



OCTOBER 17-20 · PASADENA

Join the Conversation — #OTACCONF2019 | #transformingOT | #bebold | #buildingOTcapacity















State Affiliate The American Occupational Therapy Association, Inc.

OCTOBER 18-20 CONFERENCE

OCTOBER 17 PRE-CONFERENCE INSTITUTE

HILTON PASADENA & PASADENA CONVENTION CENTER



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CONFERENCE OVERVIEW

THURSDAY, OCTOBER 17

All Thursday activities are at the Hilton Pasadena.

9:00am-4:30pm

Pre-Conference Institute (earn PDUs)

Additional fees.

6:00pm-8:00pm

Registration Material Pick-up

If you registered in advance, this is a convenient opportunity to pick up your registration materials.

6:30pm-8:00pm

Movie Night: G-Dog — (.5 PDU)

G-Dog is about second chances – about a charismatic visionary who launched the largest, most successful gang intervention and rehab program in the US, now an international model, Homeboy Industries. G-Dog tells the entertaining, hilarious, and unlikely story of how a white Jesuit priest became an expert in gang lives. His name is Father Greg Boyle (G-Dog to his homies) and he works by a powerful idea: "Nothing stops a bullet like a job." G-Dog's unstoppable compassion has transformed the lives of thousands of Latino, Asian, and African American gang members. His Homeboy Industries in Los Angeles, with a 70% success rate at redirecting kids away from gang life, is global in influence. It's the one place in the 'hood that turns lives around: swapping violence for community and building toward a future of hope. CineDigm® This movie is not rated (NR) but we advise there is strong language. Attend at your discretion.

Moderator: Julie Kugel, OTD, OTR/L

Hosted popcorn and giveaways. Some lucky Movie Night attendees will receive copies of the book or the movie.

SATURDAY, OCTOBER 19

7:30am-8:00am

Mind-Body Activity: Easy Tai-Chi/Yoga

8:15am-11:30am

Concurrent Sessions (earn PDUs)

11:30am-2:15pm

Expo Activities including Poster Presentations (earn PDUs)

Purchase lunch in advance (\$15) to be eligible for prizes.

2:30pm-5:45pm

Concurrent Sessions (earn PDUs)

6:00pm-7:30pm

President's Reception, OT Olympics, and Dance Party

Join us at the annual President's Reception to celebrate OT. DJ, dance floor, photo booth, food, and more will add to the festivities. Come play OTAC's own OT Olympics. Let's rock this party!

7:30pm-9:00pm

Alumni and Student Receptions

Hilton Pasadena

FRIDAY, OCTOBER 18

7:30am-8:00am

Mind-Body Activity: Easy Tai-Chi/Yoga

8:15am-11:30am

Concurrent Sessions (earn PDUs)

11:30am-1:00pm

CFOT Awards Luncheon and Symposium

\$75; \$10 Students-Only Gallery Seating (no lunch)

1:00pm-3:00pm

Concurrent Sessions (earn PDUs)

3:15pm-5:15pm

Awards Ceremony and Keynote Address (.5 PDU)

Featuring AOTA President Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA

5:15pm-7:15pm

Expo Grand Opening Reception

7:30pm-9:00pm

Alumni and Student Receptions

Hilton Pasadena

SUNDAY, OCTOBER 20

7:30am-9:15am

OTAC Annual Meeting and Breakfast (.5 PDU)

Featuring fitness success coach Joseph Hawthorne, ACSM-CPT, RBT, AKC

9:30am-12:30pm

Concurrent Sessions (earn PDUs)

12:30pm-1:15pm

OTAC Practice Café/Lunch \$18

Purchase lunch in advance to be eligible for prizes.

1:30pm-4:30pm

Concurrent Sessions (earn PDUs)

Program Notes

Friday, October 18
The Awards

Ceremony precedes the Keynote Address. The timing for these two events is 3:15pm–5:15pm, at which time we will all proceed to the Expo Grand Opening Reception. Don't miss our keynote presenter AOTA President Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA.

Sunday, October 20

The OTAC Annual Meeting is a breakfast meeting from 7:30am-9:15am.

You must have indicated on your registration form that you planned to attend this event (Activity H). It is no longer assumed you will attend. Lunch is from 12:30pm–1:30pm. Separate fee required for lunch.



Tweet! Convo! Post!

- ·Follow us on Twitter @OTACnews
- ·Start a conversation using #OTACconf2019
- ·Talk about: The OTAC theme using #buildingOTcapacity
- ·Your Boldness #otbebold
- ·Membership Pride #otacmemberpride
- ·Post on Instagram @otacofca
- ·And, friend us on Facebook! fb.me/OTACnews

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Important Notes

2019 Certificate Policy and PDU Credits

- Individual Session Tickets. When you check in at the Conference Registration Counter, you will receive a blue ticket imprinted with your name on it for every session and activity for which you are registered. The room monitor will collect the tickets as you enter every session and activity room. If the room monitor does not collect your ticket, please seek him/her out. These tickets are maintained at the OTAC office as verification of your attendance.
- Certificate of Completion. When you check in at the Conference Registration Counter, you will receive a Certificate of Completion form. Fill in the appropriate information for every session you attend. At the conclusion of your attendance at the Conference, submit the white.copy of the Certificate of Completion form at the OTAC Conference Registration Counter. Keep the yellow.copy for your own records. OTAC will keep an electronic version on file along with the blue tickets for each session as verification.

Sponsor: Stanbridge University

- To earn a Certificate of Completion, attendance is required. Please arrive on time to the sessions and don't depart early. Your Certificate should reflect actual number of hours attended. Note: CBOT defines one PDU as one hour of instruction.
- myotlicense. PDUs for OTAC members and subscribers will be entered into your myotlicense record by December 13, 2019.
- CBOT. Select PDUs may be used for Advance Practice Approval as indicated. Check with the California Board for Occupational Therapy (CBOT) for details.
- CHT. Some sessions may be used to meet recertification requirements. Check with the Hand Therapy Certification Commission (HTCC) for details.
- NBCOT. Sessions may be used to meet recertification. Check with the National Board for Certification of Occupational Therapy (NBCOT) for details.

OTAC ANNUAL CONFERENCE

A Premier Professional Development Conference — Earn Professional Development Units

OTAC's Annual Conference offers high quality continuing education at cost-effective prices. Conference attendees have the opportunity to select from more than 140 hours of sessions to apply towards continuing education requirements. You can earn all 24 biennial required PDUs for your California license renewal at this one Conference (includes additional fee activities). You won't find an easier, quicker, or more cost-effective way to earn PDUs required by CBOT (for direct-delivery of occupational therapy services) and by NBCOT (for practice area of emphasis).

OTAC members receive a discount on the Conference registration fees. If you are not a member, join now at special Conference rates to earn the Conference discount.

NAME BADGE POLICIES

The following policies are necessary to assure equal and fair treatment for all attendees and were designed to address issues/problems/situations/abuses noted during past conferences.

- Name badges must be worn so that your name is clearly visible at all times.
- All name badges are coded according to fees paid for days registered, and color-coded by category of attendee.
 - O Thurs., Fri., Sat. and Sun. day(s) registered
 - O Blue Attendee
 - O Gold Exhibitor
- Admittance to any session, event, or exhibit area is not allowed without the appropriately coded/colored name badge.
- Name badges are the sole responsibility of the attendee/exhibitor. Lost, misplaced, or forgotten badges may be replaced at a charge of \$10.
- Wearing someone else's name badge, with or without their permission, is strictly prohibited. Doing so is a serious matter and may be grounds for ejection from the Conference altogether for all parties involved with no refunds.
- Room monitors, Conference committee members, and other OTAC officials or their designees are empowered to assure compliance with all above requirements.



Conference PDUs for OT/ OTA practitioners will be entered into the OTAC myotlicense records by December 10, 2019.



SYMPOSIUM CONTINUING EDUCATION March 7-8 | Las Vegas, NV



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2020 WESTERN REGIONAL OT SPRING SYMPOSIUM • MARCH 7-8

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CALL FOR PRESENTATIONS DUE NOVEMBER 4, 2019

http://bit.ly/2m1jp8i



TUSCANY SUITES LAS VEGAS

FEATURED PRESENTERS OF WORLDWIDE RENOWN

Michael Iwama, PhD, MSc, BScOT, BScHP Dean, School of Health and Rehabilitation Sciences, and Professor, Occupational Therapy, at MGH Institute of Health Professionals

Iwama is widely recognized for having developed the "Kawa Model" ('Kawa' is Japanese for 'River'), the first substantial model of practice in the rehabilitation sciences developed outside the English-speaking world. He is a very important and progressive thinker in the fields of occupational therapy and rehabilitation sciences worldwide.



Kronenberg is one of the editors and authors of Occupational Therapies without Borders and a proponent of the political practice of occupational therapy. He is also the chair of the board of directors of a Cape Town-based nonprofit organization, Grandmothers Against Poverty and AIDS. Grounded in the 'global south,' his PhD informs and advances an understanding of being human as occupation and health.





#2020WR0TSS

CONFERENCE INFORMATION

Conference Hotel

Hilton Pasadena

168 South Los Robles Avenue Pasadena, CA 91101 (626) 577-1000 toll-free (800) 445-8667

Pasadena Convention Center

300 E. Green Street, Pasadena, CA 91101

Most of the Annual Conference activities will be held at the Pasadena Convention Center, both in the Conference Building and in the Exhibit and Ballroom Building. See the Conference-at-a-Glance on pages 16 and 17 for the schedule overview and location of activities.



Parking

Note: OTAC does not validate for parking.

Hilton Pasadena. Overnight: \$21.00/self park; \$23.00/valet. Day use: \$12.00/self park; \$12.00/valet. *All prices are subject to change.*

Pasadena Convention Center.

Daily Parking Rate: \$15. On-site Parking: 800 spaces. Two entrances: Marengo Avenue to the west and Euclid Avenue to the east between Green Street and Cordova. *All prices are subject to change.*

Additional Parking.

2,500 spaces within a one-block radius.

Conference Online Handouts

Handouts for the Conference are available to attendees online at http://bit.ly/SessionHandouts. While presenters are encouraged to provide handouts, it is NOT a requirement. Not all sessions will have handouts based on the presenters' choice. It is recommended that you bring a pad of paper to take notes and to download handouts in advance in case the public wi-fi becomes overloaded. Please note that frequently presenters provide their handouts after the Conference; and that we keep the handouts online for at least one month post conference.

Conference Photography

OTAC staff as well as an official photographer(s) will photograph sessions and events throughout the Conference. The photographer will be identified by a Conference PHOTOGRAPHER ribbon. The images taken at Conference are used for promotional purposes. If you do not wish to be photographed, please identify yourself to the photographer.

Fitness Events Waiver

Participation in OTAC events, including the Mind-Body Activities (Easy Tai Chi on Friday and Saturday), is at your own risk. OTAC encourages you to participate at a level that is consistent with your general physical health and abilities. By attending Conference and participating in the Mind-Body Activities you do hereby release and forever discharge OTAC, its agents, and employees, from any and all claims in connection with your attendance/participation.

Session Etiquette

Please adhere to the following session protocol to show respect to Conference presenters and session attendees. Once you enter a session, please remain until the presenters announce a break, and please silence your mobile phone while in a session. As a courtesy to the presenters, please do NOT take any images or video of their presentations/posters without their prior approval.

Where's the Coffee and Tea?

Starbucks -Inside the Hilton Pasadena

For other coffee locations visit the OTAC Hospitality Booth in the registration area, and locate them on the OTAC Conference App.

TRANSPORTATION

AIRPORT

Hollywood Burbank Airport (BUR) – 16 miles to Pasadena 2627 N. Hollywood Way, Burbank, CA 91505 (818) 840-8840 • www.hollywoodburbankairport.com

Los Angeles International Airport (LAX) – *32 miles to Pasadena* 1 World Way, Los Angeles, CA 90045 (855) 463-5252 • www.flylax.com

Ontario International Airport (ONT) – 37 miles to Pasadena 2900 E. Airport Drive, (Terminal 4) Ontario, CA 91761 (909) 937-2700 • www.flyontario.com

Long Beach Airport (LGB) – 38 miles to Pasadena 4100 Donald Douglas Drive, Long Beach, CA 90808 (562) 570-2600 • www.lgb.org

PUBLIC TRANSPORTATION

Union Station Flyaway

(866) 435-9529 • www.lawa.org/flyaway

Nonstop bus service to and from Los Angeles International Airport (LAX) via Union Station in downtown Los Angeles. From Union Station, passengers can ride the Gold Line light rail to Pasadena.

Exit Del Mar Station for the Pasadena Convention Center (approximately five blocks). \$16 fee/round trip.

Foothill Transit Authority

(800) 743-3463 • www.foothilltransit.org

These buses serve the San Gabriel and Pomona valleys, with express bus routes to Pasadena and Downtown Los Angeles. Adult base fare is \$1.25.

Pasadena Transit Bus

(626) 398-8973 • www.cityofpasadena.net/pasadena-transit/

The buses travel between Old Pasadena, South Lake Avenue, and the Playhouse District. Stops are designated throughout the city by a pink triangle marked "ARTS." Adult fare is 75¢.

SHUTTLE SERVICE

Prime Time Shuttle

(800) 733-8267 • www.primetimeshuttle.com

SuperShuttle

(800) 258-3826 • www.supershuttle.com

TAXI SERVICE

LA City Cab • (888) 248-9222 United Taxi • (800) 822-8294

METRO RAIL/METRO BUS SERVICE

Metro Gold Line

(323) 466-3876 • www.metro.net

The Gold Line is a 13-mile light rail line within the Los Angelesarea Metro Rail network that transports passengers from Pasadena to Union Station in downtown Los Angeles. Take it to connect to other Los Angeles rail lines or Amtrak. Trains operate daily and include six stops in Pasadena. Purchase tickets from self-service ticket vending machines at Metro Rail stations. Cost is \$1.75 one way.

PRESIDENT'S MESSAGE

TRANSFORMING OT - FOR TODAY AND TOMORROW!

Welcome to the 43rd Annual Conference and Expo in the city that has become a familiar location for us – Pasadena! Over the past few years we have celebrated 40 years of OTAC and 100 years of the American Occupational Therapy Association and occupational therapy itself. Envisioning our future we then asked each one of you to be bold and to focus on building capacity on all levels – as an individual, in teams of practitioners, and for our practice at large. Next, we ask you to think of TRANSFORMATION!

Transformation refers to a significant shift in appearance or structure, a reconstruction, a reformation. Moving this profession and your place in it toward the goals you envision for yourself starts within. Anchoring ourselves with a



transfo<u>rmin</u>g

Heather J. Kitching, OTD, OTR/L President

sense of who we are and confidently applying such knowledge to becoming who we wish to be yields transformation. Being bold and building our own capacity to do great things yields change – yields transformation.

Please join us for a weekend filled with transformative energy. We have carefully constructed each day to highlight a keynote or feature presenter message. We welcome AOTA President Wendy Hildenbrand on Friday who will address a *New Day, New Way* approach to participating actively in the reconstruction of our professional relationships and the construction of this profession's future. On Saturday, we will have the benefit of welcoming Boris Jimenez from Homeboy Industries in Los Angeles. He, his wife, and other colleagues will address how individuals look within and to each other to find the strength for great personal transformation – the kind others thought impossible for some individuals. Wrapping it all up on Sunday, we will bring back personal trainer and lifestyle coach, Joseph Hawthorne, now the founder and lead visionary for Truth of Transformation, a lifestyle management approach designed to help individuals "live free forever."

We are excited to bring you an array of keynote addresses as well as sessions all day long on transformation: of the self, of the individual with whom we engage, and of each other as well as the profession at large. Plan to come and spend some quality time expanding your sense of the power of occupation with additional perspectives of how it can be leveraged for long-lasting, powerful shifts in your life and that of those around you.

$\#OTAC conf2019\ \#transforming OT\ \#otbebold\ \#building OT capacity\ \#otac member pride$



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@OTACnews

Heather J. Kitching, OTD, OTR/L

President, Occupational Therapy Association of California

KEYNOTE PRESENTERS

4:15pm–5:15pm Friday, October 18, 2019 Friday Keynote

Rise Above: New Day, New Way (.5 PDU) On July 1, 2019, Wendy Hildenbrand, PhD,

MPH, OTR/L (KS), FAOTA, officially assumed her new role in service to the AOTA and to the profession as AOTA president. During the next three years, she commits to serve with positive anticipation about the reach and impact of occupational therapy, the health and inclusivity of our associations, as well as the resilience and well-being of our occupational therapy workforce.



Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA

In her keynote presentation, AOTA President Hildenbrand will share her ideas about how we can reset our collective professional compass on forward progress and highlight working AOTA initiatives in support of a transformative new way!

Also presenting session 58 – Population Health: What's all the Buzz? (3 PDUs)

7:30am—9:15am
Sunday, October 20, 2019
Sunday Keynote
Transforming from the Inside Out (.5 PDU)

Mastering the art of becoming present to discover your transformational power.

Also presenting session 102 – The Three Phases of Transformation (3 PDUs)



Joseph Hawthorne, ACSM-CPT, RBT, AKC

FEATURED PRESENTER

2:30pm—5:30pm Saturday, October 19, 2019

75 - Transformational Journey from Gang Involvement to Finding Meaningful Purpose (3 PDUs)

Three representatives from Homeboy Industries will share their journeys of gang involvement and incarceration to reclaiming their lives and finding purpose. Their themes of hope, resilence, and transformation will be a foundation for participants' personal and professional reflections. Additional presenters are Inez Salcido and Janet



Boris Jimenez, Supervisor, Homeboy Industries

Contreras. Moderator: Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA

TRANSFORMING OT FOR TODAY AND TOMORROW

Throughout this Conference registration brochure you will see the Transforming OT for Today and Tomorrow logo highlighting those sessions either designed around this theme or those that reflect the theme at some level. As you participate in all that Conference offers, you may experience other sessions and activities that embody our vision to transform occupational therapy, our association, and ourselves in more evidence-based service to our clients. To that end, the vision of this Conference is to enrich you as a professional and inspire you as a person.

We welcome you to the conversation at #transformingOT.



CONFERENCE COMMITTEE

2019 CONFERENCE COMMITTEE

Chair - Julie Kugel

Awards Coordinator – *Stacey Cunningham*

Call for Papers/Program Coordinator – *Judy Hopkins*

Events Coordinator - Danielle Friberg

Exhibits Coordinator – Mary Kay Gallagher

Hospitality Coordinator – Christy Billock; Zipporah Brown

Photographer - Beth Pfaffinger; Diana Su-Erickson

Presenter Concierge/

Signage Coordinator – Jacalyn Mardirrosian

Proofreader - Lisa Deshaies

Registration Coordinator - Laura Deary

Student Track Coordinators - Erwin Borja; Alison George

Volunteer Coordinators - Joe Juse; Shirley Nuguid

OTAC President - Heather J. Kitching

OTAC Contributing Staff – Karen Polastri, Shannon Rutledge, Lindsay Campoy, Tammy Hitchcock, Sara Abrahamyan, Tracy Brown



Join the dialogue!

Engagement

AGA—Advocacy and Government Affairs

Friday, October 18-7:30am to 8:00am

BPP—Bylaws, Policies & Procedures

Saturday, October 19-8:30am to 9:30am

SL/M—Student Leadership and Membership

Saturday, October 19—7:30am to 8:00am

This meeting at the Hilton Pasadena
PPN—Private Practice Network (Sierra Madre)

Thursday, October 25—4:30pm to 5:30pm

2019-2020 OTAC BOARD OF DIRECTORS

President

Heather J. Kitching, OTD, OTR/L pres@otaconline.org

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Bryant Edwards, OTD, MA, OTR/L, BCP, MPH preselect@otaconline.org

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Subcommittee for 2020 Western Regional Occupational Therapy Spring Symposium (WROTSS) Lora Woo, OTD, OTR/L

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Ad Hoc Committee for Nominations

nomchair@otaconline.org

Liaison Organization OTAC-Political Action Committee (OTAC-PAC)

Carnie Lewis, MA, OTR/L otacpac@otaconline.org

SPECIAL CONFERENCE ACTIVITIES

The OTAC Annual Conference offers much more than the opportunity to earn professional development units. It is also an opportunity to network with friends and colleagues, to make interesting contacts, to discover new resources, and to fully immerse yourself in all the activities designed to support you and the profession.

Movie Night: G-Dog (.5 PDU)

Thursday, October 17 • 6:30pm-8:00pm Hilton Pasadena

G-Dog is about second chances – about a charismatic visionary who launched the largest, most successful gang intervention and rehab program in the US, now an international model, Homeboy Industries. G-Dog tells the entertaining, hilarious, and unlikely story of how a white Jesuit priest became an expert in gang lives. His name is Father Greg Boyle (G-Dog to his homies) and he works by a powerful idea: "Nothing stops



a bullet like a job." G-Dog's unstoppable compassion has transformed the lives of thousands of Latino, Asian, and African American gang members. His Homeboy Industries in Los Angeles, with a 70% success rate at redirecting kids away from gang life, is global in influence. It provides tattoo removal, job training, counseling, yoga, fatherhood and substance abuse classes – all free. It's the one place in the 'hood that turns lives around: swapping violence for community and building toward a future of hope. CineDigm® This movie is not rated (NR) but we advise there is strong language. Attend at your discretion.

Moderator: Julie Kugel, OTD, MOT, OTR/L

Hosted popcorn and giveaways. Some lucky Movie Night attendees will receive copies of the book or the movie.

CFOT Awards Luncheon and Symposium (.5 PDU) \$75; \$10 students-only gallery (no lunch)

Friday, October 18 • 11:30am–1:00pm Pasadena Center/Ballroom D

Recipients of the 2019 CFOT scholarships, research grants, and awards will be announced, including honoring the CFOT Humanitarian of the Year, Elyse Gordon, for her work in fostering at-risk babies. New this year will be honoring Julie Shaperman, MSPH, OTR/L, FAOTA, with the CFOT Meritorious Service Award. Following the presentation of awards, attendees will be treated to a stimulating address by this year's Honored Lecturer Shawn Phipps, PhD, MS, OTR/L, FAOTA.

Note: You may attend this event even if you are not attending any other part of the Conference. Ticket sales close Friday, October 18 at 9:00am; based on availability.

OTAC Awards Ceremony and Keynote Address (.5 PDU)

Friday, October 18 • 3:15pm-5:15pm Pasadena Convention Center

- OTAC Awards Ceremony: You are invited to help us recognize our 2019 Award honorees who serve with excellence and inspire professional passion.
- Keynote Address: Rise Above: New Day, New Way (.5 PDU)
 On July 1, 2019, Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA, officially assumed her new role in service to the AOTA and to the profession as AOTA president. During the next three years, she commits to serve with positive anticipation about the reach and impact of occupational therapy, the health and inclusivity of our associations, as well as the resilience and well-being of our occupational therapy workforce. In her keynote presentation, AOTA President Hildenbrand will share her ideas about how we can reset our collective professional compass on forward progress and highlight working AOTA initiatives in support of a transformative new way!

Sponsor: CSU, Dominguez Hills; Therapy Specialists

Expo

Friday, October 18 • 5:15pm—7:15pm Saturday, October 19 • 11:30am—2:15pm Pasadena Convention Center, Exhibit Hall A

Don't miss Friday's lively Grand Opening Reception sponsored by our exhibitors. This fun and informal atmosphere offers the perfect opportunity to learn about products and services useful to occupational therapy practitioners as well as to talk with representatives who are actively recruiting for their companies. Saturday offers a convenient lunch option for purchase right on the Expo floor and an opportunity to Win a \$50
Gift Card!
Advance
purchase
Saturday Expo
lunch and be
eligible to win
\$50 in gift
cards.

meet with any exhibitors you didn't connect with on Friday. Don't forget that the Expo also offers giveaways and cash prizes. Visit exhibitors to be eligible.

Stop by the OTAC Membership Booth—it is the central hub of activity: meet with OTAC leaders, learn about OTAC, win prizes while you learn, and more!

Poster Presentations (earn up to 2 PDUs)

Saturday, October 19 • 11:30am—12:30pm and 1:00pm—2:00pm Pasadena Convention Center, Exhibit Hall A
See pages 22 for a list of posters.

Alumni and Student Receptions

Hilton Pasadena

The Alumni and Student Receptions are always a highlight of Conference.

Friday, October 18 – 7:30pm-9:00pm

California State University, Dominquez Hills – Santa Clara Room

USC Chan - San Gabriel Room

Saturday, October 19 - 7:30pm-9:00pm

California State University, Dominquez Hills – Santa Clara Room

Stanbridge University – San Marino Room



SPECIAL CONFERENCE ACTIVITIES

President's Reception, OT Olympics, and Dance Party!

Saturday, October 19 • 6:00pm-7:30pm Hilton Pasadena - California Ballroom

OTAC President Heather J. Kitching, OTD, OTR/L, personally invites all Conference attendees to join us in celebrating our profession! Come 'party on' with a live DJ/dance floor, photo booth to snap some memorable pics, and OT Olympics. Look forward to light hors d'oeuvres before you head out for dinner plans.

Sponsor: CSU, Dominguez Hills







OTAC Annual Meeting and Breakfast (.5 PDU)

Sunday, October 20 • 7:30am—9:15am
Pasadena Convention Center - Ballroom A/B/C
This event is included in your registration fee
(if you selected any session combination that
includes Sunday and indicated Activity H).
OTAC President Heather J. Kitching, OTD,
OTR/L, invites you to learn about updates on
the Association as well as to hear from keynote,
Joseph Hawthorne, ACSM-CPT, RBT, AKC, on
Transforming from the Inside Out.

Win a \$50 Gift Card! Advance purchase a Sunday OT Practice Café lunch and be eligible to win \$50 in gift cards.

OT Practice Café/Lunch - \$18

Sunday, October 20 • 12:30pm-1:15pm

Come grab a "picnic" lunch and sit at your OT hot topic table of choice. Purchase tickets by Saturday, October 19, 12:00pm.

CONFERENCE PERKS!

Conference Tote Bag. First 1,000 checking in at registration will receive this useful tote bag. Be sure to check through the bag for a possible winning raffle ticket.

Sponsor: Stanbridge University

Keynote Address Engagement Activity. It's a surprise! Will you be the lucky prize winner? Come find out.

Exhibit Vendor Resource Guide and Prize Giveaways. This Guide is your passport to winning one of many giveaways. Bring plenty of business cards to leave behind with exhibitors for their drawings. Drop off your Bingo card to be eligible for OTAC prizes and cash! Must be present to win (Saturday, 2:00pm).

OTAC Exhibit Booth. Answer a trivia question. Spin the prize wheel. **Mind-Body Balance Opportunities.** Complimentary with your Conference Registration.

Mind-Body Balance Opportunities

Sponsor: LATHER®

Thursday, October 17: Movie Night – 6:30pm-8:00pm First 50 movie-goers receive a complimentary LATHER* SWAG.



Easy Tai-Chi - Come dressed in your comfortable Conference attire. Go right from Tai-chi to your first session.

Registration Area

Friday and Saturday (hours begin at 7:15am; closing hours for activities may vary)

Hospitality Booth – Come learn about mind-body activities in the Pasadena area and options for dining and shopping.

Mindfulness Coloring Station – You probably know that coloring is great for your mental, emotional, and intellectual health. Come color with OTAC and share your art on social media (#mymindfullife).

Experiential Bar - Come discover!





KEYNOTEPRESENTATION

Function and Meaning: Clinical Formulation in Occupational Therapy

Gordon Muir Giles is a professor at Samuel Merritt University and directs neurobehavioral services for Crestwood Behavioral Health in Fremont, CA. He has authored numerous publications on treating people with acquired neurologic impairment. He was the 2018 Slagle Lecturer and serves on the Quality Advisory Panel for the American Occupational Therapy Association (AOTA).

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COME HELP CELEBRATE OUR OTAC 2019 AWARD HONOREES

Please join us in congratulating your friends and colleagues on their awards as well as expressing your appreciation to them for their contributions to the profession and the Association. These individuals will be recognized at the Awards Ceremony, Friday, October 18, 3:15pm-4:15pm. This event is open to all Conference attendees registered for Friday.

The following awards will be presented:



Lifetime Achievement Award Anne MacRae



Janice Matsutsuyu Outstanding Service Award Sherry M. Hite



Award of Appreciation
Kathryn I. Gundersen



OT/OTA
Partnership Award
Dawn N. Hironaka



OT/OTA
Partnership Award
Laura Deary



Outstanding Student Award

Colleen Nunn



Spirit Occupational Therapy Award

Homeboy Industries

RECOGNITION OF OTAC HONOREES

LIFETIME ACHIEVEMENT AWARD

| 2019 | Anne MacRae |
|------|------------------------|
| 2018 | Susan Harris |
| 2017 | Guy L. McCormack |
| 2016 | Ruth Ramsey |
| 2015 | Lisa Test |
| 2014 | Ann Neville-Jan |
| 2013 | Michele Berro |
| 2012 | Mary Evert |
| 2011 | Heidi McHugh Pendleton |
| 2010 | Catherine Earhart |
| 2008 | Margaret Phillips |
| 2007 | Amy Killingsworth |
| 2006 | Linda Florey |
| 2005 | Diane Foti |
| 2004 | Susan Knox |
| 2003 | Mary Foto |
| 2002 | Ruth Zemke |
| 2001 | Florence Clark |
| 2000 | Dottie Ecker |
| 1999 | Elizabeth Yerxa |
| 1998 | Evelyn Jaffe |
| 1997 | Sarah Kelly |
| 1996 | Ada Granger |
| 1995 | Jan Matsutsuyu |
| 1994 | Kilulu Von Prince |
| 1993 | Doris Heredia |
| 1992 | Edwinna Marshall |
| 1991 | Lela Llorens |
| 1990 | Frances Kelly |
| 1989 | Eleanor L. Hillger |
| 1988 | Dorothy Wilson |
| 1984 | Florence Cromwell |
| 1983 | Ethlyn Stinson |
| 1982 | A. Jean Ayres |
| 1981 | Carlotta Welles |
| 1980 | Doris Cutting |
| 1979 | Bekke Holdeman |
| 1978 | Gwen Wright |
| 1977 | Jean Peck |

COTA HONORARY AWARD

| 2017 | Erika Agustin |
|------|----------------------|
| 2015 | Ada Boone Hoerl |
| 2014 | Cindy Garcia |
| 2011 | Gloria Romero |
| 2009 | Yvonne C. Trousdale |
| 2005 | Bobbi Jean Tanberg |
| 2004 | Danielle Meglio |
| 2001 | Marlene Van Vliet |
| 2000 | Patricia Shiokari |
| 1999 | Barbara Forte |
| 1996 | Jacalyn Mardirossian |
| 1995 | Terri Olivas-De La O |
| 1994 | Patricia O'Hare |

OT ENTREPRENEUR AWARD

| OI ENINEPHENEUR AWARD | | |
|-----------------------|--------------------|--|
| 2018 | M. Terry Bowman | |
| 2016 | Sonia Lopez | |
| 2015 | Julie Groves | |
| 2014 | Terri Nishimura | |
| 2013 | Tammy Richmond | |
| 2012 | Bonnie Nakasuji; | |
| | Erna Blanche | |
| 2011 | John Goodfellow | |
| 2010 | Mary Kay Gallagher | |
| 2009 | Fredlyn S. Berger | |
| 2008 | Tara Delaney | |
| 2007 | Sue Harris | |

AWARD OF EXCELLENCE

| | AWARD OF EXCELLE |
|------|-------------------------|
| 2017 | Deborah B. Pitts |
| 2016 | Heather Thomas |
| 2015 | Julie Bissell |
| 2014 | Shawn Phipps |
| 2013 | Pamela Richardson |
| 2012 | Bonnie Nakasuji |
| 2011 | Erna Imperatore Blanche |
| 2010 | Michele Berro |
| 2009 | Teri Wiss |
| 2008 | Winifred Shultz-Krohn |
| 2007 | Thelma Wellerson Hook |
| 2006 | Linda Tank |
| 2005 | Jerilyn (Gigi) Smith |
| 2004 | Pamela Roberts |
| 2003 | Heidi Pendleton |
| 2002 | Charles Strauch |
| 2001 | Christine Wietlisbach |
| 2000 | Elizabeth Cara |
| 1999 | Linda Fazio |
| 1997 | Brenda Collins |
| 1996 | Linda Florey |
| 1995 | Sue Harris |
| 1994 | Ruth Zemke |
| 1993 | Janet Jabri |
| 1992 | Margaret A. Phillips |
| 1991 | Susan Knox |
| 1990 | Patricia Shiokari |
| 1989 | Ardith Breton |
| 1988 | Sue Cleary Schwartz |
| 1987 | Diane Hendricks |
| 1986 | Kilulu Von Prince |
| 1985 | Mary Kasch |
| 1984 | Mary Margaret Evert |
| 1983 | Evelyn Jaffe |
| 1982 | Dale Houston |
| 1981 | Dorothy Wilson |
| 1980 | Sarah Kelly |
| 1978 | Mary Lou Hymen |
| 1977 | Julie Shaperman |

OT/OTA PARTNERSHIP AWARD

| 2019 | Dawn N. Hironaka; |
|------|------------------------|
| | Laura Deary |
| 2012 | Christine Wietlisbach; |
| | Danielle Meglio |
| 2007 | Sharon Pavlovich; |
| | Karen Pendleton |
| 2005 | Terry Olivas-De La O; |
| | Elvira Arzaga Rubio |
| 2004 | Laurie Nelson; |
| | Suzanne Olah-Macek; |
| | Rebecca Gibson |
| 1997 | Renee Soderlund; |
| | Jacalyn Mardirossian |

SPECIAL AWARD

1986 Jane Marvin

OT PRACTICE AWARD

| | OT I MACTICE AWARD |
|------|-------------------------|
| 2018 | Monica Becerril |
| 2017 | Kathleen J. Shanfield |
| 2016 | Sandra Okada |
| 2015 | Chantelle Rice |
| 2014 | Nicolaas van den Heever |
| 2013 | Elizabeth Gomes |
| 2012 | Michal Atkins |
| 2011 | Deborah Pitts |
| 2010 | Sarah Bream |
| 2009 | Christine Wietlisbach |
| 2008 | Margaret "Peg" Bledsoe |
| 2007 | Lisa Deshaies |
| 2006 | Lynna Kaplan |
| 2005 | Shawn Phipps |
| 2004 | Laurie Nelson |
| 2003 | Valerie Adams |
| 2002 | Winifred Schultz-Krohn |
| 2001 | Karin Bonfils Kleinhans |
| 2000 | Gordon Giles |
| 1999 | Marti Southam |
| 1998 | Elise Holloway |
| 1997 | Elizabeth Snow |
| 1996 | Luella Grangaard |
| 1995 | Joanna Patton |
| 1994 | Deborah Morawski |
| 1993 | Georgette Dufresne |
| 1992 | Claudia Allen |
| 1991 | Yuriko Lynn Yasuda |
| 1990 | Margaret A. Phillips |
| 1989 | Thelma Hook |
| 1988 | Susan Knox |
| 1985 | Linda Ogden |
| 1984 | Dorothy Ecker |
| | |

JANICE MATSUTSUYU OUTSTANDING SERVICE AWARD

| UU | I STANDING SERVICE |
|------|--------------------|
| 2019 | Sherry M. Hite |
| 2018 | Bryant Edwards |
| 2017 | Elizabeth G. Gomes |
| 2016 | Luis Arabit |
| 2014 | Gayle San Marco |
| 2013 | Arameh Anvarizadeh |
| 2012 | Samia Rafeedie |
| 2011 | Heather Kitching |
| 2010 | Lora Woo |
| 2009 | Bonita A. Kraft |
| 2008 | Gina Ceja |
| 2007 | Marlene Steele |
| 2006 | Rondalyn Whitney |
| 2004 | Patricia Nagaishi |
| 2003 | Sarah Kelly |
| 2002 | Linda Tank |
| 2001 | Danielle Meglio |
| 2000 | Luella Grangaard; |
| | Guy McCormack |
| 1999 | Diana Su-Erickson |
| 1998 | Michele Berro |
| 1997 | Patricia Bascom |
| 1996 | Cindy Burt |
| 1995 | Barbara Gale |
| 1994 | Diane Crabtree |
| 1993 | Laura Caron-Parker |
| 1992 | Janet Jabri |

RECOGNITION OF OTAC HONOREES (CONTINUED)

FIELDWORK EDUCATOR AWARD

| 2018 | Dawn Arias |
|------|--------------------------|
| 2017 | Janet A. Daimaru |
| 2016 | Gina Phelps |
| 2015 | Karen Park |
| 2014 | Diane Mayfield |
| 2013 | Alann Salvador |
| 2012 | Judi Palladino |
| 2009 | Barbara Rodrigues |
| 2008 | Marilyn Masunaka-Noreiga |
| 2007 | Lora Woo |
| 2006 | Deborah Bolding |
| 2005 | Bonnie Nakasuji |
| 2004 | Fred Snively |
| | |

AWARD OF APPRECIATION

Jaynee Taguchi-Meyer

Kathryn I. Gundersen

Aviril Sepulveda

Kathryn Gundersen

Gitu Bhavnani

2002

2000

1999

2019

2017

1988

| 2016 | Lynette Beadles |
|------|--------------------------|
| 2014 | Sarah Bream |
| 2013 | Lisa Hiestand |
| 2012 | Mildred "Mickey" Galef |
| 2010 | Denise M. Miller |
| 2007 | John Watson |
| 2006 | Patti Yonochko Horsley |
| 2005 | Mary Reilly |
| 2004 | Gelya Frank |
| 2001 | Psychiatric Occupational |
| | Therapy Action |
| | Coalition (POTAC) |

VISION AWARD

O.T. Associates-Sue Harris

2017 OT Centennial Rose Parade Float Committee and Volunteers

SPIRIT OF OCCUPATIONAL THERAPY AWARD

| 2019 | Homeboy Industries |
|------|------------------------------|
| 2017 | Frank Kronenberg |
| 2016 | CSU Dominguez Hills – |
| | Integrating Cultures through |
| | Occupational Therapy |

MEDIA AWARD

2017 Sarah R. Bream

MAKE A DIFFERENCE AWARD

| • • • • | 0 51. 117. 41. |
|---------|-------------------------------|
| 2005 | Senator Elaine White Alquist |
| 2000 | Fred Somers; Charles Strauch; |
| | Chuck Willmarth |
| 1998 | Loretta and Frank Biehl |

LUELLA GRANGAARD POLITICAL ACTION AWARD

| 2018 | Jerry Jordan |
|------|-----------------------|
| 2015 | Sabrena McCarley |
| 2014 | Kyle Yetter |
| 2013 | Luis Arabit |
| 2012 | Guy L. McCormack |
| 2011 | Michelle Farmer |
| 2010 | Christine Wietlisbach |
| 2007 | Matthew Arigo |
| 2004 | Luella Grangaard |

OUTSTANDING STUDENT AWARD

| 201= | T T. 1 T/1 . |
|------|------------------------|
| 2017 | Hiral Khatri |
| 2016 | Noelani Brisbane |
| 2015 | Cynthia Ting |
| 2014 | Samantha Itaya |
| 2013 | Dimos Tsigkakos |
| 2012 | Monique Wolkoff |
| 2011 | Eun Sik (Charlie) Yu |
| 2010 | Brittney Sevo Weinerth |
| 2005 | Amy Olney |
| 2002 | Heather Kitching |
| 2001 | Elizabeth Chung |
| | |

Colleen Nunn

2018 Jessica Roestenburg

2019

PRESIDENT'S AWARD

| 2018 | Julie Bissell |
|------|----------------------------|
| | Lisa Test |
| | Capitol Advocacy |
| 2011 | Amy Lamb |
| 2010 | Florence Clark; |
| | Judith Palladino |
| 2009 | Penny Moyers Cleveland; |
| | Brian J. Stiger; |
| | Chuck Willmarth |
| 2008 | Annette Bushong; |
| | Charles Strauch |
| 2007 | Annette Bushong |
| 2006 | Marlene Steele; |
| | Chuck Strauch |
| 1991 | Linda Lederer |
| 1990 | Julie Groves |
| 1989 | Hazel Simin |
| 1987 | Jeanette Workman-Cosentino |
| 1986 | Barbara Forte |
| | |
| | |

HONORARY LIFETIME MEMBER

| 2016 | Florence Clark, Diane Mayfield, |
|--------|---------------------------------|
| | Judith Palladino |
| 2006 | Lois Barber; Evelyn Jaffe; |
| | Lela Llorens; Mary Reilly |
| 2004 | Ruth Zemke; |
| | Elizabeth Yerxa |
| Recogn | ized prior to 1977 |
| Ü | Carolyn Brinn |
| | Florence Cromwell |
| | Doris Cutting |
| | Naomi Dommke |
| | Elizabeth Holdeman |
| | Ethlyn Stinson |
| | Carlotta Welles |
| | Harriet Zlatohlavek |
| | |

OT in Oncology 3rd Annual Symposium Saturday, February 1, 2020 7:30am – 4:30pm City of Hope

Comprehensive
Cancer Center
Duarte, CA 91010

Topic Areas:
head and neck cancer.

head and neck cancer, cancer and young adults, palliative and end of life care, managing motivation, alternative exercises, return to work

EARN 7 PDUS

REGISTRATION NOW OPEN!

otaconline.org/education/ ot-oncology-sympsoium



CALIFORNIA FOUNDATION FOR OCCUPATIONAL THERAPY

Celebrating Our 38th Anniversary!

CFOT Awards Luncheon and Symposium

Friday, October 18, 2019 • 11:30am-1:00pm

About the Awards Luncheon and Symposium

Recipients of the 2019 CFOT scholarships, research grants, and awards will be announced at the annual CFOT Awards Luncheon and Symposium on Friday, October 18, 11:30am–1:00pm.

Honored Lecturer – Shawn Phipps, PhD, MS, OTR/L, FAOTA

Occupational Therapy and Neuroplasticity Following Traumatic Brain Injury: The CAPE Recovery Model

This year's Honored Lecturer Shawn Phipps, PhD, MS, OTR/L, FAOTA, is currently the chief quality officer and associate hospital administrator at Rancho Los Amigos National Rehabilitation Center.

He will share the inspirational story of the challenges and triumphs of a patient who suffered a severe traumatic brain injury from a motor vehicle accident. The power of occupational therapy and neuroplasticity is described using the CAPE Recovery Model, which requires challenge, action, practice, and evaluation to build new pathways in



Shawn Phipps, PhD, MS, OTR/L, FAOTA

the brain through the ordinary and extraordinary activities of daily life that support recovery so that individuals with traumatic brain injury and other disorders of the brain can live life to its fullest. You will experience laughter, tears, and joy as you hear the effect of occupational therapy and neuroplasticity in supporting recovery and beyond after a life changing injury to the brain.

The CFOT Honored Lecturer Award recognizes California occupational therapy practitioners who have demonstrated leadership and promoted ideas and visions in occupational therapy for the profession, and a presentation gives them an opportunity to share their insights and knowledge with the occupational therapy community at the CFOT Awards Luncheon and Symposium.

Humanitarian of the Year — Elyse Gordon

The CFOT Humanitarian Award recognizes individuals or groups who have demonstrated exceptional commitment to the philosophical principles of occupational therapy and engaged in significant humanitarian activities. These activities may include:

- Helping to enhance and maximize the potential of the recipients of occupational therapy services
- Encouraging and fostering individual responsibility and human dignity
- Improving health status and enhancing quality of life
- Providing a model for community service
- Creating a healthy society.

This year, CFOT is presenting the Humanitarian of the Year Award to Elyse Gordon, in recognition of her dedication to fostering 140 at-risk babies who have been abandoned or exposed to drugs, as well as her previous roles as a general education and special education teacher.



The California Foundation for Occupational Therapy (CFOT) is honored and privileged to pay tribute to and present the Meritorious Service Award to Julie Shaperman, MSPH, OTR/L, FAOTA. After nearly 40 years of sustained commitment to the CFOT, Shaperman resigned from her position as vice president in November 2018. She has always been and always will be a profound leader in the CFOT. She has been the "rock," the "pillar," and the original inspiration for, and one of the founders, of the California Foundation for Occupational Therapy.



Elyse Gordon

FOUNDATION FOR OCCUPATIONAL THERAPY

Julie Shaperman, MSPH, OTR/L, FAOTA

The CFOT Meritorious Service award is presented to an individual who has demonstrated exceptional service over five or more years as a current or past member of the CFOT Board and has made a major impact on advancing CFOT's mission and the profession in the present and into the future.



Lisa Deshaies invites you to help CFOT reach its fundraising goal.

CFOT SILENT AUCTION-SUPPORT SCHOLARSHIPS AND GRANTS

The CFOT booth at the OTAC Expo will be buzzing with activity. Your support is encouraged and appreciated both as bidders and donors of auction items. CFOT annually awards thousands of dollars for scholarships and research grants. Help CFOT meet, and exceed, its goal.





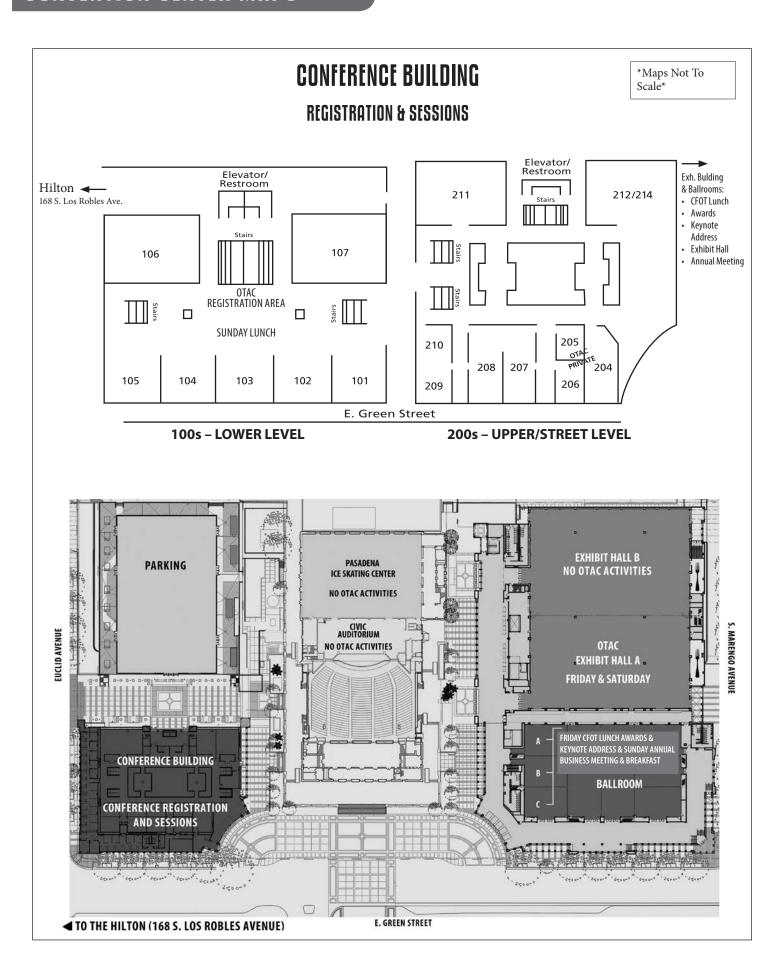
Pat Nagaishi, PhD, OTR/L, CFOT President

CONFERENCE-AT-A-GLANCE

| | | Thursday, October 17, ration — Check-In Hours for Thursday Pr 8:00am—9:30am and noon—2:00pm • | re-Conference Institute | | | | |
|---------------|--|--|---|---|--|--|--|
| 9:00am | 10 Getting Comfortable With Feeding — You Can Do It (3 PDUs) Room San Gabriel | 11 Mental Health Toolkit for a Skilled Nursing Facility (3 PDUs) California Ballroom | 13 Tapping into the Entrepreneur Within You (6 PDUs) Room San Marino | | | | |
| Noon | | Lunch | on Own | | | | |
| 1:00pm-2:00pm | 14 Supporting and Enhancing NICU Sensory Experiences (SENSE) (1 PDU) Room San Gabriel | 15 Understanding Patient-Driven | 16 Building Skills to Engage People | 13, cont. Tapping into the Entrepreneur Within You | | | |
| 2:15pm-3:15pm | 17 Pacifier Use in Newborns (1 PDU) Room San Gabriel | Payment Model (3 PDUs) (ends at 4:00pm) California Ballroom | Living with Dementia (3 PDUs) (ends at 4:00pm) Room Monterey | (6 PDUs) (ends at 4:00pm) Room San Marino | | | |
| | 18 Tool Development of the Neonatal Eating | | | | | | |
| 3:30pm-4:30pm | Outcome Assessment (1 PDU) Room San Gabriel | | | | | | |
| 6:00pm-8:00pm | Registration Pick-up Available-If registered in advance | | | | | | |
| 6:30pm-8:00pm | A — Movie Night: G-Dog (.5 PDU) — All Attend - Room San Gabriel | | | | | | |

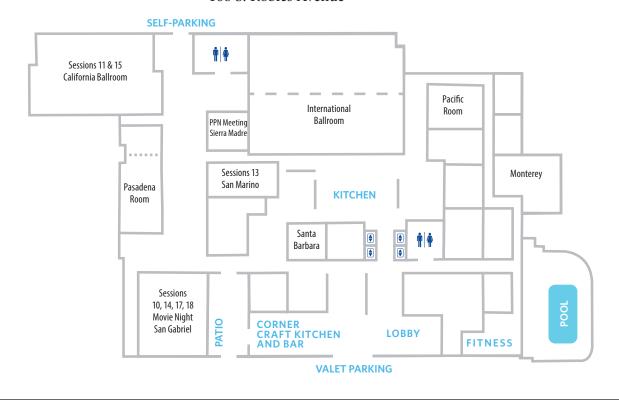
| | | | | | Friday, Oct | ober 18, 20 | 19 | | | | |
|---------|---|---|--|--|--|--|--|---|--|--|---|
| 7:15am | Friday Registration (7:15am—5:00pm) • Pasadena Convention Center | | | | | | | | | | |
| 7:30am | B — Mind-Body Activity: Easy Tai-Chi/Yoga • Pasadena Convention Center C — Student Track-Exploring Paths to Leadership | | | | | | | | | | |
| 8:15am | 20 Facilitating Culturally -Based Inter- Professional Collaboration; Impact on Client- Centered Care (1.5 PDUs) Room 104 | 21 3-D Printer: Adapting Tools in Occupational Therapy (1.5 PDUs) Room 208 | 22 I Am More Than My Past: A Holis- tic Approach to Treating Trauma in Children (1.5 PDUs) Room 106 | 23 Procrastination: Beating the Tomorrow Mindset (1.5 PDUs) Room 107 | 24 Do Babies Have Jobs? Exploring the Role of OT in the NICU (1.5 PDUs) Room 101 | 25 Transdisciplinary Collaboration: Sensory-In- formed Adaptations to Mental Health Treatment (1.5 PDUs) Room 103 | 26 OT Interventions for Heart Failure Clients in the SNF (3 PDUs) Room 209/210 | 27 The Polyvagal Therapy: Integration into Emotions, Attachment, and Self- Regulation (3 PDUs) Room 102 | 28 Occupational Therapy Intervention for Chemother- apy-Induced Peripheral Neuropathy (3 PDUs) Room 212/214 | 29 Defensible and Comprehensive School-Based OT Assessment (3 PDUs) Room 105 | 30 STUDENT TRACK Section 1: The Mouth Trap: Strategies for Effective Communication! Section 2: Developing a Peer Led Volunteer |
| 10:00am | 31 Understanding Mentorship for the Occupational Therapy Practitioner (1.5 PDUs) Room 104 | 32 Developing an Archive from Rood to Clark: A Collaborative Partnership (1.5 PDUs) Room 208 | 33 Maternal Mental Health: The Emerging 0T Practice (1.5 PPUs) Room 106 | 34 Integrating Spiritual Assessment into Practice: The OTSNA Tool (1.5 PDUs) Room 107 | 35 The NICU OT Role in Changing the Outcomes of NAs (1.5 PDUs) Room 103 | 36 Role of Occupational Therapy in Addressing Childhood Trauma (1.5 PDUs) Room 101 | | | | | Program in a Mental Health Clinic Room 211 |
| 11:30am | | | CFOT Awards Luncheon | and Symposium (.5 PD | U) – Separate Ticket Re | quired — \$75 (Students | - \$75 or \$10 no lunch | /gallery seating) • Pasa | dena Center/Ballroom | D | |
| 1:00pm | 37 The 2%: Advocating for OT in Mental Health (2 PDUs) Room 105 | 38 The Role of Telehealth in Today's Private Practice (2 PDUs) Room 104 | 39 The Meaning of Driving for Low- Income Older Adults (2 PDUs) Room 103 | 40 Prolonged Screen Time: A New Factor in Occupation (2 PDUs) Room 107 | 41 Transitioning from Practitioner to Academic (2 PDUs) Room 101 | 42 A Biopsycho social Approach to Managing Cancer-Related Fatigue (2 PDUs) Room 212/214 | 43 Meditation Tools for Stress Relief (2 PDUs) Room 106 | 44 The Intersection of Pediatric Cancer, Medical Trauma, and Feeding Chal- lenges: A Case Study (2 PDUs) Room 209/210 | 45 OT's Role in Supporting Infant/Child Mental Health (2 PDUs) Room 102 | 46 Environmental Factors in the Workplace and Community (2 PDUs) Room 208 | 47 STUDENT TRACK Section 1: OMG Becky, Look at Her Salary Section 2: Sleep Promotion among Older Adults in the Community Room 211 |
| 3:00pm | 3:00pm All Proceed to the Awards Ceremony and Keynote Address | | | | | | | | | | |
| 3:15pm | 3:15pm 48 – OTAC Awards Ceremony and Keynote Address: Wendy Hildenbrand, PhD, MPH, OTR/L (KS), FAOTA – All Attend – (.5 PDU) – Pasadena Center/Ballroom A/B/C | | | | | | | | | | |
| 5:15pm | | | | D — Expo Grand Ope | ning Reception — All At | tend • Pasadena Conve | ntion Center — Pasaden | a Center/Exhibit Hall | | | |
| 7:30pm | | | | Alumni and Stu | dent Receptions • Hiltor | n Pasadena — CSUDH (S | Santa Clara) and USC Ch | an (San Gabriel) | | | |

| | | | | | Saturd | lay, Oc | tober | 19, 2 | 019 | | | | | | |
|---------|---|---|---|--|--|--------------------|--|-------------------------------------|---|--|---|--|---|--|---|
| 7:15am | | | | | Saturda | ay Registratio | on (7:15am–6 | :00pm) • I | Hilton Pasader | ıa | | | | | |
| 7:30am | | | | | E — Mind-Bod | ly Activity: Ea | ısy Tai-Chi/Yo | ga • Pasad | ena Conventio | n Center | | | | | |
| 8:15am | 50 Protecting Your License and California Consumers (1.5 PDUs) Room 102 | 51 Understanding the Doctoral Capstone Project and Experience (1.5 PDUs) Room 103 | 52 Get Your Groove Back: Occupational Engagement for Practitioners (1.5 PDUs) Room 107 | 53 Developing a Protocol for Managing Surgical Lymphedema Patients (1.5 PDUs) Room 209/210 | ping a School-Ba col for OT Telehea g Surgical Practica edema Applicati ents (1.5 PDU PDUs) Room 10 | | 55 Expanding Roles for OT in School- Based Practice by Understanding the Legislative Process (1.5 PDUs) Room 212/214 | | Navigate Healthcare S (1.5 PDU | elping Patients Navigate the althcare System (1.5 PDUs) Room 106 | | nt MC tis | 58 Population Health: What's All the Buzz? (3 PDUs) Room 211 | 59 Catching Your Breath: OT's Role in Progressive Lung Disease (3 PDUs) Room 105 | 60 Applying a Systems View to School Practice (3 PDUs) Room 104 |
| 10:00am | 61 State Legislative and Regulatory Updates (1.5 PDUs) Room 102 | 62 Connect the Dots Through Digital Portfolio (1.5 PDUs) Room 209/210 | 63 Compassion Fatigue Program in Action (1.5 PDUs) Room 101 | 64 Adolescent and Young Adults in Oncology: Optimizing Health Self-Management (1.5 PDUs) Room 103 | ent and Moving Beyond Adults Informal Clinical Observations: Structured Observations OUS) of Sensory | | 66 I Didn't Kn Didn't Know (1.5 PDU Room 10 | That! Youth on Gender s) and Autism | | SESSION FUL | | | | | |
| 11:30am | | | | F — Expo | and Poster Pr | esentations - | All Attend • P | asadena C | onvention Cent | er/Exhibi | t Hall A | | | | |
| 2:30pm | CANCERULED | 71 Psychosocial Considerations for Hand Rehabilitation (1 PDU) Room 104 | 72 Anxiety Workshops in Schools for Students, Educators, and Parents (1 PDU) Room 106 | 73 OT Issues Around the Country: The National Perspective and the View from Sacramento (1.5 PDUs) Room 211 | 74 Occupational Therapy's Crucial Role in Pre-Operative Care (1.5 PDUs) Room 208 | | 75 Transformational Journey from Gang Involvement to Finding Meaningful Purpose (3 PDUs) Room 102 | | 76 'Putting on Our People Lens': Lived Experience as Pedagogy (3 PDUs) Room 105 | | 77 Queering and Cripping Sex: Sexuality as an ADL (3 PDUs) Room 103 | | 78 Student Engagement: Designing Meaningful Intervention (3 PDUs) Room 107 | 79 Scaffolding Family Participation in Pediatric Feeding Interventions (3 PDUs) Room 101 | 80 STUDENT TRACK Room 212/214 Section 1: The First Step for Adherence: Imaging an Action |
| 3:30pm | 81 Facilitating Support Groups in a Primary Care | 82 Team Approach and Assessments for Individuals | 83 Is It Sensory Processing Disorder or High | | | | | | | | | | | | Section 2: SCUBA Diving from an |
| 4:15pm | Setting (1 PDU) Room 104 | with ALS (1 PDU) Room 209/210 | Sensitivity? (1 PDU) Room 106 | 84 Sparking Change at Work: Strategies for Everyday | Mistake Transforn The "Reco | es and nations: | | | | | | | | | Occupational Science Perspective |
| 4:30pm | 86 Occupational The New Role in Realing Post-ICU Syndrome (1 PDU) | 87 Yoga: Breaking Boundaries Autism (1 PDU) Room 106 | | Practitioners (1.5 PDUs) Room 211 | ners Cultural Flui Us) (1.5 PDUs | | | | | | | | | | Section 3: USC Wellness Dog: Impact on Student Mental Health |
| 6:00pm | | | | G — President's Rec | eption, OT Oly | mpics, and C |)ance Party! – | - All Atten | d • Hilton Pasa | dena – C | alifornia Ballroor | n | | | |
| 7:30pm | | | | Alumni and Student | Receptions • I | Hilton Pasado | ena • CSUDH (| Santa Clar | ra) and Stanbri | idge Univ | ersity (San Marin | 10) | | | |
| | | | | | Sunda | ay, Oct | tober 2 | 0, 20 | 19 | | | | | | |
| 7:15am | | | | | Sunday Regi | istration (7:1 | 5am—5:00pm |) • Pasade | na Convention | Center | | | | | |
| 7:30am | | | H — OTAC Annu | al Meeting and Breakfa | ast featuring J | oseph Hawth | norne, ACSM-C | CPT, RBT, A | KC – (.5 PDU) | • Pasade | na Convention Ce | nter/Ball | room A/B/C | | |
| 9:30am | 100 Utilizing Expressive Arts and OT for Boosting Vitality (1.5 PDUs) Room 106 | 101 End of Life Ca Policy and Prac (1.5 PDUs) Room 103 | The Three Ph tice Transform (3 PDU Room 1 | nases of ation Practice F to Fac Everyday I | Jsing the OT tice Framework to Facilitate /day Leadership (3 PDUs) How to | | cupational Occ py on College TI ampuses (| | lo5 sychosocial pational erapy? PDUs) m 107 | al Developing a Transition Program for High-Risk Adolescents (3 PDUs) Room 105 | | 107 Evidence-Based Interventions for Oral and Pharyngeal Dysphagia (3 PDUs) Room 211 | | 108 Impacting Patient Care Through Empathy (3 PDUs) Room 101 | 109 Successful Writing with Assistive Technology for All Students (6 PDUs) |
| 11:00am | 110 Changing Lives One Job at a Time (1.5 PDUs) Room 106 | 111 Addressing Fall an Acute Inpati Oncology Hosp (1.5 PDUs) Room 103 | ent | | Room 209/210 | | | , | | | NOOHI 105 NO | | | | Room 212/214 |
| 12:30pm | | | | | OT Practi | ce Café/Luncl | h — \$18 — Com | ne discuss l | hot practice top | oics. | | | | | |
| 1:30pm | 120 Professional Diversity through Undergraduate Outreach (1 PDU) Room 209/210 | 121 Accessing Gam for Improved Cl Outcome (1.5 PDUs) Room 104 | ccessing Gaming Improved Client Outcome (1.5 PDUs) Heal Thyself: Disability, Pain, Cognitive Flexibility and Hope | | Supervision, Documentation, and Ethical Practice (3 PDUs) Room 211 | | Oncology: | | A Community-Based Hoar | | oarding: A Trauma Sen | | 127 ting Positive y Experiences e NICU and Beyond 3 PDUs) Dom 107 | 128 Reinvigorating Rehab with the OT Whole Person Perspective (3 PDUs) Room 102 | 109 cont. Successful Writing with Assistive Technology for All Students (6 PDUs) Room 212/214 |
| 2:30pm | 129 OT Consultations for the Graduate Student Population (1 PDU) Room 209/210 | | | | | | | | | | | | | | |
| 3:30pm | 130 OTD Residency: Developing an Evidenced- Based Clinical Apprenticeship (1 PDU) Room 209/210 | | | | | | | | | | | | | | |
| 4:30pm | | | Co | nference Concludes: Su | nday Registra | tion Closes a | t 5:00pm–Be | sure to su | bmit your Cert | ificate of | Completion (whi | ite copy) | | | |





168 S. Robles Avenue



EXHIBITORS/SPONSORS

Friday, October 18 • 5:15pm–7:15pm and Saturday, October 19 • 11:30am–2:15pm Pasadena Convention Center, Exhibit Hall A

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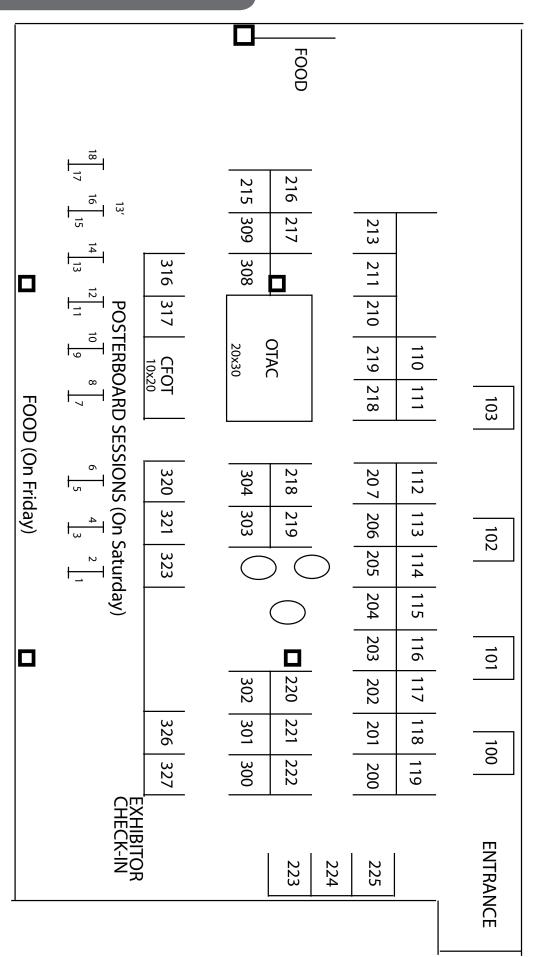
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EXPO FLOOR MAP



POSTER PRESENTATIONS

There are two groups. Poster presentations may be viewed only on **Saturday, October 19, 2019** – Group A: 11:30am–12:30pm; and Group B: 1:00pm–2:00pm in the Expo Hall. To earn PDUs, the **poster presenter(s) must initial your Certificate of Completion** form. You may earn .25 PDU for each poster with a maximum allowed of 2 PDUs for the two-hour session.

Group A

A Novel Method to Treat Phantom Pain Calendar Study: Students with and without Learning Differences Caregiver Training in Acute Care: Case Examples Choose Your Own Journey Story for Testing Anxiety Connecting Through Play: Designing a Curriculum for Caregivers Dysphagia Treatment Standardization in a Globalized Society Enhancing Quality of Life in a Vision Impaired Community Through **Aesthetic Techniques** Farewell to Falls Program Evaluation From Root to Fruit Gap in Therapy Activation After NICU Discharge How Does It Make You Feel Integrating Movement into Schools: Why and How Is it Smart to Recommend Smart Home Technology for Patients with ALS? Occupational Performance Coaching as an Ultimate Enabler Perceived Stress and Sleep Quality in Graduate Students Physiological Responses and Coping Among Sensory Defensive Adults Pre-Sleep Routines of Adult Normal Sleepers Rethinking Babies First Foods: An Oral-Motor Learning Outlook Social Participation in College Students with Chronic Pain Video Modeling: Occupational Engagement for Adults with Autism

Visual-Motor Assessment on the iPad

Group B

Achieving Competency to Practice Animal Assisted Therapy (AAT) Addressing Chronic Complex Medical Conditions in Occupational Therapy Assistive Technology in Early Childhood Occupational Therapy Autism Prevalence and Screening: Multilingual and Multicultural Considerations Infant Massage with Mothers Who are Homeless Movin' & Groovin': A Community Based Dance Program For Older Adults Occupation-Focused Work Readiness Program with Homeless Parents Promoting Intimacy for Persons with Neurodegenerative Disorders Sensory Modulation, Anxiety, and Interoception in Typical Adults Simulation Versus Didactic Teaching: Effects on Social Problem-Solving Sleep Interventions in Fast-Track Joint Replacement Surgery Center Snapshot Survey of Mindfulness Techniques for Chronic Pain Somatic Disorders within Hospitalized Youth Spirituality in Occupational Therapy Practice: A Phenomenological Approach The Development of a Transition-Age Youth (TAY) Program Using a Team-Based Approach The Meaning of Driving for Low-Income Older Adults The Occupational Therapist's Role Caring for NAS Infants Type-2 Diabetes Management for Latinos: An OT Lens Understanding Participation in a Community-Based Art Program



According to Cathy Hamm, Occupational Therapist

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