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# Home Health Occupational Therapy

Fast Track for Beginners

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# Personal Bio

the  
Story of  
my Life

# How to get and keep a job in home health

- Apply
- Start slow

YOU'RE  
HIRED!



# Contract vs. Employee



- Taxes
- SDI
- Health insurance
- Visit fee



# Risks vs Rewards

“The risks are the rewards and the rewards are the risks.”

-Jim Dennis

July 7, 2017

# Personal Safety

- It's OK to say no.
- Write down your schedule and leave at home.
- Consult with team members
- Co-TX



# Patient Safety

- APS
- MSW
- Home environment



# How to communicate with peers

- Get to know them
- Be persistent and consistent
- Build trust
- Attend social events





# How to make first contact

- Phone etiquette
- Listen carefully
- Verify information





**Chameleon**

# Homebound Criteria

- Significant and taxing effort to leave the home
- Subject to debate (gray area)





# What is an OASIS?

**Government data tool, start of service, recertification, discharge**

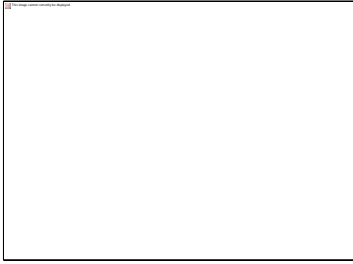
# Charting Strategies

When, Where, How

Don't procrastinate!



# Therapy Bag



What do I carry?

- Standard precautions
  - Rope pulley
  - Therapy putty
  - Red foam tubing
  - Gait belt
  - Balloons
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# In my trunk

What do I carry?



- Typical hip kit
  - Slide board
  - Various gadgets
  - Tool box
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# Typical DME



- Amazon
  - Tub bench
  - Transfer pole
  - Bed grab bar
  - Shower bar





## Ethical Challenges

Always hold yourself to high standards and be accountable.

# Group break out session





# OT Home Hacks

- Bedroom
- Bathroom
- Kitchen



# Home Modifications

- Flooring
- Lighting
- Furniture
- Hygiene





# Typical Visit

- Time
- Assess
- Review
- Educate
- Caregiver?

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- Follow up

# Common Challenging Situations



- Caregiver lack of knowledge
- Language barrier
- Delivering difficult information

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# Cultural Considerations





# Sebelius vs Jimmo



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# Wellness

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# Current & Future Trends



Hospital stay and readmission

Expenses (home, SNF, hospital)

# Specialty Niches (Untapped)



- Pediatrics
  - Mental health
  - Low Vision
  - Other
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**Home Health Future looks  
bright and stable.**