

# OTAC 2020 ANNUAL & EXPO CONFERENCE CONTINUING EDUCATION VIRTUAL OCTOBER 8-11



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#OTACCONF2020 | #OTcommunity

— WE'VE GONE VIRTUAL —

## REGISTRATION INFORMATION



Bryant  
Edwards



Gordon  
Muir  
Giles



Luis  
de Leon  
Arabit



Frank  
Kronenberg



Elelwani  
Ramugondo



OCTOBER 8-11  
VIRTUAL CONFERENCE



AOTA | The American  
Occupational Therapy  
State Affiliate | Association, Inc.



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**What?** A web-based, easy-to-use, 'electronic filing cabinet' and professional management tool to help OT/OTA practitioners track professional information. **FREE** with regular OTAC membership. Or, sign up as a program subscriber.

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**Questions?** Leave a message on the myotlicense help desk at (855) 927-7737 or send a message to [myotlicense@otaonline.org](mailto:myotlicense@otaonline.org) or check out the FAQs on the OTAC website [www.otaonline.org](http://www.otaonline.org) (look for myOTlicense logo).

*\*for OTAC Members;  
nonmembers can subscribe*



# myotlicense

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A web-based, easy-to-use, 'electronic filing cabinet' and professional management tool to help OT practitioners track professional information.

*Never miss an important deadline or opportunity!*



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## OTAC ANNUAL CONFERENCE

### A Premier Professional Development Conference— Earn Professional Development Units

OTAC's Annual Conference offers high quality continuing education at cost-effective prices. Conference registrants have the opportunity to select from more than 75 hours of sessions to apply towards continuing education requirements. You can earn all 24 biennial required PDUs for your California license renewal at this one Conference. You won't find an easier, quicker, or more cost-effective way to earn PDUs required by CBOT (for direct delivery of occupational therapy services) and by NBCOT (for practice area of emphasis).

OTAC members receive a discount on the Conference registration fees. If you are not a member, join now at special Conference rates to earn the Conference discount.

## CONFERENCE DISCOUNTED EARLY BIRD REGISTRATION SPECIALS!

- Attend all four days (October 8–11) for only \$319! Must register by September 24, 2020 for this rate.
- OTAC Student Members: check out student reduced fees. Must pre-register for best rate!

## Important Notes

### 2020 Certificate Policy and PDU Credits

- **Certificate of Completion.** This year's Certificates of Completion will be digital. Attendance at sessions / the number of PDUs earned will be confirmed by a survey associated with each session and self-attestation. Zoom room log-in reports will be maintained in the event of confirmations of attendance needed for regulatory licensing boards. *Sponsor: Stanbridge University*
- **To earn a Certificate of Completion, attendance is required.** Please arrive on time to the sessions and don't depart early. Your Certificate should reflect actual number of hours attended. Note: CBOT defines one PDU as one hour of instruction.
- **myotlicense.** PDUs for OTAC members and subscribers will be entered into your myotlicense record by December 31, 2020.
- **CHT.** Some sessions may be used to meet recertification requirements. Check with the Hand Therapy Certification Commission (HTCC) for details.
- **NBCOT.** Sessions may be used to meet recertification. Check with the National Board for Certification of Occupational Therapy (NBCOT) for details.

## community



Conference PDUs for OT/OTA practitioners will be entered into your OTAC myotlicense records by December 31, 2020.

# CONFERENCE OVERVIEW

## THURSDAY, OCTOBER 8

Access to Thursday activities is open to any registrant.

8:00am – 7:30pm

### Virtual Help Desk

Register in advance

6:00pm – 6:15pm

### OTAC President's Opening Remarks—LIVE

6:15pm – 7:15pm

### OTAC Awards Ceremony—LIVE

7:15pm – 7:30pm

### OTAC Dance Party

## SATURDAY, OCTOBER 10

8:00am – 5:15pm

### Virtual Help Desk

Register in advance

9:00am – 12:15pm

### Concurrent Sessions (earn PDUs)

12:30pm – 1:30pm

### Lunch & Learn: Innovation Expo

1:30pm – 3:00pm

### Concurrent Sessions (earn PDUs)

3:15pm – 4:45pm

### Saturday Keynote Address (1.5 PDUs)—LIVE

## 2020 Deadlines to Remember

September 4	Complete Volunteer Form.
September 18	Register by this date if you have special needs
September 24	Discounted Early Bird Registration Special deadline (BEST VALUE)
September 24	Cut-off date for Workplace Colleague discount.
September 25	Registration rates increase by \$60
October 5	Final date to register.

## FRIDAY, OCTOBER 9

8:00am – 5:15pm

### Virtual Help Desk

Register in advance

9:00am – 12:15pm

### Concurrent Sessions (earn PDUs)

12:30pm – 1:30pm

### Lunch & Learn: Posters (1 PDU)

### Lunch & Learn: Innovation Expo

1:30pm – 3:00pm

### CFOT Honored Lecturer and Humanitarian Award (1.5 PDUs)

3:00pm – 4:45pm

### Concurrent Sessions (earn PDUs)

## SUNDAY, OCTOBER 11

8:00am – 5:15pm

### Virtual Help Desk

Register in advance

9:00am – 10:30am

### Sunday Keynote Address (1.5 PDUs)—LIVE

10:45am – 12:15pm

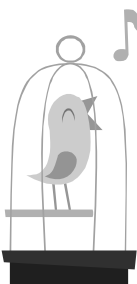
### Concurrent Sessions (earn PDUs)

12:30pm – 1:30pm

### Lunch & Learn: Posters (1 PDU)

1:30pm – 4:45pm

### Concurrent Sessions (earn PDUs)



## Tweet! Convo! Post!

Follow us on Twitter @OTACnews  
Start a conversation using #OTACconf2020  
Build our #OTcommUNITY  
Talk about #transformingOT  
Membership Pride #otacmemberpride  
Post on Instagram @otacofca  
Friend us on Facebook! @OTACnews

**FIRST TIME EVER!**

You will have access to all the sessions on all the days you are registered!

## CALL FOR CONFERENCE VOLUNTEERS

*Are you comfortable with technology?*

*Are you experienced with Zoom webinars?*

*Are you comfortable with monitoring/helping to moderate Q&As?*

*Do you have a strong internet connection?*

*Does your computer/laptop/iPad have a camera and microphone?*

*Would you make yourself available for a volunteer orientation?*

*Do you want to earn PDUs?*

If you answered yes to all or most of these questions, then you might be a candidate for a Virtual Room Monitor/Moderator.

Volunteers play a vital role in the success of the largest state occupational therapy professional development conference – and it is no less true for a virtual conference.

You can access the volunteer form [here](#).

Deadline to respond: Friday, September 4.

**60 IS YOUR LUCKY NUMBER!**

You will have 60 days to access all of the days/sessions you are registered for!

# USING OUR SUPERPOWERS

WEAR YOUR  
COMFY CLOTHES!

TO BRING YOU A POWERFUL  
LEARNING EXPERIENCE WITH  
SUPER FEATURES!

LEARN FROM  
ANYWHERE!

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WIN PRIZES!

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ANYTIME!

EARN MORE  
PDUS FOR  
YOUR DOLLAR!

BEST VALUE EVER!

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ALL YOUR  
SESSIONS AVAILABLE  
FOR 60 DAYS!

CONNECT  
ON OUR  
COMMUNITY  
WALL!

SAVE ON  
TRAVEL COSTS!

OTAC 2020  
OCTOBER 8-11  
ANNUAL  
CONFERENCE  
& EXPO VIRTUAL  
CONTINUING EDUCATION





# PRESIDENT'S MESSAGE

## BUILDING THE OT COMMUNITY!

Welcome to the 44th Annual Conference & Expo, and our first virtual Annual Conference & Expo. They say that necessity is the parent of invention, and circumstances have necessitated that we adapt. Over the past few years, we have focused on building capacity and transformation as we have considered how those concepts influence us as practitioners and influence how we approach the services we provide to our clients. Our world is in flux, and the nature of how we connect, how we work with our clients, and how we care for ourselves and our loved ones has changed. Now, perhaps more than ever, is the time for us to come together as a society and profession. With this in mind, we welcome you to this year's Conference and place your focus on building *commUNITY*.



Bryant Edwards, OTD,  
MA, OTR/L, BCP,  
MPH

In a moment where so much of our human interaction has shifted to the virtual environment, we see the delicate power of social media. "Cancel culture" and attacks through veiled screen names or anonymous posts are increasingly prevalent, so we must be vigilant in taking an approach that brings in voices in a constructive and additive way. As occupational therapists, occupational therapy assistants, and occupational therapy students, we must embrace the power of the collective, recognizing we are moving in the same direction - toward a more just, more inclusive world that values diverse thinking, perspectives, and cultures, and creates occupational opportunities for the well-being of all. So, I encourage you to reflect and ask yourself, "How have I worked to build the OT *commUNITY*? What can I do differently or more to embrace and support the OT *commUNITY*?"

Please join us as we embrace an exciting virtual Annual Conference & Expo program. Our Saturday Keynote presenter, Gordon Muir Giles, PhD, DipCOT, OTR/L, FAOTA, will share in this live presentation his expertise on Function and Meaning: Clinical Formation in Occupational Therapy. We are also honored to have Frank Kronenberg, PhD, BScOT, BA Ed, and Elelwani Ramugondo, PhD, join us live from Cape Town, South Africa. They continue the dialogue from WROTSS in Las Vegas on disruption and how it connects to building *commUNITY*. Their session, Confronting and Addressing Systematic Racism: Living Occupational Therapy Through Ubuntu, will no doubt be thought-provoking.

We are ecstatic about this year's program with high-quality professional development opportunities made increasingly more accessible through our virtual format. Let's also not forget that this is a time to celebrate one another, and one way we can build #OTcommUNITY is through our Annual Awards celebration. Please join us, from the comfort of your desired location, as we come together in virtual fashion for this year's virtual Annual Conference & Expo.

A handwritten signature in black ink.

Bryant Edwards, OTD, MA, OTR/L, BCP, MPH  
President, Occupational Therapy Association of California

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#otacmemberpride



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commUNITY



# CO-CHAIRS' MESSAGE

Dear Occupational Therapy Practitioners, Educators, Students, Colleagues, and Friends,

On behalf of the Occupational Therapy Association of California (OTAC) and the 2020 VIRTUAL Annual Conference & Expo Committee, we are excited to again invite you to join us for the 44th Annual Conference & Expo. Last year we emphasized *Transforming OT for Today and Tomorrow*. As we reflect on the past year, as practitioners and as individuals, we have had to pivot, innovate, and create new daily routines, occupations, and meaning both for clients and ourselves - we have truly had to transform. COVID-19 has forever changed many things, including the need for our Conference to be virtual this year. While we will miss the in-person events and connecting face-to-face we are excited to share the theme for this year *commUNITY*. Our hearts and minds have been drawn to racial and social injustices and we are seeking to UNITE as a community of occupational therapy practitioners actively working towards justice because truly, we are stronger together.



Julie Kugel, OTD,  
MOT, OTR/L



Winifred Schultz-Krohn, PhD, OTR/L,  
BCP, FAOTA

Gordon Muir Giles, PhD, DipCOT, OTR/L, FAOTA, our Saturday Keynote Address presented live, is best known for his work in rehabilitation following traumatic brain utilizing the neurofunctional approach. Giles is a professor at Samuel Merritt University in Oakland, California. He was also the 2018 AOTA Slagle Lecturer and serves on the Quality Assurance Panel for AOTA. He will also present on Sunday, Making Functional Cognition Part of Your Practice.

Our Expo Hall will look a bit different this year but our exhibitors are excited to share their innovative products, job openings, academic offerings, and so much more through a virtual platform. You will have a chance to listen to their micro presentations during Saturday's Lunch & Learn, chat with them through our virtual Conference platform, and earn points towards prizes.

This year, in addition to our typical tracks and based on feedback from our members, we will have an enhanced focus on telehealth, and healthcare equity and racial justice. We are excited to have Frank Kronenberg, PhD, BScOT, BA Ed, and Elelwani Ramugondo, PhD, join us live from South Africa for Sunday's Keynote Address. They

will lead the conversation and share strategies for moving forward with their presentation, Confronting and Addressing Systematic Racism: Living Occupational Therapy Through Ubuntu.

In making lemonade out of lemons, we are excited for the opportunities that a virtual conference affords our profession. While nothing replaces the value of connecting in person - a firm handshake, a warm embrace, a friendly wave across the room, and experiencing with our hands, which is paramount to our work - our committee has worked diligently in a short amount of time to ensure high-quality programming with an even greater cost value. You will have more options. This year you will be able to access sessions that are scheduled concurrently. We have not mastered 'time travel' but if two sessions are scheduled simultaneously, you can attend one session 'live' and then 'attend' any recorded session on that same day. You will also be able to listen to the recorded narrative of posters this year. Note: All regular sessions are mostly prerecorded with live Q&A with the presenters. These special presentations will be live: Saturday and Sunday Keynote Addresses, OTAC Awards Ceremony, and OTAC President's Opening Remarks.

We encourage you to attend Conference and leave with creative tools and inspiration to chart your course as part of the wonderful occupational therapy *commUNITY*!

# commUNITY



## 2020 CONFERENCE COMMITTEE

Co-Chairs - Julie Kugel, Winifred Schultz-Krohn

Awards Coordinator - Erin Schweir

Call for Papers/Program Coordinators - Judy Hopkins, Adriana Rusch

Exhibits Coordinator - Mary Kay Gallagher

Photographer - Diana Su-Erickson

Presenter Concierge - Jacalyn Mardirrosian

Proofreader - Lisa Deshaies

Registration Coordinator - Laura Deary

Volunteer Coordinator - Joe Juse

OTAC Student Leadership Committee Co-Chairs - Erwin Borja, Alison George

OTAC Professional Development and Leadership Chair - Sherry Hite

OTAC President - Bryant Edwards

OTAC Contributing Staff - Karen Polastri, Shannon Rutledge, Lindsay Campoy, Sara Abrahamyan, Tracy Brown



# KEYNOTE PRESENTERS

3:15pm-4:45pm

Saturday, October 10, 2020

Saturday Keynote

## Saturday Keynote - Function and Meaning: Clinical Formulation in Occupational Therapy (1.5 PDUs) – LIVE

Understanding what is important to a client is central to engaging them in the therapeutic process. Gordon Muir Giles, PhD, DipCOT, OTR/L, FAOTA, will describe his professional development and use case descriptions in neurobehavioral rehabilitation to illustrate the importance in facilitating behavior change. Constraints placed on the individual by cognitive changes due to illness or injury also shape how we provide therapy. Understanding what is meaningful to the client, and the client's functional cognition allow us to individualize our interventions to improve occupational performance.

Also presenting session 102 – Making Functional Cognition Part of Your Practice (1.5 PDUs)



Gordon Muir Giles,  
PhD, DipCOT, OTR/L,  
FAOTA

9:00am-10:30am

Sunday, October 11, 2020

Sunday Keynote

## Sunday Keynote – Confronting and Addressing Systemic Racism: Living Occupational Therapy Through Ubuntu (1.5 PDUs) – LIVE

Never before has systemic racism been called out globally as inherently dehumanizing and genocidal, with Black Lives Matter leading international outrage against racially motivated police brutality. Yet, from the Global South, there has been a long trajectory of theorizing around what it means to be human, and how occupational therapy can give language and provide exemplars for a decolonial healing practice.



Frank Kronenberg,  
PhD, BScOT, BAEd



Elelwani Ramugondo,  
PhD

# CUSTOMIZE YOUR SCHEDULE

## Healthcare Equity/Racial Justice

- 30 Advocacy, Diversity, and Inclusion: An Evolutionary Process (CFOT Honored Lecture; add'l. fee required)
- 45 Navigating the Tide: Health Science Student and Faculty of Color Academic Experiences
- 53 LGBT Seniors: Impact of a Safe Space on Occupation
- 54 Racism in Healthcare and What OTs Can Do
- 64 Black Health Matters: An Interdisciplinary Approach to Creating Health Equality
- 72 Creating a Supportive Work Environment for Employees of Color: A Conversation Between a White Supervisor and a Black Employee
- 75 Why Mental Health Matters: Sharing our Stories During the Time of the Pandemic
- 90 Sunday Keynote – Confronting and Addressing Systemic Racism: Living Occupational Therapy Through Ubuntu
- 104 Power, Privilege, Culture: Action Research Reflections from Colombia
- 114 Supporting Undocumented Students Through an Occupational and Education Equity Lens
- 124 Youth Homelessness: An Occupational Therapy Perspective



## Academics/Education

- 13 The Impact of Visual Skills on Academic Learning
- 23 Developing Clinical Competency and Experiential Learning Through Interactive Simulations
- 42 E-Professionalism in a Time of Increased Digital Communication
- 45 Navigating the Tide: Health Science Student and Faculty of Color Academic Experiences
- 74 Mentoring OT Students Using Telehealth Interventions
- 113 Virtual Interprofessional Education Using IPEC Core Competency Domains
- 114 Supporting Undocumented Students Through an Occupational and Education Equity Lens
- 123 Fieldwork Educators' Guide to Successful Fieldwork Programming

## Advocacy/Leadership/Management

- 15 Embracing Positive Prospects for Protecting Our Populations in the Face of COVID-19: The Unique Perspective of OT
- 25 The New OT Practice Framework: Use in Everyday Practice
- 30 Advocacy, Diversity, and Inclusion: An Evolutionary Process (CFOT Honored Lecture; add'l. fee required)
- 44 Sparking Change at Work: Strategies for Everyday Practitioners
- 50 OT Practitioner Licensing in a Pandemic
- 56 OT Telehealth COVID-19 and Beyond: Policy Updates, Resources, Tools, and Case Uses
- 60 Advocacy: Legislative and Regulatory Updates in 2020
- 66 The Benefits of Integrating Telehealth Consultation and Monitoring in Your Existing Practice
- 70 Be a Political Advocate for Occupational Therapy in the Healthcare Environment
- 72 Creating a Supportive Work Environment for Employees of Color: A Conversation Between a White Supervisor and a Black Employee
- 104 Power, Privilege, Culture: Action Research Reflections from Colombia



## Behavioral and Mental Health/Wellness

- 14 Practicing What We Preach: Wellness Strategies for the Busy OT
- 24 Benefits of a Trauma-Informed Aquatic Wellness Program
- 43 Cultivating Mindfulness at the Critical Moment
- 55 The Role of OT in Gun Violence Prevention
- 65 Building Sensory Connections in the Inpatient Psychiatric Setting
- 73 Neurodiversity and Allyship: Fostering a Strengths-Based Perspective
- 120 Heal Thyself: Disability, Pain, Cognitive Flexibility, and Hope

## General Practice

- 22 The Distinct Value of OT in Diabetes Care
- 25 The New OT Practice Framework: Use in Everyday Practice
- 44 Sparking Change at Work: Strategies for Everyday Practitioners
- 50 OT Practitioner Licensing in a Pandemic
- 102 Making Functional Cognition Part of Your Practice
- 103 The Value of Complementary Techniques Impacts the Practice of Occupational Therapy

## Older Adults/Geriatrics

- 12 Occupational Therapy's Role in Adaptation to Retirement Among an Aging Workforce
- 53 LGBT Seniors: Impact of a Safe Space on Occupation
- 62 Activator® Course for Rehabilitation Professionals
- 63 Feasibility of End-of-Life OT Interventions in Acute Oncology
- 71 Fall Prevention: It's Time to Not Fall Behind
- 101 Heart to Heart SNF Dementia Volunteer Training Program
- 111 Occupational Therapy's Role in Age-Friendly Healthcare Practices
- 121 Get-Up-and-Go: Community-Based Fall Prevention and Older Adults

## Pediatrics/School-Based/Young Adults

- 10 Clinic, Home, and School Services Transitioning to Telepractice
- 20 An "Alternative-for-Suspension" for 3-Tier Students: Call for OT
- 51 School-Based OT and Best Practices in Special Education
- 61 Treatment Principles for Remediation of Birth Trauma on Clients
- 75 Why Mental Health Matters: Sharing our Stories During the Time of the Pandemic
- 100 The Bayley-4 Scales of Infant Development
- 110 Bringing OT to Life for Parents and Caregivers of Toddlers
- 124 Youth Homelessness: An Occupational Therapy Perspective

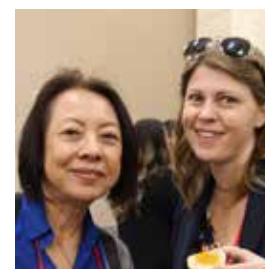
## Physical Disabilities

- 11 Maneuvering the Minefield: Dating with Congenital Physical Disabilities
- 21 Advanced Heart Therapies and the Power of OT
- 22 The Distinct Value of OT in Diabetes Care
- 41 The Role of OT in the Comprehensive Care for Joint Replacement Model
- 52 Application of Evidence-Based Interventions for Dysphagia
- 62 Activator® Course for Rehabilitation Professionals
- 80 Saturday Keynote: Function and Meaning: Clinical Formulation in Occupational Therapy
- 102 Making Functional Cognition Part of Your Practice
- 103 The Value of Complementary Techniques Impacts the Practice of Occupational Therapy
- 112 Telehealth Triage and Injury Prevention in Employee Workplace Health
- 120 Heal Thyself: Disability, Pain, Cognitive Flexibility, and Hope

## Telehealth

- 10 Clinic, Home, and School Services Transitioning to Telepractice
- 56 OT Telehealth COVID-19 and Beyond: Policy Updates, Resources, Tools, and Case Uses
- 66 The Benefits of Integrating Telehealth Consultation and Monitoring in Your Existing Practice
- 74 Mentoring OT Students Using Telehealth Interventions
- 112 Telehealth Triage and Injury Prevention in Employee Workplace Health
- 122 Continuity of Care in a Crisis: Occupational Therapy Telehealth in Acute Care

## commUNITY



## Celebrating Our 39th Anniversary!

### CFOT Virtual Honored Lecturer and Awards Symposium

Friday, October 9, 2020 – 1:30pm-3:00pm

Session 30 – CFOT Honored Lecturer and Humanitarian Awards Program (1.5 PDU's)

#### Honored Lecturer – Luis de Leon Arabit, OTD, MS, OTR/L, BCN, C/NDT, FAOTA

##### Advocacy, Diversity and Inclusion in Occupational Therapy: An Evolutionary Process

Luis de Leon Arabit, OTD, MS, OTR/L, BCN, C/NDT, FAOTA, will share occupational therapy's role in advocacy, diversity, and inclusion. While these concepts have become the profession's hallmarks throughout the world, serving the occupational needs of people, populations, and communities, it continues to be a process in evolution. This honored lecturer will underscore his knowledge, experiences, and insights in how we can continue to nurture, empower, and further enhance every occupational therapy practitioner and students' capacity to promote and strengthen the profession's role in advocacy, diversity, and inclusion. This process ensures the continued successful trajectory of the profession. Arabit's discussion on diversity in the profession will touch on the multicultural perspective as well as how diversity prospers and expands the profession and the public's understanding of occupation as a means and an end. His perceptions of inclusion will focus on how we can further "open doors" widely for our clients in our work as practitioners.

*The CFOT Honored Lecturer Award recognizes California occupational therapy practitioners who have demonstrated leadership and promoted ideas and visions in occupational therapy for the profession, and a presentation gives them an opportunity to share their insights and knowledge with the occupational therapy community.*



Luis de Leon Arabit,  
OTD, MS, OTR/L,  
BCN, C/NDT, FAOTA

#### Humanitarian of the Year – Steve Rubin, President, WAVES® Project Inc.

[www.wavesproject.org](http://www.wavesproject.org)

The programs of the WAVES® Project Inc. are focused on continued support, services, rehabilitation, and diving companionship and camaraderie for a lifetime. It is also a path to purpose for veterans seeking to continue to serve their country and community. The SCUBA Training Program offers veterans and a companion the unique opportunity to experience the therapeutic benefits of water and SCUBA diving, meeting the specific needs of each veteran. After experiencing the one-day SCUBA diving course, they graduate to the Open Water SCUBA five-day course. Upon completion they are certified to dive with any certified diver. Once SCUBA certified, the veteran and their companion are eligible to participate in continuing education programs, such as underwater photography, wreck diving, search and recovery, ecological diving courses, and more. This program allows veterans to continue to experience the therapeutic benefits of water and diving – many of the veterans continue their training on a path to professional levels.

*The CFOT Humanitarian Award recognizes individuals or groups who have demonstrated exceptional commitment to the philosophical principles of occupational therapy and engaged in significant humanitarian activities. These activities may include:*

- Helping to enhance and maximize the potential of the recipients of occupational therapy services
- Encouraging and fostering individual responsibility and human dignity
- Improving health status and enhancing quality of life
- Providing a model for community service
- Creating a healthy society.



Steve Rubin, President,  
Waves Project Inc.



## CFOT SCHOLARSHIPS, RESEARCH GRANTS, AND SEED AWARDS

The awards presentations to these recipients will be pre-recorded and available for viewing throughout the Conference.



## IN MEMORY

### Support the OTAC-Political Action Committee in Honor and Memory of OTAC Lobbyist Ivan Altamura

Many of you have interacted with our OTAC lobbyist, Ivan Altamura, either in person at our Annual Conferences, Spring Symposiums and



Ivan Altamura

Advocacy Days, and the political events organized by Capitol Advocacy, or on advocacy teleconferences and webinars. In addition to adept and knowledgeable lobbying on behalf of occupational therapy, he was also a trusted advisor to the OTAC-Political Action Committee (OTAC-PAC). In that role he guided the Committee in its mission to educate elected officials on the value and importance of occupational therapy to the California community. Ivan was ever respectful, honorable, and informed in his role as OTAC's chief lobbyist, which served him and OTAC well in building

important bridges and connections. He was passionate about helping OTAC 'move mountains' in its vision of a world where all people participate in meaning occupations (activities) to optimize their life experience. We believe Ivan would be honored and humbled – and supportive – for this year's OTAC-PAC Conference fundraiser to be held in his memory for the occupational therapy profession of which he so passionately served. Ivan, you will surely be missed. Rest in peace.



MAKE A DONATION HERE TO THE OTAC-PAC IN MEMORY OF IVAN ALTAMURA

**DONATE**



*These are just a few examples of Ivan Altamura in action at the capitol with OTAC leaders and enthusiastic OT advocates.*



## SUPPORT OUR FUTURE

### Support Enhancing Occupational Therapy Services to the Public

*CFOT annual fundraiser goes virtual*



2019 CFOT Awardees

The annual fundraiser for the California Foundation for Occupational Therapy (CFOT), held in conjunction with the OTAC Annual Conference & Expo, is also going virtual this year. "Although we will greatly miss visiting with our many donor friends, colleagues and awardees in person, we welcome this virtual opportunity to share with a

wider audience our luncheon program and fundraising efforts. We welcome you to join us for our virtual honored lecturer, humanitarian award, and awardees of our scholarships, grants, and project seed funds. Thank you in advance for continuing to support our mission by donating through the OTAC Conference," commented CFOT President Pat Nagaishi, PhD, OTR/L.



Pat Nagaishi, PhD,  
OTR/L, CFOT  
President

The California Foundation for Occupational Therapy (CFOT) was founded in 1981 as a nonprofit, public benefit organization to help support students, practitioners, and researchers advance their knowledge and skills, thereby enhancing occupational therapy services to the public.

Since its inception, many scholarships, traineeships, and grants have been awarded annually. In addition, CFOT's goal is to educate the public about the potential benefits of occupational therapy services.

YOU ARE INVITED TO DONATE TO CFOT IN SUPPORT OF OUR MISSION

**DONATE**



### CFOT MISSION

Enhancing quality and knowledge of occupational therapy services through support of occupational therapy research and educational endeavors.



*Julie Shaperman (center) was honored at the 2019 CFOT Luncheon.*



# THURSDAY, OCTOBER 8

## Thursday – Schedule

Noon-7:45pm

### Thursday Virtual Help Desk

Pre-registration for Conference is strongly encouraged.

Thursday  
included for all  
registrants

6:00pm-6:15pm

### A commUNITY! – LIVE

Join OTAC President Bryant Edwards, OTD, MA, OTR/L, BCP, MPH, as he welcomes attendees to OTAC's 44th Annual Conference & Expo. Hear the inspiration behind this year's theme, commUNITY, and get ready for four days of virtual learning and growing your professional competency. Get into your comfy clothes, grab some dinner and your favorite beverage, and let's commUNITY!

6:15pm-7:15pm

### B OTAC Annual Awards Ceremony – LIVE

Inspiration abounds every year at this annual event where we express our appreciation to the honorees for their contributions to the profession and the Association. Join Awards Chair Erin Schweir, EDD, OTD, OTR/L, in this celebration.

7:15pm-7:30pm

### C Let's Dance!

Don't be a shy. GET UP. Take a chance. You can sit or stand – it's your choice. We just want you to join us. Come on – LET'S DANCE. Join one of OTAC's infamous dancing couples, Katie Gundersen, OTR/L, and husband, John Watson, for 15 minutes of dance fun.

# FRIDAY, OCTOBER 9

## Friday – Schedule

8:00am-5:15pm

### Friday Virtual Help Desk

Pre-registration for Conference is strongly encouraged.

9:00am-10:30am

### 10 Clinic, Home, and School Services Transitioning to Telepractice (1.5 PDUs)

Baily Zubel, OTD, OTR/L; Rina Barak, MA, CCC-SLP

This session will cover the clinical insight of cross-disciplinary implementation from in-person to virtual services during the COVID-19 pandemic. A model highlighting the transition and use of multidisciplinary teletherapy services while supporting practitioners will also be provided.

9:00am-10:30am

### 11 Maneuvering the Minefield: Dating with Congenital Physical Disabilities (1.5 PDUs)

Sheryl Ryan, PhD, OTR/L; Kallie Miller, OTS; Cassie Mingoia, OTS

Dating with congenital physical disabilities is a minefield of complications. Presenters will share results from qualitative research followed by a case study. This session will emphasize the unique barriers to dating and occupational therapy's vital role.

9:00am-10:30am

### 12 Occupational Therapy's Role in Adaptation to Retirement Among an Aging Workforce (1.5 PDUs)

Boguslawa (Bo) Syrotiak, MS, MA, OTR/L

Occupational therapy offers value in the retirement transition for an aging workforce. This presentation will discuss the challenges of transitioning to retirement, and how occupational therapy practitioners could assist retirees living their lives to the fullest.

9:00am-10:30am

### 13 The Impact of Visual Skills on Academic Learning (1.5 PDUs)

Regina Richards, MA, BCET

This presentation will explore the relationship between visual skills and academic learning and how inefficient visual skills can interfere with learning efficiency. Participants will practice the visual skills and handouts will include a variety of references.

9:00am-10:30am

### 14 Practicing What We Preach: Wellness Strategies for the Busy OT (1.5 PDUs)

Renee Makin, OTD, OTR/L

This session will provide a refresher of strategies to address and prevent burnout for occupational therapy practitioners.

9:00am-10:30am

### 15 Embracing Positive Prospects for Protecting Our Populations in the Face of COVID-19: The Unique Perspective of OT (1.5 PDUs)

Wendy Hildenbrand, PhD, OTR/L, FAOTA; Mary M. Evert, MBA, OTR/L, FAOTA, ScD(Hon)

This session will cover personal and client emergency situations to gain a better understanding of needed insights, competencies, and the ethical imperative to anticipate preparedness and responses. Areas covered will include logistics of preparation plans, the need for situational awareness of the safety of physical and social environments, communication and personal information necessities, prioritization of needs in case of an immediate crisis, and the mental health components and partnerships helpful to surviving various types of calamities. Identifying gaps in our current approaches and positive outcomes for future modifications, changing practice mandates, and clarifying payment for our services are just a few of our future focused goals.

10:30am-10:45am

Enjoy a break!

10:45am-12:15pm

### 20 An "Alternative-for-Suspension" for 3-Tier Students: Call for OT (1.5 PDUs)

Bonnie Nakasuji, OTD, OTR/L, FAOTA; Marilyn Noriega, MA, OTR/L; Amanda Routt, OTD, OTR/L; Maribel Martinez, EDD

This presentation will describe occupational therapy-led programs (including successes and challenges) designed to address first-grade students' behaviors as an "alternative-for-suspension" to prepare them for participation in school curriculum and activities without incident.

10:45am-12:15pm

### 21 Advanced Heart Therapies and the Power of OT (1.5 PDUs)

Sarah Innocenti, OTR/L; Sonia Marchana, OTR/L

Attendees will learn how to justify the value of occupational therapy services in patients with advanced heart therapies. Also included will be hands-on learning and evidence-based research about the most current surgeries, including LVAD (left ventricular assist device).

10:45am-12:15pm

### 22 The Distinct Value of OT in Diabetes Care (1.5 PDUs)

Gina Mulanthara, MS, OTR/L

Occupational therapy (OT) practitioners are carving out their role in diabetes care. In this session, participants will learn the essential components of diabetes assessment and gain experience with intervention strategies key to OT intervention in this practice area.

10:45am-12:15pm

### 23 Developing Clinical Competency and Experiential Learning Through Interactive Simulations (1.5 PDUs)

Maura Lavelle, MS, OTR/L; Wendy Brzozowski, BS, COTA/L; Clint Johnson, MA, CCC-SLP, CHSE

This course will review the benefits of simulations and the types of simulation modalities in students' training in occupational therapy programs. Processes for integrating simulations into curriculums and Fieldwork I Experiences will be discussed.

10:45am-12:15pm

**24 Benefits of a Trauma-Informed Aquatic Wellness Program (1.5 PDUs)**

*Bianca Callier, OTD, OTR/L; Zipporah Brown, OTD, OTR/L*

This will be a presentation on the benefits of an aquatic wellness program in an underserved community. Attendees will learn how to incorporate into practice the dynamic and complex concepts of wellness and trauma-informed care approaches.

10:45am-12:15pm

**25 The New OT Practice Framework: Use in Everyday Practice (1.5 PDUs)**

*Heather Thomas, PhD, OTR/L*

The changes in the fourth edition of the OT Practice Framework, recently released by AOTA, reflect the dynamic and exciting changes emerging in our profession. This session will present those changes as well as guide participants through the Framework and how it can be used in practice.

12:15pm-12:25pm

**Enjoy a break!**

12:25pm-1:25pm

**D Lunch & Learn: Posters (1 PDU)**

Bring your own lunch and learn in one of five Lunch & Learn: Poster rooms. Four posters will be presented in each room. Watch all four posters in your selected room to earn 1 PDU.

12:25pm-1:25pm

**E Lunch & Learn: Innovation Expo**

Join our Innovation Expo Exhibitors as they share the latest innovations or product/service benefits. This fast-paced Innovation Expo (each innovator has only 5 minutes) will have you wanting more. Jump on over afterwards to the Virtual Innovation Expo to connect. All presentations are in this 1 room. Be sure to have your favorite nosh and a beverage by your side. No PDUs offered.

1:30pm-3:00pm

**30 CFOT Honored Lecturer and Humanitarian Award Presentations (1.5 PDUs)**

Join CFOT President Pat Nagaishi, PhD, OTR/L, and other members of the CFOT Board of Directors in welcoming their honored lecturer, Luis Arabit, OTD, MS, OTR/L, BCN, BCPR, C/NDT, FAOTA, and humanitarian awardee, Steven Rubin of the WAVES® Project Inc. A video of this year's scholarship, grant, and small project funds (seed fund) awardees will be available for viewing throughout Conference.

*Honored Lecturer Luis Arabit, OTD, MS, OTR/L, BCN, BCPR, C/NDT, FAOTA*

Presentation: Advocacy, Diversity, and Inclusion: An Evolutionary Process

*Humanitarian Awardee Steven Rubin/WAVES® Project Inc.*

This event is unopposed. Make a donation here to the California Foundation for Occupational Therapy (CFOT) to benefit future scholarships, grants and small project (seed fund).

3:00pm-3:15pm

**Enjoy a break!**

3:15pm-4:45pm

**40 Uncovering the Importance of Sensation in Sensorimotor Recovery (1.5 PDUs)**

*Jennifer Chan, OTD, OTR/L*

This session will explore the current literature and practices related to the sensory component of neuromotor recovery. Information related to the assessments and best practices of post-stroke will also be covered.

3:15pm-4:45pm

**41 The Role of OT in the Comprehensive Care for Joint Replacement (CJR) Model (1.5 PDUs)**

*Manisha Sheth, OTD, OTR/L*

This presentation will explain the distinct role occupational therapy practitioners play in various stages of the clinical care pathway, which was developed and followed for Comprehensive Care for Joint Replacement (CJR) Model.

3:15pm-4:45pm

**42 E-Professionalism in a Time of Increased Digital Communication (1.5 PDUs)**

*Amber Bennett, OTD, OTR/L;*

*Samia Rafeedie, OTD, OTR/L, BCPR, CBIS*

In this interactive session, participants will learn about evidence-based actions occupational therapy practitioners and educators can take to enhance e-professionalism in this time of increased online interaction.

3:15pm-4:45pm

**43 Cultivating Mindfulness at the Critical Moment (1.5 PDUs)**

*Rockelle McLaughlin, MS, OTR/L, MBSR, RYT*

This workshop will offer tools and practices that enable participants to feel a greater sense of stability, strength, calm, and resilience. Participants will learn to connect to inner resources to promote clarity and effective coping skills.

3:15pm-4:45pm

**44 Sparking Change at Work: Strategies for Everyday Practitioners (1.5 PDUs)**

*Aaron Picus, OTD, OTR/L*

This workshop combines research inside and outside of occupational therapy with the experiences of current change-agent practitioners to provide practitioners without formal authority skills and strategies to get a change started in their organization.

3:15pm-4:45pm

**45 Navigating the Tide: Health Science Student and Faculty of Color Academic Experiences (1.5 PDUs)**

*Elizabeth Ching, OTD, M.Ed, BSOT, OTR/L; Alondra Ammon, MOT, OTR/L*

This session will present findings of a qualitative case study, which describes the need for quality mentorship, spaces to dialogue about racism, and institutional support for the success of students and faculty of color in academia.

## SATURDAY, OCTOBER 9

### Saturday – Schedule

8:00am-5:15pm

**Saturday Virtual Help Desk**

Pre-registration is strongly encouraged.

9:00am-10:30am

**50 OT Practitioner Licensing in a Pandemic (1.5 PDUs)**

*Richard Bookwalter, MS, OTR/L,*

*CBOT President; Heather Martin, CBOT Executive Officer*

Learn from the California Board of Occupational Therapy (CBOT) about changes to OT and OTA licensing in 2020. New licensing waivers and rules address the COVID-19 pandemic and state mandates limiting Board scrutiny of past criminal convictions. Efforts to allow a practitioner licensed in one state to work in another state will also be discussed.

9:00am-10:30am

**51 School-Based OT and Best Practices in Special Education (1.5 PDUs)**

*Jennifer Andaya-Lambinico, EdM, OTR/L, ATP*

The presentation will highlight best practices in special education to guide occupational therapy practitioners in redefining their roles, identifying relevant focus areas in working with students with severe disabilities, and facilitating student participation within the natural context.

**9:00am-10:30am****52 Application of Evidence-Based Interventions for Dysphagia (1.5 PDUs)**

*Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA;*  
*Jerilyn "Gigi" Smith, PhD, OTR/L, FAOTA*

Evidence-based interventions to address dysphagia will be reviewed with an opportunity to practice selected techniques during the workshop. Pediatric, adult, and geriatric case presentations will illustrate the use of evidence-based intervention approaches for dysphagia.

**9:00am-10:30am****53 LGBT Seniors: Impact of a Safe Space on Occupation (1.5 PDUs)**

*Daniel Swiatek, OTD, OTR/L*

LGBT (lesbian, gay, bisexual, and transgender) seniors face unique issues related to identity preservation and discrimination not found in other populations of seniors. This current research study sought to understand how a safe space improves their occupational participation.

**9:00am-10:30am****54 Racism in Healthcare and What OTs Can Do (1.5 PDUs)**

*Sheela Ivlev, MS, OTR/L, CMHIMP*

How are racial disparities in healthcare considered when providing client-centered OT services? This session will review the negative impacts of implicit bias, racial trauma, and racism, and recommend ways to provide equitable client-centered care.

**9:00am-10:30am****55 The Role of OT in Gun Violence Prevention (1.5 PDUs)**

*Manisha Sheth, OTD, OTR/L; Sara Macaluso, OTS*

Occupational therapy practitioners are uniquely positioned to recognize and address risk factors related to gun violence. The presentation will discuss and share conversations about the role of occupational therapy in preventing gun violence tragedies.

**9:00am-10:30am****56 OT Telehealth COVID-19 and Beyond: Policy Updates, Resources, Tools, and Case Uses (1.5 PDUs)**

*Tammy Richmond, MS, OTR/L, FAOTA*

The COVID-19 pandemic created significant changes to occupational therapy services. The course will discuss current policy changes, services, resources, and case use examples of newly integrated telehealth services and how we can sustain telehealth.

**10:30am-10:45am**

**ENJOY A BREAK!**

**10:45am-12:15pm****60 Advocacy: Legislative and Regulatory Updates in 2020 (1.5 PDUs)**

*Lauren Lopez, OTD; Chuck Willmarth, CAE; Jennifer Hendrick Snyder, MHA; Lindsay Gullahorn, BA*

Join us for an in-depth briefing on the latest legislative and regulatory changes on the state and federal levels impacting the occupational therapy profession. Come learn more about these issues and upcoming initiatives to build your capacity and knowledge as an advocate for the profession. Get the latest information on how to stay informed and get involved in OTAC's advocacy efforts.

**10:45am-12:15pm****61 Treatment Principles for Remediation of Birth Trauma on Clients (1.5 PDUs)**

*Peg Bledsoe, OTD, OTR/L, FAOTA, BPC; Stephanie Foster, PhD, OTR/L*

Birth is an experience that we all go through. When birth is traumatic, the effects can be lifelong. There are evidence-based treatment techniques to support the resolve of birth trauma effects on occupational therapy clients.

**10:45am-12:15pm****62 Activator® Course for Rehabilitation Professionals (1.5 PDUs)**

*Mandy Shintani, BScOT, MA(CAN); Randy Siegel, MA, OT/L*

Designed by an occupational therapy practitioner, Activator® walking poles are prescribed as best practices in Canada to promote upper body movement, independence, factors related to fall prevention, active living, and as an alternative to canes.

**10:45am-12:15pm****63 Feasibility of End-of-Life OT Interventions in Acute Oncology (1.5 PDUs)**

*Tabitha Lin, MA, OTR/L; Sherry Hite, MOT, OTR/L*

Occupational therapy (OT) in end-of-life (EOL) care remains a difficult practice due to various factors, including practitioner-perceived readiness and systematic barriers. This presentation will illuminate evidence-based, feasible recommendations to optimize OT interventions for EOL care in acute oncology.

**10:45am-12:15pm****64 Black Health Matters: An Interdisciplinary Approach to Creating Health Equality (1.5 PDUs)**

*Serena Hobson, MA, OTR/L; Claudia Quarshie; Jai Kemp; Tamyra Fisk; Breanna Omuziligbo, ASW; Maya Omuziligbo*

The Black community in America, over 43 million individuals, is disproportionately affected by chronic conditions. We will explore occupational therapy's role and value in addressing Black health inequities and occupational injustices with an interdisciplinary team.

**10:45am-12:15pm****65 Building Sensory Connections in the Inpatient Psychiatric Setting (1.5 PDUs)**

*Colleen Carroll, OTR/L*

Sensory strategies are inventive, trauma-informed tools. They can help meet the unique needs of individuals with mental illness while decreasing the need for seclusion and restraints in the inpatient psychiatric setting. Come learn how to build sensory connections in the inpatient psychiatric setting.

**10:45am-12:15pm****66 The Benefits of Integrating Telehealth Consultation and Monitoring into your Existing Practice (1.5 PDUs)**

*Tammy Richmond, MS, OTR/L, FAOTA*

Remote patient monitoring and telehealth consultation most often are delegated to physician models of care. COVID-19 brought opportunities for occupational therapy (OT) practitioners to provide these services. This session will discuss how to deploy these OT services.

**12:15pm-12:25pm**

**ENJOY A BREAK!**

**12:25pm-1:25pm****F Lunch & Learn: Innovation Expo**

Join our Innovation Expo exhibitors as they share the latest innovations or product/service benefits. This fast-paced Innovation Expo (each innovator has only five minutes) will have you wanting more. Jump on over to the Virtual Innovation Expo to connect. All presentations are in this one room. Be sure to have your favorite nosh and a beverage by your side. No PDUs offered.

**1:30pm-3:00pm****70 Be a Political Advocate for Occupational Therapy in the Healthcare Environment (1.5 PDUs)**

*Lauren Lopez, OTD, OTR/L; Carnie Lewis, OTD, OTR/L; Chuck Willmarth, CAE; Jennifer Hendrick Snyder, MHA; Lindsay Gullahorn, BA*

Be a political advocate for occupational therapy in the healthcare environment. This session will provide an in-depth tutorial on how to be a political advocate for occupational therapy, expand your knowledge of the legislative process, and understand the role of social media in grassroots advocacy. This session will include a hands-on component to learn how to engage with your local legislators and interact on social media.



1:30pm-3:00pm

**71 Fall Prevention: It's Time to Not Fall Behind (1.5 PDUs)**

*Beth Sullivan, OTD, OTR/L*

This course aims to improve occupational therapy practitioners' understanding of the complex nature of falls in older adults and to utilize evidence-based interventions to reduce falls for the aging population.

1:30pm-3:00pm

**72 Creating a Supportive Work Environment for Employees of Color: A Conversation between a White Supervisor and a Black Employee (1.5 PDUs)**

*Amers Goff, MA, OTR/L; Rodney Harris, COTA/L; Serena Hobson, MA, OTR/L*

Creating diversity in the work place cannot end when a practitioner of color is hired. Creating a safe and equitable work environment for clinicians who are Black, indigenous, or people of color (BIPOC) requires supervisors and employees to engage in an ongoing dialogue about racism and racial bias present in the workplace. In this presentation, a white supervising OTR/L will sit down with a Black COTA/L to discuss how they have navigated conversations about race within a nonpublic school setting. This will include practical suggestions to white supervisors on how to begin creating a safe environment for employees of color.

1:30pm-3:00pm

**73 Neurodiversity and Allyship: Fostering a Strengths-Based Perspective (1.5 PDUs)**

*Linsey Smith, OTD, OTR/L; Kayla Johari, OTS; Jenna Freeman, OTS*

This session will discuss why understanding neurodiversity across the lifespan is relevant to occupational therapy. Participants will learn about presuming competence, implementing strengths-based strategies, and how occupational therapy practitioners can be allies to the autism community.

1:30pm-3:00pm

**74 Mentoring OT Students Using Telehealth Interventions (1.5 PDUs)**

*Michelle Tipton-Burton, MS, OTR/L; Fiona Dunbar, OTS; Jennifer Jeffery, OTS*

Telehealth is endorsed by the American Occupational Therapy Association (AOTA) but there has been limited use of this service with occupational therapy students. This presentation will discuss how telehealth principles and practices were implemented in a Fieldwork Level I experience.

1:30pm-3:00pm

**75 Why Mental Health Matters: Sharing our Stories During the Time of the Pandemic (1.5 PDUs)**

*Elizabeth Ching, OTD, M.Ed, BSOT, OTR/L*

This session was originally conducted with teens to discuss mental health. It includes interactive strategies to build resilience in the time of the pandemic and will be presented exactly as the original teen session.

3:00pm-3:15pm

**ENJOY A BREAK!**

3:15pm-4:45pm

**80 Saturday Keynote - Function and Meaning: Clinical Formulation in Occupational Therapy (1.5 PDUs) - LIVE**

*Gordon Muir Giles, PhD, DipCOT, OTR/L, FAOTA*

Understanding what is important to a client is central to engaging them in the therapeutic process. Gordon Muir Giles, PhD, DipCOT, OTR/L, FAOTA, will describe his professional development and use case descriptions in neurobehavioral rehabilitation to illustrate the importance in facilitating behavior change. Constraints placed on the individual by cognitive changes due to illness or injury also shape how we provide therapy. Understanding what is meaningful to the client, and the client's functional cognition allow us to individualize our interventions to improve occupational

**SUNDAY, OCTOBER 11**

performance.

**Sunday - Schedule**

8:00am-5:15pm

**Sunday Virtual Help Desk**

Pre-registration for Conference is strongly encouraged.

9:00am-10:30am

**90 Sunday Keynote - Confronting and Addressing Systemic Racism: Living Occupational Therapy Through Ubuntu (1.5 PDUs) - LIVE**

*Frank Kronenberg, PhD, BScOT, BAEd; Elelwani Ramugondo, PhD*

Never before has systemic racism been called out globally as inherently dehumanizing and genocidal, with Black Lives Matter leading international outrage against racially motivated police brutality. Yet, from the Global South, there has been a long trajectory of theorizing around what it means to be human, and how occupational therapy can give language and provide exemplars for a decolonial healing practice.

10:30am-10:45am

**ENJOY A BREAK!**

10:45am-12:15pm

**100 The Bayley-4 Scales of Infant Development (1.5 PDUs)**

*Patrick Moran, PhD (psychologist)*

The recently released Bayley-4 Scales of Infant Development will be reviewed. Topics to be discussed include changes to the test design and scoring, administration, interpretation, digital options, and video review and discussion of the new items.

10:45am-12:15pm

**101 Heart to Heart SNF Dementia Volunteer Training Program (1.5 PDUs)**

*Nhat Hoang, OTS; Kiyomi Kuroda, OTS; Victoria Ramia, OTS; Kelsy Wallance, OTS*

A Heart to Heart volunteer training program will improve the quality of life for skilled nursing facility (SNF) residents with dementia by facilitating resident engagement in meaningful occupations. Occupational therapy practitioners will learn how to educate volunteers to simplify activities and use effective communication.

10:45am-12:15pm

**102 Making Functional Cognition Part of Your Practice (1.5 PDUs)**

*Gordon Muir Giles, PhD, DipCOT, OTR/L, FAOTA*

The evaluation of functional cognition (FC), defined as the ability to use and integrate thinking and performance skills in the performance of complex everyday activities, is a central concern of occupational therapy practitioners' professional practice. Historically occupational therapy practitioners have had an ambivalent attitude to cognition, but the definition of FC as the cognitive processes necessary for the performance of IADL firmly places FC within the purview of occupational therapy and helps to delineate professional boundaries. This presentation will define FC and describe rapid screening methods and assessments, and how these can be used to inform clinical practice.

10:45am-12:15pm

**103 The Value of Complementary Techniques Impacts the Practice of Occupational Therapy (1.5 PDUs)**

*Peg Bledsoe, OTD, OTR/L, FAOTA, BPC*

Complementary techniques can aid infants to adults in improving their occupational skills. The complementary techniques can assist any individual (pediatrics-geriatrics) with one or multiple

disabilities in various settings from home to clinic.

**10:45am-12:15pm**

**104 Power, Privilege, Culture: Action Research Reflections from Colombia (1.5 PDUs)**

*Chelsea Rivera, OTD, OTR/L*

Utilizing OTD research conducted within an African-descendent village in Cartagena, Colombia, this presentation will explore how the intersection of culture, privilege, and identity present both barriers and opportunities for action-based research in marginalized communities.

**12:15pm-12:25pm**

**ENJOY A BREAK!**

**12:25pm-1:25pm**

**G Lunch & Learn: Posters (1 PDU)**

Learn in one of five Lunch & Learn: Poster rooms. Four posters will be presented in each room. Watch all four posters in your selected room to earn 1 PDU.

**1:30pm-3:00pm**

**110 Bringing OT to Life for Parents and Caregivers of Toddlers (1.5 PDUs)**

*Courtney Boitano, OTD, OTR/L, BCBA-D*

OT OuTside will share the effectiveness of a 12-week toddler group. The program cultivates caregiver and child well-being engaging with the world around them, sensory, social skills, and how to infuse occupational therapy into daily life.

**1:30pm-3:00pm**

**111 Occupational Therapy's Role in Age-Friendly Healthcare Practices (1.5 PDUs)**

*Gina Tucker-Roghi, OTD, OTR/L; Precious Dimalanta, OTS*

Age-friendly healthcare includes evidence-based geriatric best-practices that minimize harm and promote high-quality care for older adults. Occupational therapy has a vital role in addressing the 4Ms of Age-Friendly Care: What Matters, Mentation, Mobility, and Medication.

**1:30pm-3:00pm**

**112 Telehealth Triage and Injury Prevention in Employee Workplace Health (1.5 PDUs)**

*Tammy Richmond, MS, OTR/L, FAOTA*

Work-related musculoskeletal disorders (MSD) are the most frequently reported causes of lost or restricted work time. This session will discuss the results of a two-year study of MSD telehealth services in a steel manufacturing company.

**1:30pm-3:00pm**

**113 Virtual Interprofessional Education Using IPEC Core Competency Domains (1.5 PDUs)**

*Maureen Johnson, PhD, MS, OT/L, BCPR, C/NDT; Norman Belleza, PT, DPT*

This workshop will demonstrate interprofessional education using designated activities for each IPEC Core Competency Domain. Novel virtual activities will include scavenger hunts, escape rooms, chart reviews, and virtual simulations with debriefings using online engagement tools.

**1:30pm-3:00pm**

**114 Supporting Undocumented Students through an Occupational and Education Equity Lens (1.5 PDUs)**

*Celso Delgado, Jr., OTD, OTR/L, BCMH; Arameh Anvarizadeh, OTD, OTR/L; Flavio Guzman Magaña, MS; Daniel Padilla Vega, OTS*

The presenters will discuss the benefits of using an occupational and education equity lens for supporting undocumented college students. The presentation will also include case studies, panel,

best practices, policies, and resources for undocumented students.

**3:00pm-3:15pm**

**ENJOY A BREAK!**

**3:15pm-4:45pm**

**120 Heal Thyself: Disability, Pain, Cognitive Flexibility, and Hope (1.5 PDUs)**

*Aaron Picus, OTD, OTR/L*

Drawing upon the presenter's personal experience, participants will learn ways to support clients facing chronic pain, inflammatory health conditions, and invisible disabilities, focusing on cognitive-behavioral strategies, positioning and activity modifications, and therapeutic use of self.

**3:15pm-4:45pm**

**121 Get-Up-and-Go: Community-Based Fall Prevention for Older Adults (1.5 PDUs)**

*Deborah Bolding, PhD, OTR/L, FAOTA; Raheema Hemraj, MS, OTR/L; Erinna Poon, MS, OTR/L*

Attendees will learn how to evaluate fall risk factors for community-dwelling older adult clients, select evidence-based interventions for individuals and groups, and practice cognitive-behavioral approaches that support healthy lifestyles.

**3:15pm-4:45pm**

**122 Continuity of Care in a Crisis: Occupational Therapy Telehealth in Acute Care (1.5 PDUs)**

*Ellie Clark, MA, OTR/L; Jessica Pedersen, MA, OTR/L; Thu Hoang, MA, OTR/L*

During a pandemic, pre-existing needs are compounded with emerging needs due to living in a state of crisis. This session will focus on the development of an evidence-based telehealth program covering the continuum of care.

**3:15pm-4:45pm**

**123 Fieldwork Educators' Guide to Successful Fieldwork Programming (1.5 PDUs)**

*Joyce Fries, MS, OTR/L; Stephanie Kokesch, OTD, OTR/L*

Attendees will receive guidance on developing and implementing fieldwork programming across practice settings, related to placement structure, collaborating with the school, utilizing tangible resources, and enacting a mutually beneficial experience for the fieldwork educator and student.

**3:15pm-4:45pm**

**124 Youth Homelessness: An Occupational Therapy Perspective (1.5 PDUs)**

*Bianca M. Doherty, OTD, OTR/L; Margaret M. Bursch, OTS*

This presentation will explore the unique occupational needs of youth experiencing homelessness and the role of occupational therapy with this population.

**REGISTRATION  
BONUSES!**

- All registration combinations include Thursday presentations.
- Each day(s) registration includes all the sessions for that day(s). All of your qualifying sessions will be available for 60 days following the close of Conference, beginning Monday, October 19, 2020 through Friday, December 18, 2020.
- Make your registration selections within the Annual Conference Socio platform to receive reminder notifications about your session. Selection sessions in advance also builds your customized agenda for easy viewing and reference.

# CONFERENCE-AT-A-GLANCE

## Thursday, October 8, 2020 (included in all registrations)

Noon	Thursday Virtual Help Desk (closes at 7:45pm)					
6:00pm	A – commUNITY! President's Welcoming Remarks – LIVE!					
6:15pm	B – OTAC Annual Awards Ceremony – LIVE!					
7:15pm	C – Let's Dance! A Virtual Dance Party – Show Us Your Moves!					
7:30pm	See you tomorrow!					

## Friday, October 9, 2020

8:00am	Friday Virtual Help Desk (closes at 5:15pm)					
9:00am	10 Clinic, Home, and School Services Transitioning to Telepractice (1.5 PDUs)	11 Maneuvering the Minefield: Dating with Congenital Physical Disabilities (1.5 PDUs)	12 Occupational Therapy's Role in Adaptation to Retirement Among an Aging Workforce (1.5 PDUs)	13 The Impact of Visual Skills on Academic Learning (1.5 PDUs)	14 Practicing What We Preach: Wellness Strategies for the Busy OT (1.5 PDUs)	15 Embracing Positive Prospects for Protecting Our Populations in the Face of COVID-19: The Unique Perspective of OT (1.5 PDUs)
10:30am	ENJOY A BREAK!					
10:45am	20 An "Alternative-for-Suspension" for 3-Tier Students: Call for OT (1.5 PDUs)	21 Advanced Heart Therapies and the Power of OT (1.5 PDUs)	22 The Distinct Value of OT in Diabetes Care (1.5 PDUs)	23 Developing Clinical Competency and Experiential Learning Through Interactive Simulations (1.5 PDUs)	24 Benefits of a Trauma-Informed Aquatic Wellness Program (1.5 PDUs)	25 The New OT Practice Framework: Use in Everyday Practice (1.5 PDUs)
12:15pm	ENJOY A BREAK!					
12:25pm	D – Lunch & Learn: Posters   E – Lunch & Learn: Innovation Expo					
1:30pm	30 CFOT Honored Lecturer and Humanitarian Award Presentation (1.5 PDUs)					
3:00pm	ENJOY A BREAK!					
3:15pm	40 Uncovering the Importance of Sensation in Sensorimotor Recovery (1.5 PDUs)	41 The Role of OT in the Comprehensive Care for Joint Replacement (CJR) Model (1.5 PDUs)	42 E-Professionalism in a Time of Increased Digital Communication (1.5 PDUs)	43 Cultivating Mindfulness at the Critical Moment (1.5 PDUs)	44 Sparking Change at Work: Strategies for Everyday Practitioners (1.5 PDUs)	45 Navigating the Tide: Health Science Student and Faculty of Color Academic Experiences (1.5 PDUs)
4:45pm	SEE YOU TOMORROW!					

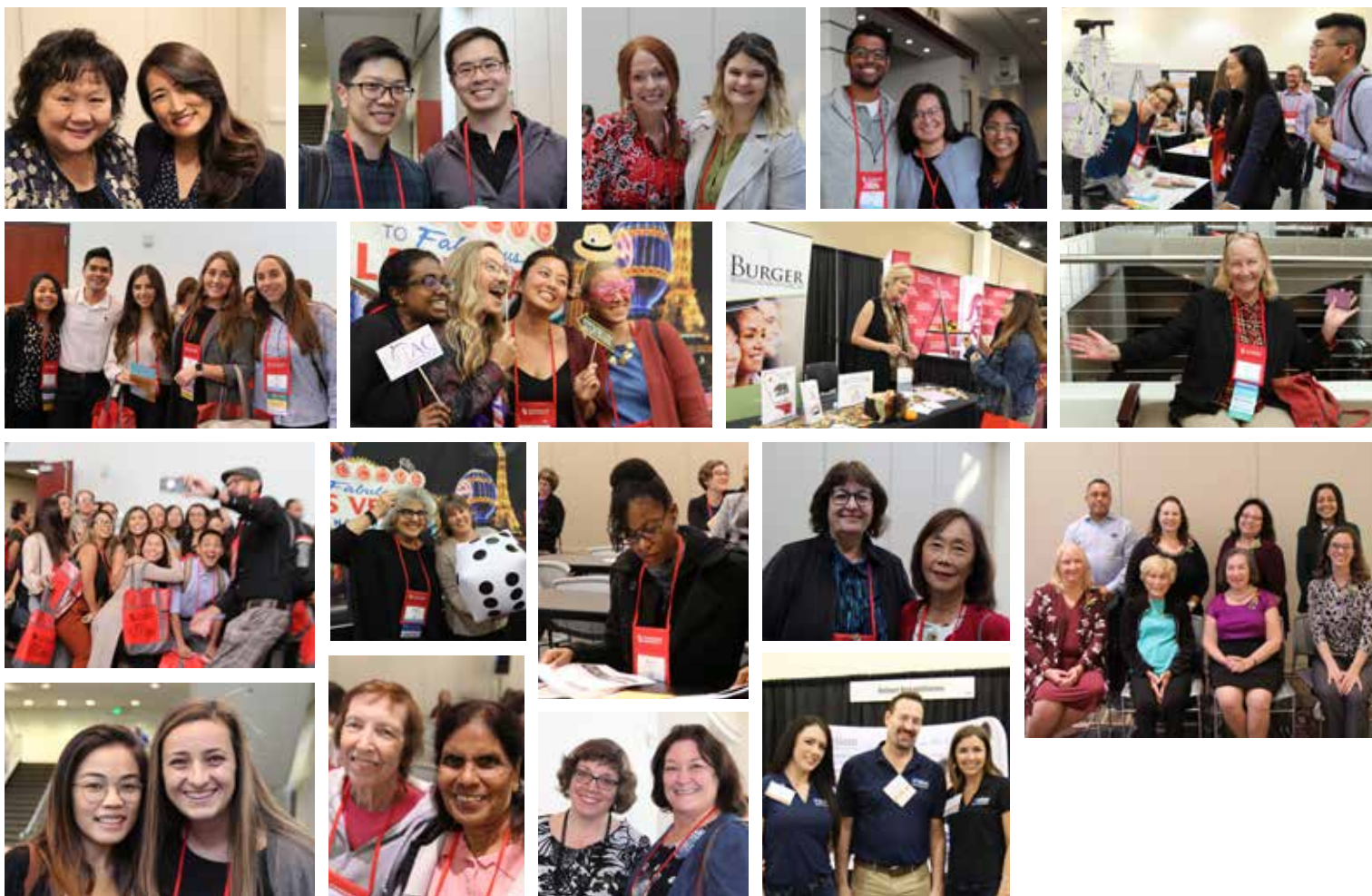
## Saturday, October 10, 2020

8:00am	Saturday Virtual Help Desk (closes at 5:15pm)					
9:00am	50 OT Practitioner Licensing in a Pandemic (1.5 PDUs)	51 School-Based OT and Best Practices in Special Education (1.5 PDUs)	52 Application of Evidence- Based Interventions for Dysphagia (1.5 PDUs)	53 LGBT Seniors: Impact of a Safe Space on Occupation (1.5 PDUs)	54 Racism in Healthcare and What OTs Can Do (1.5 PDUs)	55 The Role of OT in Gun Violence Prevention (1.5 PDUs)
10:30am	ENJOY A BREAK!					
10:45am	60 Advocacy: Legislative and Regulatory Updates in 2020 (1.5 PDUs)	61 Treatment Principles for Remediation of Birth Trauma on Clients (1.5 PDUs)	62 Activator® Course for Rehabilitation Professionals (1.5 PDUs)	63 Feasibility of End-of-Life OT Interventions in Acute Oncology (1.5 PDUs)	64 Black Health Matters: An Interdisciplinary Approach to Creating Health Equality (1.5 PDUs)	65 Building Sensory Connections in the Inpatient Psychiatric Setting (1.5 PDUs)
12:15pm	ENJOY A BREAK!					
12:25pm	F – Lunch & Learn: Innovation Expo (no PDUs)					
1:30pm	70 Be a Political Advocate for Occupational Therapy in the Healthcare Environment (1.5 PDUs)	71 Fall Prevention: It's Time to Not Fall Behind (1.5 PDUs)	72 Creating a Supportive Work Environment for Employees of Color: A Conversation between a White Supervisor and a Black Employee (1.5 PDUs)	73 Neurodiversity and Allyship: Fostering a Strengths-Based Perspective (1.5 PDUs)	74 Mentoring OT Students Using Telehealth Interventions (1.5 PDUs)	75 Why Mental Health Matters: Sharing our Stories During the Time of the Pandemic (1.5 PDUs)
3:00pm	ENJOY A BREAK!					
3:15pm	80 Saturday Keynote - Function and Meaning: Clinical Formulation in Occupational Therapy (1.5 PDUs)-LIVE!					
4:45pm	SEE YOU TOMORROW!					



Sunday, October 11, 2020					
8:00am	Sunday Virtual Help Desk (closes at 5:15pm)				
9:00am	90 Sunday Keynote - Confronting and Addressing Systematic Racism: Living Occupational Therapy Through Ubuntu – LIVE from South Africa (1.5 PDUs)-LIVE!				
10:30am	ENJOY A BREAK!				
10:45am	100 The Bayley-4 Scales of Infant Development (1.5 PDUs)	101 Heart to Heart SNF Dementia Volunteer Training Program (1.5 PDUs)	102 Making Functional Cognition Part of Your Practice (1.5 PDUs)	103 The Value of Complementary Techniques Impacts the Practice of Occupational Therapy (1.5 PDUs)	104 Power, Privilege, Culture: Action Research Reflections from Colombia (1.5 PDUs)
12:15pm	ENJOY A BREAK!				
12:25pm	G – Lunch & Learn: Posters (1 PDU)				
1:30pm	110 Bringing OT to Life for Parents and Caregivers of Toddlers (1.5 PDUs)	111 Occupational Therapy's Role in Age-Friendly Healthcare Practices (1.5 PDUs)	112 Telehealth Triage and Injury Prevention in Employee Workplace Health (1.5 PDUs)	113 Virtual Interprofessional Education Using IPEC Core Competency Domains (1.5 PDUs)	114 Supporting Undocumented Students through an Occupational and Education Equity Lens (1.5 PDUs)
3:00pm	ENJOY A BREAK!				
3:15pm	120 Heal Thyself: Disability, Pain, Cognitive Flexibility, and Hope (1.5 PDUs)	121 Get-Up-and-Go: Community-Based Fall Prevention for Older Adults (1.5 PDUs)	122 Continuity of Care in a Crisis: Occupational Therapy Telehealth in Acute Care (1.5 PDUs)	123 Fieldwork Educators' Guide to Successful Fieldwork Programming (1.5 PDUs)	124 Youth Homelessness: An Occupational Therapy Perspective (1.5 PDUs)
4:45pm	THANK YOU FOR JOINING US! See you next year in Santa Clara!				

## community



# POSTER PRESENTATIONS

## HOW POSTERS ARE ORGANIZED FOR VIEWING AND LEARNING

Poster Groups are organized by general focus with four or five posters assigned together. Each poster has been pre-recorded in 12 or 15 minute increments to present findings. There are no Q&A sessions associated with the posters. Attendees are welcomed to connect with the poster presenters within the Annual Conference Socio platform, commUNITY Connection Wall. Each Poster Group is assigned 1 PDU, if an attendee is logged in for the full hour.

### FRIDAY POSTERS • October 9, 12:30-1:30 PM

#### Group 1

**OT in Adolescent Oncology: A Self-Management Approach**

**Group 1, Poster #1**

*Emily Benson, OTS*

**OT Participation in a Post ICU Recovery Clinic**

**Group 1, Poster #2**

*Lynette DeFrancia, MA, OTR/L*

**The Lived Experience: Patients Living with Cancer and Implications on OT Practice**

**Group 1, Poster #3**

*Stacey Morikawa, OTD, OTR/L, CLT; Yasi Amanat, OTD, OTR/L, CLT*

**Treating Patients on ECMO: OT and PT Collaboration**

**Group 1, Poster #4**

*Cindy Jaeger, OTR/L, MS; Sheila Shirazi, PT*

#### Group 2

**Clinical and Curricular OT Interventions for the Medical Student Population**

**Group 2, Poster #1**

*Kelcie Kadowaki, OTD, OTR/L; Samantha Valasek, OTD, OTR/L*

**Emotional Well-Being and Occupational Performance in Graduate Students**

**Group 2, Poster #2**

*Sarah Hagen, OTS; Stephanie Geneza, OTS; Maiko Ibay, OTS; Megan Karburn, OTS; Alexandra Kautz, OTS*

**Environmental Occupational Experience of Transgender College Students**

**Group 2, Poster #3**

*Allison Quintilla, OTS; Benji Harrington, OTS; Derian Ramos-Lopez, OTS; Karen McCarthy, OTD, OTR/L*

**Sympathetic Nervous Responses in OT Graduate Students with Anxiety and Depression**

**Group 2, Poster #4**

*Elaine Lau, OTS; Megan Karburn, OTS; Alexandra Kautz, OTS; Megan Chang, PhD, OTR/L; Maiko Ibay, OTS*

#### Group 3

**Driving Behaviors of Independent Living Older Adults**

**Group 3, Poster #1**

*Alyson Bothman, BA, OTS; Elisa Chan, BS, OTS; Nicholas Chambers, BS, OTS; Derek Colvin, BS, OTS; Lisa Bullard, BFA, OTS*

**Occupation-Based Caregiver Intervention for Early Stage Dementia**

**Group 3, Poster #2**

*Gina Tucker-Roghi, OTD, OTR/L; Brock Albee, OTS; Mia Lopez, OTS; Tyler Trees, OTS*

**Older Adults and Distance Travel: Motivations and Barriers**

**Group 3, Poster #3**

*Shelley Stallmeyer, OTS; Cynthia Nogoy, OTS; Timothy Lee, OTS; Tom Levi, OTS*

**Patient Factor Correlations to Discharge to Skilled Nursing Facilities from Inpatient Rehabilitation**

**Group 3, Poster #4**

*Yushi Wang, MA, OTR/L; Lucy Hosoda, OTD, MA, OTR/L; Phuong Nguyen, OTD, OTR/L*

**Supporting Dining Occupations for Dementia Residents in SNFs**

**Group 3, Poster #5**

*Gina Tucker-Roghi, OTD, OTR/L; Nooshin Moslehi, OTS; Cierra Passey, OTS; Aileen Quach, OTS; Esther Yu, OTS*

#### Group 4

**Adaptive Gaming as an Occupation: The Lived Experience**

**Group 4, Poster #1**

*Melanie Blaisdell, OTS; Audrey Metzger, OTS; Donna Chen Tubig, OTS; Christine Vincent, OTS*

**Adaptive Video Gaming in the Classroom**

**Group 4, Poster #2**

*Lauren Ferrell, OTS; Desarae Finck-Fugazi, OTS; Christine Manalang, OTS; Daniela Recinto, OTS; Noémie von Kaenel, OTS*

**Secondary Transition Program in Financial Literacy**

**Group 4, Poster #3**

*Rose Marie Borillo, OTD, OTR/L*

**The Impact of Outdoor Adaptive Play and Leisure on Quality of Life for Youth with Disabilities**

**Group 4, Poster #4**

*Gary Petersen, OTD, OTR/L; Emma Rogers, OTS; Madeleine Togneri, OTS; Allen Quinto, OTS; Caitlin Lee, OTS*

#### Group 5

**Incivility in the Occupational Therapy Workplace**

**Group 5, Poster #1**

*Deborah Bolding, PhD, OTR/L, FAOTA; Cameron McCallister, OTS; David Pufki, OTS; Kate Poisson, OTS; Angelica Ramirez, OTS*

**Opportunities for Incorporating Dogs into Occupational Therapy Practice**

**Group 5, Poster #2**

*Karen Ni, OTD, OTR/L, CPDT-KA; Melissa Winkle, OTR/L, FAOTA, CPDT-KA*

**Opportunities for OT Practitioners in Ergonomic Consulting**

**Group 5, Poster #3**

*Jayson Beshay, MA, OTR/L, CIEE, CEAS III; Karen Jacobs, EdD, OTR/L, CPE, FAOTA*

**OT Perceptions on Using Podcasts for Professional Development**

**Group 5, Poster #4**

*Jayson Davies, OTR/L; Angela Kurdshukyan, OTS; Nishi Parikh, OTS; Jessica Nathania, OTS; Jourdan Rosemary Santibanez, OTS*

How Posters Are Organized  
For Viewing and Learning  
*Continued on page 20*

# POSTER PRESENTATIONS cont.

## SUNDAY POSTERS • October 11, 12:30 - 1:30 PM

### Group 1

#### Cognitive Behavior Therapy-Insomnia for Breast Cancer Patients

##### Group 1, Poster #1

Michelle Ha, OTS; Stephanie Baltazar, OTS; Emily King, OTS;  
Diane-Joy Cuevas, OTS

#### Community Service Learning Teaching: Local and International Perspectives

##### Group 1, Poster #2

Lynne Andonian, PhD, OTR/L

#### Occupational Therapy and Telehealth: Adult Rehabilitation During the COVID-19 Pandemic

##### Group 1, Poster #3

Yushi Wang, MA, OTR/L; Lucy Hosoda, OTD, MA, OTR/L

#### Screening COVID-19 Patients in the Acute Hospital Setting

##### Group 1, Poster #4

Valerie Vargas, MS, OTR/L

### Group 2

#### Integrating OT Services in an Early Intervention Program in South Los Angeles

##### Group 2, Poster #1

Colleen Carroll, OTS; Celso Delgado, OTD, OTR/L, BCMH;  
Esther Jahng, OTS; Cheyenne Dixon, OTS

#### Performers' Experiences of Participation in Sensory Friendly Performances

##### Group 2, Poster #2

Andrea Wurster, OTS; Molly Vilaithong, OTS; Carleigh Robinson, OTS;  
Lucy Chen, OTS; Andrea Wurser, OTS

#### Relationship Between Sensory Integration and Occupational Participation and Performance

##### Group 2, Poster #3

Rebecca Velasco, OTS; Victoria Jess, OTS

#### Revival: A Cyberbullying Comeback

##### Group 2, Poster #4

Vanessa Gonzalez, OTS; Zongyun Chen, OTS; Deveshma Maharaj, OTS;  
Grace Woo, OTS; Nicole Parkinson, OTS

### Group 3

#### Academic Curriculum Development Addressing Mental Health and Trauma Informed Care

##### Group 3, Poster #1

Valerie Cromwell, OTS; Danielle Friberg, OTD, OTR/L

#### Effectiveness of Life-Skills Programs within the Homeless Population

##### Group 3, Poster #2

Amanda Wood-Anderson, OTS; Payal Shah, OTS; Erika Camacho, OTS;  
Moses John, OTS

#### Examining Work Readiness Programs for Parents Experiencing Homelessness

##### Group 3, Poster #3

Winifred Schultz-Krohn, PhD, OTR/L, BCP, FAOTA; Anjelica Fall-Brooks, BS, OTS; Alexandra Cramer, BA, OTS; Joymarie Bratton, BS, OTS;  
Monica Baxtrer, BA, OTS

#### Impact of Sleep Deprivation on Occupational Performance in the Homeless Population: A Systematic Review

##### Group 3, Poster #4

Trisha Newaz, OTS; Karis Choe, OTS; Marizol Okoli, OTS;  
Maryna Uzhyk, OTS

### Group 4

#### Assistive Technology Recommendations: Measuring Device Use, Discontinuance, and Client Satisfaction

##### Group 4, Poster #1

Casey Primeau, OTD, OTR/L; Kathleen Shanfield, MS, OTR/L, ATP

#### Benefits of a Trauma-Informed Aquatic Wellness Program

##### Group 4, Poster #2

Bianca Callier, OTS; Zipporah Brown, OTD, OTR/L

#### OT Practitioners' Knowledge, Attitudes, and Preparedness Towards LGBT Clients

##### Group 4, Poster #3

Fiona Dunbar, OTS; Angela Acosta, OTS; April Chau, OTS;  
Brigitte Butler, OTS; Brenna Craig, OTS

#### Role of OT in an Interdisciplinary Team Care Approach, Used to Rehabilitate Elective Hip and Knee Arthroplasties

##### Group 4, Poster #4

Manisha Sheth, OTD, OTR/L; Rose Simone, OTS; Bethany Shimoda, OTS;  
Dana Dalusung, OTS; Joeyann Peralta, OTS



# PRESENTERS BY NAME

Alondra Ammon, MOT, OTR/L  
 Jennifer Andaya-Lambinico, EdM, OTR/I, ATP  
 Arameh Anvarizadeh, OTD, OTR/  
 Luis Arabit, OTD, MS, OTR/L, BCN, BCPR,  
 C/NDT, FAOTA  
 Rina Barak, MA, CCC-SL  
 Norman Belleza, PT, DPT  
 Amber Bennett, OTD, OTR/  
 Peg Bledsoe, OTD, OTR/L, FAOTA, BP  
 Courtney Boitano, OTD, OTR/L, BCBA-D  
 Deborah Bolding, PhD, OTR/L, FAOTA  
 Richard Bookwalter, MS, OTR/L, CBOT  
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 Zipporah Brown, OTD, OTR/L  
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 Jennifer Chan, OTD, OTR/L  
 Elizabeth Ching, OTD, M.Ed, BSOT, OTR/L  
 Ellie Clark, MA, OTR/L  
 Celso Delgado Jr., OTD, OTR/L, BCMH  
 Precious Dimalanta, OTS  
 Bianca M. Doherty, OTD, OTR/L  
 Fiona Dunbar, OTS  
 Mary Evert, MBA, OTR/L, FAOTA, ScD (Hon)  
 Tamyra Fisk  
 Stephanie Foster, PhD, OTR/  
 Jenna Freeman, OTS  
 Joyce Fries, MS, OTR/  
 Gordon Giles, PhD, DipCOT, OTR/L, FAOTA  
 Amers Goff, MA, OTR/  
 Flavio Guzman, OTS  
 Lindsay Gullahorn, BA  
 Rodney Harris, COTA/L

Raheema Hemraj, MS, OTR/L  
 Wendy Hildenbrand, PhD, OTR/L, FAOT  
 Sherry Hite, MOT, OTR/L  
 Nhat Hoang, OTS  
 Thu Hoang, OTR/L  
 Serena Hobson, MA, OTR/L  
 Sarah Innocenti, OTR/L  
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 Kayla Johari, OTS  
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 Maureen Johnson, PhD, MS, OT/L, BCPR,  
 C/NDT  
 Jai Kemp  
 Stephanie Kokesh, OTD, OTR/L  
 Frank Kronenberg, PhD, BScOT, BA Ed  
 Kiyomi Kuroda, OTS  
 Maura Lavelle, MS, OTR/L (TX)  
 Elisabeth Lawson, OTS  
 Carnie Lewis, OTD, OTR/L  
 Tabitha Lin, MA, OTR/L  
 Lauren Lopez, OTD, OTR/L  
 Sara Macaluso, OTS  
 Renee Makin, OTD, OTR/L  
 Sonia Marchana, OTR/L  
 Heather Martin, CBOT Executive Director  
 Maribel Martinez, EDD  
 Rochelle McLaughlin, MS, OTR/L, MBSR, RYT  
 Kallie Miller, OTS  
 Cassie Mingoia, OTS  
 Patrick Moran, PhD Psychologist (WA)  
 Gina Mulanthara, MS, OTR/L  
 Bonnie Nakasuji, OTD, OTR/L, FAOTA  
 Marilyn Noriega, MA, OTR/L  
 Breanna Omuziligbo, ASW

Maya Omuziligbo  
 Daniel Padilla Vega, OTS  
 Jessica Pedersen, MA, OTR/L  
 Aaron Picus, OTD, OTR/L  
 Erinna Poon, MS, OTR/L  
 Claudia Quarshie  
 Samia Rafeedie, OTD, OTR/L, BCPR, CBIS  
 Victoria Ramia, OTS  
 Elelwani Ramugondo, PhD  
 Regina Richards, MA, BCET  
 Tammy Richmond, MS, OTR/L, FAOTA  
 Chelsea Rivera, OTR/L  
 Amanda Routt, OTD, OTR/L  
 Sheryl Ryan, PhD, OTR/L  
 Winifred Schultz-Krohn, PhD, OTR/L, BCP,  
 FAOTA  
 Manisha Sheth, OTD, OTR/L  
 Mandy Shintani, BSc (OT-Canada), MA (Gero)  
 Randy Siegel, MA, OT/L  
 Jerilyn "Gigi" Smith, PhD, OTR/L, FAOTA  
 Linsey Smith, OTD, OTR/L  
 Jennifer Hendrick Snyder, MHA  
 Beth Sullivan, OTD, OTR/L  
 Daniel Swiatek, OTD, OTR/L  
 Boguslawa (Bo) Syrotiak, MS, MA, OTR/L, HTC  
 Heather Thomas, PhD, OTR/L  
 Michelle Tipton-Burton, OTR/L  
 Gina Tucker-Roghi, OTD, OTR/L  
 Kelsy Wallace, OTS  
 Chuck Willmarth, CAE  
 Baily Zubele, OTD, OTR/L

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## commUNITY



# CONFERENCE REGISTRATION FORM INSTRUCTIONS

See page 3  
for Deadlines  
to Remember

(form on page 24)

1. **Registrant:** Please print or type all data.  
(Online registration is available on the OTAC website at [www.otaconline.org](http://www.otaconline.org) through October 5, 2020 at 8:59pm.)
2. **Program Selection:** Every session and activity has a number or letter for your convenience in tracking your selections. You are not required to make your selections in conjunction with registration. You have your choice of sessions and activities for the day(s) you are registered. All registrations include Thursday activities.
3. **Registration Fee:** First, locate your professional status (OT/OTA, Student), select the combination of days you will attend, and circle the appropriate Registration Fee amount that applies to your professional status and combination of days. Additional fees may apply.
4. **Summary Selection:**
  - You must check all boxes that apply or your registration is not complete.
  - Workplace Colleague Special Discount: See section below on this page for policy/criteria.
  - Special Needs: You must pre-register by September 18, 2020.
  - Refund Policy: A refund, less \$75 administrative fee (\$45 for students), will be issued if written notice of cancellation is received by the OTAC Office postmarked on or before October 5, 2020. No refunds after that date. Refunds will not be processed until after Conference.
5. **Deadlines:** See page 3 for Deadlines to Remember.

# CONFERENCE ATTENDEE AGREEMENTS/DISCLAIMERS

Attention

By registering for or attending any event or activity associated with the Occupational Therapy Association of California's (OTAC) 2020 Annual Conference & Expo, I agree to the following:

## Professional Development/Information Disclaimer

OTAC's 2020 Annual Conference & Expo is sponsored by the Occupational Therapy Association of California for professional development, networking, and OTAC business purposes. The material presented is not intended to represent the only or the best methods appropriate for the occupational therapy and/or medical condition or professional development issues being discussed, but rather is intended to present the opinions of the presenters, which may be helpful to other health care professionals at arriving at their own conclusions and consequent application. Individuals and/or companies participating in this professional development education program do so with full knowledge that they waive any claim they may have against OTAC and its staff or representatives for reliance on any information presented during these educational activities.

## Public Relations Agreement

Registration and attendance at, or participation in, OTAC meetings and other activities constitutes an agreement by the registrant for OTAC's use and distribution (both now and in the future) of the registrant's or attendee's image or voice in photographs, videotapes, electronic/print reproductions, and audio tapes of such events and activities.

## Waiver of Liability Agreement

I release the Occupational Therapy Association of California, its staff, elected and appointed officials, presenters, and any other individuals or entities associated with OTAC's 2020 Annual Conference & Expo from any and all liability connected with my participation, as well as from any liability related to changes to the schedule, events, or activities. I acknowledge and agree that I am participating of my own choice and assume all risk in connection thereof.

# WORKPLACE COLLEAGUE DISCOUNT

Want a way to save money together? All individual registration forms, full payment, and membership applications (if applicable) must be submitted together by September 24, 2020.

## Discount policies

- Three or more OTAC members from the same **physical** workplace address can receive a 10% discount when pre-registering for conference together. Minimum of three registrants required.
- You cannot register online to receive this discount. Registration forms must be **submitted together** by fax, email attachment, or by mail.
- Discount available to OTAC members only; however, a nonmember can submit a membership application along with the registration forms to qualify for discount.
- This is a pre-registration special only. Special ends September 24, 2020.
- Discount applies to the Conference Registration Fees. Discount does not apply to any other fees including presenter/material fees/costs.
- No refunds given if number of colleagues registered together drops below three; however, new workplace colleagues may be substituted for previous registrants at any time (OTAC membership required).
- Student members already receive a discounted rate and do not qualify for this discount.
- Conference registrants receiving any other registration discount do not qualify for this discount.



# CONFERENCE REGISTRATION FORM

See page 3 for deadlines and increases to Early Bird Registration Rates!



## 1. REGISTRANT: (Please print or type)

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
 Last Name \_\_\_\_\_ Credentials \_\_\_\_\_  
 Home Address \_\_\_\_\_  
 Home City/State/Zip \_\_\_\_\_  
 Phone Home (\_\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_\_) \_\_\_\_\_ Cell (\_\_\_\_\_) \_\_\_\_\_  
 Email \_\_\_\_\_ First Time Attendee ☐ Yes ☐ No  
 Who to contact in case of an emergency: (Name and cell phone) \_\_\_\_\_

## 2. PROGRAM SELECTION: (Sessions/activities are included in registration for the corresponding day.

**You may not register for overlapping sessions.**

THURSDAY, OCTOBER 8				FRIDAY, OCTOBER 9						SATURDAY, OCTOBER 10						SUNDAY, OCTOBER 11					
				10	11	12	13	14	15	50	51	52	53	54	55	56	90				
				20	21	22	23	24	25	60	61	62	63	64	65	66	100	101	102	103	104
ACTIVITIES	A	B	C	30						70	71	72	73	74			110	111	112	113	114
				40	41	42	43	44	45	80						120	121	122	123	124	
				D						E	F						G				

## 3. REGISTRATION FEE: (Circle the combination of days you are attending in order to be registered. Enter amount in Section 4/ Registration Fee below.

FEES INCREASE SEPTEMBER 24, 2020	THU./FRI./SAT./SUN.	THU./FRI.	THU./FRI./SAT.	THU./FRI./SUN.	THU./SAT.	THU./SAT./SUN.	THU./SUN.
OT/OTA	\$319	\$149	\$269	\$269	\$149	\$269	\$149
OTS (Student-MOT or OTA)	\$169	\$79	\$139	\$139	\$79	\$139	\$79
ADD-ON: NON-OTAC MEMBER FEE/NEW MEMBER DUES	OT: Add \$130 to the fees above • OTA: Add \$100 to the fees above • Students (MOT/OTA) add \$50 to the fees above This add-on fee qualifies you for a 1-year membership. Submit a membership application. See next page.						

## 4. SUMMARY SECTION: Fill in and check all boxes ☒ that apply or your registration form is not complete and may be subject to additional fees.

- ☐ Registration Fee (from Section 3 above) \$ \_\_\_\_\_  
☐ Workplace Colleague Special Discount (Subtract 10%) \$(\_\_\_\_\_)   
☐ Non-OTAC Member Fee (OT) \$130 – (Includes Membership) \$ \_\_\_\_\_  
☐ Non-OTAC Member Fee (OTA) \$100 – (Includes Membership) \$ \_\_\_\_\_  
☐ Non-OTAC Student Member Fee \$50 – (Includes Membership) \$ \_\_\_\_\_  
☐ CFOT Honored Lecturer and Awards (OT/OTA-\$40; OT/OTA students-\$10) \$ \_\_\_\_\_  
☐ OTAC-PAC Donation in Memory of Lobbyist Ivan Altamura \$ \_\_\_\_\_  
☐ CFOT Donation to support scholarships/grants \$ \_\_\_\_\_  
☐ Registration received between 9/25/20-10/5/20 – \$60 (Add) \$ \_\_\_\_\_  
 TOTAL (Send check or use credit card) \$ \_\_\_\_\_

\*Cancellation Fee: \$75/Practitioners; \$45 Students. Must cancel by October 5, 2020.

## 5. PAYMENT INFORMATION

*Do not email your registration from with credit card information. Emails are not secure, please fax to the secure number listed below.*

- ☐ AMEX ☐ MasterCard ☐ Visa ☐ Discover  
☐ Check # \_\_\_\_\_ (Payable to OTAC)

Card Number \_\_\_\_\_ VCode\* \_\_\_\_\_

Name of Cardholder \_\_\_\_\_ Exp. Date \_\_\_\_\_

Card Billing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature \_\_\_\_\_

\*The VCode is a 3 or 4 digit number on the back of your card following your card number (front of AMEX card).

- ☐ WORKPLACE COLLEAGUE DISCOUNT (Must register by October 4):  
 See page 28 for details

Employer \_\_\_\_\_

Employer Address \_\_\_\_\_

- ☐ SPECIAL NEED REQUESTS: (Must register by September 24, 2020)  
 Attach description of requests.

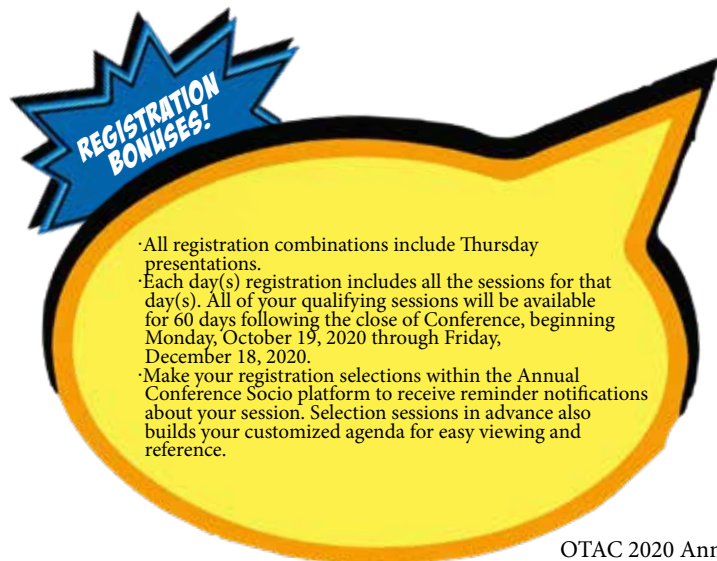
## 6. SUBMIT REGISTRATION

Fax (916) 294-0415 – Secure Fax  
 Mail OTAC, PO Box 276567, Sacramento, CA 95827-6567  
 Online [www.otaconline.org](http://www.otaconline.org)

## 7. KEEP A COPY FOR YOUR RECORDS

Questions? By Phone: (916) 567-7000 or (888) 686-3225  
 By Email: [staff@otaconline.org](mailto:staff@otaconline.org)

\*No refunds after October 5, 2020.





# MEMBERSHIP APPLICATION

Put OTAC to work for you!

Please Print or Type

## Individual Member only

FIRST \_\_\_\_\_ MIDDLE INITIAL \_\_\_\_\_

LAST \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

HOME PHONE (\_\_\_\_\_) \_\_\_\_\_

CELL PHONE (\_\_\_\_\_) \_\_\_\_\_

EMAIL \_\_\_\_\_

LICENSE # \_\_\_\_\_

PRACTICE AREA (See box below) \_\_\_\_\_ YEARS IN PRACTICE \_\_\_\_\_

BIRTHDATE (Optional) MONTH/DAY/YEAR \_\_\_\_\_

NAME OF PERSON WHO REFERRED YOU \_\_\_\_\_

### STUDENTS ONLY

SCHOOL CURRENTLY ENROLLED \_\_\_\_\_

ANTICIPATED EXAM/GRAD DATE \_\_\_\_\_

## EMPLOYER INFORMATION OF INDIVIDUAL MEMBER

COMPANY \_\_\_\_\_

DEPARTMENT/DIVISION \_\_\_\_\_

Your Title \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

PHONE (\_\_\_\_\_) \_\_\_\_\_

EXT. \_\_\_\_\_

DIRECT LINE (\_\_\_\_\_) \_\_\_\_\_

FAX (\_\_\_\_\_) \_\_\_\_\_

## CORPORATE MEMBER ONLY

COMPANY \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

PHONE (\_\_\_\_\_) \_\_\_\_\_

FAX (\_\_\_\_\_) \_\_\_\_\_

email \_\_\_\_\_

WEB SITE \_\_\_\_\_

CONTACT PERSON \_\_\_\_\_

CONTACT PERSON Title \_\_\_\_\_

TYPE OF RELATED PRODUCT/SERVICE \_\_\_\_\_

**2020 Annual Conference Special must be a conference registrant.  
Special valid until November 30, 2020**

## MEMBERSHIP CATEGORY

## ANNUAL DUES

<input type="checkbox"/> OT/L, OTR/L, OT (Full-time/Part-time)	\$130
<input type="checkbox"/> OTA, OTA/L, COTA, COTA/L (Full-time/Part-time)	\$100
<input type="checkbox"/> OTR/L or COTA/L (In graduate school full-time)	\$75
<input type="checkbox"/> OT/OTA Student (Full-time/Part-time)*	\$50
<input type="checkbox"/> Retired**	\$50
<input type="checkbox"/> Associate (Non-OT only)	\$160
<input type="checkbox"/> Corporate (Complete Corporate Member section)	\$500

*\*Verification of student status is required within 30 days of purchasing/renewing a student membership. Verification can include a dated school ID or current class schedule.*

*\*\*55 years old and over, no longer working in the field, and not maintaining a license.*

## METHOD OF PAYMENT

☐ I wish to participate in the E-Z Pay Plan. The form is attached/included with the membership application.

☐ CHECK # (Payable to OTAC) \_\_\_\_\_

☐ VISA ☐ MASTERCARD ☐ AMERICAN EXPRESS

CARD # \_\_\_\_\_ SECURITY CODE\* \_\_\_\_\_

CARDHOLDER'S NAME \_\_\_\_\_

EXP. DATE \_\_\_\_\_

CARD BILLING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SIGNATURE \_\_\_\_\_

*\*The Security Code is a 3 or 4 digit number on the back of your card following your card number (front of AMEX card).*

TOTAL DUES PAID \$ \_\_\_\_\_

ADDITIONAL PAC\*\* FUND CONTRIBUTION \$ \_\_\_\_\_

VOLUNTARY CONTRIBUTION TO OTAC \$ \_\_\_\_\_

TOTAL AMOUNT ENCLOSED \$ \_\_\_\_\_

**\*\*Political Action Committee**

## REMIT YOUR DUES PAYMENT

OT/L, OTR/L, OT (Full-time/Part-time); OTA, OTA/L, COTA, COTA/L (Full-time/Part-time); Retired; Associate; and Corporate membership categories permit recurring payments upon renewal. If you agree to these terms, check the box below and the credit card entered will be automatically billed upon expiration date of this membership. To cancel the recurring payment contact OTAC at (888) 686-3225 or [staff@otaonline.org](mailto:staff@otaonline.org).

☐ I agree to the Recurring Payment Option.

## REMIT YOUR DUES PAYMENT

BY MAIL: OTAC • PO Box 276567 • Sacramento, CA 95827-6567

BY FAX: (916) 294-0415 (For credit payment only)

QUESTIONS? [staff@otaonline.org](mailto:staff@otaonline.org) • (888) 686-3225

## ABOUT YOUR DUES

Contributions or gifts to the Occupational Therapy Association of California (OTAC) are not tax deductible as charitable contributions for income tax purposes. However, they may be tax deductible as ordinary and necessary business expenses except that portion which is allocated to association lobbying activities. OTAC estimates that the non-deductible portion of your OTAC dues—the portion which is allocable to lobbying—is 5%. Five dollars of your dues (except Corporate) is a voluntary contribution to OTAC's Political Action Committee and may be deducted from the amount due.

## PRACTICE AREAS

- A. Academia
- B. Mental Health
- C. Pediatrics
- D. Physical Disabilities
- E. Wellness
- F. Other

## ARE YOU INTERESTED IN VOLUNTEERING OPPORTUNITIES?

☐ YES

☐ NO

## WHY ATTEND CONFERENCE?

Here's what your colleagues said about their past experiences – why they attended and/or what they liked best.

*A great opportunity to be involved*

*The topics*

*My employer invited me to attend and paid for my registration*

*It was affordable*

*The variety of sessions*

*To earn PDUs all in one place*

*Weekend availability*

*Greatly informed and energetic presenters*

*I always attend*

*Attended for my own well-being*

*It is the thing to do*

*Wanted to check out the exhibits*

*Supporting advocacy efforts*

*Wanted to attend sessions outside of my practice area*

*So inspiring*

*Wanted to expand knowledge in my own field*

*I had never attended a state conference*

*Wanted to build new skills*

*Quality of the sessions was really good*

*Always appreciate the opportunity to grow and thrive together*

*Brought my daughter who is a new OT*

*It is a tradition for me*

*Helps me keep up to date on regulations*

*Professional camaraderie*

*I attended before and enjoyed it*

*Liked the varying time durations of presentations*

*Posters presentations were great*

## OTAC BOARD OF DIRECTORS

### President

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## OTAC COMMITTEE CHAIRS

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*Under the domain of the  
Advocacy and Government  
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*Under the domain of  
Professional Development  
& Leadership Committee*

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### Ad Hoc Committee for Nominations

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### Liaison Organization

OTAC-Political Action Committee  
(OTAC-PAC)

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otacpac@otaonline.org



# OTs: Explore where EBS can take you!



EBS is committed to supporting you every step of the way by investing in you and your future goals. As the industry leader, we offer the mentorship, training, support and tools you need to become a successful Occupational Therapist. We are dedicated to helping you build and establish your career path, no matter which direction you choose. We have positions available in various settings throughout the country, including our EBS Clinics. Whether you want to stay local, move to a new state, or even travel abroad, our team of Career Specialists are ready to assist.



## Positions



Telepractitioners  
COTAs  
Occupational Therapists  
Bilingual Occupational Therapists  
Lead Occupational Therapists  
Regional Supervisors

## Settings



Telepractice  
EBS Children's Institute Clinics  
Public, Private & Charter Schools  
Early Intervention  
Homes

## Training & Support



Free continuing education  
Evidence-based software & apps  
Lending library of resources, materials & assessments  
And so much more!

**Be Excited, Be Empowered, Be Exceptional, Be EBS!**

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