alumni and students. Always a Conference highlight. Located in the Hilton Pasadena.

AGENDA: FRIDAY, OCTOBER 18

Friday – Schedule

7:15am–5:00pm

Friday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first-registered, first-served.

7:30am–8:00am

B Mind-Body Activity: Easy Tai-Chi/Yoga (No PDUs)

Cristina Scioti, MS, OT/L, RYT-500

Tai-Chi is a balance activity which tones the body, increases breathing capacity, lowers stress level, improves organ function, and corrects poor posture. Standing yoga and mindfulness will be incorporated. This will be energizing for the body, mind, and spirit to start the day.

7:30am–8:00am

C Exploring Paths to Leadership-STUDENT TRACK-NO PDUs

Moderator: Alison George, MS, OTR/L

Join OTAC leaders for coffee and dialogue. Come learn from their personal paths to leadership positions and how you could apply their experiences for yourself.

8:15am–9:45am

20 Facilitating Culturally-Based Inter-Professional Collaboration; Impact on Client-Centered Care (1.5 PDUs)

Jenna Kobara, MA, OTR/L; Bonnie Nakasuji, OTD, OTR/L, FAOTA

Facilitating inter-professional collaboration that includes cultural perspectives is essential to quality client-centered care. Discover the lessons learned working in an international context that can be applied universally to address challenges in clinical practice.

8:15am–9:45am

21 3D Printer: Adapting Tools in Occupational Therapy (1.5 PDUs)

*Mo Johnson, PhD, MS, OT/L, BCPR, C/NDT;
Claire Uke, MOT, OTR/L; Brittany Tate, OTS*

This presentation will instruct participants how to design a 3D print project using the Tinkercad software. Step-by-step instruction will be provided with demonstrations so the participants gain confidence in using the Tinkercad program.

8:15am–9:45am

22 I Am More Than My Past: A Holistic Approach to Treating Trauma in Children (1.5 PDUs)

Jonnie Galvan, OTR/L; Nancy Longo, MSW

During this session, the presenters will incorporate their expertise to promote a Trauma Informed Care model and utilize innovative interventions and readily available resources to promote resilience, routine, attachment, literacy, motor skills, and self-regulation. Intervention themes will include childhood worry, coping with transitions, conflict resolution, self-esteem, grief, and loss as well as other relevant topics. **Open to students.**

OTAC SPECIAL INTEREST MEETINGS

You are welcomed to join OTAC committee chairs to learn about their activities and service to the members. Use the Registration Form to RSVP. Circle the code under ACTIVITIES.

AGA – Advocacy and Government Affairs

Friday, October 18 • 7:30am–8:00am

PPN – Private Practice Network

Thursday, October 17 • 4:30pm–5:30pm

SL/M – Student Leadership and Membership Engagement

Saturday, October 19 • 7:30am–8:00am

BPP – Bylaws, Policies & Procedures

Saturday, October 19 • 8:30am–9:30am

AGENDA: FRIDAY, OCTOBER 18

8:15am–9:45am

- 23 Procrastination: Beating the Tomorrow Mindset (1.5 PDUs)**
Danielle Lombardi, MA, OTR/L; E. Malia Sako, MA, OTR/L

The presenters will identify contributing factors to procrastination and understanding of how procrastination impacts health and occupational engagement. Occupational therapy's role in delivering evidence-based interventions and how to integrate strategies into clinical practice will also be discussed. **Open to students.**

8:15am–9:45am

- 24 Do Babies Have Jobs? Exploring the Role of OT in the NICU (1.5 PDUs)**

Judy Hopkins, OTD, OT/L, CLE; Cheryl Garden, OT/L, CLE

This presentation will provide an introduction to the unique role of occupational therapy in the neonatal intensive care unit (NICU). This will include assessment and interventions of developmental skills, feeding, positioning, and facilitation of parenting using an occupation-based approach.

8:15am–9:45am

- 25 Transdisciplinary Collaboration: Sensory-Informed Adaptations to Mental Health Treatment (1.5 PDUs)**

Caroline Hardin, MA, OTR/L; Genevieve Lam, PsyD

Using case study videos, an occupational therapy practitioner and psychology team will outline their transdisciplinary clinical reasoning process to adapt parent-child interaction therapy, an evidence-based behavioral intervention, for a child with fetal alcohol spectrum disorder and sensory needs.

8:15am–11:30am

- 26 OT Interventions for Heart Failure Clients in the SNF (3 PDUs)**

Gina Tucker-Roghi, OTD, OTR/L; Elena Vaccaro, OTS; Camille Schilling, OTS; In Hwa Chae, OTS

This presentation will introduce an evidence-based clinical pathway that guides occupational therapy practitioners in the use of psychosocial, lifestyle, and cognitive assessments and interventions to improve the management of heart failure and decrease hospital readmission rates.

8:15am–11:30am

- 27 The Polyvagal Therapy: Integration into Emotions, Attachment, and Self-Regulation (3 PDUs)**

Peg Bledsoe, OTD, OTR/L, FAOTA, BPC

The Polyvagal Theory looks at specific and neurophysiological mechanisms that underlie causes of arousal. The workshop will identify characteristics and outcome effect on the human being related to human development and evidence-based treatment strategies.

8:15am–11:30am

- 28 Occupational Therapy Intervention for Chemotherapy-Induced Peripheral Neuropathy (3 PDUs)**

Cynthia Cooper, MFA, MA, OTR/L, CHT; Sherry Hite, MOT, OTR/L

This presentation will describe chemotherapy-induced peripheral neuropathy and demonstrate evidence-based techniques for improved function and sensation. Attendees will learn and practice gentle exercises and activities to promote occupational competency and sensory function. **Open to students.**

8:15am–11:30am

- 29 Defensible and Comprehensive School-Based OT Assessment (3 PDUs)**

Mary Kellogg, JD; Lisa Test, OTD, OTR/L

A legal expert and accomplished assessor will join forces to explain how law and practice intersect in a workshop designed to help you produce comprehensive, legally compliant school-based occupational therapy assessments.

8:15am–11:30am – STUDENT TRACK – NO PDUs

- 30 Section 1: The Mouth Trap: Strategies for Effective Communication!**

Brandon Seigel, CRP

Do you ever stick your foot in your mouth? This workshop will uncover essential principals in communication and the secret to optimizing clinical outcomes as an occupational therapy practitioner through unlocking your most important tool ... communication.

- Section 2: Developing a Peer-Led Volunteer Program in a Mental Health Clinic**

Jessica Richman, OTD, OTR/L; Bob Devries, BA, Peer Support Counselor

This presentation will provide experiences of developing a peer-led volunteer program in a mental health clinic. It will delve into successes and pitfalls maintaining this program from perspectives of both the peer volunteer and clinician.

10:00am–11:30am

- 31 Understanding Mentorship for the Occupational Therapy Practitioner (1.5 PDUs)**

Joyce Khowdee, OTD, OTR/L; Diana Su-Erickson, OTR/L

This session will discuss the importance of mentorship for new and experienced practitioners. We will examine the benefits, guidelines, significance, and resources to maximize effective mentorship relationships.

10:00am–11:30am

- 32 Developing an Archive from Rood to Clark: A Collaborative Partnership (1.5 PDUs)**

Christine Peters, PhD, OTR/L, FAOTA; Krystal Messer, MA, MLIS

Forming a collaborative partnership, an occupational therapy historian and a librarian developed an occupational therapy university archive. The authors will describe the three-year project and offer recommendations for the implementation of archives at other settings.

10:00am–11:30am

- 33 Maternal Mental Health: The Emerging OT Practice (1.5 PDUs)**

Aviril (Apple) Sepulveda, MS, OTD, OTR/L, BCP, SCFES; Endenne Dupree, OTR/L; Queeny Brown, OTS

Maternal mental health is a public health concern and an emerging area of occupational therapy practice. This presentation will explore maternal mental health and the role occupational therapy practitioners can play in supporting mothers. **Open to students.**

10:00am–11:30am

- 34 Integrating Spiritual Assessment into Practice: The OTSNA Tool (1.5 PDUs)**

Christy Billock, PhD, OTR/L

Although practitioners recognize spirituality as important to occupational participation, many struggle with how to integrate it into practice. Participants will learn how to utilize the Occupational Therapy Spiritual Narrative Assessment (OTSNA) in a variety of settings. **Open to students.**

10:00am–11:30am

- 35 The NICU OT Role in Changing the Outcomes of Neonatal Abstinence Syndrome (1.5 PDUs)**

Shawna Townsend, OTD, OTR/L, CNT

Prevalent nationwide opioid use results in mothers using illicit drugs giving birth to infants with neonatal abstinence syndrome (NAS). Come learn how neonatal occupational therapy practitioners impact outcomes of infants with NAS by utilizing best practices to prevent future impairments.

AGENDA: FRIDAY, OCTOBER 18

10:00am–11:30am

36 Role of Occupational Therapy in Addressing Childhood Trauma (1.5 PDUs)

Arezou Salamat, OTD, OTR/L; Krystle Gail Bueno, OTS; Sophia LaBrosse, OTS

This presentation will discuss the occupational therapy process when working with children who have experienced trauma, from initial evaluation to discharge planning. The presentation is guided by trauma-informed care and occupational justice.

11:30am–1:00pm

CFOT Awards Luncheon and Symposium (.5 PDU)

Honored Lecturer: Shawn Phipps, PhD, MS, OTR/L, FAOTA

Come help recognize recipients of the 2019 California Foundation of Occupational Therapy (CFOT) scholarships and research grants. The CFOT Humanitarian of the Year — Elyse Gordon, and Meritorious Awardee - Julie Shaperman, MSPH, OTR/L, FAOTA, will be recognized.

An additional \$75 fee is required to attend this event. Students can register for \$75 or \$10 for the student-only no-lunch gallery.

Note: You may attend this event even if you are not attending any other part of the Conference. Use the Conference Registration Form on page 29 to purchase your ticket.



1:00pm–3:00pm

37 The 2%: Advocating for OT in Mental Health (2 PDUs)

Ingrid Leu, OTD, OTR/L; Jessica Richman, OTD, OTR/L

The dwindling number of occupational therapy (OT) practitioners working in mental health raises concerns about our ability to remain in the practice area. This presentation will explore the possibilities of occupational therapy practitioners' role in mental health advocacy.

1:00pm–3:00pm

38 The Role of Telehealth in Today's Private Practice (2 PDUs)

Brandon Seigel, CRP

Patient engagement is an essential process in empowering and optimizing clinical outcomes. This workshop will break down the role that telehealth can play in your private practice in transforming patient engagement and clinical outcomes.



1:00pm–3:00pm

39 The Meaning of Driving for Low-Income Older Adults (2 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Suzanne Walter, OTS; Mimi Stroud, OTS; YK Liao, OTS; Courtney Stonesifer, OTS; Samantha Marrah, OTS

This qualitative investigation used semi-structured interviews to explore the meaning of driving with 11 older adults who live independently. Thematic analysis revealed that older adults create a sense of self with the action of driving.

1:00pm–3:00pm

40 Prolonged Screen Time: A New Factor in Occupation (2 PDUs)

E. Malia Sako, MA, OTR/L; Rebecca Cunningham, OTD, OTR/L

The presenters will define "screen time" and explore its impact on health, as framed by SAMHSA'S 8 Dimensions of Wellness. In addition, they will discuss how to address prolonged screen time in a clinical setting. **Open to students.**

1:00pm–3:00pm

41 Transitioning from Practitioner to Academic (2 PDUs)

Luis Arabit, OTD, MS, OTR/L, BCN, BCPR, C/NDT; Terry Peralta-Catipon, PhD, OTR/L; Allen Espelita, OTD, OTR/L, C/NDT, CEAS

This presentation will focus on practitioners who are exploring and considering venturing into academia as a future practice environment. It will highlight academic career planning, preparation, expectations, and feature experiences of practitioners who transitioned into academics.

1:00pm–3:00pm

42 A Biopsychosocial Approach to Managing Cancer-Related Fatigue (2 PDUs)

Vanessa Yanez, MS, OTR/L; Lynn Kim, OTD, OTR/L; Sherry Hite, MOT, OTR/L

This presentation will discuss evidence-based assessments and interventions for a comprehensive approach to cancer-related fatigue. It will also review the National Comprehensive Cancer Network guidelines to create a framework for practice across the continuum of cancer care.

1:00pm–3:00pm

43 Meditation Tools for Stress Relief (2 PDUs)

Tanya Penny, OTR

In this presentation attendees will discover the Therapeutic Meditation Process,™ and learn easy to use tools that will support both practitioner and patients to release stress, decrease negative symptoms (pain, fatigue, anxiety, and depression), increase energy, and feel happier and more peaceful. **Open to students.**

1:00pm–3:00pm

44 The Intersection of Pediatric Cancer, Medical Trauma, and Feeding Challenges: A Case Study (2 PDUs)

Karen Park, OTD, OTR/L, BCP; Zorash Montaña, PhD; Anet Piridzhanyan, MS, RDN

This case study presentation of a child with a neuroblastoma and significant feeding challenges will highlight interdisciplinary team collaboration to reduce familial stress, support self-regulation, improve nutritional status, and promote positive mealtime experiences.

1:00pm–3:00pm

45 OT's Role in Supporting Infant/Child Mental Health (2 PDUs)

Julie Miller, MOT, OTR/L; E. Mariko Yamazaki-Sanchez, OTD, OTR/L

Play, learn, grow, but most importantly engage. Occupational therapy practitioners have an integral role on the therapy team, supporting foundations of regulation and engagement. Greenspan's Developmental, Individual-differences, and Relationship-based model provides structure to support occupational therapy's role in supporting family relationships.

1:00pm–3:00pm

46 Environmental Factors in the Workplace and Community (2 PDUs)

Marissa Marchioni, OTD, OTR/L CEAS; Melina Allahverdian, OTS; Erin Bussell, OTS

Attend this presentation to learn about approaches for assessing and addressing environmental factors and improve your comfort level and knowledge base. Applications of practice models will be examined and intervention strategies via case studies will be explored.

BUILD YOUR CUSTOMIZED SCHEDULE

See pages 31 and 32 for a list of sessions by practice area. Build your own practice area schedule or mix and match.

AGENDA: FRIDAY, OCTOBER 18

1:00pm–3:00pm – STUDENT TRACK – NO PDUs

47 Section 1: OMG Becky, Look at Her Salary

Michele Alaniz, OTR/L

Learn the how-to's of effective communication from salary negotiations to winning over that difficult client family or individualized education program member. Learn practical tips for negotiating tricky conversations and become a better practitioner as a result.

Section 2: Sleep Promotion Among Older Adults in the Community

Manisha Sheth, OTD, OTR/L

The purpose of the presentation is to provide information to occupational therapy practitioners about how sleep is an essential occupation and how to develop a health promotion and wellness program for sleep among older adults.

3:15pm–5:15pm

48 OTAC Awards Ceremony and Keynote Address (.5 PDU)

- **OTAC Awards Ceremony:** You are invited to help us recognize our 2019 Award honorees who serve with excellence and inspire professional passion.
- **Rise Above: New Day, New Way**

On July 1, 2019, Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA, officially assumed her new role in service to the AOTA and to the profession as AOTA president. During the next three years, she commits to serve with positive anticipation about the reach and impact of occupational therapy, the health and inclusivity of our associations, as well as the resilience and well-being of our occupational therapy workforce. In her keynote presentation, AOTA President Hildenbrand will share her ideas about how we can reset our collective professional compass on forward progress and highlight working AOTA initiatives in support of a transformative new way!

Sponsor: CSU, Dominguez Hills

5:15pm–7:15pm

D Expo Grand Opening Reception

Located in the Pasadena Convention Center this Expo includes a complimentary reception courtesy of our exhibitors. Please visit the exhibitors and express your appreciation.

7:30pm–9:00pm

Alumni and Student Receptions

OTAC's Annual Conference is a convenient — and fun — opportunity to network with your fellow alumni and students. Always a Conference highlight. Located in the Hilton Pasadena.



AGENDA: SATURDAY, OCTOBER 19

Saturday – Schedule

7:15am–6:00pm

Saturday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first-registered, first-served.

7:30am–8:00am

E Mind-Body Activity: Easy Tai-Chi/Yoga (No PDUs)

Cristina Scionti, MS, OT/L, RYT-500

Tai-Chi is a balance activity, which tones the body, increases breathing capacity, lowers stress level, improves organ function, and corrects poor posture. Standing yoga and mindfulness will be incorporated. This will be energizing for the body, mind, and spirit to start the day.

EXPO ACTIVITIES

Pasadena Convention Center

Just steps away from the Conference sessions.

Friday, October 18 • 5:15pm–7:15pm

Saturday, October 19 • 11:30am–2:15pm

Join our Exhibitors and Sponsors at the Expo Hall to:

- learn about **new products and services**
- meet with **exhibiting recruiters**
- be eligible for **giveaways**
- play **Bingo** for cash prizes
- enjoy the **Grand Opening Reception**—Friday (5:15pm–7:15pm)
- **earn PDUs** by viewing posters – Saturday
- grab a quick **lunch** (\$15 advanced purchase to be eligible for prize giveaways) – Saturday
- bid on **CFOT auction items**
- learn about your **professional association**

WIN \$50 IN GIFT CARDS!

Register in advance for the Saturday and/or Sunday lunches to be eligible for the gift card giveaways.

Saturday – Special Activities

7:15am–6:00pm

Saturday Registration Hours

Pre-registration for Conference is strongly encouraged. Attendance at sessions and activities is first-registered, first-served.

7:30am–8:00am

E Mind-Body Activity: Easy Tai-Chi/Yoga (No PDUs)

Cristina Scionti, MS, OT/L, RYT-500

Tai-Chi is a balance activity which tones the body, increases breathing capacity, lowers stress level, improves organ function, and corrects poor posture. Standing yoga and mindfulness will be incorporated. This will be energizing for the body, mind, and spirit to start the day.

11:30am–2:15pm

F Expo Hours

Less than three hours for all these activities! Grab a quick 'to go' lunch (separate advanced purchase required—only \$15) at the Expo, visit exhibitors you didn't see on Friday evening (be sure to play Expo Bingo/must be present to win), view the posters for PDUs, and more!

6:00pm–7:30pm

G President's Reception, OT Olympics, and Dance Party!

All Conference attendees are invited to relax and network at this event (no-host bar). DJ and dance floor, photo booth, OT Olympics, and more. Emcees Jerry and Katie Jordan promise a good time!

Sponsor: CSU, Dominguez Hills

AGENDA: SATURDAY, OCTOBER 19

8:15am–9:45am

50 Protecting Your License and California Consumers (1.5 PDU)

Richard Bookwalter, MS, OTR/L, President, California Board of Occupational Therapy; Heather Martin, Executive Officer, California Board of Occupational Therapy; Sharon Pavlovich, MAM, COTA/L

Occupational therapy practice is complex, and is governed by state laws and regulations. In this presentation you will learn how to contact your state licensing board, verify a license, read up on current rules, and apply for (or renew) your license online. Your enhanced knowledge will help the California Board of Occupational Therapy protect California consumers of occupational therapy services. **Open to students.**

8:15am–9:45am

51 Understanding the Doctoral Capstone Project and Experience (1.5 PDU)

Danielle Friberg, OTD, OTR/L

This presentation will describe the purpose of the doctoral capstone, how it differs from Level II fieldwork, and how sites can partner with universities to mentor a doctoral capstone and add value to their organization.

8:15am–9:45am

52 Get Your Groove Back: Occupational Engagement for Practitioners (1.5 PDU)

Shannon Kelly, MS, OTR/L; Ellen Wleklinski Collins, MOT, OTD, OTR/L, CBIS

This interactive presentation will renew your passion and energy for occupational therapy. Come join us for dynamic conversation, with an evidence-based practice backbone, so that we can help you bring your best self to work every day.



8:15am–9:45am

53 Developing a Protocol for Managing Surgical Lymphedema Patients (1.5 PDU)

Karen Crum, OTD, OTR/L, CLT; Kristin Nxumalo, OTD, OTR/L, CLT

Given the advancements in surgical intervention for patients with lymphedema, occupational therapy practitioners as part of the multidisciplinary team developed a pre- and post-operative combined decongestive therapy protocol to optimize patient outcomes following lymphatic surgical intervention. Come learn how to utilize this therapy in your practice.

8:15am–9:45am

54 School-Based OT Telehealth: Practical Application (1.5 PDU)

Robin Schlundt Bodien, MA, OTR/L

Curious about how to apply your school-based OT skills using telehealth? Learn to formulate a treatment plan appropriate for telehealth services and experiment with activities and online resources to address a variety of individualized education program goals.

8:15am–9:45am

55 The Credentialing Initiative and Management in School-Based Practice (1.5 PDU)

Lisa Test, OTD, OTR/L; Julie Bissell, OTD, OTR/L, ATP; Ivan Altamura, JD, Capitol Advocacy Lobbyist

This dynamic and interactive workshop will provide tools and strategies for practitioners to navigate the educational system including workload. We will address the common challenges in school-based practice and provide guidance and resources on how to best address these challenges. The workshop will also provide an update on the "Credentialing Initiative" and what this means for the profession of occupational therapy in the educational system.



8:15am–9:45am

56 Helping Patients Navigate the Healthcare System (1.5 PDU)

Gabrielle Granados, OTR/L; Tabitha Lin, OTS; Elissa Lee, OTS

Clients with chronic conditions from lower socioeconomic backgrounds often have lower health literacy and patient activation, contributing to poor healthcare navigation. This presentation will outline evidence supporting occupational therapy in healthcare navigation and a Lifestyle Redesign® approach to interventions. **Open to students.**

8:15am–11:30am

57 Conservative Management for Thumb CMC Osteoarthritis (3 PDU)

Adrienne Tesarek, OTR/L, CHT; Elyse Borst, COTA/L; Jennifer Kim, OTR/L; Rebecca Grantham, OTR/L; Julie To, OTR/L, CHT

Thumb carpometacarpal (CMC) osteoarthritis affects occupational therapy practitioners and practitioners' patients. This lecture and hands-on lab experience will provide attendees with evidence-based information to treat this condition using a variety of intervention methods. **Open to students.**

8:15am–11:30am

58 Population Health: What's all the Buzz? (3 PDU)

Wendy C. Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA

"Population health" is in the forefront of healthcare reform and health and human service system improvement efforts focused on supporting health and well-being. AOTA's Vision 2025 embraces this movement with recognition of our expanded scope of impact serving "all people, populations, and communities" in support of meaningful everyday living. The other side of the conversation – What is population health? How does occupational therapy align with population health? Is population health the latest "buzzword" or is it here to stay? Let's think this through! **Open to students.**



8:15am–11:30am

59 Catching Your Breath: OT's Role in Progressive Lung Disease (3 PDU)

Jamieson Wilcox, OTD, OTR/L; Jodie Murakami, OTD, OTR/L

Patients suffering from progressive pulmonary conditions face both physical and psychological symptomatic burdens that lead to significant functional loss. A review of current evidence-based practice for patients with advanced lung disease across the care continuum will be conducted.

8:15am–11:30am

60 Applying a Systems View to School Practice (3 PDU)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Asha Asher, MA, OTR/L, SCSS, FAOTA; Joyce Rioux, EdD, OTR/L, SCSS; Gloria Frolek Clark, PhD, OTR/L, SCSS, BCP, FAOTA

This advanced workshop is grounded in educational laws and regulations to foster program evaluation and improvement in educational settings. A design thinking model will be used during a small group activity to address specific challenges.

10:00am–11:30am

61 State Legislative and Regulatory Updates (1.5 PDU)

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH; Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT; Chuck Willmarth, CAE, AOTA Chief Officer-Health Policy and State Affairs; Ivan Altamura, JD, Capitol Advocacy Lobbyist

Join us for a critical briefing on the latest legislative and regulatory changes impacting the occupational therapy profession, including OTAC-sponsored legislative bills. Attendees will also learn about OTAC's newest grassroots advocacy initiative, GO-TO-OT. **Open to students.**

10:00am–11:30am

62 Connect the Dots Through Digital Portfolio (1.5 PDU)

Kitsum Li, OTD, OTR/L, CSRS; In Hwa Chae, OTS

This session will explore reflective practices through a digital portfolio. It helps make students' learning visible and prompts students to connect the dots on various learning and personal development experiences inside and outside the classroom, thereby fostering integrative learning and professional identity development.

AGENDA: SATURDAY, OCTOBER 19

10:00am–11:30am

63 Compassion Fatigue Program in Action (1.5 PDUs)

Robin Schlundt Bodien, MA, OTR/L

In this presentation you will learn how to determine the need for a Compassion Fatigue Program, use appropriate assessment tools, and administer modules for restoring compassion satisfaction and reducing burnout in occupational therapy practice.

10:00am–11:30am

64 Adolescent and Young Adults in Oncology: Optimizing Health Self-Management (1.5 PDUs)

Kaitlyn Cruz, MAOT, OTR/L; Sherry Hite, MOT, OTR/L

This presentation will address the unique, unmet needs of adolescent and young adults diagnosed with cancer and how occupational therapy practitioners can tailor interventions to improve compliance and optimize health outcomes for this population.

10:00am–11:30am

65 Moving Beyond Informal Clinical Observations: Introducing the Structured Observations of Sensory Integration-Motor (1.5 PDUs)

Erna Blanche, OTR/L; Gustavo Reinoso, OTR/L; Stacey Frauwrith, OTR/L

The Structured Observations of Sensory Integration-Motor (SOSI-M) is a new conceptualization of structured observations based on Ayres' original work. The authors will present this new standardized, nationally-normed assessment including its psychometric properties, guided reasoning, and its application to practice.

10:00am–11:30am

66 I Didn't Know I Didn't Know That! (1.5 PDUs)

E. Mariko Yamazaki-Sanchez, OTD, OTR/L; Julie Miller, MOT, OTR/L

Lessons learned working on an interdisciplinary feeding team for the assessment and treatment of pediatric feeding challenges will be presented. Considerations for occupational therapy practitioners' wide role and scope of practice will also be discussed. **Open to students.**

10:00am–11:30am

67 Double Rainbows: Youth on Gender and Autism Spectrums (1.5 PDUs)

Tessa Milman, OTD, OTR/L; Karrie Kingsley, OTD, OTR/L; Kellie Miyashima, OTS

Evidence indicates an association between autism and gender nonconformity. Participants will be educated on correct terminology, discover disparities experienced by this population, and employ strategies to respond as clinicians to individuals at this intersection of identities. **Open to students.**

11:30am–2:15pm

F Expo Hours

Less than three hours for all these activities! Grab a quick 'to go' lunch (**advance purchase lunch (\$15) for chance to win Amazon gift cards**) in the Expo, visit exhibitors you didn't see on Friday evening (be sure to play Expo Bingo/must be present to win), view the posters for PDUs, and more!

2:30pm–3:30pm

70 CNA Training for Alzheimer's (1 PDU)

Kathlyn Le, COTA/L

The presentation will include conducting a certified nursing assistant (CNA) training program for managing dementia residents in a skilled nursing facility. Compensatory techniques, communication strategies, and group activities to reduce wandering behaviors and agitation, and promote social interaction will be reviewed.

2:30pm–3:30pm

71 Psychosocial Considerations for Hand Rehabilitation (1 PDU)

Bryan Kang, MA, OTR/L; Sara Kim, OTS

Though biomechanics and anatomy are sciences vital to the optimal rehabilitation of individuals with upper extremity injury, psychosocial considerations must also be recognized.

2:30pm–3:30pm

72 Anxiety Workshops in Schools for Students, Educators, and Parents (1 PDU)

Laurelin Hefter, MA, OTR/L

This presentation will review anxiety workshops for public high school students who received hands-on, in-class occupational therapy activities that targeted anxiety coping skills. Parents and educators were informed and taught to execute grounding, breath work, and sensory approaches. These activities were guided by emotional and behavioral differences from dialectical behavior therapy and cognitive behavioral therapy.

2:30pm–4:00pm

73 OT Issues Around the Country: The National Perspective and the View from Sacramento (1.5 PDUs)

Chuck Willmarth, CAE, AOTA Chief Officer-Health Policy and State Affairs; Ivan Altamura, JD, Capitol Advocacy Lobbyist

Attendees will hear from insiders at the state and national levels on important policy issues impacting the occupational therapy profession. From the Affordable Care Act to Medicaid and Medicare, OT practitioners need to understand how policy developments at the national level may impact practice in California. These seasoned advocacy professionals will provide invaluable and exclusive information. **Open to students.**

2:30pm–4:00pm

74 Occupational Therapy's Crucial Role in Pre-Operative Care (1.5 PDUs)

Allie Schmiesing, MA, OTR/L; Wesley Chen, MA, OTR/L; Jennifer Chan, MA, OTR/L

In this presentation attendees will explore the current literature and emerging practice of occupational therapy during the pre-operative setting, and be challenged to consider opportunities and barriers within their areas of practice.

2:30pm–5:30pm

75 Transformational Journey from Gang Involvement to Finding Meaningful Purpose (3 PDUs)

Homeboy Industries Representatives - Boris Jimenez, Supervisor; Inez Salcido, SUD Counselor/Case Manager; Janet Contreras, Case Manager; Moderated by Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

Three representatives from Homeboy Industries will share their journeys of gang involvement and incarceration to reclaiming their lives and finding purpose. Their themes of hope, resilience, and transformation will be a foundation for participants' personal and professional reflections.

2:30pm–5:30pm

76 Putting on Our People Lens: Lived Experience as Pedagogy (3 PDUs)

Tessa Milman, OTD, OTR/L; Erin McIntyre, OTD, OTR/L; Deborah Pitts, PhD, OTR/L, BCMH, CPRP, FAOTA; Celso Delgado, Jr., OTD, OTR/L, BCMH

This session will describe the methods and outcomes of an innovative pedagogical design where experts by experience (consumers with lived experience of mental illness) support occupational therapy students to learn about mental health service contexts and recovery. **Open to students.**

TRANSFORMING
today
and
tomorrow

AGENDA: SATURDAY, OCTOBER 19

2:30pm–5:30pm

- 77 Queering and Crippling Sex: Sexuality as an ADL (3 PDUs)**
Joseph Christian Ungco, OTD, OTR/L; Karrie Kingsley, OTD, OTR/L; Elizabeth Schmidt, MOT, OTR/L

Persons with disabilities have the same interest and right to their sexual identities as everyone else. This workshop aims to improve practitioner competence in effectively and respectfully addressing LGBTQ identity, disability, and sexuality in practice.

2:30pm–5:30pm

- 78 Student Engagement: Designing Meaningful Intervention (3 PDUs)**

Jean Pacifico-Banta, OTD, OTR/L; Lisa Test, OTD, OTR/L

This dynamic hands-on workshop will challenge school-based practitioners to use universal design and Universal Design for Learning to guide intervention planning and promote self-determination. **Open to students.**

2:30pm–5:30pm

- 79 Scaffolding Family Participation in Pediatric Feeding Interventions (3 PDUs)**

Jennifer Jones, OTD, OTR/L, BCP; Sonia Trejo, MA, OTR/L

This presentation will discuss feeding intervention models focusing on embedding parents within the treatment approach and providing interactive activities that can be used in practice in order to support parents' participation in feeding intervention.

2:30pm–5:30pm – STUDENT TRACK – NO PDUs

- 80 Section 1: The First Step for Adherence: Imaging an Action**

Shanpin Fanchiang, PhD, OTR/L; Sylvia Shaw, MD, FACE

The ETAC (Empowered-To-Act Consistently) communication method is proposed for clinical encounters. It can help probe for barriers that will compromise adherence. Through the process, clinicians will gain insight into a patient's perspective to facilitate adherence.

Section 2: SCUBA Diving from an Occupational Science Perspective

Naomi Achondo, OTD, OTR/L; Sara Zevalkink, MOT; Rachel Avila, MOT

In this presentation attendees will explore the WAVES Project, Inc., which interviewed veterans regarding the form, function, and meaning of SCUBA and how it assisted with community reintegration. SCUBA was analyzed as an occupation and as a therapeutic tool.

Section 3: USC Wellness Dog: Impact on Student Mental Health

Alisa Kim, OTD, OTR/L; Amanda Vanni, MPH, CHES

A "pawpular" professor is in town. Professor Beauregard Tirebiter is the nation's first full-time facility dog at a university. This session will feature this 'pawpular' professor's collaboration with an OTD resident to understand his impact at USC through an occupational lens.

3:30pm–4:30pm

- 81 Facilitating Support Groups in a Primary Care Setting (1 PDU)**
Cecilia Tran, OTD, OTR/L

As the role of occupational therapy continues to evolve across primary care settings, this presentation will outline our unique role in facilitating support groups to aid in prevention and management of health conditions.

3:30pm–4:30pm

- 82 Multidisciplinary Team Approach and Assessments for Individuals with ALS (1 PDU)**

Joyce Khowdee, OTD, OTR/L

This session will focus on discussing the multidisciplinary clinic team approach and assessments utilized for proactive care and treatment for individual with amyotrophic lateral sclerosis (ALS), Lou Gehrig's disease.

3:30pm–4:30pm

- 83 Is It Sensory Processing Disorder or High Sensitivity? (1 PDU)**

Melissa Schwartz, BA

Though sensory processing disorder (SPD) is well understood in the occupational therapy community, high sensitivity is still becoming more commonly known. In this session attendees will learn to identify the similarities and differences between SPD and high sensitivity. **Open to students.**

4:15pm–5:45pm

- 84 Sparking Change at Work: Strategies for Everyday Practitioners (1.5 PDUs)**

Aaron Picus, OTD, OTR/L

This workshop will combine knowledge inside and outside of occupational therapy with the experiences of current change-agent practitioners to provide practitioners without formal authority the skills and strategies to get a change started in their own organization.

TRANSFORMING
today and tomorrow

4:15pm–5:45pm

- 85 Mistakes and Transformations: The "Becoming" of Cultural Fluidity (1.5 PDUs)**

Bonnie Nakasuji, OTD, OTR/L, FAOTA; Erin O'Donnell, OTD, OTR/L, E. Mariko Yamazaki-Sanchez, OTD, OTR/L

Cultural fluidity describes the continuous, dynamic process of transforming perspectives that influence interactions with others. This workshop-style session will focus on exploring real-life examples of what that process looks like in everyday occupational therapy practice.

TRANSFORMING
today and tomorrow

4:30pm–5:30pm

- 86 Occupational Therapy's Role in Treating Post-ICU Syndrome (1 PDU)**

Marielle Reiersgard, MA, OTR/L

Post-Intensive Care Syndrome (PICS) is an under-recognized and under diagnosed complication of a critical illness. This session will focus on occupational therapy's unique role in identifying, treating, and managing patients with PICS across the continuum of care.

4:30pm–5:30pm

- 87 Yoga: Breaking Boundaries for Elementary Students with Autism (1 PDU)**

Asha Asher, MA, OTR/L, SCSS, FAOTA

Yoga, used over eight weeks with two students with autism, resulted in positive behavioral changes in the regular classroom. This presentation will discuss the logistics of incorporating this program within a student's school day. **Open to students.**

6:00pm–7:30pm

- G President's Reception, OT Olympics, and Dance Party!**

All Conference attendees are invited to relax and network at this event (no-host bar). DJ and dance floor, photo booth, OT Olympics, and more. Emcees Jerry and Katie Jordan promise a good time!
Sponsor: CSU, Dominguez Hills



AGENDA: SUNDAY, OCTOBER 20

Sunday – Schedule

7:15am–5:00pm

Sunday Registration Hours

Pre-registration for Conference is strongly encouraged.
Attendance at sessions and activities is first-registered, first-served.

7:30am–9:15am

H OTAC Annual Meeting and Breakfast (.5 PDU)

This event is included in your Sunday registration fee. Come hear inspirational presentations about the future of OTAC and occupational therapy in California by OTAC President Heather J. Kitching, OTD, OTR/L. Keynote presenter is fitness success coach Joseph Hawthorne, ACSM-CPT, RBT, AKC.



9:30am–11:00am

100 Utilizing Expressive Arts and OT for Boosting Vitality (1.5 PDUs)

Taly Galor, MA, OTR/L; Galit Shezifi, MSW, Expressive Arts Therapist

Attendees will learn to utilize expressive arts tools and occupational therapy models to boost self-care and joy, and to reduce burnout and compassion fatigue for practitioners in a variety of settings.

9:30am–11:00am

101 End of Life Care Policy and Practice (1.5 PDUs)

Megan Linderman, OTR/L; Carrie Lewis, MA, OTR/L

This presentation's content will focus on end of life care options and tools for individuals. Attention will be given to curative, palliative, and hospice care models in consideration of policy and cultural differences in understanding and utilization of services.

9:30am–12:30pm

102 The Three Phases of Transformation (3 PDUs)

Joseph Hawthorne, ACSM-CPT, RBT, AKC

This presentation will focus on understanding the process of lasting change and acquiring a transformational mindset for growth.



9:30am–12:30pm

103 Using the OT Practice Framework to Facilitate Everyday Leadership (3 PDUs)

Heather Thomas, PhD, OTR/L

Using the Occupational Therapy Practice Framework, participants will be guided through evaluating their leadership potential and creating an action plan for their own future professional engagement.



9:30am–12:30pm

104 How to Pioneer Occupational Therapy on College Campuses (3 PDUs)

Grace Ho, OTD, OTR/L; Rashelle Nagata, OTD, OTR/L; Tracy Jalaba, OTD, OTR/L

Attendees will discover why occupational therapy practitioners should be employed on college campuses, what it would take to build a program or position, and how you can demonstrate your unique value as an occupational therapy practitioner.

DID YOU KNOW?

Attendees who stay through Sunday afternoon sessions are eligible for valuable prize drawings.

Sunday – Special Activities

7:15am–5:00pm

Sunday Registration Hours

Pre-registration for Conference is strongly encouraged.
Attendance at sessions and activities is first-registered, first-served.

7:30am–9:15am

H OTAC Annual Meeting and Breakfast (.5 PDU)

This event is included in your Sunday registration fee. Come hear inspirational presentations about the future of OTAC and occupational therapy in California by OTAC President Heather J. Kitching, OTD, OTR/L. Featured presenter is success fitness coach Joseph Hawthorne, ACSM-CPT, RBT, AKC.

12:30pm–1:15pm

OT Practice Café/Lunch – \$18

Come grab a "picnic" lunch and sit at your OT hot topic table of choice. Advance purchase lunch and be eligible to win \$50 in gift cards.

9:30am–12:30pm

105 What is Psychosocial Occupational Therapy? (3 PDUs)

Anne MacRae, PhD, OTR/L, BCMH, FAOTA

The concept of psychosocial occupational therapy is deeply imbedded in our history and philosophy. However, it is often misunderstood even within the profession. This presentation advocates for meaningful psychosocial objectives to be incorporated in all practice settings. In order to do so, it is necessary to understand the key elements of psychosocial practice and its relationship to behavioral and mental health.

9:30am–12:30pm

106 Developing a Transition Program for High-Risk Adolescents (3 PDUs)

Bonnie Nakasuji, OTD, OTR/L, FAOTA; Marilyn Noriega, MA, OTR/L; Rejeilyn Cerdenio, MS, OTR/L; Bahar Youdai, MA, OTR/L

This presentation will describe the creation and implementation (including successes and challenges) of an occupational therapy led transition group program focused on improving life skills and leadership development for high-risk adolescents.

9:30am–12:30pm

107 Evidence-Based Interventions for Oral and Pharyngeal Dysphagia (3 PDUs)

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Jerilyn (Gigi) Smith, PhD, OTR/L, FAOTA

Evidence-based interventions to address dysphagia will be reviewed with an opportunity to practice select techniques during the seminar. Pediatric, adult, and geriatric case presentations will illustrate the use of evidence-based intervention approaches.

9:30am–12:30pm

108 Impacting Patient Care Through Empathy (3 PDUs)

Aviril (Apple) Sepulveda, MS, OTD, OTR/L, BCP, SCFES

The lack of understanding of the patient's situation, including poverty, can influence healthcare services. Using simulation, participants will gain a better understanding of poverty, thereby promoting empathy and impacting the care given to patients.

9:30am–4:30pm

109 Successful Writing with Assistive Technology for All Students (6 PDUs)

Bridgette Nicholson, OTR/L

Children show what they know by drawing, handwriting, typing, and talking. We will explore every method of writing, using the most effective tools and strategies. Case studies and progress measurement will be shared.

11:00am–12:30pm

110 Changing Lives One Job at a Time (1.5 PDUs)

Ana Sandoval, COTA/L; Lisa Deshaies, OTR/L, CHT; Isabelle Guevara, OTS; Michele Berro, MA, OTR/L; Rodel Reyes, BSIE; Denise Ha, OTR/L, CBIS

Rancho's Occupational Therapy Vocational Services offers a variety of evaluation and program options for patients with the goal of returning to work. The Rancho Works Café & Gift Shop was established five years ago to provide a real work venue for participants to hone their work skills in a supported environment. Participants recovering from stroke, spinal injury, brain injury, and other rehabilitation conditions engage in the production of handcrafted items that are for sale in the Gift Shop or participate in food preparation, cashiering, bookkeeping, inventory, and customer service in the Café to increase their skills and confidence to return to work in the community.

11:00am–12:30pm

111 Addressing Falls in an Acute Inpatient Oncology Hospital (1.5 PDUs)

Carnie Lewis, MA, OTR/L

Occupational therapy can address falls within treatment sessions and outside of direct patient care by utilizing evidence-based practices and our profession's distinct lens to analyze factors that contribute to falls.

12:30pm–1:15pm

OT Practice Café/Lunch – \$18

Come grab a "picnic" lunch and sit at your OT hot topic table of choice. Advance purchase lunch and be eligible to win \$50 in gift cards.

1:30pm–2:30pm

120 Promoting Professional Diversity through Undergraduate Outreach (1 PDU)

Kristy Payne, OTD, OTR/L; Catherine Crowley, OTD, OTR/L

Supporting diversity in the occupational therapy profession begins with examining how clinicians initially discover the field. Participants will explore the impact of undergraduate education on disseminating knowledge of occupational therapy to a diverse student population.

1:30pm–3:00pm

121 Accessing Gaming for Improved Client Outcomes (1.5 PDUs)

Douglas Rakoski, OTD, OTR/L, ATP

Common gaming platforms have the power to add value to therapeutic interventions. Evaluating gaming technologies is a matter of applying occupational analysis. Attendees new to this area of therapy will learn a systematic way of incorporating gaming technologies into their practice.

1:30pm–4:30pm

122 Heal Thyself: Disability, Pain, Cognitive Flexibility, and Hope (3 PDUs)

Aaron Picus, OTD, OTR/L

Drawing upon the presenter's personal experience, participants will learn ways to support clients facing chronic pain, inflammatory health conditions, and invisible disabilities, focusing on cognitive-behavioral therapies, positioning and activity modifications, and therapeutic use of self.

1:30pm–4:30pm

123 Guidelines for Supervision, Documentation, and Ethical Practice (3 PDUs)

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH; Katie Jordan, OTD, OTR/L

This session will provide foundational knowledge to support occupational therapy practitioners in any setting. Presenters will focus on legislative updates, regulatory changes, and problem solving on issues of supervision, documentation, and ethical practice.



1:30pm–4:30pm

124 Sexuality in Oncology: Establishing Clinical Practice and Programming (3 PDUs)

Lynn Kim, OTD, OTR/L; Vanessa Yanez, MSOT, OTR/L; Sherry Hite, MOT, OTR/L

This workshop will delineate an evidence-based approach to assessment and treatment of physical and psychosocial aspects of sexual dysfunction in oncology. Hands-on opportunities will be provided to practice assessments and view recommended devices and moisturizers.

1:30pm–4:30pm

125 Movin' and Groovin': A Community-Based Dance Program for Older Adults (3 PDUs)

Cynthia McCullough, OTS; Danielle Gies, OTS; Joi Willis, OTS

Attendees will participate in an all-abilities dance workout developed by a team of occupational therapy students. They will learn how to partner with public libraries for community occupational therapy, and simple choreography designed to improve health for older adults living in low socio-economic situations.

1:30pm–4:30pm

126 Harm Reduction and Hoarding: A Trauma Informed Approach (3 PDUs)

Erin McIntyre, OTD, OTR/L; Ryan Kohl, OTS; Justin Faling, MSW

The session will introduce a trauma-informed, harm-reduction approach to navigate mandatory clear-outs for people experiencing hoarding disorder. A collaborative case example from a Level II fieldwork student and case manager will be discussed.

1:30pm–4:30pm

127 Promoting Positive Sensory Experiences in the NICU and Beyond (3 PDUs)

Shawna Townsend, OTD, OTR/L, CNT; Joyce Jung, MA, OTR/L

This discussion will assist occupational therapy practitioners in various practice settings to understand neurodevelopmental care in the neonatal intensive care unit (NICU) and how to implement evidence-based sensory strategies for optimal future outcomes.

1:30pm–4:30pm

128 Reinvigorating Rehab with the OT Whole Person Perspective (3 PDUs)

Lorelei Woerner, OTR/L, C-IAYT, E-RYT500; Jackie McIntosh

In this presentation, participants will refresh their holistic, biopsychosocialspiritual foundations as occupational therapy practitioners and re-invigorate their "phys dys" practice with this view. Participants will also explore mind-body concepts, far-reaching effects of breath, gut-brain, habit formation, and the driver: meaning and purpose.

2:30pm–3:30pm

129 Occupational Therapy Consultations for the Graduate Student Population (1 PDU)

Kelcie Kadowaki, OTD, OTR/L

This session will explore barriers, supports, interventions, and marketing strategies to increase the visibility and accessibility of occupational therapy services for the graduate student population through an on-campus primary care consultation model.

3:30pm–4:30pm

130 OTD Residency: Developing an Evidenced-Based Clinical Apprenticeship (1 PDU)

Julie Werner, PhD, OTR/L, CHT; Jamie Sakamoto, MA, OT/L, CLEC; Kendra King, MA, OTR/L, CBIS; Rani Waterman, OTD, OTR/L, AMPS

This presentation will feature how clinical residencies aiming to foster analytical thinking, critical synthesis of evidence, and best practices implementation in evolving treatment environments can benefit from cognitive science, learning theory, and expertise studies to inform program development.

All sessions on Sunday are open to students.

PRESENTERS BY NAME

Naomi Achondo, OTD, OTR/L.....	20	Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA	17, 18	Bridgette Nicholson, OTR/L.....	21
Michele Alaniz, OTR/L.....	17	Sherry Hite, MOT, OTR/L.....	15, 16, 19, 22	Marilyn Noriega, MA, OTR/L	21
Melina Allahverdian, OTS	16	Grace Ho, OTD, OTR/L.....	21	Kristin Nxumalo, OTD, OTR/L, CLT.....	18
Ivan Altamura, JD.....	18, 19	Judy Hopkins, OTD, OT/L, CLE	15	Erin O'Donnell, OTD, OTR/L.....	20
Luis Arabit, OTD, MS, OTR/L, BCN, BCPR, C/NDT.....	16	Tracy Jalaba, OTD, OTR/L	21	Jean Pacifico-Banta, OTD, OTR/L	20
Asha Asher, MA, OTR/L, SCSS, FAOTA	18, 20	Boris Jimenez.....	19	Karen Park, OTD, OTR/L, BCP.....	16
Rachel Avila, MOT.....	20	Mo Johnson, PhD, MS, OT/L, BCPR, C/NDT...	14	Sharon Pavlovich, MAM, COTA/L	18
Natalie Barrales, OTS	13	Jennifer Jones, OTD, OTR/L, BCP.....	20	Kristy Payne, OTD, OTR/L.....	22
Michele Berro, MA, OTR/L.....	22	Katie Jordan, OTD, OTR/L	22	Tanya Penny, OTR	16
Christy Billock, PhD, OTR/L.....	15	Joyce Jung, MA, OTR/L	22	Terry Peralta-Catipon, PhD, OTR/L.....	16
Julie Bissell, OTD, OTR/L, ATP.....	18	Kelcie Kadowaki, OTD, OTR/L	22	Christine Peters, PhD, OTR/L, FAOTA.....	15
Erna Blanche, OTR/L	19	Bryan Kang, MA, OTR/L,	19	Shawn Phipps, PhD, MS, OTR/L, FAOTA	16
Peg Bledsoe, OTD, OTR/L, FAOTA, BPC.....	15	Mary Kellogg, JD.....	15	Aaron Picus, OTD, OTR/L	20, 22
Richard Bookwalter, MS, OTR/L, CBOT	18	Shannon Kelly, MS, OTR/L.....	18	Bobbi Pineda, PhD, OTR/L, CNT.....	13
Elyse Borst, COTA/L	18	Joyce Khowdee, OTD, OTR/L.....	15, 20	Anet Piridzhanyan, MS, RDN	16
Queeny Brown, OTS.....	15	Alisa Kim, OTD, OTR/L.....	20	Deborah Pitts, PhD, OTR/L, BCMH, CPRP, FAOTA.....	19
Krystle Gail Bueno, OTS.....	16	Jennifer Kim, OTR/L	18	Doug Rakoski, OTD, OTR/L, ATP	22
Erin Bussell, OTS.....	16	Lynn Kim, OTD, OTR/L.....	16, 22	Gustavo Reinoso, OTR/L	19
Rejeilyn Cerdenio, MS, OTR/L.....	21	Sarah Kim, OTS.....	19	Rodel Reyes, BSIE.....	22
In Hwa Chae, OTS	15, 18	Kendra King, MA, OTR/L, CBIS	22	Jessica Richman, OTD, OTR/L	15, 16
Jennifer Chan, MA, OTR/L.....	19	Karrie Kingsley, OTD, OTR/L.....	19, 20	Joyce Rioux, EdD, OTR/L, SCSS.....	18
Wesley Chen, MA, OTR/L.....	19	Heather J. Kitching, OTD, OTR/L	20, 21	Jamie Sakamoto, MA, OT/L, CLEC.....	22
Margaux Collins, OTS	13	Jenna Kobara, MA, OTR/L	14	E. Malia Sako, MA, OTR/L.....	15, 16
Jan Martha Conducto, OTS	13	Ryan Kohl, OTS.....	22	Arezou Salamat, OTD, OTR/L	16
Janet Contreras.....	19	Julie Kugel, OTD, MOT, OTR/L.....	13	Inez Salcido.....	19
Cynthia Cooper, MFA, MA, OTR/L, CHT.....	15	Jenny Kwon, OTS.....	13	Ana Sandoval, COTA/L.....	22
Catherine Crowley, OTD, OTR/L.....	22	Sophia LaBrosse, OTS.....	16	Camille Schilling, OTS.....	15
Karen Crum OTD, OTR/L, CLT.....	18	Genevieve Lam, PsyD.....	15	Robin Schlundt Bodien, MA, OTR/L.....	18, 19
Kaitlyn Cruz, MAOT, OTR/L	19	Elissa Lee, OTS.....	18	Elizabeth Schmidt, MOT, OTR/L.....	20
Rebecca Cunningham, OTD, OTR/L.....	16	Ingrid Leu, OTD, OTR/L.....	16	Allie Schmiesing, MA, OTR/L.....	19
Celso Delgado, Jr. , OTD, OTR/L, BCMH.....	19	Carnie Lewis, MA, OTR/L	21, 22	Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA	16, 18, 19, 21
Lisa Deshaies, OTR/L, CHT.....	22	Kitsum Li, OTD, OTR/L, CSRS.....	18	Melissa Schwartz, BA.....	20
Bob Devries, BA.....	15	YK Liao, OTS.....	16	Cristina Scionti, MS, OT/L, RYT-500.....	14, 17
Endenne Dupree, OTR/L.....	15	Tabitha Lin, OTS.....	18	Brandon Seigel, CRP	13, 15, 16
Bryant Edwards, OTD, MA, OTR/L, BCP, MPH.....	18, 22	Megan Linderman, OTR/L.....	21	Aviril (Apple) Sepulveda, MS, OTD, OTR/L, BCP, SCFES.....	15, 21
Allen Espelita, OTD, OTR/L, C/NDT, CEAS....	16	Danielle Lombardi, MA, OTR/L.....	15	Sylvia Shaw, MD, FACE.....	20
Justin Faling, MSW	22	Nancy Longo, MSW	14	Manisha Sheth, OTD, OTR/L	17
Shanpin Fanchiang, OTR/L, PhD.....	20	Cecelia Ly-Peh, OTS.....	13	Galit Shezifi, MSW.....	21
Stacey Frauwirth, OTR/L.....	19	Anne MacRae, PhD, OTR/L, BCMH, FAOTA .	21	Jerylin (Gigi) Smith, PhD, OTR/L, FAOTA	21
Judith Freeman, MA, OTR/L.....	13	Marissa Marchioni, OTD, OTR/L, CEAS.....	16	Courtney Stonesifer, OTS	16
Danielle Friberg, OTD, OTR/L	18	Samantha Marrah, OTS.....	16	Mimi Stroud, OTS.....	16
Gloria Frolek Clark, PhD, OTR/L, SCSS, BCP, FAOTA	18	Heather Martin	18	Diana Su-Erickson, OTR/L	15
Taly Galor, MA, OTR/L.....	21	Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT.....	13, 18	Brittany Tate, OTDs.....	14
Jonnie Galvan, OTR/L	14	Cynthia McCullough, OTS, MA	22	Adrienne Tesarek, OTR/L.....	18
Cheryl Garden, OT/L, CLE.....	15	Jackie McIntosh	22	Lisa Test, OTD, OTR/L.....	15, 18, 20
Alison George, MS, OTR/L.....	14	Erin McIntyre, OTD, OTR/L.....	19, 22	Heather Thomas, PhD, OTR/L.....	21
Danielle Gies, OTS, MA	22	Jenna Mele, OTD, OTR/L, CCM, RYT, PAC....	13	Julie To, OTR/L.....	18
Don Gordon, PhD, OTR/L.....	13	Krystal Messer, MA, MLIS	15	Shawna Townsend, OTD, OTR/L, CNT	15, 22
Gabrielle Granados, OTR/L.....	18	Julie Miller, MOT, OTR/L.....	16, 19	Cecilia Tran, OTD, OTR/L	20
Rebecca Grantham, OTR/L	18	Tessa Milman, OTD, OTR/L	19	Sonia Trejo, MA, OTR/L.....	20
Isabelle Guevara, OTS	22	Kellie Miyashima, OTS.....	19	Gina Tucker-Roghi, OTD, OTR/L.....	13, 15
Denise Ha, OTR/L, CBIS.....	22	Zorash Montañó, PhD	16	Claire Uke, MOT, OTR/L	14
Caroline Hardin, MA, OTR/L.....	15	Jodie Murakami, OTD, OTR/L	18	Joseph Christian Ungco, OTD, OTR/L.....	20
Joseph Hawthorne, ACSM-CPT, RBT, AKC	21	Rashelle Nagata, OTD, OTR/L	21	Elena Vaccaro, OTS.....	15
Laurelin Hefter, MA, OTR/L.....	19	Bonnie Nakasuji, OTD, OTR/L, FAOTA.....	14, 20, 21	Amanda Vanni, MPH, CHES	20

PRESENTERS BY NAME

Suzanne Walter, OTS.....	16
Rani Waterman, OTD, OTR/L, AMPS.....	22
Julie Werner, PhD, OTR/L.....	22
Jamieson Wilcox, OTD, OTR/L.....	18
Joi Willis, OTS, MA.....	22

Chuck Willmarth, CAE.....	18, 19
Ellen Wleklinski Collins, MOT, OTD, OTR/L, CBIS.....	18
Lorelei Woerner, OTR/L, C-IAYT, E-RYT500..	22
E. Mariko Yamazaki-Sanchez, OTD, OTR/L.....	16, 19, 20

Vanessa Yanez, MS, OTR/L.....	16, 22
Bahar Youdai, MA, OTR/L.....	21
Sara Zevalkink, MOT.....	20

POSTER PRESENTATIONS

There are two groups. Poster presentations may be viewed only on **Saturday, October 19, 2019** – Group A: 11:30am–12:30pm; and Group B: 1:00pm–2:00pm in the Exhibit Hall. To earn PDUs, the **poster presenter(s) must initial your Certificate of Completion** form. You may earn .25 PDU for each poster with a maximum allowed of 2 PDUs for the two-hour session. *Sponsor: Stanbridge University*

A Novel Method to Treat Phantom Pain

Linda Liang, OTD, OTR/L, SCLV, CLT; Clarissa Saunders-Newton, PhD, OTR/L; Heather Gates, MA, OTR/L

Achieving Competency to Practice Animal-Assisted Therapy

Phoebe Yam, OTR/L

Addressing Chronic Complex Medical Conditions in Occupational Therapy

Stephanie Yang, MA, OTR/L; Teresa Teng, MA, OTR/L, CEASI; Michal Atkins, MA, OTR/L

Assistive Technology in Early Childhood Occupational Therapy

Diane Tom, OTD, OTR/L

Autism Prevalence and Screening: Multilingual and Multicultural Considerations

Amy Zhao, OTS; Emily Campi, OTS

Calendar Study: Students With and Without Learning Differences

Eddie Chu, MA, OTR; Margaret Goodfellow, OTS; Rashelle Nagata, OTD, OTR/L; Amy Yeh, OTS

Caregiver Training in Acute Care: Case Examples

Sela Han, MS, OTR/L, CBIS

Choose Your Own Journey Story for Testing Anxiety

Elizabeth Eisner, OTS; Janelle Jarvis, OTS; Samantha Ichikawa, OTS; Victoria Slavin, OTS

Connecting Through Play: Designing a Curriculum for Caregivers

Akemi Davies, OTR/L; Season Harris, OTS; Devon Tugman, OTS; Eunji Koo, OTS

Dysphagia Treatment Standardization in a Globalized Society

Ranier Barrett, MA, OTR/L

Enhancing Quality of Life in a Vision Impaired Community Through Aesthetic Techniques

Christina Labro, OTS

Farewell to Falls Program Evaluation

Claire Francis, OTS; Chelsea Holsonbake, OTS; Jenna Gorden, OTS; Sonja Kramer, OTS; Deborah Bolding, PhD, OTR/L

From Root to Fruit

Susannah Hong, OTS; Ursula Hawe, OTS

Gap in Therapy Activation After NICU Discharge

Margaux Collins, OTS; Jenny Kwon, OTS; Bobbi Pineda, PhD, OTR/L, CNT

How Does It Make You Feel?

Amanda Levy, MA, OTR/L; Connie Suh, MA, OTR/L; Fides Faith Goh, MA, OTR/L

Infant Massage with Mothers Who are Homeless

Colleen Nunn, OTS; Bailey Fator, OTS; Paige Dunlop, OTS; Caitlin Crowley, OTS; Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

Integrating Movement into Schools: Why and How

Julie Kornbluth, MA, OTR/L

Is it Smart to Recommend Smart Home Technology for Patients with ALS?

Princess Albania, MOT, OTR/L; Sara Benham, OTD, OTR/L

Movin' and Groovin': A Community-Based Dance Program for Older Adults

Cynthia McCullough, OTS; Dani Gies, OTS

Occupational Performance Coaching as an Ultimate Enabler

Diana Gantman Kravetsky, OTD, MS, OTR/L, AP; Valerie Cromwell, OTS

Occupation-Focused Work Readiness Program with Homeless Parents

Matthew Scrabis, OTS; Melissa Magdangal, OTS; Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

Perceived Stress and Sleep Quality in Graduate Students

Eileen Li, OTS; Jack Banister, OTS

Physiological Responses and Coping Among Sensory Defensive Adults

Benjamin Cohen, OTS; Jenny Park-Chan, OTS; Jessica Valenzuela, OTS; Alexandria Donaldson, OTS

Pre-Sleep Routines of Adult Normal Sleepers

Jean Koketsu, OTD, MS, OTR/L

Promoting Intimacy for Persons with Neurodegenerative Disorders

Kristin Morse, OTS; Lindsay Richards, OTS; Breann Paul, OTS; Lisa Vande Vegte, OTS; Beth Sullivan, OTD, OTR/L

Rethinking Babies' First Foods: An Oral-Motor Learning Outlook

Yovana Harris, COTA/L, CLC; Jessica Padilla, COTA/L

Sensory Modulation, Anxiety, and Interoception in Typical Adults

Vanessa Mitchell, OTS; Nhu Nguyen, OTS; Sara Laughter, OTS; Christine Kim, OTS

Simulation Versus Didactic Teaching: Effects on Social Problem-Solving

Diana Villaseñor Rodriguez, OTS; Michelle Agbayani, OTS; Kayla Armstrong, OTS; Gabriela Belmonte, OTS; Kaysha Dorsey, OTS

POSTER PRESENTATIONS

Sleep Interventions in Fast-Track Joint Replacement Surgery Center

Manisha Sheth, OTD, OTR/L

Snapshot Survey of Mindfulness Techniques for Chronic Pain

Cristina Scionti, MS, OT/L, RYT-500; Jannet Chen, MSOT;
Katherine Chen, MSOT; Nadia Rashid, MSOT;
Kathryn Respicio, MSOT

Social Participation in College Students with Chronic Pain

Megan Chinn, OTS; Patricia Tran, OTS; Camille Santiago, OTS;
Jamie Spitzer, OTS; Megan Chamberlain, OTS

Somatic Disorders Within Hospitalized Youth

Ashley Tarango, MA, OTR/L; Evan Nicholas, OTS

Spirituality in Occupational Therapy Practice: A Phenomenological Approach

Regina Sarnicola, OTS; Christina Villaseñor, OTS;
Tiffanie Vu, OTS; Loree Pham, OTS

The Development of a Transition-Age Youth Program Using a Team-Based Approach

Elizabeth Zepeda, MA, OTR/L;
Celso Delgado, Jr., OTD, OTR/L, BCMH

The Meaning of Driving for Low-Income Older Adults

Suzanne Walter, OTS; Mimi Stroud, OTS; Samantha Marrah, OTS;
YK Liao, OTS; Courtney Stonesifer, OTS; Winifred Schultz-Krohn,
PhD, OTR/L, BCP, FAOTA

The Occupational Therapist's Role Caring for NAS Infants

Shawna Townsend, OTD, OTR/L, CNT

Type-2 Diabetes Management for Latinos: An OT Lens

David Saldana, OTS

Understanding Participation in a Community-Based Art Program

Melody Taban, OTS

Video Modeling: Occupational Engagement for Adults with Autism

Teresa Le, OTS; Brianna Rodrigues, OTS;
Katherine Blankenship, OTS; Gabrielle Tabije, OTS

Visual-Motor Assessment on the iPad

Dana Khudaverdyan, EdD; Karen Silberman, EdD;
Randy Fall, PhD

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CONFERENCE-AT-A-GLANCE

Thursday, October 17, 2019

Registration – Check-In Hours for Thursday Pre-Conference Institute
8:00am–9:30am and noon–2:00pm • Hilton Pasadena

9:00am	10 Getting Comfortable With Feeding--You Can Do It (3 PDUs)	11 Mental Health Toolkit for a Skilled Nursing Facility (3 PDUs)	12 Understanding the Mind-Body Connection in Trauma and Seizures (3 PDUs)	13 Tapping into the Entrepreneur Within You (6 PDUs)
Noon	Lunch on Own			
1:00pm–2:00pm	14 Supporting and Enhancing NICU Sensory Experiences (SENSE) (1 PDU)	15 Understanding Patient-Driven Payment Model (3 PDUs) (ends at 4:00pm)	16 Building Skills to Engage People Living with Dementia (3 PDUs) (ends at 4:00pm)	13, cont. Tapping into the Entrepreneur Within You (6 PDUs) (ends at 4:00pm)
2:15pm–3:15pm	17 Pacifier Use in Newborns (1 PDU)			
3:30pm–4:30pm	18 Tool Development of the Neonatal Eating Outcome Assessment (1 PDU)			
6:00pm–8:00pm	Registration Pick-up Available-If registered in advance			
6:30pm–8:00pm	A – Movie Night: G-Dog (.5 PDU) – All Attend			

Friday, October 18, 2019

7:15am	Friday Registration (7:15am–5:00pm) • Pasadena Convention Center										
7:30am	B – Mind-Body Activity: Easy Tai-Chi/Yoga • Pasadena Convention Center C – Student Track-Exploring Paths to Leadership										
8:15am	20 Facilitating Culturally-Based Inter-Professional Collaboration; Impact on Client-Centered Care (1.5 PDUs)	21 3D Printer: Adapting Tools in Occupational Therapy (1.5 PDUs)	22 I Am More Than My Past: A Holistic Approach to Treating Trauma in Children (1.5 PDUs)	23 Procrastination: Beating the Tomorrow Mindset (1.5 PDUs)	24 Do Babies Have Jobs? Exploring the Role of OT in the NICU (1.5 PDUs)	25 Transdisciplinary Collaboration: Sensory-Informed Adaptations to Mental Health Treatment (1.5 PDUs)	26 OT Interventions for Heart Failure Clients in the SNF (3 PDUs)	27 The Polyvagal Therapy: Integration into Emotions, Attachment, and Self-Regulation (3 PDUs)	28 Occupational Therapy Intervention for Chemotherapy-Induced Peripheral Neuropathy (3 PDUs)	29 Defensible and Comprehensive School-Based OT Assessment (3 PDUs)	30 STUDENT TRACK Section 1: The Mouth Trap: Strategies for Effective Communication! Section 2: Developing a Peer Led Volunteer Program in a Mental Health Clinic
10:00am	31 Understanding Mentorship for the Occupational Therapy Practitioner (1.5 PDUs)	32 Developing an Archive from Rood to Clark: A Collaborative Partnership (1.5 PDUs)	33 Maternal Mental Health: The Emerging OT Practice (1.5 PDUs)	34 Integrating Spiritual Assessment into Practice: The OTSNA Tool (1.5 PDUs)	35 The NICU OT Role in Changing the Outcomes of NAs (1.5 PDUs)	36 Role of Occupational Therapy in Addressing Childhood Trauma (1.5 PDUs)					
11:30am	CFOT Awards Luncheon and Symposium (.5 PDU) – Separate Ticket Required – \$75 (Students – \$75 or \$10 no lunch/gallery seating) • Pasadena Center/Ballroom										
1:00pm	37 The 2%: Advocating for OT in Mental Health (2 PDUs)	38 The Role of Telehealth in Today's Private Practice (2 PDUs)	39 The Meaning of Driving for Low-Income Older Adults (2 PDUs)	40 Prolonged Screen Time: A New Factor in Occupation (2 PDUs)	41 Transitioning from Practitioner to Academic (2 PDUs)	42 A Biopsychosocial Approach to Managing Cancer-Related Fatigue (2 PDUs)	43 Meditation Tools for Stress Relief (2 PDUs)	44 The Intersection of Pediatric Cancer, Medical Trauma, and Feeding Challenges: A Case Study (2 PDUs)	45 OT's Role in Supporting Infant/Child Mental Health (2 PDUs)	46 Environmental Factors in the Workplace and Community (2 PDUs)	47 STUDENT TRACK Section 1: OMG Becky, Look at Her Salary Section 2: Sleep Promotion among Older Adults in the Community
3:00pm	All Proceed to the Awards Ceremony and Keynote Address										
3:15pm	48 – OTAC Awards Ceremony and Keynote Address: Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA – All Attend – (.5 PDU)										
5:15pm	D – Expo Grand Opening Reception – All Attend • Pasadena Convention Center										
7:30pm	Alumni and Student Receptions • Hilton Pasadena										

Saturday, October 19, 2019

7:15am	Saturday Registration (7:15am–6:00pm) • Hilton Pasadena										
7:30am	E – Mind-Body Activity: Easy Tai-Chi/Yoga • Pasadena Convention Center										
8:15am	50 Protecting Your License and California Consumers (1.5 PDUs)	51 Understanding the Doctoral Capstone Project and Experience (1.5 PDUs)	52 Get Your Groove Back: Occupational Engagement for Practitioners (1.5 PDUs)	53 Developing a Protocol for Managing Surgical Lymphedema Patients (1.5 PDUs)	54 School-Based OT Telehealth: Practical Application (1.5 PDUs)	55 Expanding Roles for OT in School-Based Practice by Understanding the Legislative Process (1.5 PDUs)	56 Helping Patients Navigate the Healthcare System (1.5 PDUs)	57 Conservative Management for Thumb CMC Osteoarthritis (3 PDUs)	58 Population Health: What's All the Buzz? (3 PDUs)	59 Catching Your Breath: OT's Role in Progressive Lung Disease (3 PDUs)	60 Applying a Systems View to School Practice (3 PDUs)
10:00am	61 State Legislative and Regulatory Updates (1.5 PDUs)	62 Connect the Dots Through Digital Portfolio (1.5 PDUs)	63 Compassion Fatigue Program in Action (1.5 PDUs)	64 Adolescent and Young Adults in Oncology: Optimizing Health Self-Management (1.5 PDUs)	65 Moving Beyond Informal Clinical Observations: Introducing the Structured Observations of Sensory Integration-Motor (1.5 PDUs)	66 I Didn't Know I Didn't Know That! (1.5 PDUs)	67 Double Rainbows: Youth on Gender and Autism Spectrums (1.5 PDUs)				
11:30am	F – Expo and Poster Presentations - All Attend • Pasadena Convention Center										
2:30pm	70 CNA Training for Alzheimer's (1 PDU) CANCELLED	71 Psychosocial Considerations for Hand Rehabilitation (1 PDU)	72 Anxiety Workshops in Schools for Students, Educators, and Parents (1 PDU)	73 OT Issues Around the Country: The National Perspective and the View from Sacramento (1.5 PDUs)	74 Occupational Therapy's Crucial Role in Pre-Operative Care (1.5 PDUs)	75 Transformational Journey from Gang Involvement to Finding Meaningful Purpose (3 PDUs)	76 'Putting on Our People Lens': Lived Experience as Pedagogy (3 PDUs)	77 Queering and Crippling Sex: Sexuality as an ADL (3 PDUs)	78 Student Engagement: Designing Meaningful Intervention (3 PDUs)	79 Scaffolding Family Participation in Pediatric Feeding Interventions (3 PDUs)	80 STUDENT TRACK Section 1: The First Step for Adherence: Imaging an Action
4:15pm	81 Facilitating Support Groups in a Primary Care Setting (1 PDU)	82 Multidisciplinary Team Approach and Assessments for Individuals with ALS (1 PDU)	83 Is It Sensory Processing Disorder or High Sensitivity? (1 PDU)	84 Sparkling Change at Work: Strategies for Everyday Practitioners (1.5 PDUs)	85 Mistakes and Transformations: The "Becoming" of Cultural Fluidity (1.5 PDUs)						Section 2: SCUBA Diving from an Occupational Science Perspective Section 3: USC Wellness Dog: Impact on Student Mental Health
	86 Occupational Therapy's Role in Treating Post-ICU Syndrome (1 PDU) CANCELLED	87 Yoga: Breaking Boundaries for Elementary Students with Autism (1 PDU)									
6:00pm	G – President's Reception, OT Olympics, and Dance Party! – All Attend • Hilton Pasadena										

Sunday, October 20, 2019

7:15am	Sunday Registration (7:15am–5:00pm) • Pasadena Convention Center									
7:30am	H – OTAC Annual Meeting and Breakfast featuring Joseph Hawthorne, ACSM-CPT, RBT, AKC – (.5 PDU) • Pasadena Convention Center									
9:30am	100 Utilizing Expressive Arts and OT for Boosting Vitality (1.5 PDUs)	101 End of Life Care Policy and Practice (1.5 PDUs)	102 The Three Phases of Transformation (3 PDUs)	103 Using the OT Practice Framework to Facilitate Everyday Leadership (3 PDUs)	104 How to Pioneer Occupational Therapy on College Campuses (3 PDUs)	105 What is Psychosocial Occupational Therapy? (3 PDUs)	106 Developing a Transition Program for High-Risk Adolescents (3 PDUs)	107 Evidence-Based Interventions for Oral and Pharyngeal Dysphagia (3 PDUs)	108 Impacting Patient Care Through Empathy (3 PDUs)	109 Successful Writing with Assistive Technology for All Students (6 PDUs)
11:00am	110 Changing Lives One Job at a Time (1.5 PDUs)	111 Addressing Falls in an Acute Inpatient Oncology Hospital (1.5 PDUs)								
12:30pm	OT Practice Café/Lunch – \$18 – Come discuss hot practice topics.									
1:30pm	120 Promoting Professional Diversity through Undergraduate Outreach (1 PDU)	121 Accessing Gaming for Improved Client Outcome (1.5 PDUs)	122 Heal Thyself: Disability, Pain, Cognitive Flexibility and Hope (3 PDUs)	123 Guidelines for Supervision, Documentation, and Ethical Practice (3 PDUs)	124 Sexuality in Oncology: Establishing Clinical Practice and Programming (3 PDUs)	125 Movin' and Groovin': A Community-Based Dance Program for Older Adults (3 PDUs)	126 Harm Reduction and Hoarding: A Trauma Informed Approach (3 PDUs)	127 Promoting Positive Sensory Experiences in the NICU and Beyond (3 PDUs)	128 Reinvigorating Rehab with the OT Whole Person Perspective (3 PDUs)	109 cont. Successful Writing with Assistive Technology for All Students (6 PDUs)
2:30pm	129 Occupational Therapy Consultations for the Graduate Student Population (1 PDU)									
3:30pm	130 OTD Residency: Developing an Evidenced-Based Clinical Apprenticeship (1 PDU)									
4:30pm	Conference Concludes: Sunday Registration Closes at 5:00pm–Be sure to submit your Certificate of Completion (white copy)									

CONFERENCE REGISTRATION FORM INSTRUCTIONS

See page 4 for
Deadlines to
Remember

(form on page 29)

1. **Registrant:** Please print or type all data.
(Online registration is available on the OTAC website at www.otaonline.org through October 4, 2019 at 8:59pm.)
2. **Program Selection:** Every session and activity has a number or letter. Circle the number/letter of each session/activity you will attend. Attendance is limited by seating or by speaker's request. **Registration forms will NOT be accepted if you select overlapping sessions.**
3. **Registration Fee:** First, locate your professional status (OT/OTA, Student), select the combination of days you will attend, and circle the appropriate Registration Fee amount that applies to your professional status and combination of days. Additional fees may apply.
4. **Summary Selection:**
 - You must check all boxes that apply or your registration is not complete.
 - Workplace Colleague Special Discount: See section below on this page for policy/criteria.
 - Special Meal Needs: You must pre-register by October 4, 2019 or we may not be able to accommodate you.
 - Special Needs: You must pre-register by October 4, 2019.
 - Special Activities (SA): These events must be prepaid. There most likely will be no 'at-the-door' availability. Seating is limited.
 - Refund Policy: A refund, less \$75 administrative fee (\$45 for students), will be issued if written notice of cancellation is received by the OTAC Office postmarked on or before October 4, 2019. No refunds after that date. Refunds will not be processed until after Conference.
5. **Deadlines:** See page 4 for Deadlines to Remember.

CONFERENCE ATTENDEE AGREEMENTS/DISCLAIMERS

Attention

By registering for or attending any event or activity associated with the Occupational Therapy Association of California's (OTAC) 2019 Annual Conference & Expo, I agree to the following:

Professional Development/Information Disclaimer

OTAC's 2019 Annual Conference & Expo is sponsored by the Occupational Therapy Association of California for professional development, networking, and OTAC business purposes. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals at arriving at their own conclusions and consequent application. Attendees participating in this professional development education program do so with full knowledge that they waive any claim they may have against OTAC and its staff or representatives for reliance on any information presented during these educational activities.

Public Relations Agreement

Registration and attendance at, or participation in, OTAC meetings and other activities constitutes an agreement by the registrant for OTAC's use and distribution (both now and in the future) of the registrant's or attendee's image or voice in photographs, videotapes, electronic/print reproductions, and audio tapes of such events and activities.

Waiver of Liability Agreement

I release the Occupational Therapy Association of California, its staff, elected and appointed officials, presenters, and any other individuals or entities associated with OTAC's 2019 Annual Conference & Expo from any and all liability connected with my participation, as well as from any liability related to changes to the schedule, events, or activities. I acknowledge and agree that I am participating of my own choice and assume all risk in connection thereof, and that in the event that a need for emergency medical service arises, I authorize and consent to such services being provided at my own expense.

WORKPLACE COLLEAGUE DISCOUNT

Don't get enough time to visit with those in your workplace? Want a way to save money together? You can travel together and room together, you can also save on registration together. All individual registration forms, full payment, and membership applications (if applicable) must be submitted together by October 4, 2019.

Discount policies

- Three or more OTAC members from the same **physical** workplace address can receive a 10% discount when pre-registering for conference together. Minimum of three registrants required.
- You cannot register online to receive this discount. Registration forms must be **submitted together** by fax, email attachment, or by mail.
- Discount available to OTAC members only; however, a nonmember can submit a membership application along with the registration forms to qualify for discount.
- This is a pre-registration special only. Special ends October 4, 2019.
- Discount applies only to the Registration Fee for Friday, Saturday and/or Sunday. Discount does not apply to any other fees including presenter/material fees/costs, special event fees including meals, and pre-conference institutes.
- No refunds given if number of colleagues registered together drops below three; however, new workplace colleagues may be substituted for previous registrants at any time (OTAC membership required).
- Student members already receive a discounted rate and do not qualify for this discount.
- Conference registrants receiving any other registration discount do not qualify for this discount.

CONFERENCE REGISTRATION FORM

See page 4 for deadlines and increases to Early Bird Registration Rates!



1. REGISTRANT: (Please print or type)

First Name _____ Middle Initial _____
 Last Name _____ Credentials _____
 Home Address _____
 Home City/State/Zip _____
 Phone Home (____) _____ Work (____) _____ Cell (____) _____
 Email _____ First Time Attendee ☐ Yes ☐ No
 Who to contact in case of an emergency: (Name and cell phone) _____

2. PROGRAM SELECTION: (Circle) the sessions/activities you will attend. Sessions/activities are included in registration for the corresponding day. *You may not register for overlapping sessions.*

THURSDAY				FRIDAY										SATURDAY										SUNDAY												
AM ADDITIONAL FEES REQUIRED FOR THURSDAY	10	11	12	13	20	21	22	23	24	25	26	27	28	29	30	50	51	52	53	54	55	56	57	58	59	60	100	101	102	103	104	105	106	107	108	109
	31	32	33		34	35	36	61	62	63		64	65	66	67	110	111	109 CONT																		
PM ADDITIONAL FEES REQUIRED FOR THURSDAY	14	15	16	13	37	38	39	40	41	42	43	44	45	46	47	70	71	72	73	74	75	76	77	78	79	80	120	121	122	123	124	125	126	127	128	109 CONT
	71															72	74	129		130																
	17															81	82	83	84		85															
18	86	87																																		
ACTIVITIES	A "PPN"			48	B		C		D		"AGA"				"SL/M"		BPP		E	F	G		H													

3. REGISTRATION FEE: (Circle) the combination of days you are attending in order to be registered. Enter amount in Section 4/ Registration Fee below.

FEES INCREASE SEPTEMBER 1, 2019	FRI./SAT./SUN.	FRI. ONLY	FRI./SAT.	FRI./SUN.	SAT. ONLY	SAT./SUN.	SUN. ONLY
OT/OTA	\$319	\$149	\$269	\$289	\$149	\$289	\$179
OTS (Student-MOT or OTA)	\$159	\$59	\$99	\$119	\$59	\$119	\$99
ADD-ON: NON-OTAC MEMBER FEE/NEW MEMBER DUES	OT: Add \$130 to the fees above • OTA: Add \$100 to the fees above • Students (MOT/OTA) add \$50 to the fees above. This add-on fee qualifies you for a 1-year membership if you have not been a member since 7/2017. Submit a membership application.						

4. SUMMARY SECTION: Fill in and check all boxes ☒ that apply to your registration form is not complete and may be subject to additional fees.

- ☐ Registration Fee (from Section 3 above) \$ _____
☐ Workplace Colleague Special Discount (Subtract 10%) \$(_____)
☐ Non-OTAC Member Fee (OT) \$130 – (May Include Membership) \$ _____
☐ Non-OTAC Member Fee (OTA) \$100 – (May Include Membership) \$ _____
☐ Non-OTAC Student Member Fee \$50 – (May Include Membership) \$ _____
☐ Session 10 (Members \$39/Nonmembers \$59) \$ _____
☐ Session 11 (Members \$39/Nonmembers \$59) \$ _____
☐ Session 12 (Members \$39/Nonmembers \$59) \$ _____
☐ Session 13 (Members \$79/Nonmembers \$99) \$ _____
☐ Session 14 (Members \$19/Nonmembers \$29) \$ _____
☐ Session 15 (Members \$39/Nonmembers \$59) \$ _____
☐ Session 16 (Members \$39/Nonmembers \$59) \$ _____
☐ Session 17 (Members \$19/Nonmembers \$29) \$ _____
☐ Session 18 (Members \$19/Nonmembers \$29) \$ _____
☐ SA: Guest Registration (see page 5) _____ @ \$65ea. \$ _____
☐ SA: Friday CFOT Symposium/Lunch _____ @ \$75ea. \$ _____
☐ SA: Friday CFOT Symposium/No Lunch _____ @ \$10ea. (students only) \$ _____
☐ SA: Saturday Expo Lunch _____ @ \$15ea. \$ _____
☐ SA: Sunday Breakfast: Extra Ticket _____ @ \$30ea. \$ _____
☐ SA: Sunday OT Practice Café/Lunch: Ticket _____ @ \$18ea. \$ _____
☐ Saturday Exhibit Hall Only: Member \$0/Nonmember \$25 (OT/OTA/OTS Only) \$ _____
☐ Registration received between 9/1/19-10/4/19 – \$60 (Add) \$ _____
☐ Registration received after 10/4/19 onsite – \$90 (Add) \$ _____
 TOTAL (Send check or use credit card) \$ _____

5. PAYMENT INFORMATION

Do not email your registration from with credit card information. Emails are not secure, please fax to the secure number listed below.

☐ AMEX ☐ MasterCard ☐ Visa ☐ Discover
☐ Check # _____ (Payable to OTAC)
 Card Number _____ VCode* _____
 Name of Cardholder _____ Exp. Date _____
 Card Billing Address _____
 City _____ State _____ Zip _____
 Signature _____
*The VCode is a 3 or 4 digit number on the back of your card following your card number (front of AMEX card).

☐ WORKPLACE COLLEAGUE DISCOUNT (Must register by October 4):
See page 28 for details

Employer _____
 Employer Address _____

☐ SPECIAL MEAL AND NEED REQUESTS: (Must register by October 4)
 Attach description of requests.

6. SUBMIT REGISTRATION

Fax (916) 294-0415 – Secure Fax
 Mail OTAC, PO Box 276567, Sacramento, CA 95827-6567
 Online www.otaconline.org

7. KEEP A COPY FOR YOUR RECORDS

Questions? By Phone: (916) 567-7000 or (888) 686-3225
By Email: staff@otaconline.org

*Beginning October 5, 2019, registration will only be accepted "on-site" at the Pasadena Convention Center and the fee increases \$90.

*Cancellation Fee: \$75/Practitioners; \$45 Students. Must cancel by October 4, 2019.

*No refunds after October 4, 2019.

EXHIBITORS

Friday, October 18 • 5:15pm–7:15pm and Saturday, October 19 • 11:30am–2:15pm
Pasadena Convention Center, Exhibit Hall A

Still time to exhibit or sponsor!
Call Shannon Rutledge at
(888) 686-3225 or email at
shannon@otaonline.org.

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CUSTOMIZE YOUR OWN SCHEDULE

Our Annual Conference tracks provide you the opportunity to build your own customized schedule to meet your professional development goals. Focus on one or two areas or mix and match for an eclectic array of continuing education. Once you select and register for your sessions, you can build an digital schedule through the Annual Conference mobile app.

Transforming OT Today and Tomorrow

Movie Night: G-Dog

Moderated by Julie Kugel, OTD, MOT,
OTR/L

CFOT Awards Luncheon and Symposium

Honored Lecturer Shawn Phipps, PhD, MS,
OTR/L, FAOTA

**Occupational Therapy and Neuroplasticity Following
Traumatic Brain Injury: The CAPE Recovery Model**

Friday Keynote Address

Featuring Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA
Rise Above: New Day, New Way

Sunday President's Address

Heather J. Kitching, OTD, OTR/L

Transforming OT for Today and Tomorrow

Sunday Keynote Address

Fitness success coach, Joseph Hawthorne, ACSM-CPT, RBT, AKC
Transforming from the Inside Out

- 13 Tapping into the Entrepreneur Within You
- 38 The Role of Telehealth in Today's Private Practice
- 52 Get Your Groove Back: Occupational Engagement for Practitioners
- 58 Population Health: What's all the buzz?
- 75 Transformational Journey from Gang Involvement to Finding Meaningful Purpose
- 84 Sparking Change at Work: Strategies for Everyday Practitioners
- 85 Mistakes and Transformations: The "Becoming" of Cultural Fluidity
- 102 The Three Phases of Transformation
- 110 Changing Lives One Job at a Time

Academic/Fieldwork/Research

- 32 Developing an Archive from Rood to Clark: A Collaborative Partnership
- 41 Transitioning from Practitioner to Academic
- 51 Understanding the Doctoral Capstone Project and Experience
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- 76 Putting on Our People Lens: Lived Experience as Pedagogy
- 104 How to Pioneer Occupational Therapy on College Campuses
- 120 Promoting Professional Diversity through Undergraduate Outreach
- 129 Occupational Therapy Consultations for the Graduate Student Population
- 130 OTD Residency: Developing an Evidenced-Based Clinical Apprenticeship

Advocacy/Leadership/Management

- 20 Facilitating Culturally-Based Inter-Professional Collaboration; Impact on Client-Centered Care
- 31 Understanding Mentorship for the Occupational Therapy Practitioner
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- 123 Guidelines for Supervision, Documentation, and Ethical Practice
- 130 OTD Residency: Developing an Evidenced-Based Clinical Apprenticeship

Behavioral/Mental Health/Sensory/Wellness

- 11 Mental Health Toolkit for a Skilled Nursing Facility
- 12 Understanding the Mind-Body Connection in Trauma and Seizures
- 16 Building Skills to Engage People Living with Dementia
- 22 I Am More Than My Past: A Holistic Approach to Treating Trauma in Children
- 23 Procrastination: Beating the Tomorrow Mindset
- 25 Transdisciplinary Collaboration: Sensory-Informed Adaptations to Mental Health Treatment
- 27 The Polyvagal Therapy: Integration into Emotions, Attachment, and Self-Regulation
- 33 Maternal Mental Health: The Emerging OT Practice
- 34 Integrating Spiritual Assessment into Practice: The OTSNA Tool
- 35 The NICU OT Role in Changing the Outcomes of Neonatal Abstinence Syndrome
- 36 Role of Occupational Therapy in Addressing Childhood Trauma
- 37 The 2%: Advocating for OT in Mental Health
- 40 Prolonged Screen Time: A New Factor in Occupation
- 43 Meditation Tools for Stress Relief
- 45 OT's Role in Supporting Infant/Child Mental Health
- 52 Get Your Groove Back: Occupational Engagement for Practitioners
- 59 Catching Your Breath: OT's Role in Progressive Lung Disease
- 63 Compassion Fatigue Program in Action
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- 126 Harm Reduction and Hoarding: A Trauma Informed Approach
- 128 Reinvigorating Rehab with the OT Whole Person Perspective
- 129 Occupational Therapy Consultations for the Graduate Student Population

CUSTOMIZE YOUR OWN SCHEDULE

General Practice

- 13 Tapping into the Entrepreneur Within You
- 20 Facilitating Culturally-Based Inter-Professional Collaboration; Impact on Client-Centered Care
- 27 The Polyvagal Therapy: Integration into Emotions, Attachment, and Self-Regulation
- 32 Developing an Archive from Rood to Clark: A Collaborative Partnership
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- 108 Impacting Patient Care Through Empathy
- 123 Guidelines for Supervision, Documentation, and Ethical Practice

Older Adults/Geriatrics

- 11 Mental Health Toolkit for a Skilled Nursing Facility
- 15 Understanding Patient-Driven Payment Model
- 16 Building Skills to Engage People Living with Dementia
- 26 OT Interventions for Heart Failure Clients in the SNF
- 39 The Meaning of Driving for Low-Income Older Adults
- 59 Catching Your Breath: OT's Role in Progressive Lung Disease
- 70 CNA Training for Alzheimer's
- 86 Occupational Therapy's Role in Treating Post-ICU Syndrome
- 100 Utilizing Expressive Arts and OT for Boosting Vitality
- 101 End of Life Care Policy and Practice
- 124 Sexuality in Oncology: Establishing Clinical Practice and Programming
- 125 Movin' and Groovin': A Community-Based Dance Program for Older Adults

Oncology

- 28 Occupational Therapy Intervention for Chemotherapy-Induced Peripheral Neuropathy
- 42 A Biopsychosocial Approach to Managing Cancer-Related Fatigue
- 44 The Intersection of Pediatric Cancer, Medical Trauma, and Feeding Challenges: A Case Study
- 64 Adolescent and Young Adults in Oncology: Optimizing Health Self-Management
- 111 Addressing Falls in an Acute Inpatient Oncology Hospital
- 124 Sexuality in Oncology: Establishing Clinical Practice and Programming

Pediatric/School-Based/Young Adults

- 10 Getting Comfortable With Feeding - You Can Do It
- 14 Supporting and Enhancing NICU Sensory Experiences (SENSE)

- 17 Pacifier Use in Newborns
- 18 Tool Development of the Neonatal Eating Outcome Assessment
- 22 I Am More Than My Past: A Holistic Approach to Treating Trauma in Children
- 24 Do Babies Have Jobs? Exploring the Role of OT in the NICU
- 25 Transdisciplinary Collaboration: Sensory-Informed Adaptations to Mental Health Treatment
- 29 Defensible and Comprehensive School-Based OT Assessment
- 35 The NICU OT Role in Changing the Outcomes of Neonatal Abstinence Syndrome
- 36 Role of Occupational Therapy in Addressing Childhood Trauma
- 44 The Intersection of Pediatric Cancer, Medical Trauma, and Feeding Challenges: A Case Study
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Physical Disabilities

- 12 Understanding the Mind-Body Connection in Trauma and Seizures
- 40 Prolonged Screen Time: A New Factor in Occupation
- 42 A Biopsychosocial Approach to Managing Cancer-Related Fatigue
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- 110 Changing Lives One Job at a Time
- 111 Addressing Falls in an Acute Inpatient Oncology Hospital
- 128 Reinvigorating Rehab with the OT Whole Person Perspective

Technology

- 21 3D Printer: Adapting Tools in Occupational Therapy
- 38 The Role of Telehealth in Today's Private Practice
- 62 Connect the Dots Through Digital Portfolio
- 109 Successful Writing with Assistive Technology for All Students
- 121 Accessing Gaming for Improved Client Outcomes

THE MANY FACES OF PAST CONFERENCES



WHY ATTEND CONFERENCE?

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

A great opportunity to be involved

The hands-on experience

The topics

*My employer invited me to attend
and paid for my registration*

It was affordable

The variety of sessions

To practice my networking skills

To earn PDUs all in one place

Weekend availability

It is a friendly environment

Conference was well organized

Greatly informed and energetic presenters

I always attend

Attended for my own well-being

It is the thing to do

Wanted to check out the exhibits

Supporting advocacy efforts

Wanted to attend sessions outside of my practice area

So inspiring

Catching up with old friends I hadn't seen in a while

Wanted to expand knowledge in my own field

I had never attended a state conference

Wanted to build new skills

Quality of the sessions was really good

*Always appreciate the opportunity to
grow and thrive together*

Brought my daughter who is a new OT

It is a tradition for me

Helps me keep up to date on regulations

Professional camaraderie

I attended before and enjoyed it

Liked the varying time durations of presentations

Posters presentations were great

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